

# San Carlos Eaton Hills 4-H

**ISSUE TWO** <http://www.sancarlos4h.org>  
September 2010

Next General Meeting:

Sept. 21 at 7PM, Clifford School, Redwood City

## **Club Officers**

President: Rebecca Lewit

Vice President: Victorina Jeffers

Corresponding Secretary: Kelsey Hutcherson

Secretary: Kate Lyn Sutherland

Treasurer: Tristan Knoth

Sergeant-at-Arms: Maeve Keegan

Membership: Kathleen Marsters

Jr. Farm Boss: Jesse Taylor

## **Steering Committee**

Bruce & Maeve Knoth – Community Leaders 654-4975

Susie Bowler

Laura Deck

Judy Grimsby

Julie Figliozzi Wong

Kurt Hallamasek

Gretta Keegan

Vicki Lewit

Scot & Patty Marsters

Liz Moore

Aida Paragas

Melissa Stewart

Heather Sutherland

Vera Warrick

Eva Watte

Lisa Weaver

Karen Biggers – Registrar 591-2707

Katherine Schembri – Projects Coordinator 365-2331

Janae Novotny — Farm Manager 369-5422

Eric Grimsby — Farm Boss 591-2212

Robert Lewit – Webmaster  
[robert.lewit@gmail.com](mailto:robert.lewit@gmail.com)

Shelle McGee-Lucas – Newsletter Editor  
[straycatgt@comcast.net](mailto:straycatgt@comcast.net)

## **President's Message**

Hello to new 4Hers and welcome back returning members, I am honored to say that this year I will be serving as your president. I began 4H when I was in fourth grade and ever since have watched the Eaton Hills 4H community grow. Even though I started 4H nine years ago I still remember my first 4H general meeting. I can recall how it was a bit intimidating when everyone seemed to know what they were doing and I did not. With that said I would like to encourage all returning members to lend a hand and get to know somebody new and all new members to be outgoing and unafraid to ask questions. It never hurts to make a new friend.

I expect a great year with this club and the responsible board members that have been elected this year. The team of dedicated 4H'ers that will be on the board this year are:

Vice President - Victorina Jeffers

Treasurer - Tristan Knoth

Membership - Kathleen Marsters

Sergeant at Arms - Maeve Keegan

Outreach - Peri Wong

Jr. Farm Boss - Jesse Taylor

Corresponding Secretary - Kelsey Hutcherson

Secretary - Kate Lyn Sutherland

One of the goals I have for this upcoming year is to get our club more involved, not only in county events, but also state events. Last year, San Carlos Eaton Hills, proudly hosted a county wide sleep over at the zoo and I would like to follow up the success of that trip by planning another different event to host. I'm looking forward to a wonderful year with everyone and getting to know each of you.

Sincerely,

Rebecca Lewit, your 2010-2011 President

**This Month's Theme:  
Welcome Newcomers  
and  
Wear Green**

# UPCOMING DATES & EVENTS

Sept. 21	7 PM September General Meeting
Oct. 3	3 PM County Awards Special
Oct. 5	7 PM Returning Parents Meeting
Oct. 6	7 PM New Parents Meeting
Oct. 12	7 PM Project Leaders Meeting
Oct. 16	Tri-tip Dinner with Lions' Club
Oct. 19	7 PM October General Meeting and Project Fair

## It's Time to Register Again



Returning youth members and adult leaders **must** re-register for 4-H **immediately**. Fees for youth members will be \$45, with no fee for adult leaders. We encourage all 4-H parents to register as volunteers. Registered adult volunteers receive liability protection for all 4-H sponsored events (such as driving for field trips and visiting the farm). The 4-H fee covers State and County dues, insurance for 4-H members at 4-H events, and insurance and fees for parent volunteers. Once these expenses have been covered, the rest is used by our club to pay for food and supplies for meetings and special events (such as the annual barbeque). You can learn more about our budget at the October general meeting when the club members approve the budget for the coming year. All returning members must be fully registered and paid by October 31, 2010 to be considered "in good standing" for the 2011 San Mateo County Fair. Questions? Then contact Karen Biggers at 591-2707.

