

San Carlos Eaton Hills 4-H

<http://sancarlos4h.org>

Next Meeting September 19 at 7:00pm, Clifford Elementary

Upcoming Club Events

General Meeting

Tuesday, September 19, 7pm
Clifford School MUB

New Families Meeting

Tuesday, September 26, 7-8pm
San Carlos Library Community Room

Returning Families Meeting/ Projects Meeting

October 3, 7-8 p.m.
San Carlos Library Community Room

LEAP, Parents, Guardians, and Volunteers

Sept. 30, 9:30am-4:00pm,
College of San Mateo

Next General Meeting

Tuesday, October 17, 7pm
Clifford Clifford School MUB

President's Message

Hi San Carlos 4-Hers!

I am very excited to begin another year of 4-H with you all. On Tuesday, we have our very first meeting of the year. At this meeting we will play some "get to know you" games so we can meet new people, we will explain what 4-H is for all our new members, and we will vote for club officers. I look forward to seeing you all there!

-Adele Enthoven

SEPTEMBER THEME: Wear Green and White



4-H Candidates

President

Hello 4-Hers! My name is Adele Enthoven and I am running for the position of club president for the 2023-24 year. I have been in 4-H for 10 years now, and have participated in a variety of projects such as wildflower hiking, cooking, sewing, backpacking, first aid, and many more. I have also held various leadership positions such as Vice President of Activities, Newsletter Editor, and Healthy Living Officer. 4-H has been such an amazing part of my life as I have had many fantastic experiences, learned valuable skills, and most importantly have made many amazing friends. I want to be Club President

because 4-H has been such an amazing part of my life, and I want to work to make our club even more fantastic :)

Vice President of Program

Hello Club! My name is Millie Garrett and I am running for the role of Vice President. I am 17 years old and a senior at TIDE Academy in Menlo Park. I have been a 4Her since I was 6 years old, and I have been in many projects and held many roles throughout my 4H journey. For the past two years, I have served as club Treasurer, and been in the Leadership project since middle school. This will also be my fourth year as the JTL for the cookie project (It is a lot of fun you should think about joining!). Outside of 4H my leadership experience also is plentiful, in Girl Scouts, Youth Community Service, and in Student Government as Vice President this year. I believe my accumulated leadership experiences will make me the best candidate for our club's Vice President. Please vote for me and let's make this a great 4H year!

Vice-President of Membership

Hello everyone, my name is Kian Badiei and I am running for the position of Membership Officer. This is my 7th year in 4-H, and during my time in the club I have enjoyed interacting with new members and building relationships within the club. I think the most important part of 4-H is the community, and I aim to help our 4-H community grow using my experience as a club member and officer. I have previously held the position of membership, and I have experience being in this role. I'm hoping for your vote.

Attendance Secretary

Hi fellow 4-Hers! My name is Alyssa Sampson, I'm in my 3rd year in 4-H, and I'm 12 and in 7th grade. I've been in the Leadership project for one year, I was JTL for the Craft Fair/Spring Arts and Crafts, and I helped with the New Member breakfast. I want to be Attendance Secretary because I think that role is most suited to me for this year. Attendance Secretary is fun, educational, and definitely a chance to learn and make new friends! Also, this is the first leadership role I'll be doing since I joined 4-H, and I think this job will be a great start to my leadership career! I'd really appreciate your vote, so remember to choose Alyssa for Attendance Secretary!

Correspondence Secretary

Hello, My name is Clara Hause Stephenson, and I am a Sophomore at Notre Dame Belmont High School. This will be my 10th year in 4-H, so I am very familiar with this club and have loved it for a long time. You may have seen me giving announcements during General Meetings about subjects like Cookie Judging, Hometown Days or Horse Project. I am running for the position of Correspondence Secretary because I love writing, connecting with my community, and public speaking. One of the main duties of the Correspondence Secretary is to write thank you letters, and I feel qualified to do this because of my long history of writing detailed and personal thank you letters to friends and family. I have practiced the skill of keeping detailed records through completing a Record Book every year of my 4-H journey, and will put this experience to use in filing all of the club's correspondence. I have experience speaking at General Meetings, and I would love to announce any correspondence to our club so that all members can stay informed. I consider myself organized and open to collaboration with my fellow officers and club members, which are important traits to have in this role. I aspire to be someone who people see as responsible and approachable about any issue. I hope you'll vote for Clara for Correspondence Secretary!

