

# San Carlos Eaton Hills 4-H

**ISSUE FIVE** <http://www.sancarlos4h.org>  
**January 2009**

## Club Officers

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**Next General Meeting:**

**Jan. 20 at 7 pm,  
Clifford School**



## President's Message

Hello fellow 4-Hers,

Happy New Year! I hope you all had a great winter holiday and I look forward to seeing you at our next meeting on Jan. 20.

As we move into a new year, we should all start thinking about what we can do to get ready for upcoming events. Events such as Hometown days, Spring farm clean-up, and Fair need lots of volunteers, so please lend a hand.

Thanks,

Danielle Grimsby



**This month's theme:  
pajamas and parkas**

## UPCOMING DATES & EVENTS

<b>Jan. 20 7 pm</b>	<b>January General Meeting</b>
<b>Jan. 22-31</b>	<b>San Carlos Week of the Family</b>
<b>Jan. 23-25</b>	<b>CAL Conference</b>
<b>Jan. 26 7 pm</b>	<b>County Council Meeting</b>
<b>Jan. 27 7 pm</b>	<b>Record Books 101</b>
<b>Feb. 2 7 pm</b>	<b>Jr/Teen Leaders Meeting</b>
<b>Feb. 17 7 pm</b>	<b>February General Meeting</b>
<b>Feb. 21 12 pm</b>	<b>Redwood Hill Farm Tour</b>
<b>Feb. 28 12 pm</b>	<b>County Presentation Day</b>

## Record Books Demystified

Are you new to 4-H? Have you ever turned in a record book? Do you know what a record book is? Maybe you turned in a primary record book but turned 9 this year and need to move on to a new set of forms? If any of these apply to you, please come to "Record Books 101" on **Tuesday, January 27** at 7 pm in the Clifford School multi-use room. This meeting is intended to be an introduction to record books. We will go over some of the basics and give you ideas on how to keep track of information that you will need for the book.

This meeting is for members and/or parents. (If your member is quite young, you might want to come and take the information home). —Maeve and Bruce Knoth

## Check Out Fun, Free Activities During San Carlos "Week Of The Family"

From **January 22-January 31**, San Carlos will celebrate its 10th annual "Week of the Family" with daily free activities. Check the city website, [www.cityofsancarlos.org](http://www.cityofsancarlos.org) for more details about these fun family events:

- Band-o-Rama: Thursday, January 22, 7-9 pm, Central Middle School. Anyone with an instrument can join the fun!
- Make A Difference Day: Saturday, January 24, 1 - 3 pm, San Carlos Adult Community Center
- Family Movie Matinee: Sunday, January 25, 3 pm, Brittan Acres. Brad Lewis of Pixar Studios and a City Council member presents WALL-E.
- Community Sing-a-Long: Wednesday, January 28, 6:30-7:30 pm. Sing "Songs of America" with song leaders and instrumentalists at Trinity Presbyterian Church.
- Jazz Concert by Carlmont, Central, and Tierra Linda jazz bands: Thursday, January 29, 7-9 pm.
- City-wide Roshambo (Rock, Paper, Scissors) Contest: Friday, January 30, during Family Game Night at the Adult Community Center.

You can pick up a calendar of Week of the Family events at the January general meeting. —Janae Novotny

## Tour Redwood Hill Farm

On **February 21**, the San Mateo County 4-H is going to visit this award-winning goat dairy. It would be wonderful if some representatives from our club could go. For more details, please read this month's Highlights at [http://cesanmateo.ucdavis.edu/newsletterfiles/4-H\\_Highlights\\_Monthly\\_Newsletter15949.pdf](http://cesanmateo.ucdavis.edu/newsletterfiles/4-H_Highlights_Monthly_Newsletter15949.pdf). To RSVP, e-mail Michelle Boyle from the Coastside club at [artemischa@gmail.com](mailto:artemischa@gmail.com).

# Get Ready for County Presentation Day

County Presentation Day is coming **Saturday, February 28**. Presentations are an excellent way to demonstrate something you have learned in 4-H and to develop your public speaking skills. It is not too early to start working on your presentations! Choose a topic that you are comfortable with and have plenty of knowledge about. Sharing your knowledge with others is basically what a presentation is.

