

San Carlos Eaton Hills 4-H

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ISSUE FIVE <http://www.sancarlos4h.org>

January 2011

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Eric Grimsby — Farm Boss 591-2212

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Next General Meeting:
Jan. 18 at 7 pm, Clifford School



President's Message

Dear 4-Her's

Chilly isn't it my fellow 4Her's? Well good thing our next general meeting on Tuesday, January 18th, the theme is hot cocoa and PJ's! So bundle up in your coziest pajamas and come enjoy hot cocoa at our January meeting. As many of you know, our farm has had a very dedicated team of volunteers working hard nearly every weekend on our 4H farm and it has come a long way. From water and mud gushing out of the gates down the street only a few short months ago last winter to now, where, yet again, a farm is recognizable.

First and foremost I want to thank everybody for his or her dedication to our farm. The work everyone has done will provide our 4Her's with a place to really live out the 4H motto, "learn by doing", and will also last for future generations to come. And Secondly I want to encourage even more members to come and visit and help out with the work that needs to be done at the farm before it is fully finished. Even being at the farm only an hour or two is a great way to really get involved in our 4h club. So I will be seeing you at the meeting on January 18th, and at the farm workdays coming up.

Stay Warm!

-Rebecca Lewit

This month's theme:
Pajama's and Parkas!

UPCOMING DATES & EVENTS

Jan. 18	7 pm January General Meeting
Jan. 24	7 pm County Council Meeting
Jan. 25	7 pm Record Books 101
Jan. 28 - 30	CAL Conference
Feb. 1	Registration due for Presentation Day
Feb. 12	Presentation Day
Feb. 15	7 PM February General Meeting

Record Books Demystified

Are you new to 4-H? Have you ever turned in a record book? Do you know what a record book is? Maybe you turned in a primary record book but turned 9 this year and need to move on to a new set of forms? If any of these apply to you, please come to "Record Books 101" on **Tuesday, January 25** at 7 pm in the Clifford School library. This meeting is intended to be an introduction to record books. We will go over some of the basics and give you ideas on how to keep track of information that you will need for the book.

This meeting is for members and/or parents. (If your member is quite young, you might want to come and take the information home).

Maeve and Bruce Knoth

Get Ready for County Presentation Day

County Presentation Day is coming **Saturday, February 12, 2011**. Presentations are an excellent way to demonstrate something you have learned in 4-H and to develop your public speaking skills. It is not too early to start working on your presentations! Choose a topic that you are comfortable with and have plenty of knowledge about. Sharing your knowledge with others is basically what a presentation is.

Presentation Day includes the following categories:

- Demonstrations and Illustrated Talks
- Scientific Demonstrations and Illustrated Talks
- Educational Displays
- Prepared Speech
- Impromptu Speech
- Interpretive Reading

- Share the Fun
- Cultural Arts
- Audio-Visual Presentations
- Problem Solving Presentations

Topics must be related to your projects or activities in 4-H. Practice your presentation (a lot!) and try it out at a club or project meeting. You will be judged on topic, subject knowledge, presentation, organization, voice, manner and appearance, visual clarity, and ability to answer questions. There is a very complete manual posted on the State 4-H website at <http://ca4h.org/leadership/spd/index.asp>. It contains everything you need to know about choosing a category and following the State standards and rules. **These State rules, standards, and judging rubrics will be used at County Presentation Day. It is important for all participants to review them and follow them.** The manual is available in both .pdf and MS Word formats.

Gold Medal winners at our county's Presentation Day will be eligible to present at the North Central Sectional Presentation Day on **March 26** at UC Davis. Medalists from Sectional Presentation Day will be eligible to present at the State Presentation Day, also at UC Davis, on **May 28**.

Many adult and youth volunteers are needed to make this event spectacular. We will need youth to serve as Room Hosts and runners as well as adults to serve as judges. So pick up the phone and call Jane Stahl at 650-583-7249, or e-mail her at jane@tri-bridgeappraisals.com to find out what you can do to help. Each club should provide two adult representatives from your club as judges.

Registration forms are available on the San Mateo county 4-H website, <http://cesanmateo.ucdavis.edu/files/60901.pdf> and are due in the county office by **Friday, February 1, 2011**. If you have any questions, call Maeve Knoth at 650-654-4975.

Favorite Foods Day

Hi 4-Hers and families! One of the most delicious annual events that's coming up this spring is Favorite Foods Day. Watch for announcements for that one, especially if you're in a cooking project because you might want to start practicing making something delicious that you like to eat and feel good about making already, or would like to learn how to make. On Favorite Foods Day, you bring it to the event along with a menu featuring your delicious hot or cold item and a table setting that you design and bring (patriotic red/white/blue colors for July 4th treat, Mexican flag and colors for an empanada, whatever!). There, you have the chance to present it to a panel of 3 nice judges. There are lots of events and activities for folks to do, even if you're not cooking something this time. Best of all, at the end, you get the chance to eat what everybody made!

