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# San Carlos Eaton Hills 4-H

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<http://sancarlos4h.org>

Next Meeting May 19 **via Zoom**

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## Upcoming Club Events

### General Meeting

Tuesday May 19, 7:00pm  
via Zoom

## President's Message

Hey everyone!

Our last Zoom *General Meeting* was a big hit, and I loved getting to see everyone! Next meeting is the last meeting of the year, and it's when we will be doing our officer elections! The positions that we will be voting on are the Vice President of Programs, the Junior Farm Manager, and the Junior Farm Manager of Operations.

It's also a double meeting, so make sure to sign on to get all of the fun and important information that we have for you (there will be another game, too!)

I've been finding creative ways to stay busy at home. I'm borrowing a sewing machine from my Grandma, and instead of just throwing away damaged clothes that I can't donate, I've been making the cloth into things like face masks and bags! It's a great way to learn a new skill and stay creative. I'm so excited to hear about how you've been staying creative and active lately!

Hope to see you on the next Zoom call!  
Samantha Campbell, President

**MAY THEME: Elections and Celebration of the 4-H Year!**



## Virtual General Meeting Instructions

We are excited to be holding our second virtual General Meeting on **Tuesday, May 19th at 7pm**. Come see your friends, get great information, play games and win prizes!

### Tips for attending our general meeting on Zoom:

- Registration is how we account for attendance - please use the 4-H members name to register
- **NEW:** Siblings should register separately and log in to the meeting using separate devices so they can vote for officers
- Make sure to register in advance of the meeting, or at least 15 minutes prior to the meeting so you have time to get the confirmation email with the meeting link
- After registering, you will receive a confirmation email containing information about joining the webinar.
- If you have any questions during the meeting, use the chat function. You should only use raise your hand during the meeting when we ask for volunteers.

Note: We are using a webinar format so all attendees will be added with no video and will be muted. If you are giving a project update you will be unmuted for your update.

### Register for this webinar:

[https://oneworkplace.zoom.us/webinar/register/WN\\_x6tBITosTR-jpC-mzYJAMw](https://oneworkplace.zoom.us/webinar/register/WN_x6tBITosTR-jpC-mzYJAMw)

## Double Meeting in May!!

The night of May 19 we will hold two club meetings back to back. Mark your calendar now. This way we will complete 10 club meetings this year and have 80 percent attendance for your record book. **AND** hold Officer elections and recognize our adult volunteers. Be sure to attend the May meeting!

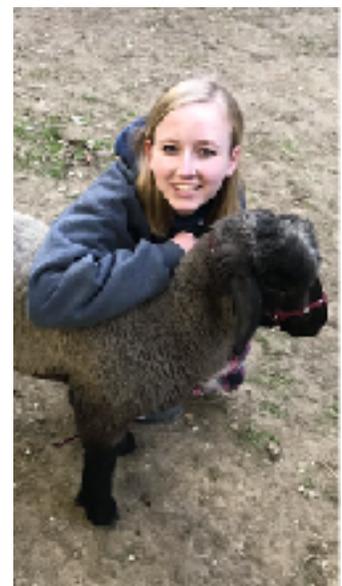
## Candidate Statements

Elections for club officers will be held at the May general meeting. Only club members vote for officers. (Parents cannot vote.) Membership in the Junior/Teen Leadership project for at least one year is a prerequisite for becoming a candidate. In addition, only candidates who submit a candidate statement to the club newsletter are eligible for election. Please become an informed voter; read the candidates' statements below before the meeting.

### President

My name is Elise Wacha and I want to be your club president for the 2020-2021 4-H year. I want to take on this position because 4-H has been an amazing part of my life for 12 years, throughout which I have made so many incredible friends and memories. I am so excited to help make 4-H the best it can be and help all of the members to make the best of their 4-H experiences. I have served in many leadership positions including JTL for various projects, secretary, corresponding secretary, and vice president of the club, manager and assistant director of 4-H camp, and planning and running multiple leadership events and conferences. I am very excited for the next 4-H year and to serve as your president!

