
SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting February 12 @ Clifford School

Upcoming Club Events

General Meeting

Tuesday, February 12, 7pm
Clifford School MUR

Steering Committee Meeting

Tuesday March 12, 7pm
Clifford School Library

General Meeting

Tuesday March 19, 7pm
Clifford School MUR

General Meeting

Tuesday April 16, 7pm
Clifford School MUR

General Meeting

Tuesday May 14, 7pm
Clifford School MUR

Hometown Weekend

Saturday/Sunday May 18-19
Burton Park

President's Message

Happy February!

Our club has an annual tradition of holding a potluck for our February meeting. You'll be able to enjoy a variety of lasagnas, pastas, breads, salads, and desserts that your fellow 4-H'ers brought to share. Just remember to bring your own plates and utensils-- we don't want to waste all that plastic!

Sincerely,
Maya Donovan

FEBRUARY THEME: Bring reusable, washable utensils and plates!



Potluck Dinner at the February Meeting

The February meeting is our annual potluck dinner. **Dinner starts at 6:30**, before the general meeting. All parents and kids are welcome.

Let's show our love for the planet by making it a zero-trash dinner! Please bring your own reusable plates, cups, silverware, and napkins.



For the potluck, the Junior Teen Leaders will bring lasagna. There will be meat and vegetarian options.

The rest of the club brings the rest of the meal. If your LAST name starts with:

- A-G, bring a salad,
- H-M, bring a dessert, and
- N-Z, bring a bread.
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Also, please also bring serving utensils labeled with your name as needed for your contributions.

Upon arrival at the meeting, be prepared to indicate if your dish contains any common allergens such as nuts.

There will be vegetarian and gluten free options for all parts of our meal.

Double Meeting in May

The night of May 14 we will hold two club meetings back to back. Mark your calendar now. This way we will complete 10 club meetings before the County Fair begins in early June. If you need 80 percent attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting.



Record Book Drop-In Workshop

Can't seem to make time to fill out your Record Book?

Pencil in one or both of these Drop-in Record Book Workshops.

Tuesday, February 26 7-8:30pm - locations TBD

Saturday, April 13 3-5 pm

Thursday, June 20 7-8:30pm

These workshops are open forums for kids (and parents) to drop-in to have some focused time to work on their 4-H record books.

- If you're an expert it, gives you a set time to GET IT DONE
- If you're new to record books, it gives you someone to answer questions as you go

If you are coming:

- Bring a laptop if possible
- Bring a calendar with dates of YOUR 4-H events attended
- Plan ahead and sketch out what you did at each project meeting

Record book online resources can be found here:

http://4h.ucanr.edu/Resources/Member_Resources/RecordBook/About_4-H_Record_Books/

Online Record Book is here:

<https://4horb.ucanr.edu/login.cfm>

**Know your 4HOnline password before you arrive!

About This Year's 4-H Camp from Allan Bruce:

The dates for San Mateo County 4-H Camp 2019 are Sunday, July 14, 2019 - Friday, July 19, 2019. Registration for strictly 4-H members will be on Saturday, April 6 - Sunday, April 14, 2019. That will only be open for 4-H members. Starting Monday April 15, 2019 is when registration starts for the general public. 4-H members can register from that range as well, but we want to give them priority to first register. So they have a whole week dedicated to them before registration opens up to the general public. Registration fills up extremely quickly, so if parents are able to put a deposit down it can help ensure a spot at camp.

If your children are interested in attending San Mateo County 4-H Camp please respond via this link: <https://goo.gl/forms/EetucWhmGLbHtRFJ3>. This link is to a google form so that I can email the parent the registration packet via email. Current 4-H members only please.

Our youth staff are going to try their absolute hardest to make it out to club general meetings to inform your club about the exciting week at San Mateo County 4-H Camp.

Member Reports

Intermediate Cooking

In intermediate cooking, I learned how to spatchcock a chicken and what spatchcocking is. We spatchcocked 2 chickens and then with the other whole chickens, we took the thighs, legs and wings off of the breast. We then cut up the pieces of breast to the size of the tenders. Spatchcocking is taking out the spine in the chicken without removing the thighs, wings, or legs. On 2 of the pans we put the spatchcocked chicken along with potatoes, purple, orange and yellow carrots, and brussel sprouts. With the other chicken we took the tenders and the tender size breast and dipped them in olive oil and garlic, then rolled them in parmesan cheese, bread crumbs, basil, and pepper, and laid them on another pan. Pretty soon all the chicken was in the oven for 45 minutes. Afterwards we ate the chicken and took the rest home (it was delicious!!!).