## Did You Exhibit at the Fair?

Did you show a goat at the San Mateo County Fair last month? A pig? Poultry? Did you enter a photograph? A place-setting? Cookies? Clothing you made in a sewing project? Did you help at Pen Pride or the cake booth? Please bring your favorite award to September's general meeting. Or just bring a good story about what you did.

## Fair Awards

The San Mateo County Fair was a huge success for our club. It provided our members with a chance to exhibit their skills and grow in confidence and poise. Many of our members won high honors. Here is a small sample of awards earned by club members. Please listen for more awards to be celebrated during the September General Meeting.

Isabella Paragas	Blue Ribbon (1st) - Sewn Formal Fashion Blue/Purple Sundress Visual Arts-Fantasy - Manga Drawing Red Ribbon (2nd) - Historical Fiction-Writing Free Form Poem
Devon Paragas	Red Ribbon - Visual Arts-Interactive Art Drawing Misc - Element- Barium Model

## Fair Awards continued

Francesca Paragas won	Blue Ribbon - Youth Floral-Dish Garden Primary Participation Ribbon - Painted Ceramic Items
Elyssa Lucas	Primary Participation Ribbon - Decorated Frame and Banana Bread
Dorotheanna (DJ) Lucas	Blue Ribbon - Sewn Accessories Pincushion Blue Ribbon - Sewn Apparel Graduation Dress Blue Ribbon - Sewn Apparel Lined Vest Red Ribbon – Glazed Hand-formed Ceramic
Clare Nolasco won	Best in Class for her Turkey Hen 7th place for Chicken Showmanship Best Male in his Division for her Dutch Bantam Rooster 2nd place for her Wyndotte Hen First Place for her Table Setting First Place for her Mission Project
Nicholas Nolasco won	1st place for Toy Story Lego Project 2nd place for his Wooden Die made in Woodworking Project
Benjamin Wolking entered three items in the fair: a God's eye, a quadruped and a soap plant brush (like those used by the Ohlone Indians) and earned three Primary ribbons.	
Peri Wong won	Reserve Champion Market Lamb Reserve in Show rabbit.
Kelsey Hutcherson won	4th place in Jr. Lamb Showmanship Her lamb got Class Champion.
Kathryn Stewart got	4th place in Novice Division of Rabbit Showmanship 1st place in Pet Division in Rabbit Judging Rabbit Bowl took 3rd place.
Laurel Nelson won	Reserve Champion Breeding Ewe. Best in Class (lamb age) for Breeding Ewes Best in Show for a carved wood pen First Place for a silk dress and silk jacket. First Place for a pin cushion. First Place for a handmade paper bowl and paper notebook. First Place for a glass plate First Place for a painting Second Place for a ceramic plate.

## Fair Cake Booth Update

It was fun going away from the house and then coming back and there were cakes at our house. We collected the cakes on our front porch. We had a table with a plastic table cloth on it. You could lift up the table cloth then leave your cake on the table, tape the cloth with duct tape, and then walk away. There were all types of cakes like chocolate, vanilla, lemon. And then some were frosted and a few people brought frosting to frost them at the Fair. And some people made theme cakes like confetti cake. Lots of people helped sell the cake. There was a board with prices on it. It was a dollar for a piece of cake. We sold water and lemonade. We sold mini-cupcakes and cookies, too.

~ Jonna Hohenthal



4-H Cake Booth with Jeff and Mary Meyer  
2010 San Mateo County Fair

## Kenny Stratz Memorial Award

This year the Junior Teen Leaders of our club have established a new award, one that not only commemorates an outstanding younger member of our club, but keeps a special 4-H'er close to us.