Thank you,  
Elise Wacha



### **Vice President for Program**

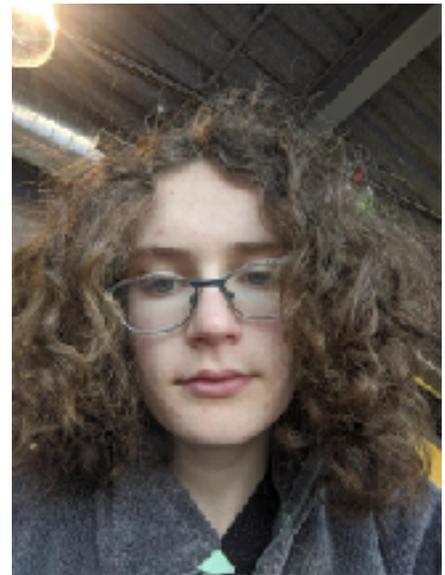
Hi, I am Leanna Gower, this is my 6th year in 4H, I am 16, and a sophomore at Carlmont. I am a counselor at 4H camp, as some of you may know me. I was treasurer this year, and I have learned so much about communication and organization. I want to be your vice president of program because I want to make each meeting more fun, We all love the traditions that we have, but I think we could re-vamp them, so everyone learns something new. I'd love to hear your ideas, vote for Leanna for V.P. of Program!

Thanks, Leanna Gower



### **Vice President for Program (Continued)**

Hi! My name is Annika Larson and I am running for Vice President of Program. I will be entering my 5th year in 4-H this fall, and 4-H has been a major part of my life for the last several years. I have served as our club's Treasurer, Recording Secretary, and Attendance Secretary, and have been a member of the leadership project for the past 3 years. As Vice President, I will be a mature, level-headed leader who can work with others to plan out the club's activities for the year. Please vote Annika Larson for Vice President of Program.



### **Vice President for Membership**

Hi, my name is Quincy Thuener and I am running to be your vice president for membership of the 2020-21 4-H year. For a little background on me, I have been a 4-h member for the past nine years and am currently a junior at Design Tech High School. I have held four officer positions and JTLED for many projects including but not limited to the show chicken, market chicken, and intro to farm project. For the majority of my 4-H career, you could find me at the farm working my animals, teaching a younger member how to show a chicken, or spewing fun facts about farm animals at the general meetings! I am very excited to take on the role of vice president of membership and hope to make 4-H inspire all our member's as much as it has inspired me.



### **Recording Secretary**

Hi there! My name is Samantha Campbell, and I am 17 years old. I have been in the 4-H club for 8 years now, and I love this club. In the past I have been the Club Treasurer, Club Vice President, and Club President and I had so much fun in all of those positions. I am running for Club Recording Secretary unopposed this year, and I am so excited to take on this position. I am a very organized and efficient person, and I have a lot of experience sitting at the table in front at all of the meeting and paying attention. I'm looking forward to finishing my 4-H career with a bang and spending lots of time with all of you! —Samantha Campbell



### **Correspondence Secretary**

Hi! My name is Sophia Vattuone. I'm going to be a sophomore at Sequoia High School and this is my 7th year in 4H. In the past I've been in the Leadership project as well as been a JTL, and this year I'm running for the position of Correspondence Secretary for my 2nd year. I'd be a great Correspondence Secretary because I love to write, and am currently in advanced English at school. My writing has even been published in my middle school school's literacy journal. I enjoy sending thank-you cards and am good at note-taking. Also, I'm very organized and efficient. Please vote for me for Correspondence Secretary. Thank you!



### **Attendance Secretary**

My name is Alex Becker and I will be the Attendance Secretary. I have been part of 4-H for 7 years. I will sophomore at Summit Prep High School. I have held two officer positions in the past and I am looking forward to serving our club again. In my new role Attendance Secretary, I would like to help our club run smoothly by keeping accurate records and using the information to help our club grow. I look forward to seeing you at the sign-in table in September.



