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# SAN CARLOS EATON HILLS 4-H

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<http://sancarlos4h.org> | Next Meeting March 20 @ Clifford School

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## Upcoming Club Events

### General Meeting

Tuesday March 20, 7pm  
Clifford School MUR

### General Meeting

Tuesday April 17, 7pm  
Clifford School MUR

### General Meeting

Tuesday May 15, 7pm  
Clifford School MUR

### Hometown Weekend

Saturday/Sunday May 19-20  
Burton Park

## President's Message

Dear 4-Hers -

All you have to do to know that it is spring is to stop by the farm. Pigs and lambs are eating and playing, the barn is waiting for turkeys poults and chicks, and 4-H'ers are busy taking care of them all, which means another fair season has started. It also means it is time for our annual cookie judging (and eating) palooza, or, to be politically correct, "cookie evaluation". Members are asked to make a whole bunch of their favorite cookies, and we will then instruct you on how to judge them for things like appearance, texture, and, oh yeah taste. After you judge/evaluate, we then get to destroy the evidence by eating all of them. Not to be missed. See you Tuesday,

Your president,  
Ryan

## MARCH THEME:

**Wear green and bring cookies for judging!**



## Double Meeting in May

The night of May 15 we will hold two club meetings back to back. Mark your calendar now. This way we will complete 10 club meetings before the County Fair begins in early June. If you need 80 percent attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting.



## Record Book Drop-In Workshop

*Can't seem to make time to fill out your Record Book?*

Pencil in this Drop-in Record Book Workshop.

**Saturday, March 31 1-3 pm**

This workshop is an open forum for kids (and parents) to drop-in to have some focused time to work on their 4-H record books.

- If you're an expert it gives you a set time to GET IT DONE
- If you're new to record books, it gives you someone to answer questions as you go

If you are coming bring:

- laptop
- whatever calendar you use with YOUR 4-H events attended
- plan ahead and sketch out what you did at each project meeting

Record book online resources can be found here:

[http://4h.ucanr.edu/Resources/Member\\_Resources/RecordBook/About\\_4-H\\_Record\\_Books/](http://4h.ucanr.edu/Resources/Member_Resources/RecordBook/About_4-H_Record_Books/)

Online Record Book is here:

<https://4horb.ucanr.edu/login.cfm>

**\*\*Know your 4HOnline password before you arrive!**

The March 31 workshop will be at the Maria Smith's house in Redwood City (16 Garden Street), please RSVP to [maria.smithsmith@gmail.com](mailto:maria.smithsmith@gmail.com).

## Life Skills Festival: Blanket Donations

For the community service project at the Life Skills Festival this year, we're making Linus blankets to donate to the victims of the Northern California fires through Project Linus. Our countywide goal is to make 50 blankets, which means each club should make about 6. We would love if it people from this club could pitch in fabric or completed blankets to bring to the March meeting. The fabric (or blanket) should be fleece in any pattern from 1 ½ to 2 yards in length. It would be so helpful if we could get some more donations!

If you're interested in making the blanket, the information is here:

<http://4h.ucanr.edu/files/267635.pdf>. If you want to learn more about Project Linus, their link is here: <https://www.projectlinus.org/> and if you want to read the challenge, the pdf is here: <http://4h.ucanr.edu/files/267632.pdf>.

We would very much appreciate your support! --Maya Donovan

## Call for Pen Pride Prizes - Can You Help?

Pen Pride (Peninsula Pride) is a county-wide fundraiser where 4-H youth raise and train a market animal which is then exhibited at the San Mateo County Fair. The goal of this project is to give youth the opportunity to experience the responsibility of raising a large animal for the consumer market as a group “learn by doing” activity. In addition, the Pen Pride project serves as a community outreach fundraiser for San Mateo County 4-H educational programs (e.g., Presentation Day, Life Skills Festival, Animal Field Day, leadership conferences, service learning activities, youth and adult training, and more).

