

# SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting February 13 @ Clifford School

## Upcoming Club Events

### General Meeting

Tuesday, February 13, 7pm  
Clifford School MUR

### Presentation Day

Saturday February 10, 2018

### Steering Committee Meeting

Tuesday March 13, 7pm  
Clifford School Library

### General Meeting

Tuesday March 20, 7pm  
Clifford School MUR

### General Meeting

Tuesday April 17, 7pm  
Clifford School MUR

### General Meeting

Tuesday May 15, 7pm  
Clifford School MUR

### Hometown Weekend

Saturday/Sunday May 19-20  
Burton Park

## President's Message

February is the month of Valentines Day and love, and who doesn't love a potluck???. Check out the food assignments below, bring lots and come hungry. The JTLs make the main dish - more lasagna than you should ever see in one place at one time, but everyone else is responsible for side dishes, salad, and desserts. The color of 4-H is green, so we have to be green - no paper plates, bring some real plates and utensils to use from home. Eating lasagna with your hands is hard. Your projects should be in full swing by now, so be ready to come up and tell people about them if you are called on during the meeting.

See you Tuesday  
Your President,  
Ryan

## FEBRUARY THEME:

**Bring reusable, washable utensils and plates!**



## Potluck Dinner at the February Meeting

The February meeting is our annual potluck dinner. **Dinner starts at 6:30**, before the general meeting. All parents and kids are welcome.

Let's show our love for the planet by making it a zero-trash dinner! Please bring your own reusable plates, cups, silverware, and napkins.



For the potluck, the Junior Teen Leaders will bring lasagna. There will be meat and vegetarian options.

The rest of the club brings the rest of the meal. If your LAST name starts with:

- A-G, bring a salad,
- H-M, bring a dessert, and
- N-Z, bring a bread.
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Also, please also bring serving utensils labeled with your name as needed for your contributions.

Upon arrival at the meeting, be prepared to indicate if your dish contains any common allergens such as nuts.

There will be vegetarian and gluten free options for all parts of our meal.

## Double Meeting in May

The night of May 15 we will hold two club meetings back to back. Mark your calendar now. This way we will complete 10 club meetings before the County Fair begins in early June. If you need 80 percent attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting.



## Lions Club Crab Feed



The Lions Club Crab Feed was a great success, once again due to our tremendous 4-H youth and adult volunteers! Like the tri-tip dinner, there were 23 tables with 6 - 8 guests per table. This year, the 4-H youths served along side the Leos (a junior group of the Lions Club). Caesar salads, garlic bread, pesto penne pasta and Dungeness crab were served for dinner and rainbow sherbert for dessert! Thank you to our youth volunteers, Kian Badiei, Alex Becker, Samantha Campbell, Tia Chan, Zerach Chan, Wyatt Dent, Sophia Redkey, Quincy Thuener, Roen Thuener, and Peyton Steitz. Also, thank you to our parent volunteers, Reyhaneh Badiei,

Stacy Dent, Kelly Steitz, and Helen Redkey! --Linh Chan



## From Our 4-H Historian

On January 15, 1902, a Springfield Township school superintendent, A. B. Graham, organized the first club for farm youth in Clark County. So far as the records show, he founded the first club of its kind in the United States. It is pretty generally agreed that his enterprise marked the beginning of 4-H Clubs. Thus, when the 4-H Golden Jubilee is celebrated next year, special attention will be given to the club's origin here in Clark County...

In 1907 or 1908, the first 4-H emblem used nationally was designed by O. H. Benson as a three-leaf clover. It stood for head, heart, and hands. In 1911, Benson suggested that the fourth H should be hustle, and the 4-H Clover design was then adopted. Later O. B. Martin suggested that health replace hustle. The 4-H emblem has stood for head, heart, hands, and health ever since. --Linnea Weaver

## Record Book Drop-In Workshop

*Can't seem to make time to fill out your Record Book?*

Pencil in one or both of these Drop-in Record Book Workshops.

**Saturday, February 17 1-3 pm**

**Saturday, March 31 1-3 pm**

These workshops are open forums for kids (and parents) to drop-in to have some focused time to work on their 4-H record books.

