

# SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting October 15 @ Clifford School

## Upcoming Club Events

### Annual Registration Deadline

Thursday, October 31

### General Meeting

Tuesday, October 15, 7pm  
Clifford School MUR

### Lions Club Tri-Tip Dinner

Saturday, November 2, 6pm  
Mahany Hall

### So You Want to Show at Fair

Tuesday, November 5, 6-7pm  
Clifford Library

### General Meeting

Tuesday, November 19, 7pm  
Clifford School MUR

### Holiday Caroling

Tuesday, December 10,  
Carlmont Gardens Nursing Home

### General Meeting

Tuesday, December 17, 7pm  
Clifford School MUR

## President's Message

Hello, 4-H'ers!

Hello everyone! Last meeting was our first meeting of the year, and I have to say it was amazing to see returning members and meet all of our new ones! As we discussed last month, this upcoming General Meeting has always been one of the most exciting: the project fair! This is my favorite meeting of the year because I get the opportunity to sign up for all of my projects and learn about what projects there will be for the upcoming year. I have participated in knitting, market poultry, goats, and lambs, engineering, manga art, and so many more! Projects are a great way to develop leadership skills and learn important skills for life, like cooking, sewing, and in some cases how to show a lamb :) Many of the Youth Leaders have experience in a variety of projects, so after visiting the booths if you have any questions make sure to ask them!

The theme of this meeting is wear your Halloween Costume or wear orange and black, and if you participate you get free candy!!! I hope to see you all there, and if you ever have any questions please reach out to a Youth Leader (including myself) at a meeting!

-Samantha Campbell

### OCTOBER THEME:

**Wear your costume or black and orange!**



## Registration Deadline October 31

We'd like all returning families (youth members and adult volunteers) to register as soon as possible, ideally NOW, so we can get through this hectic stage of the year as smoothly as possible.

See Missy's email dated 9/8 for a detailed document for registering, in case you need it.

The short description:

1. Complete online registration [here](#):
2. Medical forms are now all filled out online as part of registration.
3. Below the Member/Volunteer list is a section for Member Reports. For each person, select the report Member – Health Form to download a copy of the filled out medical form. We're going to track these electronically, so rather than printing out this medical form, email the form to the registrar at [MelissaJaneDamon@gmail.com](mailto:MelissaJaneDamon@gmail.com).
4. Write a check for \$90 per child (one check total per family) to "San Carlos/Eaton Hills 4-H Club" - please use that exact text because it makes it easier for the bank.
5. I will then confirm receipt of your check and your electronic medical form along with your completed online enrollment and convert your youth member status from "pending" to "active".

To send me your check,  
either mail or drop off at my home address:

Melissa Damon  
208 Timothy Dr  
San Carlos, CA 94070

The 4-H fee covers State and County dues, insurance for 4-H members at 4-H events, and insurance and fees for parent volunteers. Once these expenses have been covered, the rest is used by our club to pay for food and supplies for meetings and special events.

All returning members must be fully registered and paid by October 31, 2019, to be considered "in good standing" for the 2020 San Mateo County Fair. Got questions? Contact our registrar Missy Damon at [melissajanedamon@gmail.com](mailto:melissajanedamon@gmail.com).



## Save the Date: County 4-H Volunteer Training & Networking Event

**Date:** Saturday, October 26 Time TBD

**Location:** Messiah Lutheran Church, 1835 Valota Road, Redwood City

## So You Want to Show at Fair

If you are thinking of showing an animal at fair, you must attend this mandatory meeting. Tuesday November 5th, 6-7pm in the Clifford Library (right before the JTL meeting).

## 19th Annual San Carlos Lions Club Tri-Tip Round-Up Dinner



The annual Lions Club Tri Tip dinner will take place on Saturday, November 2. Please come and help us continue this great tradition of serving the Lions members. They are wonderful supporters of our club and this is one way we can give back. Volunteering counts toward community service hours for record books.

This event is appropriate for volunteers ages 10 and up. We will need some adult help as well. Sign up [here](#).

