

SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting October 20, Online

Upcoming Club Events:

General Meeting

Tuesday, October 20, 7pm

New Members: Save the Date

Saturday, November 7, 8-9am

General Meeting

Tuesday, November 17, 7pm

President's Message:

Hi everyone! I was so glad to see so many faces at our first meeting last month! I am so excited for our October meeting and the chance to participate in our virtual project fair where members will get to learn about all the projects we offer and sign up for the ones that interest them. The theme of the month for October is to wear a Halloween costume or black and orange, so be sure to dress up to be entered in the prize drawing at the end!



This month I wanted to provide a little bit more information about myself and one of your vice-presidents. My name is Elise Wacha, I am a senior at Carlmont High School, and this is my 13th year as a member of the San Carlos / Eaton Hills 4-H Club. Over the years, I have had the opportunity to take part in many projects such as market lambs and leadership, county wide events, such as fair, presentation day, and 4-H Camp, and even attend statewide conferences. On the farm, I have raised market lambs, chickens, turkeys, and a hog. I also work at a veterinary hospital and have a passion for animal care. 4-H has not only helped me to grow as a leader, but also to make some of the most important relationships in my life, with both my

amazing peers and my incredible advisors. I absolutely love meeting new people and I am happy to answer any questions you may have about 4-H projects, events, or anything else! (continued on next page)



OCTOBER THEME: Wear A Halloween Costume/Orange and Black

President's Message (continued)



Leanna Gower, one of our wonderful vice-presidents, is a Junior at Carlmont High School, and a student journalist and editor for their online publication, Scot Scoop. She's been in 4H since 5th grade, but has never taken interest in the animal projects, otherwise opting for the art or life skill focused projects like Manga Art, Duct Tape Crafts, Photography, First Aid, and JTLs. She has always loved 4-H and wanted to help make meetings more worthwhile with new programs.

We are both so happy to welcome everyone to the club this year and cannot wait to make the most of it together!

-Elise Wacha, President

Gift Card Donations

For the past several years, our club has collected toys at our November meeting for the Christmas Toy Program at St. Francis Center in Redwood City. Last year we had an amazing response from our club and were able to deliver a truck load of toys and gifts (see photo). It was awesome! This year, as a club, we would like to contribute again. I have been in touch with the



St. Francis Center and they have said: *"We would love it if you could collect for the St Francis Center, and the families we will register for the "toy program", gift cards rather than actual toys. We know this is not as much fun, but we feel it will still give joy (and relief) to the families. We are specifically hoping for \$25.00 Target cards. Why Target cards? So that parents can either shop online or safely go to the store for whatever their family may need. Some will still select toys, some will need to select clothing, food or household items. In this really rough time, we can certainly understand how parents may need to forgo toys for basic necessities and Target is a store that offers opportunity and choice along all of the lines mentioned above."*

4-Hers, let's be generous again this year and collect the suggested gift cards. You can mail or drop them off to either:

Asher Becker
1143 Oliver Street
Redwood City, CA 94061.

St. Francis Center
ATTN: Tess Weber, Exec. Asst.
151 Buckingham Avenue
Redwood City, CA 94061

All gift cards must be received by Dec. 6th

It's Time to Register Again

Believe it or not, it is time to enroll for the 2020-2021 4-H program year. Do not worry about the fees yet, our club hasn't decided what the youth fee will be this year, but it will likely be the same as last year or lower. And for adult volunteers, our club pays the registration fees.

If you were an adult volunteer last year, thank you for putting in the time for our club. For any returning volunteers, I encourage you to enroll and take the returning volunteer training described below. The training for returning volunteers is about 1 hour (online), vs 3 hours for new volunteers. In addition, if you continue your enrollment as an adult volunteer you do not need to get fingerprinted, but if there is ever a gap in service, you will need to go through the fingerprinting process again.

Please do update your youth members at this time on 4hOnline as well, that will help us to better plan our project offerings for this year. **Please note that youth must be registered to join a project.**

If you have any questions, please contact Missy Damon at MelissaJaneDamon@gmail.com

To continue as a volunteer, you will need to re-apply. Please start early and complete the re-application process:

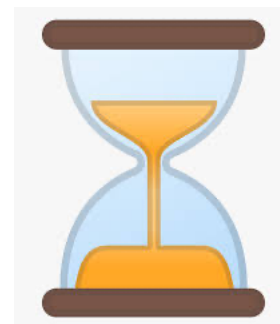
1. **Update your 4hOnline profile.** Log in to [4hOnline](#) to update your profile to enroll for the new year. Please make sure the family email address in the system is correct and one you check regularly. **Do not create a new family email profile.** Once you completed enrollment, you will receive an email stating that your enrollment is not yet complete (4HOnline will show pending).
2. **Take the Returning Volunteers Training in the online eXtension system.** If you have created your account, you can access the Returning Volunteer Training by clicking the English or Spanish versions below - use the county **enrollment key, SanFranSanMateo**. For direct links to the instructions and eXtension courses, please see the [Learning and Development page](#).