-If you're an expert it gives you a set time to GET IT DONE

-If you're new to record books, it gives you someone to answer questions as you go

If you are coming bring:

-laptop

-whatever calendar you use with YOUR 4-H events attended

-plan ahead and sketch out what you did at each project meeting

Record book online resources can be found here:

[http://4h.ucanr.edu/Resources/Member\\_Resources/RecordBook/About\\_4-H\\_Record\\_Books/](http://4h.ucanr.edu/Resources/Member_Resources/RecordBook/About_4-H_Record_Books/)

Online Record Book is here:

<https://4horb.ucanr.edu/login.cfm>

**\*\*Know your 4HOnline password before you arrive!**

Saturday, February 17 is at the Demers Family House

[215 W. Oakwood Blvd](#) in Redwood City

RSVP to [lisademers77@gmail.com](mailto:lisademers77@gmail.com)

The March 31 workshop will be at the Maria Smith's house in Redwood City (16 Garden Street), please RSVP to [maria.smithsmith@gmail.com](mailto:maria.smithsmith@gmail.com).

## **Life Skills Festival: Blanket Donations**

For the community service project at the Life Skills Festival this year, we're making Linus blankets to donate to the victims of the Northern California fires through Project Linus. Our countywide goal is to make 50 blankets, which means each club should make about 6. We would love if it people from this club could pitch in fabric or completed blankets to bring to the March meeting. The fabric (or blanket) should be fleece in any pattern from 1 ½ to 2 yards in length. It would be so helpful if we could get some more donations!

If you're interested in making the blanket, the information is here:

<http://4h.ucanr.edu/files/267635.pdf>. If you want to learn more about Project Linus, their link is here: <https://www.projectlinus.org/> and if you want to read the challenge, the pdf is here:

<http://4h.ucanr.edu/files/267632.pdf>.

We would very much appreciate your support! --Maya Donovan

## **About This Year's 4-H Camp from Allan Bruce:**

The dates for San Mateo County 4-H Camp 2018 are Sunday, July 15, 2018 - Friday, July 20, 2018. Registration for strictly 4-H members will be on Sunday, April 8 - Friday, April 13, 2018. That will only be open for 4-H members. Starting Monday April 16, 2018 is when registration starts for the general public. 4-H members can register from that range as well, but we want to give them priority to first register. So they have a whole week dedicated to them before registration opens up to the general public. Registration fills up extremely quickly, so if parents are able to put a deposit down it can help ensure a spot at camp.

If your children are interested in attending San Mateo County 4-H Camp please respond via this link: <https://goo.gl/forms/1m6H0FU5K217t5013> . This link is to a google form so that I can email the parent the registration packet via email. Current 4-H members only please.

Our youth staff are going to try their absolute hardest to make it out to club general meetings to inform your club about the exciting week at San Mateo County 4-H Camp.

## Member Reports

### Bay Coast Youth Summit

For the last four months, I have been on the planning community of the Bay Coast Youth Summit, formally known as CAL conference. This 4-H conference took place at Jones Glutch Camp and is a leadership development camp that teaches kids ages 10-18 leadership skill that they can use in real life situations - things such as time management or how to handle your emotions. This year our theme was Superheros. There was a dance and it was a great time to meet other 4-Hers from different counties. We really hope to bring a big group from our club next year so please consider it. --Asher Becker (9th grade)



From Friday, January 19, through Sunday, January 21, I attended the Bay Coast Area Youth Summit as a staff member with my friends, Asher and Pablo. The Youth Summit is a great event where you can meet kids from other counties as well as grow as a leader and a person. You have the opportunity to chose which workshops you would like to attend and you learn a lot as a result. I encourage many people to attend in the future and to spread the word about this great opportunity. --Elise Wacha

### Weaving



#### Weaving on Sticks

The main thing that makes stick weaving different than other types of weaving is that you weave vertically. When you get your stick, you need to pick a forked stick. When you get to the end, it is really hard to weave because it is really tight. Otherwise, stick weaving is really fun and results in a great project! --Gabby Lou

### Lions Club Crab Feed

On Saturday January 27th, the Lions Club held their annual crab feast at Mahaney Hall in San Carlos. There were 4-H and Leo's Club kids serving crab, bread, salad, pasta, and ice cream for dessert. For 90 minutes, we served food to the Lions Club staff and friends. After dinner, they did a raffle for multiple little things and then they raffled out a big T.V. that a lucky person got. --Wyatt Dent



