

# San Carlos Eaton Hills 4-H

Issue Five

<http://www.sancarlos4h.org>

January 2013

## Club Officers

President: Kate Lyn Sutherland

Vice President: Summer Weaver

Treasurer: Maeve Keegan

Secretary: Anya Knoth

Corresponding Secretary: Isabella Paragas

Historian: Nik Grimsby

Sergeant-at-Arms: Justin Weaver

Photographer: Dina Ferguson

Membership: Sebrienne Ferguson

Jr. Farm Boss: Jess Taylor

## Steering Committee

Bruce & Maeve Knoth –  
Community Leaders 654-4975

Lisa Ceragioli

Julie Figliozzi Wong  
Farm Manager

Kurt Hallamasek

Gretta Keegan

James Meeks

Lisa Montalvo

Cyndi Nolasco

Aida Paragas

Ellen Scheetz

Melissa Stewart

Heather Sutherland

Aaron Swarthout

Vera Warrick

Lisa Weaver

Bill Sharratt – Registrar –  
224-1943

Katherine Schembri –

Projects Coordinator - 365-2331

Eric Grimsby — Farm Boss —  
591-2212

Robert Lewit – Webmaster at  
[robert.lewit@gmail.com](mailto:robert.lewit@gmail.com)

Shelle McGee-Lucas – Newsletter  
Editor [straycatgt@comcast.net](mailto:straycatgt@comcast.net)

Next General Meeting:  
January 15, 2013 at 7 PM  
Clifford School, Redwood City

President's Message:

Hello 4-H'ers

Well it is now 2013, and do you know what that means? It means that this year, California 4-H turns 100 years old! Get ready for a year of 4-H celebrations to celebrate this awesome centennial. To start off the New Year, and to beat the cold weather, our club's first meeting of 2013 will be our annual hot chocolate and PJs meeting. So, wear your favorite PJs (I highly suggest wearing some 4-H PJs if you own a pair) and come ready for our meeting, plus some fun games and hot chocolate. I hope you all had a Happy Holidays and a fantastic New Year. Happy New Year everyone and may your 2013 be the best and 4-H-yist year yet!

Happy Birthday California 4-H!

Kate Lyn Sutherland

**THEME:**

**Pajamas and Parkas!**

## UPCOMING DATES & EVENTS

Jan. 15	7PM	January General Meeting
Jan. 22		Record Books 101
Jan. 28	7PM	County Council Meeting, Fox School, Belmont
Jan 25 - 27-		CAL Conference
Feb. 1		Registration due for Presentation Day
Feb. 9		Presentation Day at Canada College
Feb. 19		February General meeting
March	TBD	Sectional Presentation Day

# Record Books Demystified

Are you new to 4-H? Have you ever turned in a record book? Do you know what a record book is? Maybe you turned in a primary record book but turned 9 this year and need to move on to a new set of forms? If any of these apply to you, please come to "Record Books 101" on **Tuesday, January 22** at 7 pm in the Clifford School library. This meeting is intended to be an introduction to record books. We will go over some of the basics and give you ideas on how to keep track of information that you will need for the book. This meeting is for members and/or parents. (If your member is quite young, a parent might want to come and take the information home).

~ Bruce and Maeve Knoth

## Get Ready for County Presentation Day

*From County Highlights Newsletter*

**4-H County Presentation Day - Saturday, February 9, 2013**

**College of San Mateo**

**Participant check in time is 12 noon in room 5-202**

The excitement's building! Can you feel it? Yes, it's Presentation Day! And everyone's invited either as a presenter, judge, helper, or just to be part of the audience.

What is a 4-H presentation?

4-H members prepare a presentation that is judged on subject knowledge, presentation, organization, voice, manner and appearance, clarity, and the ability to answer questions.

Everything you need to know is in the very complete Presentation Day manual at:

<http://www.ca4h.org/files/2193.pdf>. There are even judging forms which show you how you will be judged. Didn't engage the audience? Didn't introduce your presentation? Didn't speak clearly? Then your score will not be as high as it could be.

What can I present?

Think about demonstrating something you've learned in a 4-H project or a skill or talent that you have. A presentation is just sharing your knowledge with others. The idea is to develop your public speaking skills so that you feel comfortable talking in front of people.

