

San Carlos Eaton Hills 4-H

San Carlos Eaton Hills 4-H

ISSUE FIVE <http://www.sancarlos4h.org>
January 2010

Club Officers

President: Jeff Wilfong

Vice President: Rebecca Lewit

Corresponding Secretary: Kathleen Marsters

Secretary: Kate Lyn Sutherland

Treasurer: Tristan Knoth

Sergeant-at-Arms: Andrew Bowler

Membership: Victorina Jeffers

Jr Farm Boss: Danielle Grimsby

Steering Committee

Bruce & Maeve Knoth –
Community Leaders 654-4975

Susie Bowler 592-3569

Judy Grimsby 591-2212

Kurt Hallamasek 508-8798

Vicki Lewit 306-7884

Scot & Patty Marsters 508-0509

Aida Paragas 208-6362

Michael & Danice Pons 508-9549

Heather Sutherland 349-9623

Lee Torno 415-452-3180

Vera Warrick 364-4773

Kathy Wilfong 366-3810

Winston Wyckoff 594-3939

Nancy Zalesny 593-2707

Julie Figliozi Wong – Projects
Coordinator 853-1305

Janae Novotny — Farm Manager
369-5422

Eric Grimsby — Farm Boss 591-
2212

Robert Lewit – Webmaster
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Shelle McGee-Lucas – Newsletter
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Next General Meeting:
Jan. 19 at 7 pm,
Clifford School



President's Message

Dear 4-Her's

I hope everyone had a wonderful winter break and happy holidays! Get ready for a comfortable meeting this month – the theme is “wear your pajamas and drink hot chocolate” (Yum).

A new county event that our club is hosting is coming up soon, the 4-H trip to the San Francisco Zoo. This event will take place on April 16th and it is an overnight sleepover. Space is limited with a maximum of 70 people, 14 of which must be 4-H certified adult volunteers. There is also an age requirement of 9 years of age and older. Get signed-up now!

A multitude of 4-H events are coming up fast for this year so get prepared and be excited. Fair and Camp are right around the corner.

Happy New Year and what a decade! We have gone from Primaries to 4-H Members, Bush to Obama, and 4-H project to 4-H project. Participating in 4-H this past decade has been one of the best experiences of my life and I am sure many of you share the same feeling. Our club has grown and evolved and it makes me wonder how the San Carlos Eaton Hills 4-H Club will change in the coming decade. Will the club grown even more? What new projects will there be? How will I be involved in 4-H? There are numerous questions that need to be answered by every 4-H'er for this new decade. Hopefully when I take a look at the San Carlos Eaton Hills 4-H Club in 2020, I will still see a thriving club with dedicated and amazing members. So how will your 4-H experience be defined in the upcoming decade? Take a moment to reflect upon the past ten years and think about what you want your 4-H experience to be like in the future.

~ Jeff

This month's theme:
pajamas and parkas!

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San Mateo County 4-H Clubs go to San Francisco Zoo "Wild Nights"

When: 5:30pm Friday, April 16 to 10:00am Saturday, April 17, 2010

What: A fun-filled educational and overnight program for youth groups at the San Francisco Zoo. Kids and chaperones go on a nocturnal safari and meet a zookeeper for an up close animal encounter. Games, activities and a morning nature walk are also part of the wild adventure.

Who: 4-H members 9 years old (as of 1/1/10) and older. San Carlos-Eaton Hills members get first priority, and then we will open the sign ups to other clubs. Maximum group size is 70. We need one adult chaperone for every five kids.

Cost: \$62/person covers activities, guided tours, pizza dinner, snack, breakfast. Members must provide their own transportation to/from the zoo.

Bring: sleeping bag, pad, pillow, warm clothes

To sign up: Turn in completed form with check payable Carlos-Eaton Hills 4-H along with standard medical release form on or before February meeting (2/16). First come, first served.

Questions? Contact Laura Deck at 592-0287 or ladeck@sbcglobal.net.

Yes, I would like to participate in the 4-H Wild Nights program at the San Francisco Zoo on April 16-17.

Name _____ Age _____

Phone _____ E-mail _____

I am a parent and I can chaperone the overnight. I am registered as a 4-H adult volunteer.

Name _____ Cell: _____

UPCOMING DATES & EVENTS

Jan. 19	7 pm January General Meeting
Jan. 22 - 24	CAL Conference
Jan. 25	7 pm County Council Meeting
Jan. 26	7 pm Record Books 101
Feb. 1	7 pm Jr/Teen Leaders Meeting
Feb. 6	Presentation Day

NOTE: Fourth Tuesday for General Meeting due to schools closed

Feb. 23	7 PM February General Meeting
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Record Books Demystified

Are you new to 4-H? Have you ever turned in a record book? Do you know what a record book is? Maybe you turned in a primary record book but turned 9 this year and need to move on to a new set of forms? If any of these apply to you, please come to “Record Books 101” on **Tuesday, January 26** at 7 pm in the Clifford School multi-use room. This meeting is intended to be an introduction to record books. We will go over some of the basics and give you ideas on how to keep track of information that you will need for the book.

This meeting is for members and/or parents. (If your member is quite young, you might want to come and take the information home). —Maeve and Bruce Knoth

Get Ready for County Presentation Day

County Presentation Day is coming **Saturday, February 6**. Presentations are an excellent way to demonstrate something you have learned in 4-H and to develop your public speaking skills. It is not too early to start working on your presentations! Choose a topic that you are comfortable with and have plenty of knowledge about. Sharing your knowledge with others is basically what a presentation is.