For questions, contact Catherine Campbell at [cathlcampbell@yahoo.com](mailto:cathlcampbell@yahoo.com) or 650-766-4508.

### Ready to pick your projects?

Thanks to the volunteers who have enthusiastically offered to lead our projects for the 2019-2020 4-H year. This year's project list is below. Please check it out in advance of next Tuesday's Project Fair at the general meeting. Some projects will have enrollment limits based on space or other factors. Members will be asked to prioritize their project sign-ups so that members who select something as a first choice will be sure to get it. There will be plenty of time during the project fair to learn more about the projects and talk to project leaders.

If you would like more detail, such as project meeting dates (if they are available) to make sure you or your child/children will be able to attend projects that you sign up for, please check out the Projects List [here](#).

New members should consider signing up for just one or two projects as you get to know 4-H and what level of involvement is best for your family.

**Please note that signing up for a project at this meeting is the only way to get into a project -even if you added a project while registering online.**

Project leaders will contact members after the General Meeting about enrollment in specific projects.

### 2019-2020 Project List:

- 4-H 4 Service (formerly Community Detectives)
- Beginning 4-H
- Cavies/Guinea Pigs
- Clover Crafts
- Cooking, Beginning
- Drama
- Dungeons & Dragons
- Equine (County Wide Project)
- Farm Compost



- Farm Sculpture
- Goats, Market and Dairy
- Hands Across the Generations
- Hiking/Wilderness Skills
- Intro to Farm



- Lamb, Market
- Leadership
- Poultry, Market
- Poultry, Show
- Rabbit Husbandry
- Rabbit Socialization
- Sewing
- STEM, Advanced
- STEM, Beginning (formerly known as SET)
- Sustainability
- Swine/Pig



## County Wide Projects Offered (locations vary around the peninsula)

### Biz World Project

Sponsored: Burlingame/San Mateo 4-H Club

Adult Leader: Joan Chipser

joanchipser@sbcglobal.net

Youth Leader: Open

Open to: All Ages

Description: The curriculum geared for the 3rd thru 8th grade is open to all members. This project will teach children the basics of entrepreneurship, business, and finance in a hands on manner. This project gives children the opportunity to learn first-hand how to start and operate their own business. Working in teams, kids start, fund, and run their own company in the friendship bracelet industry. The teams will sell their products at the combined Favorite Foods Day/Fashion Review/Crafts Expo/SET event to be held next Spring.



### Computer Science First Project

Sponsored: Belmont 4-H Club

Adult Leader: Ritu Bansal, ritumotilal@yahoo.com

Youth Leaders: Mallika Agrawal

Open to: 4th graders to 8th graders

Description: Computer Science (CS) First Project: 4-H and Google are coming together for a first-of-its-kind computer science (CS) collaboration that will teach kids both technical skills like coding, and essential skills students will need in the future like, teamwork and resilience. The CS First Project isn't just about programming computers, it's about helping youth learn skills they'll need to approach problems in a fundamentally different way across every discipline from business to engineering to the arts.



## Dog Project

Sponsored: Redwood City Canada 4-H

Adult Leader: Brad Cassetta, bcassetta@aol.com, and  
Ken Cochran, k9kastle@comcast.net

Open to: 9 yrs old and up

Required: Dog(s)

Join us in the Dog Project. We will be teaching the skills necessary to compete in the fair: heeling, stays, sits, downs, recalls, Rally stations, Showmanship and Tunnel and weaves. We will learn about different breeds, how to groom a dog, etc. 4-Hers must commit to training dogs at least 10 minutes a day 5 days a week. Training dogs is fun and requires a lot of repetition and time to refine skills and teamwork. Limited to 15 4-Hers and their dogs.



## 4-H Million Trees Project

Sponsored: Pacifica 4-H Club

Adult Leader: Tom Webber,  
4hmilliontrees@gmail.com

Youth Leader: Open

Open to: 13 – 18 yrs old

Description: The 4-H Million Trees Project gives youth an opportunity to learn about conservation as they have fun planting trees and doing their part in the climate crisis. Meetings/planting events scheduling for this service learning

project will depend on the rains and the access to planting sites.