Presentation Day includes the following categories:

- Demonstrations and Illustrated Talks
- Scientific Demonstrations and Illustrated Talks
- Educational Displays
- Prepared Speech
- Impromptu Speech
- Interpretive Reading
- Share the Fun
- Cultural Arts
- Audio-Visual Presentations
- Problem Solving Presentations

Topics must be related to your projects or activities in 4-H. Practice your presentation (a lot!) and try it out at a club or project meeting. You will be judged on topic, subject knowledge, presentation, organization, voice, manner and appearance, visual clarity, and ability to answer questions. There is a very complete manual posted on the State 4-H website at <http://ca4h.org/leadership/spd/index.asp>. It contains everything you need to know about choosing a category and following the State standards and rules. **These State rules, standards, and judging rubrics will be used at County Presentation Day. It is important for all participants to review them and follow them.** The manual is available in both .pdf and MS Word formats.

Gold Medal winners at our county's Presentation Day will be eligible to present at the North Central Sectional Presentation Day on **March 28** at UC Davis. Medalists from Sectional Presentation Day will be eligible to present at the State Presentation Day, also at UC Davis, on **May 30**.

Many adult and youth volunteers are needed to make this event spectacular. We will need youth to serve as Room Hosts and runners as well as adults to serve as judges. So pick up the phone and call Heather McAvoy at 747-0834, or e-mail her at [heather@landb.com](mailto:heather@landb.com) to find out what you can do to help. Each club should provide two adult representatives from your club as judges.

Registration forms are available on the San Mateo county 4-H website, <http://cesanmateo.ucdavis.edu/files/60901.pdf> and are due in the county office by **Friday, February 13**. If you have any questions, call Maeve Knoth at 654-4975.

## Mark Your Calendar for More Upcoming Events

Favorite Foods Day will be **Saturday, March 14** from 1-4 pm. Some members of our club will enter foods, but the organizers need lots of older members and junior and teen leaders to help make the day a success. Get record book credit and have fun too. Please read this month's Highlights for more details. The link is [http://cesanmateo.ucdavis.edu/newsletterfiles/4-H\\_Highlights\\_Monthly\\_Newsletter15949.pdf](http://cesanmateo.ucdavis.edu/newsletterfiles/4-H_Highlights_Monthly_Newsletter15949.pdf).

Avian Bowl is coming up on **Saturday, March 21** and will be held at the Ventura County Fairgrounds. Watch for more information next month.

## Poultry Meeting News

A Meat Poultry meeting was held on Jan 3. We went over farm expectations for new members. Remember: if you attend Show poultry meetings, they also count for Market Meat meetings.

I will only have a few mandatory meetings. Record books need to be completed by May before I order the chicks in April. As for Heritage turkeys, I need to check with fair to see what they expect.

Have you attended any poultry shows? They count, too; just keep the flyer as proof. Speaking of shows, the Great Western Livestock show in Tulare is March 6-8. You can also check Pacific showcase for any other livestock shows coming up. —Judy Grimsby

## Reports from Members

### Advanced Rabbits Project:

#### My First Time Socializing Rabbits at the Humane Society

On Saturday, January 10, I helped socialize the bunnies at the Humane Society. I spent three hours caring for the 14 bunnies that are waiting for adoption. I got to take out bunnies and bring them outside to socialize them. I interacted with them using baby toys and if they came over would comfort them. Since they don't get a lot of sun inside they enjoyed the warmth outside. I also got to bring them treats like carrots. I also learned fun ideas on making toys for them like stuffing hay into toilet paper rolls. Overall, this was a wonderful experience and I wish that all the rabbits get a wonderful home in the future. —Laurel Nelson (age 10)

### Beginning 4-H

We built a bird feeder and we built a bird's nest. We learned about chickens. —Holman Torno.

### Show Poultry Meeting

At our last meeting we learned how to judge an egg, the different types of birds and how they are alike and different. We looked at where the chickens originated, what types of eggs they lay, and how they act. —Maeve Keegan



# **Next newsletter deadline: February 10**

Email articles to Betsy Parkhurst: [betsyrus@sbcglobal.net](mailto:betsyrus@sbcglobal.net)