Kenny Stratz was an outstanding, exuberant, and compassionate 4-H'er. Involved in many projects, Kenny was enthusiastic in every single one of them.

Kenny was 4-H because as many of you know 4-H is not just an organization it's a way of the mind, heart, hands and well being. Kenny's mindset was everything we were looking for in this award and more. His thoughts were always ready for the next thing to come. I remember him saying that he could not wait until he was 9 so he could have a sheep. His hands were always diligently working on every project he was assigned. Finally his heart was always in the right place, loving others and 4-H.

So, how do you present award to someone in memory of such a great 4-H'er? Well let us tell you it's not easy.

Our first recipient of the Kenny Stratz Memorial Award is a member in-good-standing (a member who turned in a record book and attended at least 80% of general meetings) and also represents 4-H in a positive light and shows almost the same enthusiasm as Kenny did. I first met the recipient of this award at Favorite Foods Day a few years ago I was overwhelmed by how incredibly smart, nice, and encouraging this person is. That year at Favorite Foods Day I entered a pie in a special pie contest, and this person was almost more excited then I was when my pie won first place.

~ Kate Lyn Sutherland and Peter Warrick



## **Returning Parents Meeting October 5, 2010**

Welcome back to another great 4-H year! 4-H cannot exist without parent participation. Our members have requested some exciting, new projects that require parent support in order to happen. We need new, enthusiastic leaders and assistants! Please attend this meeting to learn what our club is planning and how you can contribute to a fun and meaningful 4-H year.

## **New Parents Information Meeting, October 6, 2010**

Do you know of any families who are interested in learning more about 4-H? Invite the potential 4-Hers and their parents to attend our club's general meeting on September 21, and invite the parents to attend the new parents' information meeting on October 6, 2010, at the Clifford School Library. This meeting (for parents only, please) will inform them about our club's programs and activities, and we will try to answer all their questions about 4-H. For more information, call Bruce or Maeve Knoth at 654-4975.

## **Acceptance Speech from Lions Club Donation**

I'm Victorina Jeffers and I am the vice president of our 4-H club. I gave this speech in acceptance of the generous donation of \$5,000 from the Lions Club.

4-H has been a big part of my life for the past 7 years and has helped me develop my leadership skills and public speaking abilities.

Head, Heart, Hands, and Health. These words are the foundation of our club.

I pledge my head to clearer thinking: When issues arise, Junior teen leaders are called upon for insight and ideas about the problem. Verbal reasoning is an important skill that we practice through troubleshooting an issue.

I pledge my heart to greater loyalty: When we come together for our monthly meetings, not only do we learn to care for animals, but we learn to care for each other. Whether it be helping with an animal at fair, or just filling in a friend who was absent at the last project meeting, we all have friends we can count on within the club, no matter what age. The day of the car show, I was asked to represent our club at a fundraiser for the B.O.K. ranch, and my partner in crime was little Nora Shembry, one of the younger members of the club. We had so much fun together and she did a great job explaining about 4H.

I pledge my hands to larger service: We use our hands for woodworking and archery, but also to give. We give handmade cards for the elderly at Christmas time, and give less fortunate children new toys.

I pledge my health to better living: Participating in the cooking project was fun and delicious, but participating in the food drive is rewarding on a different level.

4H has allowed me to experience things I would not have otherwise been able to participate in. On behalf of the San Carlos Eaton hills 4H club, I would like to thank you for allowing us to continue to take part in new endeavors.

~ Victorina Jeffers

## This Year's Projects

Many thanks go to the parent volunteers who have enthusiastically offered to lead projects for the 2010-11 year. If you would like to lead or co-lead a project for this year, please contact Katherine Schembri at 365-2331.

4-H'ers: Please think about the projects you are interested in. Sign-ups will be at the Project Fair after our general meeting on Tuesday, **October 19**. It looks like it's going to be a great year!