## Equine

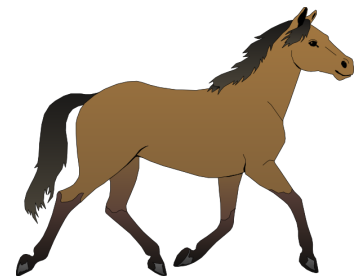
Sponsored: Menlo Park 4-Club

Adult Leader: Jennifer Ott Cameron  
jottcameron@yahoo.com

Youth Leader: Open

Open to: 9 and up (max 12 youths)

Description: This project is intended to educate the equine community using the 4-H curriculum books. There will be a focus on ethology, welfare and scientific observation and potential hands-on activities for grooming/husbandry, leading, obstacles if it suits the group. The outcome of this project is to create a scientific poster on topic of group's choosing to be presented at County Fair. The youth may also have individual or team short oral presentation about equine science topic presented at SMCHA June horse show.



## Pen Pride

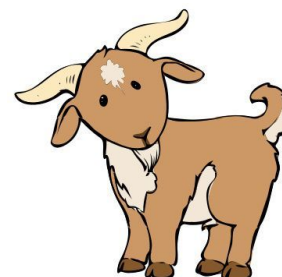
Sponsored: Belmont 4-H Club

Adult Leader: Paul Friedrichs, pfriedrichs@gmail.com

Youth Leader: TBD

Open to: 9+

Description: Pen Pride has been a tradition at the San Mateo County Fair for over 30 years. This is an educational



fundraiser for the 4-H County Council. Youth learn how to raise and care for large animals which includes feeding, pen cleaning and exercising. A set schedule will be arranged for all participants.

### **Quilting**

Sponsored: Belmont 4-H Club

Adult Leader: Evelyn Klein, eeklein@pacbell.net

Youth Leader: Open

Open to: 9+ (space is limited)

Description: Learn how to sew a quilt. New members will be working on one quilt were continuing members will work on other quilts. You could enter your finished quilt at the San Mateo County Craft Expo and/or San Mateo County Fair youth exhibit. Cost of quilt is \$60.00 up.



### **Record Book Project**

Sponsored: Burlingame-San Mateo 4-H Club

Adult Leader: Nicole Lynch, lynch5600@gmail.com

Youth Leader: Kaitlyn Lynch,

kaitlynnn.4h@gmail.com

Open to: 9 yrs old and up

Description: This Record Book project will teach youth how to use Online Record Book (ORB), how/what to enter in their record book and what section to enter it in. It will also allow youth to have a designated work time to complete their record book throughout the year and promote the completion of record books.



### **Service Learning - Making a Farm Accessible to Individuals with Wheelchairs**

Sponsored: Burlingame-San Mateo 4-H Club

Adult Leader: Valerie Krieman-Cintas,  
vkintas@gmail.com

Youth Leader: Diego Cintas

Open to: All ages

Description: To be published by Oct 18.

### **Ramping Up Awareness!**

Sponsored: Burlingame-San Mateo 4-H Club

Adult Leader: Valerie Krieman-Cintas,  
vkintas@gmail.com

Youth Leader: Diego Cintas

Open to: All ages

Description: This project is a service-learning project in which youth will learn about community members with spinal cord injuries and the challenges they face. Our goal is to make the Crystal Springs Farm wheelchair accessible.

## Farm Rule Change

Our club's Local Farm Rules have been amended to align with the County Farm Rules as well as to reflect the pen fee increase. Changes to our Farm Rules have been discussed and approved by the Farm Committee and now need to be voted upon by the club at our October General Meeting. Please read the following information for the details of this change.

Members section, rule #8; Increase in pen fees from \$10 per large animal to \$15 per large animal; \$5 for up to 5 chickens to \$2 per chicken; \$5 for up to 2 turkeys to \$5 per turkey.

Farm Usage: Pens section, rule #8: Change to the quarantine pen information to align with county rules.