We need your help finding great prizes that will motivate fair attendees to purchase tickets. Do you have access to event tickets? Know someone that can get a tour of the Tesla factory? How about someone that can get a performance driving experience on the Sonoma Raceway? Please think about what connections you have and share your ideas with a club leader or with our Pen Pride club organizer, Kelly Steitz. All prizes must be in-hand by May 18th.

*Note: to simplify prize distribution, gift cards are preferred over gift baskets or larger items.*

## About This Year's 4-H Camp from Allan Bruce:

The dates for San Mateo County 4-H Camp 2018 are Sunday, July 15, 2018 - Friday, July 20, 2018. Registration for strictly 4-H members will be on Sunday, April 8 - Friday, April 13, 2018. That will only be open for 4-H members. Starting Monday April 16, 2018 is when registration starts for the general public. 4-H members can register from that range as well, but we want to give them priority to first register. So they have a whole week dedicated to them before registration opens up to the general public. Registration fills up extremely quickly, so if parents are able to put a deposit down it can help ensure a spot at camp.

If your children are interested in attending San Mateo County 4-H Camp please respond via this link: <https://goo.gl/forms/1m6H0FU5K217t5013> . This link is to a google form so that I can email the parent the registration packet via email. Current 4-H members only please.

Our youth staff are going to try their absolute hardest to make it out to club general meetings to inform your club about the exciting week at San Mateo County 4-H Camp.

## Show Poultry Excursion

This past Saturday, 10 Mar 2018, a small flock of our show poultry project members attended the annual StanCo Youth Poultry Show in Modesto . This show is geared specifically for youths ages 5 - 18 years of age. The participants can enter their chickens for exhibition (cage judging by certified poultry judges), compete in poultry showmanship, submit photos of poultry or educational boards again on anything poultry related. There were many other activities such as a poultry obstacle



course and poultry knowledge quiz for participants to do as they wait to compete. Quincy, Tia, Roen, Zerach, Athena, Wyatt, and Petra competed in showmanship. Athena and Petra are our first year project members and competed as novices with ease! Wyatt, Roen and Zerach competed in the junior division and did great! Tia competed as an intermediate and Quincy competed as a senior and both did really well using new birds. Over a 100 kids competed in showmanship at this show! Garrett, our 3rd year member, entered his chickens for cage judging and both birds scored very well in their categories! Congratulations to you all for a great job!! This was a great experience to see so many of the project members come out and try out showmanship and cage judging ahead of the San Mateo County Fair. Thank you parents for making that early morning trip to Modesto! Let's do this again next year! -- Linh Chan

## Member Reports

### Machine Sewing

This week, for machine sewing, I made a stuffed animal owl, which was much harder than it looks. The most fun part was sewing the bottom onto the owl because it felt like I was accomplishing a big thing even though it was pretty small. I learned how to “gather” fabric. The hardest part was sewing the main parts of the body together. When I first tried to do it, I accidentally sewed too much and had to rip out the seam, and I ripped out too much, then I had to sew it all over again. All in all, it was a good experience. It was fun to sew on the eyes because when it was finished, it looked really cute! -- Gabby Lou



### Advanced Stem

A picture from Advanced Stem learning 3-D printing



## Intermediate Cooking

At the March Intermediate cooking project, we made Apple Roses, apple cinnamon sugar bread, and Hamantaschen cookies. The Apple Roses were made by putting an egg wash on strips of puff pastry dough. Then we arranged thin cut apple slices on the top of the puff pastry strips. We folded the bottom up and then rolled it in to a rose. Then we put it in to a flower pot and baked it. -- Sophia Vattuone



## Rabbit Socialization



In January, I went to rabbit socializing for the first time and it was really fun. The guinea pigs there were so calm and the rabbits were nice. If you like the rabbit husbandry project, you might like the socializing project next year. -- Nick Damon