2020-21 Record Book Update

The 2020-21 Record Book Manual for Members and the related forms are available on the [State 4-H website](#).

The Adult Volunteer version of the RB Manual will be available in early October.

There are moderate changes to the Leadership Development Report. We added more specific instructions on how to write goals and strategies and added some minimum word requirements to the written sections. There are other minor edits related to the sunset of the Online Record Book. A minor instruction addition on the Annual Project Report about making the "what I learned" statement their own.

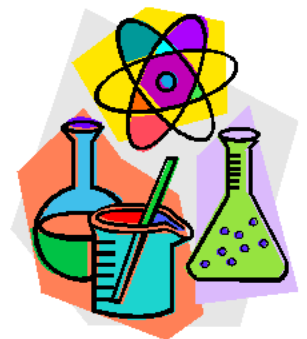


Ready to pick your projects?

- Thanks to the volunteers who have enthusiastically offered to lead our projects for the 2020-2021 4-H year. This year's project list is [HERE](#).
- Please check it out in advance of next Tuesday's Project Fair at the general meeting. Some projects will have enrollment limits based on space or other factors. Members will be asked to prioritize their project sign-ups so that members who select something as a first choice will be sure to get it.
- If you would like more detail than is included in the list, there will be an opportunity at Tuesday's meeting to talk to project leaders.
- New members should consider signing up for just one or two projects as you get to know 4-H and what level of involvement is best for your family.
- Please note that signing up for a project at this meeting is the only way to get into a project - even if you added a project while registering online.
- Project leaders will contact members after the General Meeting about enrollment in specific projects.

2020-2021 Project List:

- 4-H 4 Service
- Beginning 4-H
- Citizen Science
- Cookies
- Dungeons & Dragons
- Laughter Yoga
- Nature Study
- Presentations
- Spy School
- STEAM: Explore Like A Scientist
- Goats, Markey and Dairy
- Into to Farm
- Lamb, Market
- Leadership
- Poultry, Market
- Poultry, Show
- Rabbit Husbandry
- Rabbit Socialization
- Swine



County Wide Projects Offered

(locations vary around the peninsula)

4-H Million Trees

The 4-H Million Trees Project gives youth an opportunity to learn about conservation as they have fun planting trees and doing their part in the climate crisis. Meetings/planting events scheduling for this service-learning project will depend on the rains and the access to planting sites.

Sponsored: Pacifica 4-H Club

Adult Leader: Tom Webber, 4hmilliontrees@gmail.com

Youth Leader: Open

Open to: 13 – 18 yrs old

Meeting Location: varies



Pen Pride

Pen Pride has been a tradition at the San Mateo County Fair for over 30 years. This is an educational fundraiser for the 4-H County Council. Youth learn how to raise and care for large animals which includes feeding, pen cleaning and exercising. A set schedule will be arranged for all participants.

Sponsored: Belmont 4-H Club

Adult Leader: Valerie Cintas, vkcintas@gmail.com

Youth Leader: Open

Open to: 9+

Meeting Location:

Crystal Springs 4-H Farm

924 Skyline Blvd, Burlingame CA 94010

Robotics

Create a robot using java programming, CAD, physical construction, graphic design and documentation.

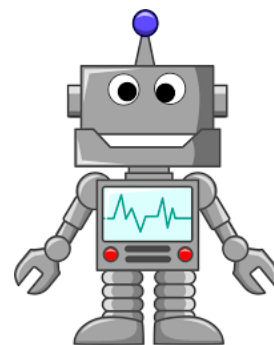
Sponsored: Belmont 4-H Club

Adult Leader: Keith Farkas and Mark Larson

Youth Leader: Mallika A.

Open to: 9 years old and older

Meeting Location: Virtual



Quilting

Learn how to sew a quilt. New members will be working on one quilt were continuing members will work on other quilts. You could enter your finished quilt at the San Mateo County Craft Expo and/or San Mateo County Fair youth exhibit. Cost of quilt is \$60.00 up. Project will start January 2021 depending on pandemic restrictions.