Recording Secretary

Hello! My name is Sophia Redkey, and I am running for Recording Secretary. You may know me as last year's Sergeant at Arms, and I can't wait for this year's election. Currently, I am a freshman at Carlmont high school, and 14 years old as of now. I have been in this club since I was 7 and I can't wait to spend more time in this wonderful community. I have also been a Jtl for many different projects, such as SET and Magic the Gathering, and I also have leadership experience outside of 4-H as I was my school's secretary. Please vote for me, so together we can build a bigger and brighter future for 4-H.

Sergeant Arms

Hello! My name is Ashley Ogden, this is my 4th year coming back to 4-H. This year I am running for the position of Sergeant Arms. I love the community of 4-H, the meetings run by 4-H are such a good experience for our community to come to together. Therefore I would love to be a leader and to have a part in running those meetings and making sure everything stays organized. I can't wait for this upcoming year and the memories I will make throughout this community.

Treasurer

My name is Veronica Miller-Bowen and I'm running for the position of treasurer. In this position I will seek member input and make wise choices based on the needs of our club. I was in the leadership project last year and I am looking forward to taking on more responsibility as an officer. I have participated in many projects and especially enjoy the farm. Because of my experience I acknowledge aspects of our club that need more funding and I will advocate for this to happen. I hope you will consider voting for me as treasurer, and I look forward to improving our club.

Recreation Leader

Hello! My name is Maggie Forrest, and I have been in 4-H for seven years. This year I am running for position of recreation leader. I am very excited to help out in this way because I enjoy games and helping other people have fun. I have learned so much in 4-H and made so many good memories, and I want to be able to share that with others.

Photographer

Hi, I'm Nick Damon, I'm 15 and I've been in 4-H for 8 years. I would like to be considered for the Club Photographer. This position has been unfilled since COVID, and I think it's a missed opportunity. My photography has won awards, and I have done photography for my school's drama program. I know 4-H very well, and I know I'm capable of bringing back this position to continue the documentation of 4-H's projects. I feel that I am a good candidate for this position, and I would appreciate your vote. Thanks, Nick.

Jr. Farm Boss

My name is Fynn Miller-Bowen and this is my fifth year in 4-H. This year I am running for Jr. Farm boss. I participate in 4-H through many projects and at the county and state levels, however my favorite part of 4-H, by far, is the farm. I have lots of experience raising animals on the farm and I have raised lambs, turkeys, chickens, and a pig. If I am elected as your Jr. Farm Boss my goal for the year will be to foster community within members on the farm and share the farm with other members of the club. I hope to maintain a positive and supportive atmosphere at the farm and bring in younger members to the farm who can eventually take on leadership roles. I hope you will consider voting for me as your 2023-2024 Jr. Farm Boss.

Jr. Farm Operations

I am Lucy Winmill, this year I am running for the position of Jr. Farm Operations Manager. I am 14 years old and starting my freshman year in high school. For those of you that don't know what this role might entail I would be working under the guidance of the Farm Managers and will help with any maintenance projects around the farm such as repairs and keeping the area tidy. I have been raising animals on the San Carlos/ Eaton Hills Farm for 3 years and have raised every animal our farm offers apart from pigs. I have spent countless hours on the farm and built many relationships with other members. I would love to see the farm grow and am looking forward to helping maintain and improve the environment for our club to raise livestock.

New Families Information Meeting September 26th

San Carlos Library upstairs Community Room

Do you know of any families who are interested in learning more about 4-H? Invite them to attend our Club's General Meeting on September 19th, and invite their families to attend the New Parents Information Meeting on September 26th. The information meeting (for adults) will inform them about our Club's programs and activities, and we will try to answer all their questions about 4-H.

Returning Families Meeting October 3rd

Tuesday, October 3, 2023 7-8 p.m. San Carlos Library upstairs Community Room

Welcome back to another great 4-H year! 4-H cannot exist without parent participation. Please attend this meeting to learn what our club is planning and how you can contribute to a fun and meaningful 4-H year.

It's Time to Register Again

Please note that you must be registered to join a project in October.

The County 4-H Office created this postcard to help with registration. We'll have them at the September General Meeting.

There are 2 steps to register - Enrollment and Payment, with a QR code to take you to each site.





Link to Registration and Help pages:

New Members -

https://ucanr.edu/sites/smsf4h/Join/New_Youth_Members/

Returning Members -

<https://ucanr.edu/sites/smsf4h/Join/Youth/>

When you enroll your youth, make sure to choose at least one project - this is a requirement of the software. Pick any project from the list. (After our club's Project Fair in October youth will be assigned to their real projects and you can make updates in the 4-H online system then. For now, pick any project for the purposes of enrollment.)