Presentation Day includes the following categories:

- Demonstrations and Illustrated Talks
- Scientific Demonstrations and Illustrated Talks
- Educational Displays
- Prepared Speech
- Impromptu Speech
- Interpretive Reading
- Share the Fun
- Cultural Arts
- Audio-Visual Presentations

- Problem Solving Presentations

Topics must be related to your projects or activities in 4-H. Practice your presentation (a lot!) and try it out at a club or project meeting. You will be judged on topic, subject knowledge, presentation, organization, voice, manner and appearance, visual clarity, and ability to answer questions. There is a very complete manual posted on the State 4-H website at <http://ca4h.org/leadership/spd/index.asp>. It contains everything you need to know about choosing a category and following the State standards and rules. **These State rules, standards, and judging rubrics will be used at County Presentation Day. It is important for all participants to review them and follow them.** The manual is available in both .pdf and MS Word formats.

Gold Medal winners at our county's Presentation Day will be eligible to present at the North Central Sectional Presentation Day on **March 28** at UC Davis. Medalists from Sectional Presentation Day will be eligible to present at the State Presentation Day, also at UC Davis, on **May 30**.

Many adult and youth volunteers are needed to make this event spectacular. We will need youth to serve as Room Hosts and runners as well as adults to serve as judges. So pick up the phone and call Heather McAvoy at 747-0834, or e-mail her at heather@landb.com to find out what you can do to help. Each club should provide two adult representatives from your club as judges.

Registration forms are available on the San Mateo county 4-H website, <http://cesanmateo.ucdavis.edu/files/60901.pdf> and are due in the county office by **Friday, January 29**. If you have any questions, call Maeve Knoth at 654-4975.

Volunteer of the Month

This month's volunteer is Julie Wong! My mom likes to spend time with her family and friends. She enjoys taking care of the family chickens and helping me out at shows. While growing up in Los Angeles, Julie had two horses, a few market sheep and a variety of chickens that she showed through her 4-H club, Alfalfa Kids. She met her husband, and my dad, at UC Davis where she attended college. To this day, her favorite drink in the morning is coffee and she is still active in 4-H, even if she isn't enrolled herself.
-Peri Wong

Reports from Members

Advanced Cooking

December the Advance Cooking project made dinner and brought it home. We made spaghetti with meat sauce for our families, and well my family enjoyed it. We have to cook in shifts because you can only cook so much at once. We had a good time and will continue bringing home dinners to our families.

~ Nik Grimsby

Beginning 4-H

We did a yarn craft, which is a god's eye. You make it by wrapping different colored yarn around two sticks. Make sure the yarn does not overlap. Then we sang a song. We worked on our journals and got cookies!

~ Taylor Meeks

Sewing Project

Robin Nielsen's Sunday morning sewing crew finished their pin-cushions today.

~ Thanks, Bill Sharratt



Cat Project Meeting

The cat project has met twice. We have learned about cat breeds and cat grooming. We all got a chance to groom and cut the nails on one of my cats. We've also watched the show cats 101, which helped us learn more about cat grooming.

~ Sarah Sutherland

4-h Honey Vanilla Chocolate



Barak Yedidia Photography

This is my second year in 4H. Last year my family bought some 4H honey from the Beekeeping project. My father, Michael Hoenthal, decided to invent a new chocolate using it. My family has a company called Go To Chocolate and now makes a hand-made honey vanilla chocolate that is made with 4-H honey. The 4-H honey vanilla chocolate is made with a few simple ingredients: chocolate, butter, vanilla and 4-H honey. My father wanted to use the best honey that he could so he used 4-H honey and it gave a fabulous rich flavor. It has a delicious taste thanks to the bees of San Carlos and the 4-H'ers who collected it. Kurt Hallamasek leads the beekeeping project. I am not in the Beekeeping project, but I am in the cooking project this year. I like 4H because I can pick a lot of different projects.

~ Jonna Hoenthal, age 9

Community Service Project wants to "Help Haiti Heal"

The Community service project wants to do our part to help the people of Haiti to start the long road to recovery after the devastating earthquake they just experienced. We have set a goal to raise \$444 to be donated to the Red Cross disaster relief fund for the Haiti Quake in our clubs name.

Here's how you can all help us reach our goal. We will be asking for donations at the January general meeting and to show our appreciation for those donations we will be rewarding each donor with a freshly baked treat. No donation is too small; maybe we can even surpass our goal.....

Thank you from the Community Service Project.

~ Kate Lyn Sutherland

For Sale

Black Dutch Bantam Chicken Pairs

I have two pairs of Black Dutch Chickens if anyone is interested, please call Peri Wong at (650)853-1305 or email me at peritree@sbcglobal.net.

-Peri Wong

Havana Rabbits

My Broken Blue Havana doe recently gave birth to a litter of five kits (baby rabbits). There are four Broken Black and one Solid Black who will be for sale, but they are too young to tell if they are male or female and not yet tattooed. If you're interested, please call Peri Wong at (650)853-1305 or send me and email peritree@sbcglobal.net

-Peri Wong

Mark Your Calendar for More Upcoming Events

Feb 20 Public Speaking Workshop presented by the All Stars RSVP by Feb 10 to County Office

Feb 1 Junior/Fair Board Application are due

March 20 Favorite Foods Day

May 1 Fashion Review and Expo

Want to Find Out More About 4-H?

California Connection is a newsletter of the California 4-H Youth Development Program and the California 4-H Foundation. You can find it online at <http://www.ca4h.org/4hresource/connection/index.asp>.

Next newsletter deadline: February 15, 2010

Email articles to Shelle McGee-Lucas at straycatgt@comcast.net