Sponsored: Belmont 4-H Club

Adult Leader: Evelyn Klein, ee Klein@pacbell.net

Youth Leader: Open

Open to: 9 years and older (space is limited)

Meeting Location: Evelyn's home

Dogs

Join us in the Dog Project. We will be teaching the skills necessary to compete in the fair: heeling, stays, sits, downs, recalls, Rally stations, Showmanship and Tunnel and weaves. We will learn about different breeds, how to groom a dog, etc. 4-Her must commit to training dogs at least 10 minutes a day 5 days a week. Training dogs is fun and requires a lot of repetition and time to refine skills and teamwork. Limited to 15 4-Hers and their dogs.

Sponsored: Cañada-Redwood City 4-H Club

Adult Leader: Brad Cassetta, bcassetta@aol.com

Open to: 9 yrs old and up (max 15)

Required: Dog(s)

Meeting Location:

San Mateo Dog Training Hall
595 Taylor Way #2, San Carlos, CA 94070



Public Speaking

The Public Speaking Project will focus on how video conferencing techniques play a role in online presentations. Participants will have the opportunity to practice organizing and making impromptu speeches while gaining an understanding of how to present a complimentary and supportive on-screen image.

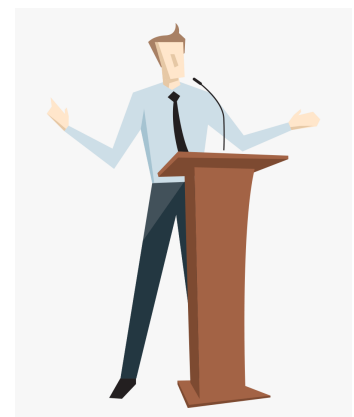
Sponsored: Belmont 4-H Club

Adult Leader: Sandra Nalls, snallswfg@gmail.com

Youth Leader: Open

Open to: 7 years old and older

Meeting Location: virtual



Equine Program

This SPIN program is intended to educate the participants as well as the broader equine community using the 4-H curriculum. There will also be a focus on ethology, mental and physical welfare, the latest research, equine issues around the world, and more. We will start online but may progress to some in-person meetings at Webb Ranch per the current recommendations. My current plan for a final project is a service-learning/grass-roots campaign built around a current equine welfare issue (local or national). This could be posters and flyers all the way to trying to effect legislative change.



Sponsored: Equine SPIN 4-H Club

Adult Leader: Jennifer Ott Cameron, jottcameron@yahoo.com

Open to: 9 and up (max 12)

Meeting Location: to be announced

Recording Secretary's message

This year has definitely been a big adjustment for everyone in the club. We as the leadership project have been meeting over zoom, just like we used to meet in prior years, to plan our meetings and try and make them as enjoyable as possible. We really want to do things during the general meetings that everyone enjoys, so make sure to let us know what that is!

Whether you like games, trivia, videos, or presentations, please try to fill out the form that we send out after club meetings to tell us that.

I've been in the club for almost 8 years now, and it's been so great to continue to work with everyone in the club this year to keep holding these meetings. It's great to see all of your faces every month!

-Samantha Campbell, Recording Secretary

County Calendar Events

[County Council Meeting](#)

November 23, 2020

For a complete list of events, visit the 4-H County Web site calendar page.

Do you want to learn about 4-H at the county level? Check out the San Mateo County 4-H website at <https://ucanr.edu/sites/smsf4h/>.

Next Newsletter Deadline: November 7th

Send articles and photos to igower100@gmail.com. Thank you!



<p>Club Officers President - Elise Wacha Vice President for Program - Leanna Gower Vice President for Membership - Alexandra Gische Recording Secretary - Samantha Campbell Attendance Secretary - Alex Becker Treasurer - Annika Larson Healthy Living Officer - Adele Enthoven Junior Farm Manager - Hayley Houston, Peyton Steitz Junior Farm Operations - Manager Pablo Pinilla</p>	<p>Officer of Civic Engagement - Asher Becker Club Newsletter Editor - Ian Gower Club Photographer - Kian Badiei Recreation Leader – (open) Club Reporter – (open) Club Historian – (open) Sergeant at Arms – (open)</p> <p>Community Leader Jason Gische jgische@yahoo.com 650.218.8247</p>	<p>Registrar Missy Damon melissajanedamon@gmail.com</p> <p>Farm Manager Kathleen Murray</p> <p>Farm Boss Jayden Houston</p> <p>Projects Coordinator Kim Gische kgische@gmail.com</p> <p>Webmaster - Robert Lewit robert.lewit@gmail.com</p>
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