### Leadership Project (Junior/Teen Leaders)

If you are a 4-H member in grades 7 through 12, you are eligible to join the Leadership Project and plan club activities. We meet from 7 to 8 pm on the first Monday of each month. Our next meeting will be at 7 pm, Monday, **October 4**, at the Knoths' home, 519 Prospect Street, San Carlos. For more information, contact Bruce or Maeve Knoth at 654-4975.

### The Leadership Project: One Members' Perspective

You see Junior/Teen Leaders at meetings and around the club, but what exactly do they do? Well, run the club, with the help of the Knoths, of course. The Junior/Teen Leader project consists of officers, high schooler's, and seventh and eighth graders. We plan the general meetings each month, as well as make decisions about other issues that arise in the club. Being a Junior/Teen Leader for a project means that you can help the project leader to administer the project meetings. This could consist of discipline, leading a lesson, or notifying the project participants of details for the next meeting. Collaboration and teamwork are skills we exercise when getting a job done. We have worked together to plan yearly events such as the new member breakfast, and the Zoo overnight trip last year. Being a Junior/Teen Leader has been the best part of my 4-H experience. I've made great friends and gained priceless lessons about leadership experience. Being a Junior/Teen Leader has been rewarding because helping younger members is like giving back to those who helped me when I was a younger member. If you are not a Junior/Teen Leader and you are eligible, I highly recommend joining the project.

~ Victorina Jeffers

### Volunteers Needed for Lion's Club Tri-Tip Dinner

Each year 4-H members volunteer to help prepare and serve food at the Lion's club tri-tip dinner. This year the dinner will be held on Saturday, **October 16**. The Lion's club needs 15 volunteers ages 9 and up and a few adults to help. The Lion's club donates part of the proceeds from the fundraiser to our 4-H club. Please come prepared to sign-up at the September general meeting. Connie Walikonis and Gretta Keegan will coordinate volunteers on the night of the event. Thanks all for your help!

— Scott Marsters

## Raising an Animal This Year? November 30

Save the date! There will be a mandatory farm families meeting on Tuesday, **November 30** at 7 pm at the Clifford School Library. Look for additional information in future newsletters.

## Member Reports

### The 2010 San Mateo County Fair

This year at the San Mateo County Fair I entered my chickens for the first time, I have entered a lot of arts and crafts but this was the first time I have entered an animal so I was very excited. For showmanship I won 3<sup>rd</sup> place. I am going to continue to raise show chickens again and hope to do even better next year. The fair was really fun but also a lot of work. I made some really great friends. I recommend for everyone to at least enter something into the fair.

~ Sarah Sutherland

### The 2010 Jr. Fair Board

This year I was a part of the 2010 San Mateo County Jr. Fair Board. The Board consists of San Mateo county 4-H and FFA members and also residents of San Mateo. This year was my second year on the Jr. Fair Board and I worked alongside our club's very own Maeve Keegan who's first year it was on the Jr. Fair Board. Last year the Jr. Fair Board planed special games and events for livestock ambassadors, such as the ice cream social and the special polls. This year Jr. Fair board is going to start earlier, and is going to be even greater! It's not too late to join! If you are in high school or above and you have questions or need help finding the Jr. Fair board application please feel free to email me at [katelland@yahoo.com](mailto:katelland@yahoo.com)

~ Kate Lyn Sutherland

### SLC 2010 July 29-August 1

The 4-H State Leadership Conference held on the UC Davis campus at the end of July was a fantastic event. I enjoyed everything about the event from the inspiring and motivational speakers to the myriad of educational tracts offered. The speakers at the conference this year ranged from a man that never gave up after he was attacked by a great white shark attack to a man that fed Canadian newts (gummy worms) to delegates, to explain the fear of the unknown.