--Sarah Schembri ☺ ☺ ☺



Goat Project



This month the goat project members chose and purchased their goats. We drove to a farm in Lodi. The breeder was a former 4-H'er and he is now a college student at UC Davis and also does goat judging around the country.

I've never chosen a goat before. Some of the other project members gave me tips. Many kids from other clubs were there to choose their goats too. We knew it might be competitive. I was really overwhelmed so I prayed with my mom that I'd choose the right goat! Right afterwards I saw a black headed goat among the other dozens of goats. He looked healthy and strong. I have named him Alpine and he will come to live at the farm in mid February. --Alex Becker

Crochet

I learned how to start a magic ring by myself! We followed a pattern to make a "simple creature." Mine was purple. The next day I made one for my brother. After making a few more of them, I made an amigurumi dog. Crochet project is awesome! --Gabby Lou



SET



We learned how sound waves send messages to our brains by vibrating off air particles. --Gabby Lou

Weaving

At the January weaving meeting, I did warp-face weaving to make the shoulder strap for my woven bag. --Gabby Lou



Youth Leadership Summit 2019

Consisting of 2 nights and 3 days the summit up in Petaluma headlands from the night of the 18 to the morning of the 20th the 4-H youth summit took place. Over the weekend we had a total of 6 sessions. One talked about different personality types, another was on how to be a better listener and how to better remember what you hear. But all of them found ways to incorporate activities into their presentation. For example the leadership session had us split up into groups and try and build a tower with balloons. From each activity we learned a lot and gain a game/activity that we can bring back to our clubs. Over the weekend I gained lots of new points on how to be a better leader. The summit was really fun I recommend that you should attend next year. --Millie Garrett



Woodworking

In January, the leaders of the Woodworking project and I went to the Beginning 4-H project to teach them about the great project that we have so they can possibly join next year. We had them hammer into wood to make designs so they could make pictures and cut out shapes in sheets of wood with the assistance of the leaders. The kids seemed to like it a lot! At the meeting, there was also the Hand Sewing and Manga Art as well. The 4-Hers also recited the 4-H pledge for practice. It was a success! --Taylor Meeks

County Calendar Events

<u>Mandatory Livestock Meeting for Exhibitors at San Mateo County Fair</u>	3/20/2019
<u>Life Skills Festival and Field Day</u>	5/4/2019
<u>County Council Meeting</u>	5/20/2019
<u>San Mateo County Fair</u>	6/8-16/2019
4-H Summer Camp	7/14-7/19/2019

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on “4-H Youth Development Program.”
- In the little purple box, click on “4-H Highlights.”
- Submit your email address in the box.

Next newsletter deadline: Friday March 8, 2019

Email newsletter articles and photos to sue.gower@icloud.com. Thank you!



<p>Club Officers President: Maya Donovan Vice President: Samantha Campbell Membership Secretary: Tia Chan Corresponding Secretary: Taylor Meeks Treasurer: Aaron Larson Co-Sergeant At Arms: Alex Becker Co-Jr. Farm Bosses: Asher Becker & Quincy Thuener Healthy Living Officer: Andrew Gould Membership Secretary: Tia Chan Historian: Roman Messina Co-Recreation Leaders: Pablo Pinilla & Hayley Houston</p> <p>Community Leaders Katherine Schembri Kathandnora@aol.com 650.365.2331 Jason Gische jgische@yahoo.com 650.218.8247 Maria Smith maria.smithsmith@gmail.com 650.867.9773</p>	<p>Steering Committee Catherine Campbell Missy Damon Stacy Cooper Dent Beth Enthoven Jason Gische Rita Gould Sue Gower Sarah Kelsey Pam Leffler Katherine Schembri Maria Smith Erica Thuener</p>	<p>Registrar Missy Damon melissajanedamon@gmail.com .com</p> <p>Projects Coordinator Beth Enthoven 650.207.3735</p> <p>Farm Boss Andy Campbell andycamp07@gmail.com</p> <p>Farm Manager Erica Thuener ethuener@gmail.com</p>	<p>Webmaster Robert Lewit robert.lewit@gmail.com</p> <p>Newsletter Editor Sue Gower sue.gower@icloud.com</p>
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