After using 4-H online to register your youth (Step 1), you'll link to a form to pay enrollment fees for youth (Step 2). There is a place on the form to request a fee waiver.

Please send any questions to Missy and Katie: sceh_community_leaders@googlegroups.com

News From the SCEH Farm - Amy Miller-Bowen, Farm Boss

We are very excited to start a new year at the farm. We are hoping to have a very active farm this year with many group activities. To make this year a success, we need adult volunteers for Farm Projects. The following projects already have a leader but looking for a second leader (no experience needed!):

Goats

Market Poultry

Market Turkeys

Lambs

Swine

Laying Hens

Beginning Farming



We are also interested in bringing back beekeeping if anyone is interested in leading this project.

Please contact me at boquerona33@hotmail.com if you are interested in any of these great volunteer positions.

4-H Youth Projects - more to come at Oct 17th meeting

Compost Project

If you've ever been to the farm, you may have seen the massive, overflowing compost pile in the back garden area. The compost project is working with the San Mateo Conservation District to design a more effective way to compost animal waste on the farm. Through this project members will learn about composting, implement a plan for our compost, and provide rich compost to our community. This project is perfect for anyone interested in the farm, gardening, helping the environment, or working with the community. This project is open to all ages. We hope to have our first meeting in October and if you are interested please contact Amy Miller-Bowen at boquerona33@hotmail.com.

By: Fynn Miller-Bowen

Craft Project

Our club will offer both a fall and a spring craft project this year.

The fall project will be an advanced craft project for members ages 12 and up. We will be making a variety of crafts including sewing and holiday items that we hope to enter into the county craft fair this December. We plan to meet two Sundays a month starting 9/24. You may see craft samples and sign up at our upcoming members' meeting.

The spring craft project will be open to all ages and will meet one Sunday a month. Members can enter their crafts in the County fair in June. If you would like more information about either of these projects or would like to sign up, contact Joanne Dunbar at Dunbear@sbcglobal.net. We hope you will be able to join our project this year.

By: The Craft Project

Newsletter Articles

Every 4-H member is encouraged to write articles for the newsletter. Writing a newsletter article is a great way for youth to get their writing, illustrations, or photos published! Articles do not have to be very long, they can be anywhere from a few sentences to a few paragraphs. Younger members who can't write an article on their own can tell their parents what to write and submit a drawing that goes with the article. Adding pictures and drawings is a great way to make your article more interesting. A newsletter article can be about anything 4-H related. You can write about something you did at the last General

Meeting, your last project meeting, or a 4-H event you attended. Once you have written your article you can submit it to sceh4hnewsletter@googlegroups.com. Make sure to be creative and have fun with your articles! If you have any further questions please feel free to ask.
 Shelley Nelson, shelleybnelson@gmail.com

County 4-H Calendar Events

County Council Meeting

September 25, 2023 7:00 PM 8:00 PM
 San Bruno Club House

Do you want to learn about 4-H at the county level?

For a complete list of events, visit the [4-H County Web site calendar page](#)

Next Newsletter Deadline: October 7th Send articles and photos to sceh4hnewsletter@googlegroups.com. Thank you!

<p>Club Officers Co-Presidents - Adele Enthoven VP of Program -Millie Garrett VP of Membership - Kian Badiei Recording Secretary - Sophia Redkey Correspondence Secretary - Clara Hause Stephenson Attendance Secretary - Alyssa Sampson Treasurer - Veronica Miller-Bowen Junior Farm Boss- Fynn Miller-Bowen Junior Farm Operations - Lucy Winmill Recreation Co-Leader - Maggie Forrest Sergeant at Arms - Ashley Ogden Community Service and Civic Engagement - open Healthy Living - open</p>	<p>Club Officers cont. Historian - open Newsletter Editor - open Photographer - Nick Damon Reporter - open</p> <p>Community Leaders Katie Goetz Missy Damon sceh_community_leaders@googlegroups.com</p> <p>4-H Program Coordinator, San Mateo and San Francisco Counties Karen Looye klooye@ucanr.edu</p>	<p>Club Newsletter Editor - Shelley Nelson shelleybnelson@gmail.com</p> <p>Farm Manager - Kathleen Murray cykat95@yahoo.com</p> <p>Farm Boss - Amy Miller-Bowen boquerona33@hotmail.com.</p> <p>Projects Coordinators Melissa Primiano scehprojects@gmail.com</p> <p>Webmaster - Robert Lewit robert.lewit@gmail.com</p>
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