## Treasurer

Hi, my name is Roen Thuener. I have been in 4-H for 8 years and I would like to be the treasurer for next year. I have raised 2 pigs, 2 goats and lots of chickens. I have been in the archery, farm sculpture, leadership and woodworking projects. I would be a good treasurer because in the chicken, pig, and goat projects I learned how to calculate the expenses for my market animals.



## Junior Farm Manager

My name is Peyton Steitz and I am running for Jr. Farm Manager. I choose to run for this position because I am very passionate about our farm. Next year, many farm members will be graduating seniors. My hope for the farm is that we're able to encourage more kids to join and raise large animals so our community lasts for many years to come. I've already started working on this goal by launching the "Intro to Farm" project which gives kids another opportunity to learn about raising large animals. Next year I'm excited to look into building on to this project to continue to grow our farm family.

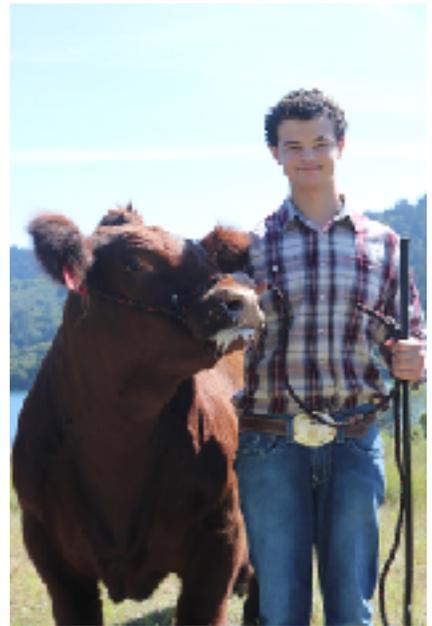


Hi my name is Hayley! I'm running for Junior Farm Boss. With your vote I will be able to help lead the farm in making decisions, create an inclusive environment, creating solutions for problems on the farm, and helping make the farm the best experience for all! I'm qualified for this position because I have done every animal on the San Carlos Farm. That includes goat, lambs, pigs, chickens and turkeys! I have held many leadership positions in and out of 4-H. I'm well rounded and will be able to connect with each project when finding solutions. With your vote I can achieve my goals of creating a meeting space for farm members, working with other projects in 4-h to improve the farm, and keeping the farm a place that's enjoyable to grow and learn! Don't be hasty. Vote for Hayley!

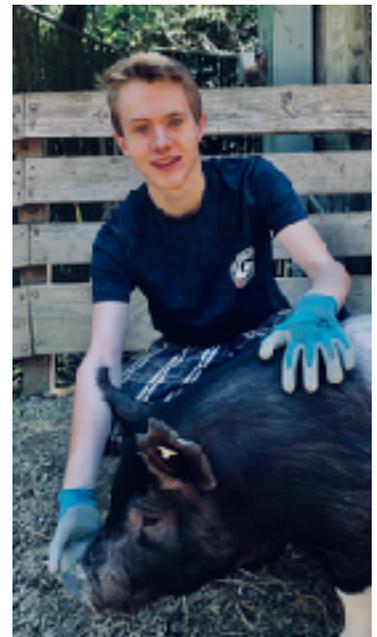


### **Junior Farm Operations Manager**

My name is Jayden Houston. I have enjoyed being in 4-H for 6 years and I am running for Junior Farm Operations Manager because I have the experience to make our farm look as nice as possible. Additionally, my goal is to have an organized, well run farm that looks amazing. I feel I am qualified for this position because I am a hard worker and am familiar with farm operations. I have raised all of the animals on our farm; 2 steers, pigs, goats, a lamb and turkeys (one of my turkeys came in first place.) I have goats, a rabbit and chickens at home. In addition to the woodworking project, I have done countless projects on the farm, at work and at home. Please vote for me and help me to make a well run, organized farm!