Get started now. Your project leaders can help in selecting and preparing your presentation.

Categories:

There are 11 different categories to enter:

- Demonstrations and Illustrated Talks
- Scientific Demonstrations and Illustrated Talks
- Educational Displays
- Prepared Speech
- Impromptu Speech
- Interpretive Reading
- Share the Fun
- Cultural Arts
- Audio-Visual Presentations
- Problem Solving Presentations
- Plus the Interview Contest returns!

## Get Ready for County Presentation Day (cont'd.)

Practice your presentation a lot! Try it out at a club or project meeting prior to County Presentation Day. Gold Medal winners will be eligible to present at the North Central Sectional Presentation Day in March at UC Davis. Medalists from Sectional Presentation Day will be eligible to present at the State Presentation Day, also at UC Davis, held during the State Field Day on May 25, 2013.

Entries are due by **FRIDAY, FEBRUARY 1ST, 2013** in the County office. Registration forms (paper and online) are available on the San Mateo County 4-H web site. The online registration form can also be accessed here:

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=7848>.

You can also register as a judge, room host or runner online. Even if you don't enter, come along anyway and cheer on the presenters!

Can you help? Many adult and youth volunteers are needed to make this event fabulous! We will need youth to serve as Room Hosts and Runners as well as adult volunteers to help organize and serve as judges. So pick up the phone and call Jane Stahl at 583-7249, or email her at [jane@tri-bridgeappraisals.com](mailto:jane@tri-bridgeappraisals.com) to help. It's going to be a great day!

Here are all the links for the various Presentation Day roles :

Presenter Registration:

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9686>

Judge Registration:

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9686>

Room Hosts/Runners Registration:

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9687>

Volunteer Registration:

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9689>

Jane Stahl & Linnaea Knisely

## MEMBERS REPORTS

### New Member Breakfast 2012

The SCEH New Member Breakfast was on November 17<sup>th</sup> at the Mahaney Hall in San Carlos. It was a spectacular event, with an abundance of new members, JTLs, games, and of course, breakfast. Although I loathed waking up at 5:00 in the morning, it had to be done since we needed to be at the Hall at 6:45 am to test the appliances. I enjoyed helping in the kitchen, buying the produce and goods for the event, and cooking pancakes. I had a little trouble with the griddle at first, and sometimes I felt as if I was being cooked as well since it was super hot in the kitchen and there was no air conditioning. But it was all worth it in the end when I found out people were coming back for seconds and third servings of pancakes, which I was told hadn't happened for a while. As the Membership officer, I was happy that I met so many new members and I was glad they enjoyed my cooking ☺. All in all, it was a great event and I look forward to being on the kitchen crew and cooking more pancakes next year!



### **Beginning 4-H Project**

We made Tibetan prayer flags. We would use some sort of stick to spread black paint onto the flag. And to get it onto the string there were two choices: use a needle to sew or to use a hot glue gun.

~ Josie Ollmann

### **Air Rifles Project**

This month at air rifles we learned the prone position. We first shot at the practice targets to set our sites. We each shot three rounds. I got a bullseye! At the end we learned how to reload the ammunition boxes. It was fun!

~ Taylor Meeks

### **Celebrating 100 Years of 4-H Project**

This month the 100 Years of 4-H project had its second meeting. We discussed the logistics of conducting an oral history, assigned some members interviewees, looked through a box of 4-H archives dating back to the 40's, and talked about possible demonstrations our project could do at County Presentation Day. The most exciting topic of the whole meeting was California 4-H Centennial t-shirts. I had the pleasure of designing the t-shirt graphics (preview below). The plan is to get it printed on t-shirts and make them available for sale to anyone in 4H. The shirts debut will be at County Presentation Day. We may also set up an online pre-ordering option. Please email your feedback on the design of our Centennial t-shirts to [sebrienne@fergusongroup.com](mailto:sebrienne@fergusongroup.com)

~ Sebrienne Ferguson



## Want to Find Out About 4-H at the County Level?

### Highlights is available online!

Follow the simple steps listed below to receive an electronic copy.

