

SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting January 16 @ Clifford School

Upcoming Club Events

General Meeting

Tuesday, January 16, **6:30pm**
Clifford School MUR

SCEH Farm Project Leader Meeting

Tuesday 1/23/2018

Record Book 101

Tuesday, January 30
Clifford School Library

Presentation Day

Saturday February 10, 2018

General Meeting

Tuesday, February 13, 7pm
Clifford School MUR

President's Message

Happy New Year 4-Hers!

This Month's meeting is a fun one, because it involves pizza and bingo. Yes, we all play round after round of bingo, win fabulous prizes, and dine on slices of cheese or pepperoni. Be sure to 1) come hungry, and 2) get some dollar bills from your parents with which to pay for the pizza (\$2 per slice), and 3) be prepared to have fun. We know there will be lots of great prizes because *you are going to bring them!* Please bring one bingo prize to be handed out to a lucky winner, maybe even you, priced at about \$5.

Also, I want you to be aware of a big 4-H event coming up in February that you can sign up to participate in. Presentation Day will be on February 10th at College of San Mateo. At presentation day, 4-Hers give prepared talks and are judged on them. It's a great chance to practice a great skill and learn a lot. If you just want to check it out for next year, that's OK, too - you can sit in one of the classrooms, support other members from our club, and think about doing it next year.

Sincerely,
Your President, Ryan Heitel

JANUARY THEME: Bring Bingo Prizes and SPCA Donations!



Join us for Pizza and Bingo!

Our annual Pizza and Bingo meeting is here! Bring an appetite, a few \$1 bills and a fun prize to the January General Meeting. **The meeting will start at 6:30** to allow for lots of time for pizza and bingo. Two dollars buys a slice of pizza and a bingo card. The club will provide free drinks. Please contribute a small prize to our prize table. Prizes should cost no more than \$5.00 and should be unwrapped and appropriate for all of the age groups.



SPCA Donation Drive

At the January General Meeting on the 16th we will be collecting items for the SPCA Donation Drive. Items that are always in demand include towels, blankets, toys, harnesses, leashes and collars in all sizes. Dog sweaters are especially needed this time of year. Please check out our on-line wish list at <https://peninsulahumanesociety.org/donate/wish-list/> for the full list of items we accept. You may purchase items directly on Amazon using this link or bring your donations to the January Meeting. If you buy an item on-line please include a notation that these are from the San Carlos/Eaton Hills 4H Club. Andrew and Rita Gould will be accepting these items and transporting them to the Lantos Center for Compassion in Burlingame. Thanks for your generosity. - Rita Gould



Attend Presentation Day

San Mateo County Presentation Day is a great opportunity to get your feet wet with county 4-H events, meet kids from other clubs and practice your public speaking. 4-H members of all ages can contribute. Maybe you just want to watch presentations and be a junior judge (earn record book credit!). Maybe you want to learn about giving presentations next year. Maybe you are going to present. Maybe you want to enter the interview contest. There are opportunities for you. Please read the full information at the following link:

http://ucanr.edu/sites/smsf4h/Calendar_/?calitem=385296&g=91500

What: 4-H County Presentation Day

When: Saturday, February 10, 2017

Where: College of San Mateo

How: Register by Thursday, February 1

REGISTRATION: Registration is online. Entries need to be received by 6pm on **THURSDAY, FEBRUARY 1ST, 2018.**

Presenters & Interviewees: Register at:

<http://ucanr.edu/survey/survey.cfm?surveynumber=21998>

Bay Coast Youth Summit 2018

Register now for the Bay Coast Area Youth Summit, transitioning from CAL Conference! Attend awesome educational workshops, learn about leadership, and meet other kids from across the Bay Coast Area!

January 19th-21st at [YMCA Camp Jones Gulch](#) in La Honda, San Mateo County.

Participants: Ages 11-13

Teen Youth Leaders: Ages 14-19

Registration Fees (Until December 31st): \$100

Registration Fees (After December 31st): \$115

[REGISTER HERE](#)

Record Book 101

Want a guiding hand about Record Books? We will have an introductory meeting Tuesday, January 30 at 7 p.m. in the Clifford School library to go over the basic aspects of a record book and help you keep track of the information you need. This meeting is for members and parents.