Hi, my name is Pablo Pinilla, and I'm running for the position of Junior Farm Operations Manager. I'm 17 years old and a Junior at Carlmont High School. This is my 6th year in 4-H, and I've served in several leadership roles, including 3 officer positions, Teen Leader for Beginning 4-H, and assistant director for 4-H Camp. I have especially loved my time on the farm, and I have raised 2 pigs and 4 turkeys. I hope to serve the farm by providing maintenance and improvements to keep it safe and fun for members and their animals. Vote for Pablo!!



### **Club Newsletter Editor**

Hi, my name is Ian Gower. I want to be the club newsletter editor to organize the information spread out to the club each month. I have been in 4-H for 6 years, and I am a manager at the county 4-H camp. I have been in the leadership project for 4 years, and I love to help out the club in any way possible. As newsletter editor, I will be sure to make the newsletter the best it can be. I hope I can increase member participation in writing articles for the newsletter as well. Thank you, Ian



## Club Photographer

Hi, my name is **Kian Badiei**, and I am running for the position of Club Photographer. I am 13 years old and attending 7th grade at San Carlos Charter Learning Center. As of now, this is my 4th year in 4H. This year, I am only in the goats project with my dairy goat Blaire, but I have previously been in the Beekeeping and Market Chicken projects.

Club Photographer is a very important role, and the person who receives it is entrusted with capturing moments in time that will be preserved forever, and seen by many. I feel as though I am qualified for this job because I have taken classes on photography, as well as having access to a camera. As club photographer, I promise I will try my hardest to photograph the best moments that our 4H club and member experience. Vote Kian Badiei for club photographer!



## Big Day of Giving

Hi everyone!

The San Mateo County 4-H Ambassador team is preparing for the annual “Big Dig Day of Giving.” We’re preparing for this donation event by holding an art contest. There will be a link to a “Happy McGivins” (the mascot for the Big Dig Day) coloring sheet on the Ambassador Instagram account (@smsf4hambassadors).

Everyone can color it in, and parents can send a photo to the San Mateo County 4-H Ambassador Instagram for the chance to have your drawing featured as our Instagram profile picture! Everyone that enters will get a small prize!

We rely on the donations for the Big Dig Day of Giving to help keep the County 4-H program going, and without Hometown Days this year we need it more than ever. We’re so excited to see all of the coloring that you guys will be doing, and make sure to go to the Ambassadors Instagram account to get the link to the coloring page!

-Samantha, Kruthi, and Kaitlyn

## Hometown Days Has Been Postponed Until August 28th-30th. But We Still Need You!

### Participate in the Parade!

Come one, come all! Let’s show our 4-H spirit! Plan on coming to Central Middle School before 10:00am Saturday, August 29th to walk in the parade. Wear your 4-H gear & bring signs showing what 4-H is all about!

### 4-H Information Booth:

On Saturday and Sunday our club will have a 4-H Information Booth. This is where families come to learn about 4-H from our San Carlos Eaton Hills 4-Hers. We will be sending out a sign up sheet electronically when we get closer to the date.

### Dime Toss Booth - Fundraiser for our club!

Volunteers are needed for all shifts! A sign up sheet will be forthcoming. Gather your CLEAN glasses, plates, cups, vases - anything that will hold a dime! Feel free to ask your grandparents, aunts, uncles, neighbors, etc. for their contributions as well. We will let you know at a later date where to drop off your glassware.

## **Volunteering! Please help our club thrive!**

Our Club is run by volunteers, from bringing supplies to an event, to our project leaders through to our Community Leaders everyone is volunteering their time to make our club a place of engagement and growth for all who participate - youth and adults! We know some people are able to help a lot and some just a little, but our expectation is that every family volunteers on some level to keep our club moving forward and contributing positively to our community. We are asking you all to please think about how you will volunteer in our club and make our community a better place.

Following is a list of immediate needs, but if you feel called to lead a project or take on another idea that sparks your interest, please let us know so we can help you get started.