**STEP 1:** Go to the county 4-H web address:

<http://www.cesanmateo.ucdavis.edu/>

**STEP 2:** on the navigation area click on “newsletters”

**STEP 3:** On this page you should see, “4-H Highlights” - *click on this option*

**STEP 4:** “Subscribe to Newsletter - receive e-mail when this newsletter is updated”, enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at 650-726-9059 x 101.

Also, you can do the following:

[Download and view the newsletter here.](#)

### 2013 4-H Honey Bee Essay Contest

The 2013 4-H Honey Bee Essay Contest sponsored by the Foundation for the Preservation for Honey Bees, Inc. has made the essay criteria and application information available for those interested. The deadline for application submission is on or before **February 15, 2013**.

Click here:

<http://www.ca4h.org/files/156350.pdf> for full essay application details.

### 22nd International Children’s Painting Competition

Water: Where does it come from?

*Deadline: February 15, 2013*

For children ages 6-14 years old. [http://unep.org/tunza/children/int\\_comp.aspx](http://unep.org/tunza/children/int_comp.aspx). The International Children’s Painting Competition on the Environment is organized every year by the United Nations Environment Program (UNEP), the Japan-based Foundation for Global Peace and Environment (FGPE), Bayer and Nikon Corporation.

### **Fashion Revue:**

State Fashion Revue committee has received questions about the 2 Yard Wonder category. To clarify, a garment and coordinating accessory are created out of a two yard length of 45" wide woven cotton fabric. For the garment and accessory, only this piece of fabric may be used (for example, no additional fabric for lining). Take a photo holding the two yards of fabric.

Members may use any pattern and the outfit may include other sewn or purchased garments and accessories. SFR is coordinating 3 service activities. The Drawstring Bag service project will provide tote bags for children going into foster care. If you would like to contribute tote bags, please go to the SFR website for instructions, <http://www.ca4h.org/Programs/Events/SFD/SFR/>. You may bring completed tote bags to State Fashion Revue or contact Megan at [meganladytink@gmail.com](mailto:meganladytink@gmail.com) or Courtney at [cjam11219@gmail.com](mailto:cjam11219@gmail.com) for mailing information.

### **SAVE the Date! November 8-10, 2013**

100 Years and Thriving – Come celebrate California's Centennial of 4-H with your 4-H colleagues at the State 4-H Leader's Forum (SLF) at the Crowne Plaza in Sacramento. More information will be on the CA State 4-H website by the end of January. In the meantime, we are recruiting workshop presenters for this momentous event. Traditions or transitions, changes or choices, what kinds of information, issues, inspirations will you share with the delegates? Please contact Mary Engebretsen - [maryengebretsen@comcast.net](mailto:maryengebretsen@comcast.net) with suggestions of topics and/or experts.

### **JANUARY 2013**

**13 4-H Million Tree Planting, Huddart Park, 10 am, [4hmilliontrees@gmail.com](mailto:4hmilliontrees@gmail.com)**

**18 Favorite Foods Day planning meeting, 6pm Fox School**

**18 County Council meeting, 7pm, Fox School.**

**19-20 Archery Certification Training, Livermore/Pleasanton Rod and Gun Club,**  
<http://www.ca4h.org/files/2123.pdf>,

**25-27 CAL Conference, Walker Creek Ranch, <http://calconference4-h.yolasite.com/>**

### **FEBRUARY 2013**

**1 Entries due for County Presentation Day**

**2 Market Beef Ear Tagging for the San Mateo County Fair, 10am-12pm.**

**9 County Presentation Day, College of San Mateo, Presenter Registration:**

<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=9686>

**15 Application deadline for Global 4-H Youth Summit, [www.youthagsummit.com](http://www.youthagsummit.com)**

**15 Honey Bee Essay Contest submissions due, <http://www.ca4h.org/files/156350.pdf>**

**15 Int'l Children's Painting Competition deadline,**

[http://unep.org/tunza/children/int\\_comp.aspx](http://unep.org/tunza/children/int_comp.aspx)

## **Next newsletter deadline: Wednesday, February 13, 2013**

Email newsletter articles to Shelle McGee-Lucas at [straycatgt@comcast.net](mailto:straycatgt@comcast.net) - thanks. Or call me to drop off newsletter articles if you can't access the internet at 650-508-8392.