4-H Camp

4-H camp is an amazing opportunity to meet other 4hers and people in the San Mateo County community. It's full of great role models, and I now have the opportunity to be one of them. I was brought on as a manager during the 2017 camp week, and I've been attending the monthly meetings as required, which are a lot of fun. At the last meeting I attended, we did a white elephant gift exchange, which was really fun. As my gift I brought a toast rack complete with little dishes for jam and it got stolen all three times really quickly.

As a manager, you need to possess good communication skills, a peppy attitude, good problem-solving skills, and be quick on your feet. Throughout the meeting leading up to the week of camp, we learn more about each other so that we can work together as well as possible to make camp more enjoyable for both us and everyone else. Some of the things we do to help learn more about each other and grow closer are check-ins with Assistant Directors and Directors, a ROPES course, the gift exchange, signing up for events like the camp expo that help us sell the camp to potential attendees, and many small bonding exercises that happen during the meetings.

Because of all of these experiences, the 4-H camp group, similar to the 4-H club groups (like the JTLs and officer groups) are a family, and we all help everyone involved have an amazing week. Every year we get the chance to spend a lot of time with a lot of really great kids and other teens, and I'm so grateful to be a part of this representation of leadership. -- Samantha Campbell

More Information About This Year's 4-H Camp from Allan Bruce:

The dates for San Mateo County 4-H Camp 2018 are Sunday, July 15, 2018 - Friday, July 20, 2018. Registration for strictly 4-H members will be on Sunday, April 8 - Friday, April 13, 2018. That will only be open for 4-H members. Starting Monday April 16, 2018 is when registration starts for the general public. 4-H members can register from that range as well, but we want to give them priority to first register. So they have a whole week dedicated to them before registration opens up to the general public. Registration fills up extremely quickly, so if parents are able to put a deposit down it can help ensure a spot at camp.

If your children are interested in attending San Mateo County 4-H Camp please respond via this link: <https://goo.gl/forms/1m6H0FU5K217t5013> . This link is to a google form so that I can email the parent the registration packet via email. Current 4-H members only please.

Our youth staff are going to try their absolute hardest to make it out to club general meetings to inform your club about the exciting week at San Mateo County 4-H Camp.

Christmas Caroling

On December 6, I went to the Christmas caroling at Carlmont Gardens retirement home in Belmont. We sang Christmas songs to the seniors then handed out the holiday cards that were made at the November meeting. It was a lot of fun. -- Zerach Chan



Member Reports

Machine Sewing Project

In machine sewing, I made a stuffed animal elephant. I used the pattern to cut out the shapes, pinned them together and sewed them up, and stuffed the elephant. The hardest part for me was remembering to put the pressure foot down. Project leader Maya was really nice and I had a fun time! -- Gabby Lou



Intermediate Cooking



At the Intermediate Cooking project on Jan. 8, we made pot stickers, a soup, and fried rice. We all bought the ingredients and planned the dishes at the grocery store. Then we took them back to the Gische's home to cook. During this meeting, I learned how to fully plan a meal and how to mince foods more easily. At the end, we tasted everything and it was delicious! --Sophia Vattuone

On the afternoon of January 7th, I attended the my second Intermediate Cooking Session. The meeting was held at Lunardi's and the project leaders house. Last meeting, we made a lot of different foods with pumpkin. This meeting we got to get into groups and pick whatever meal we wanted to make. We decided on a Seven Treasure soup with meatballs and wontons. The other group decided to make fried rice with chicken. In my group we each had \$10, so we had \$50 in total to buy the ingredients for our meal. We ended up buying 13 items. For a vegetable we got Bok Choy. To flavor the soup we bought green onion, garlic, cilantro, ginger, and carrots. For the meatballs and wontons we had ground pork in a bowl with cabbage, ginger, and a little bit of onion. To make the meatballs we used the mixture and rolled them into about 20 meatballs. For the wontons, we hand folded the wrappers. To make them we had a small bowl of whipped egg yolk, and made a ring around the outside of the wrappers. Then we put a spoonful of the meat mixture in the center, to close it we folded it in half like a taco and pinched it on the dome in 3 different places so it wouldn't come undone. The food was really fun to make and eat. Next time, I think that we should buy less food, because we had a lot leftover ingredients and the other group paid \$7 less than us. I had a great time and learned a lot. Looking forward to the next meeting. – Millie Garrett