Immediate needs are:

- **Co-Community Leader** - Jason Gische needs a co-lead for next year!!!!
- **Hometown Days liaison** - fill out forms with guidance from the 4-H County office - Need to start this in the next 2 weeks. Be in touch with Dime Toss, Info Booth and Parade coordinators to make sure they have all they need according to our registrations, etc.
- **Dime Toss coordinator** - Make sign up sheet for volunteers, arrive early for set up, be available to work booth as needed over the weekend.
- **Hometown Days Parade Float Coordinator** - Ask for volunteers to help get our float together, - possibly make a new float with your team for this year, arrive early for the parade and coordinate set up and break down on the day of the Parade.
- **Site Coordinator** - Work with Co-Community leaders, JTL Project leaders, Clifford School, Redwood City Facilities dept and San Mateo County 4-H Program Director, Zeva, to reserve our dates for the year at Clifford School. Dates reserved are for the General Meetings, Steering meetings and Junior & Teen Leadership Meetings. (Time commitment is about 3-4 hours in June and then another 5-6 hours between August and September).

Fun Fact: We had 52 adult volunteers who filled 81 roles in our club last year. Join us!

Once you have decided how you can help out next year, please reach out to Jason at [jgische@yahoo.com](mailto:jgische@yahoo.com) or Katherine at [kathandnora@aol.com](mailto:kathandnora@aol.com) or 650-766-2586 to get started.

We will also be sending out a complete list of opportunities to help out in the next few weeks as well.

Thank you!

Katherine Schembri  
Jason Gische  
SCEH 4-H Co-Community Leaders

## About This Year's 4-H Camp from Allan Bruce

It is about that time again - CAMP TIME! We are excited to announce this year's theme CAMPOUT PLAY (based on Survivor TV show theme). The youth staff and adult advisory is planning a fun, memorable and exciting week. San Mateo County 4-H Camp will be on **Sunday, July 12 - Friday, July 17, 2020** located at Jones Gulch (Wasiata campground) in La Honda.

Camp registration is now open online [https://ucanr.edu/sites/smsf4h/About/4-H\\_Camp/Camp\\_Registration/](https://ucanr.edu/sites/smsf4h/About/4-H_Camp/Camp_Registration/). There are some paper forms that we will still require. Payment is still done by check as well. You are welcome to pay in full but a \$150 deposit (per child) must be put down to ensure a spot.

**Deposits must be paid in full by Friday, May 15th.** If we do not receive full payment by deadline – the spot will open to the next available participant if there is a wait list. Deposits will not be accepted after May 15, 2020.

If you have any questions regarding priority registration or 4-H Camp itself - please let me know.

Please like us on [Facebook](#).

We are excited for another great & successful year at San Mateo County 4-H Camp.

Best,

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Allan Bruce

Co-Advisor: San Mateo County 4-H Camp

## Member Reports

### Hands Across the Generations

This month, the Hands Across the Generations project did a virtual meeting to close out the year. Unfortunately due to the times we live in, we could not get in touch with any of the seniors for one last visit for the year. But, we did have a meeting for the project members that were able to attend. It was a smaller group than we would have at regular meetings, but it was a nice way to close out the year and say goodbye until hopefully the fall when we can get back into the Elms. Overall it was really fun and I enjoyed seeing all of the members able to attend!—Taylor Meeks

### Dungeons & Dragons Project

D&D is a fun tabletop role-playing game that can bring together strangers. It is very engaging. You choose a race and a class out of many different choices that are based off of fantasy. Someone who has the title of the Dungeon Master (DM) runs your story, called a campaign.

For example, in the 4-H D&D project run by Logan and Adrian Spinali, I am playing a Dwarf Druid who can cast spells and turn into animals. Adrian and Logan moved the game onto a virtual D&D program called Roll20 that is the exact same thing as regular D&D except for it is on the computer. D&D is very fun game and I hope you try out the project next year. —Nick Damon

## Equine Project

This Spring, for Equine Project, each member was researching a horse related topic and was going to present it at the Portola Valley Horse Fair. However, due to the COVID 19 pandemic, the horse fair was cancelled and so were our project meetings. Our project leader encouraged us to, instead, write an article on our topic and then she worked with the San Mateo County Horsemen's Association so that our articles can be published in their June magazine. I just won an award from them for my article on "What Horses Eat in the Wild." Here is my article:

### What Do Horses Eat In The Wild?

In the wild, horses eat mostly grass, but they also eat forage or browse plants such as forbs and shrubs. Grasses are plants with narrow leaves and parallel veins, such as the Idaho Fescue Grass, Squirrel Tail Grass, and the Great Basin Wild Rye. The wild grasses that horses eat tend to look more like weeds than common lawn grasses, which, incidentally, are not good for horses because they do not have good nutrition content. Forbs are flowering wild plants with net-like veins on their leaves that are found in prairies. Some forbs that horses eat are the Scarlet Globemallow and the Indian Paintbrush. Shrubs are woody plants with multiple stems, such as Juniper, Bitterbrush, or Greasewood. Although horses, in general, are not made for eating meat, wild horses might eat a bite of fish found lying on the ground.

As important as it is to understand *what* wild horses eat, it is also important to understand *how* they eat. Wild horses may move up to 20 miles per day, continually eating grass, forbs, and shrubs along the way. They eat for an estimated 15-17 hours per day. This movement is beneficial for the horses because it helps food move through the digestive system. Another beneficial behavior of wild horses is bending over while they eat. This is their natural posture because their food is growing low on the ground. This helps them because it positions their mouth correctly and it ensures that their food mixes well with their saliva. Eating from the ground also positions their head so that debris in the nasal passages gets flushed out by nasal secretions, reducing respiratory problems. When we learn about wild horse behavior, we can learn about ways to help our own pet horses have the most natural and healthy life possible. —Clara Hause Stephenson

## County Calendar Events

San Mateo County 4-H Camp

7/12-17/2020

For a complete list of events, visit the [4-H County Web site](#) calendar page.

## Do you want to learn about 4-H at the county level?

Check out the San Mateo County 4-H website at <https://ucanr.edu/sites/smsf4h/>.

**Next newsletter deadline: Friday September 4, 2020**

Email newsletter articles and photos to [sue.gower@icloud.com](mailto:sue.gower@icloud.com). Thank you!



<p><b>Club Officers</b> President: Samantha Campbell Vice President: Taylor Meeks and Elise Wacha Attendance Secretary: Annika Larson Corresponding Secretary: Sophia Vattuone Treasurer: Leanna Gower Sergeant At Arms: Roman Messina Co-Jr. Farm Managers: Quincy Theuner and Peyton Steitz Healthy Living Officer: Andrew Gould Membership Officer: Pablo Pinilla Historian: (open) Co-Recreation Leaders: Alex Becker and Hayley Houston Club Reporter: (open) Club Photographer: Jayden Houston Community and Civic Engagement Officer: Asher Becker</p> <p><b>Community Leaders</b> Katherine Schembri <a href="mailto:Kathandnora@aol.com">Kathandnora@aol.com</a> 650.365.2331 Jason Gische <a href="mailto:jgische@yahoo.com">jgische@yahoo.com</a> 650.218.8247</p>	<p><b>Steering Committee</b> Jason Gische Katherine Schembri Stacy Dent Missy Damon Catherine Campbell Sue Gower Kelly Steitz Maureen Becker Marc Chevillet Tina Cole Sarah Kelsey Kim Gische Rita Gould Erica Theuner Pam Leffler Aida Paragas</p>	<p><b>Registrar</b> Missy Damon <a href="mailto:melissajanedamon@gmail.com">melissajanedamon@gmail.com</a></p> <p><b>Projects Coordinator</b> Kim Gische <a href="mailto:kgische@gmail.com">kgische@gmail.com</a></p> <p><b>Farm Boss</b> Andy Campbell</p> <p><b>Farm Manager</b> Erica Thuener <a href="mailto:ethuener@gmail.com">ethuener@gmail.com</a></p>	<p><b>Webmaster</b> Robert Lewit <a href="mailto:robert.lewit@gmail.com">robert.lewit@gmail.com</a></p> <p><b>Newsletter Editor</b> Sue Gower <a href="mailto:sue.gower@icloud.com">sue.gower@icloud.com</a></p>
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