On January 27th we attended the Lions Club Crab Feed. At the crab feed we all were assigned a table to serve. Between the two of us, we had 4 tables to serve. The dinner started with the bread and salad. When we were serving the bread and salad, we introduced ourselves and told the people about the market animals we are raising this year. After the bread and salad we brought out pasta with pesto sauce. While working our tables, we met a guy with a really cool crab hat. He was so nice that he let us take a photo with us. We waited a little while to serve the crab so that each table had enough time to finish their appetizers. When we were ready to serve the crab, we gave each table 1 big bowl of crab. Soon after the crab came out, dessert was served. Dessert was rainbow sherbert. We then walked around with the coffee cart. We

both served everyone who wanted coffee. The overall experience was so fun and we can't wait to volunteer next year. For anyone who hasn't volunteered at the crab feed before, we really recommend you to sign up next year. --Tia Chan and Peyton Steitz

On Saturday, 28 January, I helped with the crab feed. Roen and I were partners for the same table. We served salad, garlic bread, pasta and then the best of all, the crab! At the end of the dinner, Roen, Wyatt and I served coffee to all the tables. It was busy and a lot of people wanted coffee. --Zerach Chan



I helped serve at the Lion's Club Crab Feed. It was fun! Only did I meet some up Lions Club members to learn how to organize food service to a large group. Really fun to serve the community with some my 4H friends. It was only three hours and it was really fun so I think everyone should try it sometime. --Alex Becker

## Market Lambs

On February 28th Tia, Quincy, Sam, Zerach and I went to two lamb breeders to pick out our lambs. The first breeder we went to showed us all of his November lambs, even though those lambs wouldn't be the ones we would be buying. One thing that we all didn't like about this breeder was that all of his lambs had sore mouth. Sore mouth is a disease that is around the mouth. It is a disease that humans can catch from being around the animals. It is curable but if it is bad, it can cause death to any lamb. The lambs that we would be buying from him weren't weaned yet so he said the November lambs would give us a good idea of the lambs he had.

Then we headed over to the next breeder. He had around six male lambs for us to look at. He set up two stanchions and took two lambs out of the pen and put them on the stanchion so we could feel them. First we measured the top of the ribs



to see how wide they were. Then we measured the loin. To measure the loin we put our pointer finger at the 13th rib and the hip bone. You want the lamb to have a big loin but it shouldn't be too large. Then we looked to see if they had a deep twist or not. Once you're done feeling them you should take a step back and see if you like how they stand. If their back has any bumps in it you wouldn't want to buy that one. Also if their legs aren't straight that could be a problem but you might be able to train them out of it or you could fit their legs so it looks straight. In the end everyone, except for one person, ended up getting our lambs that day at the second breeder. Overall it was a very fun experience and I'm excited for the season to start. --Peyton Steitz



On January 28th, some of the people in the lamb project went down to two farms to look for lambs to buy for our San Mateo County Fair. The first place we went to was Ernie Nunes', about an hour and a half away, and no one ended up getting their lamb from there because all of the ones he had at the time were either too young or too old for us to purchase. If anyone hadn't picked a lamb that day, they could have easily returned to the first farm when the January lambs were old enough. The second farm we went to was Matt Casarotti's. Almost everyone that went that day bought a lamb from Matt, including me. The process was really fun, because he got two lambs set up next to each other and we got to feel the different parts of them to compare really well and find the one we really wanted. The lamb I really felt a connection with and saw a lot of potential in was a little bit smaller than the rest, because his mom was not good at feeding him. He had just weaned off of his mom the day before, so

next time I see him he'll already be a lot bigger and sturdier. The reason I chose him was because I saw a lot of potential in his bone structure, and I think that once I start feeding him well and exercising him, he will gain weight and build up muscle mass really well, and turn out as a beautiful sheep. I ended up naming him Fletcher. After everyone who was going to choose a lamb had gotten theirs, we all took pictures together, and went to lunch. All in all, it was a really great learning experience, and I can't wait to see him soon! --Samantha Campbell

## Hands Across the Generations

This month at the Hands Across the Generations meeting we made valentines day cards and decorations for their rooms. It was really fun and we had a lot of people come to our event. Also, we played games with the seniors, like chess and scrabble. I can't wait for our next meeting! --Taylor Meeks