Rabbit Husbandry

At the December Rabbit Husbandry Meeting, Aaron and I presented information on rabbits, their lagomorph relatives, and how they became domesticated and then later pets. We had a craft planned for the 4Hers making pine cone rabbits. Mariah Mier was our special guest and art assistant and also a mom stayed to help. As always the bunnies provided additional entertainment in the petting area. I'm looking forward to helping out at our next lesson.-- Andrew Gould



Poultry Showmanship



The first week in January, I held a Poultry Showmanship Clinic for project members who wanted to improve his or her showmanship knowledge and skills. This also served as project meeting make ups for those that missed any meetings. The clinic is a one-on-one session, youth project lead with project member. There was one member who signed up over the winter break. I spent 30 minutes with the member explaining and demonstrating the showmanship steps and answered questions along the way. In handling any animal, you have to be prepared for escapes. The member's

chicken decided that she was done with being handled and flew to the top of the roof. Armed with some chicken treats and a ladder, we got her down safely. We have a few more clinics scheduled for the next few weeks. My fellow project youth leaders and I will be available during those times for one-on-one learning sessions. So, if you're in the show poultry project, don't forget to sign up for your own one-on-one session! -- Tia Chan

At our last show poultry meeting we learned all about eggs and worked on showing chickens! I helped lead an activity at the meeting where the project members cracked open an egg and learned about the parts of it. We also learned how you can tell the difference between a old egg and a fresh egg. After we went through all the parts of an egg and how to tell the difference between a fresh egg and an old egg we went outside and worked on chicken showmanship. The JTLs of the project went over how to show a chicken in a small group and then to end the meeting we ate some muffins. --Quincy Thuener



County Calendar Events

Life Skills and Hobbies Meeting	1/16/2018
Bay Coast Youth Summit	1/19-21/2018
County Council Meeting	1/22/2018
SCEH Farm Project Leader Meeting	1/23/2018
SCEH Record Book 101	1/30/2018
County Presentation Day	2/10/2018
4-H Summer Camp	7/15-7/20/2018

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on "4-H Youth Development Program."
- In the little purple box, click on "4-H Highlights."
- Submit your email address in the box.

Next newsletter deadline: Monday February 5, 2018

Email newsletter articles and photos to sue.gower@icloud.com. Thank you!



<p>Club Officers President: Ryan Heitel Vice President: May Donovan Secretary: Elise Wacha Corresponding Secretary: Will Demers Treasurer: Samantha Campbell Co-Sergeant At Arms: David Chabra & Asher Becker Co-Jr. Farm Boss: Anna Smith & Emma Loaiza Healthy Living Officer: Membership: Quincy Thuener Historian: Linnea Weaver</p>	<p>Steering Committee Maureen Becker Anand Chabra Michelle Chabra Mag Cumbow Lisa Demers Kash Donovan Beth Enthoven Jason Gische Kim Gische Rita Gould Sue Gower Anna LeCuyer</p>	<p>Registrar Jason Gische jgische@yahoo.com</p> <p>Projects Coordinator Beth Enthoven 650.207.3735</p> <p>Farm Boss Hanno Nehrenheim hannon@centriconn.com</p> <p>Farm Manager</p>	<p>Webmaster Robert Lewit robert.lewit@gmail.com</p> <p>Newsletter Editor Sue Gower sue.gower@icloud.com</p>
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<p>Co-Recreation Leader: Noah Schembri & Ashley Vaccarella Photographer: Pablo Pinilla</p> <p>Community Leaders Katherine Schembri 650.365.2331 Linda Wacha 650.245.0318 Maria Smith 650.867.9773</p>	<p>Pam Leffler Kate Pfaff Katherine Schembri Kristi Silvernail Maria Smith Caroline Spinali Erica Thuener Lauren Velasco Linda Wacha Shelley Zulman</p>	<p>Erica Thuener ethuener@gmail.com</p>	
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