"The Farm will have a quarantine pen. The quarantine pen will be used for:

- (a) Housing sick animal(s). The member must remove their animal and clean/disinfect the pen as soon as the project leader determines the quarantined animal is healthy.
- (b) Housing animal(s) that left the farm premises. Upon return to the farm, the animal should be quarantined for 14 days."

At our October General Meeting, the club youth will vote to accept the amendments to the Farm Rules. Please follow the directions for voting protocol.

## 4-H Store

4-H merchandise will be available at most general meetings this year. Items for sale include t-shirts, achievement ribbons (for pins), record book covers, and caps, collars, and ties required for showing at fair.

We accept cash or checks made out to SCEH (San Carlos Eaton Hills) 4-H.

Contact Catherine Campbell at (650) 766-4508 with any questions.

## 4-H Member Achievement Ribbon

Add each project pin to your 4-H Member Achievement Ribbon and wear it at club meetings and recognition ceremonies. Mix in additional pins for offices you hold, awards you win, and years of membership so this display ribbon becomes a visual representation of your 4-H experiences. The Member Achievement Ribbon is a 31" polyester ribbon with faux leather.



## Member Reports

### Busy Month for 4h Community Service

This past month has been busy with 4h community service. We have had 2 clean ups, and the San Carlos Lions Club Dinner.

The first clean up was at Twin Pines Park with the sustainability project, but anyone was welcome to help clean the park. We found lots of trash, but the most interesting things we found were stolen property (which we gave to the police department, which is located in the park), and parts of a Christmas tree. During our project meeting we talked about where the trash could have come from, and where it would have ended up if we did not pick it up. Knowing that it was our first meeting, it went pretty well.

The second clean up was cleaning up San Carlos Industrial Arts area for the San Carlos day of service. Not only did our group pick up trash in the area, but we also beautified the dirt areas on the sides of the street. We first removed all the sticks, branches, and trash. Then we replaced the sad patchy dead grass and dirt, with fresh redwood bark. We spread out the bark along the curbs and fences, smoothed it out with rakes and shovels. Now the area is trash a sad patchy grass free!

Lastly I volunteered to help plate and serve food for the Lions Club Dinner Fundraiser. The event's theme was bingo. It was fun to hear them calling numbers while we worked in the kitchen. After bingo, we served them pasta, salad, and garlic bread. We had many learning moments, but the most important one was that communication is key especially when working in a group. Then they had a desert of cookies and candy corn. After desert they had a raffle, which they made a lot of fundraising money off of.

Next month there will be a tri tip dinner for Lions Club members, I hope that you can come!

All of these volunteer opportunities were very fun and I learned a lot, I am excited for all of the new ones coming up this following month! --Millie Garrett

### Mahaney Hall Fundraiser

Hey 4-Hers, earlier this month a group of people from our club went over to Mahaney Hall to serve the people in the Lions Club for dinner. The Lions Club is a large club about as big as ours that donates sums of cash to causes such as cancer, hunger, and even Diabetes. The Lions had a long dinner of pasta, garlic bread, and salad. After dinner, they ate a wide variety of Halloween themed candies then getting finished off with a few raffles and a few rounds of bingo. Overall, it was a great experience getting to serve the Lions. --Wyatt Dent



I went to the Manhaney Hall Fundraiser to serve food. We prepared pasta, bread, and salad (with TOMATOES). Then we put them on plates and on the cart. I went out with it and started putting the plates on the tables. I did not know where to put them. One time I was getting a plate for someone and I put my hand in the cart expecting for one to be there and I didn't have one. So I ran back to the kitchen to get one. That was pretty embarrassing. Another time when we were collecting the garbage I was putting a dirty plate on the cart and a bowl of chex mix. I dropped the chex mix and almost





dropped the plate too. Then I dropped to the ground and started picking them up and someone said “I’ll go get the broom” in an annoyed voice. We then got the desert (Halloween mix and COOKIES. Many many cookies!). I ate a little pumpkin from the Halloween mix and I felt sick. That was sad... At the end we got one cookie and one plate of pasta, bread, and salad. That was WORTH it! You have to do this. I practiced being brave and... Well, not being sad when I made a mistake. I was plenty embarrassed though. I got to put the cheese on the pasta. WHO DOESN'T LIKE CHEESE????? Try going! It's fun! --Sophia Redkey