This was my first year attending SLC so I was not sure what to expect from this event. I was informed of this event by one of my friends in 4-H a year ago and had sort of toyed with the idea of attending last year but somehow I just didn't get around to it. Now I really am sorry that I missed it! The county orientation meeting held by Mary Meyer was great. I was much more comfortable attending the event because I had met many of the other attendees at that get together. By talking about the various activities and expectations ahead of time I was also much more prepared for what went on at the actual conference.



After our group had arrived on campus and eaten lunch in the dormitory cafeteria, we put on our pink and orange tie-died shirts and attended the first assembly. On our way to Freeborn Hall (the place where the assemblies were held) I got my first view of the massive campus. It seemed to have a lot of bicycle paths and wide open spaces. The dormitories were quite nice and had air conditioning which was great. On the second day I attended 2 mini tracks. The first mini-track was on how to create a digital presentation. The second mini-track was canceled (first aid/CPR) so I was shifted into a workshop on appreciating disabled people. Despite not signed up for it, I found this workshop very informative. I plan on using the hints and tips I learned at this mini track at our next club meeting.

The following day there were three workshops to attend. My favorite of the day was the campus tour. I went to Davis thinking that it was not one of the schools I was going to apply to for college but what I saw on the tour has made me reconsider a bit. It was very interesting to see a huge campus and learn a bit about its workings. My most informative workshop was wireless networking. I learned how to protect my own wireless network at home.

Overall, the entire event was well worth attending. I got to learn many new things and meet great 4-H'ers from all over the state. I came home inspired to become more active in 4-H, not just at the local club level but at the county level as well. I can hardly wait to get started!

~ Peter Warrick, San Carlos Eaton Hills 4-H

## Fixing up the Farm

A few other members and I have been going to the farm almost every weekend. We have done all kinds of fun things from knocking down the clubhouse with sledgehammers to using an electric shovel to remove a wall of dirt. We have also been working on our new drainage system so that we can avoid any future floods. I encourage everyone come down to the farm (especially if you plan on raising animals this year) and help with the new renovations, and there are less strenuous jobs for smaller kids.

I hope to see you all at the farm soon!

Sincerely,

Jesse Taylor (Jr. Farm Boss)



## County Calendar

Sept. 25	California Coastal Cleanup Day
Sept. 27	7 PM County Council meeting, Fox School, Belmont
Oct. 15	Directory cover art contest artwork due to <a href="mailto:wrotchstein@ucdavis.edu">wrotchstein@ucdavis.edu</a>
Oct. 18	7 PM Life Skills & Hobbies meeting, Fox School, Belmont
Oct. 20	7 PM Animal Sciences/Animal Project meeting, HMB 4-H office
Oct. 22	California State 4-H record book judging submissions due

## County Level Event

Dear 4-H animal project leader,  
Do any of your members have a dog? If so, please encourage them to come to

### ***Doggy Fun Day***

Sunday, September 19 from 1-3pm  
At the San Bruno 4-H Club farm

This county-wide event is organized by the San Bruno 4-H Dog Care project members, and will include games, activities and prizes, a special guest speaker, and doggy bags! Lots of food, fun and learning.

Sign up is easy: call me, send me an email, complete the registration form, or sign up online at <http://ucanr.org/4h.doggie.fun.day.2010>. We'd love to have your kids participate.

~ Jane Stahl

San Bruno 4-H Club

(650) 583-7249

[jane@tri-bridgeappraisals.com](mailto:jane@tri-bridgeappraisals.com)

## Want to Find Out About 4-H at the County Level?

You can subscribe to *Highlights*, the San Mateo County 4-H monthly online newsletter.

To do this:

Go to [www.cesanmateo.ucdavis.edu/](http://www.cesanmateo.ucdavis.edu/)

Click on "4-H Youth Development Program".

In the little purple box, click on "4-H Highlights".

Submit your email address in the box.

**Next newsletter deadline: October 12, 2010**

Email articles to Shelle McGee-Lucas: [straycatgt@comcast.net](mailto:straycatgt@comcast.net)