In the Rabbit Socialization, we do not have any project meetings. Instead each family (4-H'er + 1 parent) signs up for a shift volunteering in the rabbit room at the Peninsula Humane Society and SPCA. During these shifts we let the rabbits out of their small "condos" to run around in exercise pens on the ground. We also pet them and work on getting them to be comfortable around humans. This helps to make them more desirable bunnies to adopt. Although some rabbits are cage protective and difficult to work with, I generally have fun. Please note that this project is only for 4-H'ers ages 10 and up approved by the project leader, Rita Gould. -- Aaron Larson

## Rabbit Husbandry

Yesterday we had our March Rabbit Project Meeting at Leah's house. Our special guest was Victoria Sjolund, a former All Star 4-H Member from the Canada Club. As a 4-H member she has shown at least 7 types of rabbits and is very experienced. She talked about rabbit body types and how to pose each type. Olivia's rabbit Jack (a black and white mini rex) was the model for the posing demonstration. Olivia plans to enter Jack into the fair this June. Aaron and I helped conduct a game identifying rabbit body types. -- Andrew Gould



## Show Poultry



On March 10, I attended the StanCo Youth Poultry Show in Modesto with some of my show poultry project friends. This is the second year I have participated. I entered photos of chickens for judging, 3 bantam chickens for cage judging, and competed in showmanship. There were a lot of other kids competing in showmanship in my division, about 30 total. I didn't make it into the top 5 in showmanship but I was very proud of how I did overall. I was able to answer all the judges questions correctly. She ended up asking me what the names of the other four judges for the other divisions were. Well, I didn't know that one. In cage

judging, Speckles, a Catalana got 1st place in its class and best in breed. Dukie, a Bearded Porcelain d'Uccle, got 1st place in its class and best in variety. Oreo, a Dominique got 2nd place because her eyes were different colors. I entered three photos of chickens and the one of Saffron, our Cinnamon Queen, won 4th place. I had a really fun day at the poultry show and was happy that my friends were also there. -- Zerach Chan

## Working with chicken experts

Over the weekend I worked with a chicken expert on how to tell if your chicken is sick or injured. A few other 4-H'ers and I are participating in a chicken workshop at Elkus Ranch on Saturday the 17th of March. At the workshop we are going to be talking to backyard chicken raisers on how to care for and work with their chickens. At the workshop we are going to have chicken experts help us teach the public about raising backyard chickens. My part of the workshop is teaching people how to examine their birds for disease and any abnormalities the bird may have. -- Quincy Theuner



## Hands Across the Generations:

At the last meeting, we brought animals for the seniors to enjoy. We had a snake, two bunnies and two rats. The seniors loved them. I personally liked playing the board games and doing the puzzles with the seniors. Overall, it was a really fun meeting and I can't wait for the next one. --Taylor Meeks

## Market Lambs

On March 4th, we brought the lambs to the farm. Five of us got our lambs from a breeder named Matt Casarotti in Santa Rosa. Before we picked up the lambs, we had to make sure we had feed, alfalfa, salt licks and any other supplies we needed. We are trying a new feed this year because our breeder recommended it and it is supposed to give better results than what we used last year. I carpoled with one other person in the project to go and help load up all of the lambs. When we got there, we got to hold 4 day old and 1 day old lambs! We also got to talk to our breeder on what he suggested we feed and do with or lambs, even though they will be in a week long quarantine. Our breeder has been very helpful this year to teach us new things. Overall, I think that this was a very good and fun experience for all of the project members. -- Peyton Steitz