## Beach Restoration Project

On January 21st the Beach Restoration Project met for the first time at the Switchbacks on Rockaway Beach in Pacifica. There was a very good showing of at least 20 people, including parents who helped out. A woman named Friedel is leading the project and is very knowledgeable about Californian native plants. We chose locations to plant our various native beach front plants, and dug holes that keep the plants level with the surface. Each new plant was flagged, and we covered the unwanted invasive plants with straw to suffocate them. The objective of the project is to restore some of



the former beauty back to the cliff side, which was bulldozed 20 years ago to make way for the switchbacks that allow people easy access to the beach. This was a situation where easy beach access to the public prevailed over maintaining the beautiful native landscape of the cliffs. --Andrew Gould

## Farm Cleanup Day

On Sunday, February 4, I helped out at the club farm cleanup day. During the event, I helped to cleanout the terrace area while others helped with weeding, compost, cleaning, and overall maintenance. Overall, it was very successful and the farm is much more prepared for the animals to arrive. Thanks to all who came to help out! I am greatly looking forward to seeing everyone on the farm this year, either for their animal(s) or just to stop in for a visit. --Elise Wacha

On Sunday, 4 February, I helped with the farm clean up day. There were lots of things to do. I helped with cleaning the arena by raking the leaves. I helped with weeding the garden in the front of the farm. Quincy and I rolled the wheel barrel full of weeds up to the top of the compost pile. The wheel barrels were heavy! Then I helped sweep up the chicken coop. There was lots of dust and rat poop in the chicken area. Then I helped carry buckets of turkey poop with mud and water to the compost area. After that, we cleared the rest of the poop water from the turkey area. It was a dirty, hard, smelly job! --Zerach Chan



At the farm cleanup on February 4, our aim was to get the farm ready for the arrival of the animals in March.

We turned the compost heap, cleaned out some of the barns, put compost in the garden, cleaned up the conexas (large shipping containers used for storage on the farm), took stuff out of storage, and generally got the farm ready for the animals. Projects will also have their own work days to set up the barns and pens.

We got a lot of work done in just 2 hours. All 4-H members are welcome to come help out and I hope to see you there next time we have a farm cleanup! --Aaron Larson



This weekend was farm clean up. Everyone who is raising an animal on the farm showed up to help clean up the farm. I helped clear the arena, take up weeds to the compost in wheel barrows, take compost down to the plants in wheel barrows and cable tied plywood to the outer edge of the lamb pens to keep them warm. Cleaning up the farm was energy draining but I can't wait until the season starts! -- Tia Chan

## Hog Project

On Saturday, February 3, I went with my fellow members of the hog project to visit the farm of Paul Fernandes. There, we got to see pigs at different stages of life and we got to learn about how to select a good hog to take to a show. In a couple of weeks, we will return to his farm to bring our new pigs to the 4-H farm. I am very excited to get my pig and look forward to a great year on the farm. --Elise Wacha

## County Calendar Events

<a href="#">County Presentation Day</a>	2/10/2018
Life Skills Festival	4/28/2018
San Mateo County Fair	6/9-17/2018
4-H Summer Camp	7/15-7/20/2018

For a complete list of events, visit the [4-H County Web site](#) calendar page.

## Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to [www.cesanmateo.ucdavis.edu/](http://www.cesanmateo.ucdavis.edu/)
- Click on "4-H Youth Development Program."
- In the little purple box, click on "4-H Highlights."
- Submit your email address in the box.

**Next newsletter deadline: Monday March 12, 2018**

Email newsletter articles and photos to [sue.gower@icloud.com](mailto:sue.gower@icloud.com). Thank you!



<b>Club Officers</b> President: Ryan Heitel Vice President: May Donovan Secretary: Elise Wacha Corresponding Secretary: Will Demers Treasurer: Samantha Campbell Co-Sergeant At Arms: David Chabra & Asher Becker	<b>Steering Committee</b> Maureen Becker Anand Chabra Michelle Chabra Mag Cumbow Lisa Demers Kash Donovan Beth Enthoven	<b>Registrar</b> Jason Gische <a href="mailto:jgische@yahoo.com">jgische@yahoo.com</a> <b>Projects Coordinator</b> Beth Enthoven 650.207.3735	<b>Webmaster</b> Robert Lewit <a href="mailto:robert.lewit@gmail.com">robert.lewit@gmail.com</a> <b>Newsletter Editor</b> Sue Gower <a href="mailto:sue.gower@icloud.com">sue.gower@icloud.com</a>
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