### Learning About Raising Livestock

On October 5th I had the awesome opportunity to attend the Associated Feed & Supply Co. Livestock Camp at Modesto Junior College. While there I got to learn about feeding, selecting an animal, fitting, showmanship, and so many other things. I went last year and learned a lot about lambs, so this year I came to see what I could find out about goats—turns out there was a lot! It was totally free to attend and I received a ton of information and free products for me to try out on my animals this year. If you're interested in raising livestock, have done it before, or just want to learn more about it, I would definitely recommend this event! --Samantha Campbell



### 4-H Booth at San Carlos Horsepower Car Show 9/7/19



Over the weekend I volunteered for the 4-H booth at the San Carlos EYABA Car Show. I volunteered with Peyton, Tia, and Zerach. At our booth we had an information table where we talked to the public about our club, and tried to get people interested in joining. We told people about the different projects our club has to offer, and how much fun 4-H is. We fundraised for the club with Dime Toss and Wild Flower Starters. For the Wild Flower starters we had the public make their own jars, where they added homemade compost and mixed Wild Flowers. We sold these for 6 dollars each. We also fundraised with the Dime Toss booth, that we use for Home Town Days. As always kids loved it, and thankfully this time it wasn't raining (Unlike last time at Home Town Days). By the end of the Car Show we had fundraised and we gained some new 4-H members. I am excited to volunteer at the 4-H booth again next year! --Millie Garrett

## County Calendar Events

SMC 4-H [County Council Meeting and Award Ceremony](#)

11/25/2019

For a complete list of events, visit the [4-H County Web site](#) calendar page.

## Do you want to learn about 4-H at the county level?

Check out the San Mateo County 4-H website at <https://ucanr.edu/sites/smsf4h/>.

**Next newsletter deadline: Friday, November 8, 2019**

Email newsletter articles and photos to [sue.gower@icloud.com](mailto:sue.gower@icloud.com). Thank you!



<p><b>Club Officers</b> President: Samantha Campbell Vice President: Taylor Meeks and Elise Wacha Attendance Secretary: Annika Larson Corresponding Secretary: Taylor Meeks Treasurer: Leanna Gower Sergeant At Arms: Roman Messina Co-Jr. Farm Managers: Quincy Theuner and Peyton Steitz Healthy Living Officer: Andrew Gould Membership Officer: Pablo Pinilla Historian: (open) Co-Recreation Leaders: Alex Becker and Hayley Houston Club Reporter: (open) Club Photographer: Jayden Houston</p> <p><b>Community Leaders</b> Katherine Schembri <a href="mailto:Kathandnora@aol.com">Kathandnora@aol.com</a> 650.365.2331 Jason Gische <a href="mailto:jgische@yahoo.com">jgische@yahoo.com</a> 650.218.8247</p>	<p><b>Steering Committee</b> Jason Gische Katherine Schembri Stacy Dent Missy Damon Catherine Campbell Sue Gower Kelly Steitz Maureen Becker Marc Chevillet Tina Cole Sarah Kelsey Kim Gische Rita Gould Erica Theuner Pam Leffler Aida Paragas</p>	<p><b>Registrar</b> Missy Damon <a href="mailto:melissajanedamon@gmail.com">melissajanedamon@gmail.com</a></p> <p><b>Projects Coordinator</b> Kim Gische <a href="mailto:kgische@gmail.com">kgische@gmail.com</a></p> <p><b>Farm Boss</b> Andy Campbell</p> <p><b>Farm Manager</b> Erica Thuener <a href="mailto:ethuener@gmail.com">ethuener@gmail.com</a></p>	<p><b>Webmaster</b> Robert Lewit <a href="mailto:robert.lewit@gmail.com">robert.lewit@gmail.com</a></p> <p><b>Newsletter Editor</b> Sue Gower <a href="mailto:sue.gower@icloud.com">sue.gower@icloud.com</a></p>
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