-Linnaea Knisely

Reports from Members

Beginning Sewing

We did a really cool thing. That was making a Plucky! Which is a chicken. You get to pick up which fabric you want to use. That's what we're doing for beginning sewing!
- Taylor Meeks

Demonstration Project

The third session of the Demonstration Project met at the Warrick's house on Friday night, Jan. 7th. There were 15 project members plus 3 leaders and a couple other parents as well in attendance. It was a very lively and productive meeting! We practiced projecting our voices by breaking up into groups and telling a story to the larger group when standing in another room. We also discussed the format required for a presentation and finalized our topics for Demonstration Day itself. Mrs. Nelson, Perry, and I told the group about the "mechanics" of the day including what to wear, how to stand, and what to expect the judges might say or ask of a presenter.
- Peter Warrick

Wood working Project

January's project was to make a trivet out of wooden slats and colored beads. The 4-Hers learned about how to sand a piece of wood properly, what the numbers on the back of the sandpaper stood for and why one needs to use different grades of sandpaper for a wood working project. We learned what a rat tail file was good for too. Project members learned how to properly apply shellac (which is made from ground-up beetle shells!) and what wood stains are used for and how to apply them. The hardest part of the project was actually assembling the trivet because the rope was sort of slippery and the holes in some of the beads were too small for the rope to pass through. We ended up using screw drivers to enlarge the bead holes so the rope would slide through. Next time we will use a different kind of rope with a smaller diameter. Everyone seemed to have a good time though and went home with another creative project.
- Peter Warrick

Beginning 4-H Project

On Saturday, January 8, 2011, we learned how to hand sew a pillow. We used two pieces of fabric, pins, a needle, and thread. We "sewed up the mountain, and down the mountain." We learned how to tie a knot and cut it. We stuffed the pillows. It was pretty fun. It was good.

We also played an Australian game called Gorri. Somebody would roll a large ball, and everyone else would try to throw their ball at the large ball.

We also said the 4-H pledge. And our snack was homemade chocolate-chip cookies, from Sarah; they were tasty and chocolaty. Being in 4-H is really fun.

We can't wait until next month's project.

By Sophia and Alexander Krackov

Bethlehem AD

This was my second year being a part of Bethlehem AD which is a live nativity scene in Redwood City. 4-H'ers bring most of the animals that live in "Bethlehem" for 3 nights. I brought my two sheep, Bo and Charlotte. There were also a lot of other animals like baby goats, baby cows, camels, and a baby water buffalo. There was even a Zedonk which is a mix between a zebra and a donkey. I introduced many people to what 4-H was when they asked about how we had these animals. Overall Bethlehem AD was an amazing experience and I encourage all of you to try participating in 2011!! It was very fun getting to introduce different animals to the thousands of visitors

- Laurel Nelson

Help The Local Homeless

The Community Service project is collecting warm clothes, blankets, and sunglasses. We ask you to search your closets, and donate anything you are not using. We will be collecting the items at the February general meeting. We as a group are going to go deliver the goods in person. We hope you will contribute to our project!!

- *The Community Service Project*

Summer, Maeve, Anya, Cormac, Kathryn, Sarah, Justin, Kate Lyn, and Heather

December National 4-H Conference California Delegation Meeting

On December 11th, 2010 Peter Warrick and I drove to UC Davis DANR (Division of Agriculture and Natural Resources) Building for our first National 4-H Conference pre meeting as a delegation. The meeting started out with introductions and a quiz to see how much we knew about California 4-H. Then we talked about pre-conference expectations and we did simulations on how we should talk to our County Representative or Senator and how we would explain 4-H in 60 seconds if we were stuck on an elevator with our governor. After a delicious lunch we worked on our California polo tee shirt design and came up with a design that says "California" in the bridge supports of the Golden Gate Bridge. When the meeting was over we were sent home with 100 4-H trivia questions to complete for "homework." We cannot wait for our next meeting in February and for the National 4-H Conference on April 2nd-9th.

Your National 4-H Conference California Delegates,
Kate Lyn Sutherland and Peter Warrick

The Hollister Poultry Show

Saturday Jan 8th I went to the Hollister Gold Coast Poultry Fanciers Poultry show at the San Benito County fairgrounds. There was one building filled with all types of chickens, ducks and geese. It was fun to see all the different chickens and talk to the breeders. There is another show on the 29th in Stockton that is even bigger and has many more birds for sale. If you are interested in getting a chicken or just want to see what a poultry show is, I'd highly recommend a trip to Stockton.

- Sarah Sutherland

Manga Project

In Manga we worked on creating comics about our OC's. We ate Fuji apples, which are native to Japan. We also worked on drawing Fuzls. We plan to have them dominate the world!!!

- Sofia Demers

Want to Find Out More About 4-H?

You can view the January issue of *Highlights*, the San Mateo County 4-H monthly online newsletter, at http://cesanmateo.ucdavis.edu/newsletterfiles/4-H_Highlights_Monthly_Newsletter15187.pdf.

To subscribe to *Highlights*, do the following:

1. Go to www.cesanmateo.ucdavis.edu/.
2. Click on "4-H Youth Development Program".
3. In the little purple box, click on "4-H Highlights Monthly Newsletter".
4. Type your email address in the box and click on "Submit".

Next newsletter deadline: February 8, 2011

Please e-mail articles to Shelle McGee-Lucas at straycatgt@comcast.net