On March 4, Peyton, Sam, Quincy, Zerach, and I went to Santa Rosa to pick up our lambs. When we arrived to the breeder's farm, there were 1-4 day old lambs in the barn. The breeder was very nice and let us hold the lambs. They were so small and adorable! As we all took turns holding lambs, we also took turns filling out and signing our bills of sales. The bill of sale serves as proof of ownership. After we completed the bill of sale, we all walked to the pen where our lambs were kept in. We each grabbed our halters and collected our

lambs. Once we had our lambs secured we walked them out to the trailer. We walked into the pen with our halters and found our lambs. We all haltered them and walked them out of their pen and out the barn to a trailer. Some of the lambs needed help climbing into the trailer but one by one we got all 5 lambs loaded and headed to the San Carlos farm. We arrived a little after 1 pm. One person got the boot wash ready. The rest of us unloaded each of our lambs and dipped the hooves of each lamb into the boot wash before they could walk to their holding pens. The other team members, Emma, Hayley and Jayden were already there with their lambs. Once the lambs were settled, we cleaned water buckets and got fresh water for them to drink. Since transport can be stressful for the lambs, we each gave a dose of probiotics to our lambs to help calm their tummies. After the probiotics, we each administered the dewormer drench. This is important to help prevent any worm infestation in the lamb's gut. I am so happy that our lambs are here. They have been on the farm a little over 2 weeks by the time this newsletter is printed. Latte, my lamb is eating well and has a fun personality (well, for now he does). -- Tia Chan



### **Bringing the lambs to the farm**

A few weeks ago the lambs were brought to the farm. I bought my lamb from Matt Casarotti along with four other 4-H'ers. We all drove up to Matt's farm in Santa Rosa early in the morning and purchased our lambs. Luckily we had a 4-H parent from the Canada Club help trailer our lambs to the San Carlos Farm. Once we got to the farm, we sat with our lambs for an hour or so and made sure they were drinking and looking healthy. Later that night, we came back to the farm for evening feed and chose our pens. The lambs were in quarantine for a week, that meant they were not allowed out of their pens until we knew they were healthy and ready to be worked with. So far all of the lambs are healthy and happy in their new home! --Quincy Thuener

### **Goat Project**

A few weeks ago as part of a project meeting for the goat project, we visited two goat farms! The first farm we visited was on big, open grass fields. The farm had many baby goats running around and hopping everywhere. We were able to hold baby goats and got a lot of exercise trying to catch them! I had so much fun taking pictures and holding baby goats at that farm but unfortunately the goats there were too young and would not be big enough for our fair. The second farm we visited had less goats. The goats were older and bigger so we could not pick them up. The 4-H'ers raising goats this year decided to purchase their goats from the second farm we visited as they were the perfect size for our June fair. -- Quincy Thuener



## Food Preservation Report:



Last Friday (3/9) the food preservation project met at Bianchini's to do some shopping. We picked up some vegetables such as cucumbers, peppers, broccoli, cauliflower and carrots, and walked back to the Knoth house. We cut the veggies, prepared the pickling brine and filled the jars. After cooling the jars for a few hours, they can be placed in the refrigerator for a few weeks before enjoying. -- Andrew Gould

## County Calendar Events

San Mateo County Poultry Workshop	3/17/2018
AMC 4-H Animal Field Day	4/21/2018
Life Skills Festival	4/28/2018
San Mateo County Fair	6/9-17/2018
4-H Summer Camp	7/15-7/20/2018

For a complete list of events, visit the [4-H County Web site](#) calendar page.

## Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to [www.cesanmateo.ucdavis.edu/](http://www.cesanmateo.ucdavis.edu/)
- Click on "4-H Youth Development Program."
- In the little purple box, click on "4-H Highlights."
- Submit your email address in the box.

**Next newsletter deadline: Monday April 9, 2018**

Email newsletter articles and photos to [sue.gower@icloud.com](mailto:sue.gower@icloud.com). Thank you!



<p><b>Club Officers</b>  President: Ryan Heitel  Vice President: May Donovan  Secretary: Elise Wacha  Corresponding Secretary: Will Demers  Treasurer: Samantha Campbell  Co-Sergeant At Arms: David Chabra &amp; Asher Becker  Co-Jr. Farm Boss: Anna Smith &amp; Emma Loaiza  Healthy Living Officer:  Membership: Quincy Thuener  Historian: Linnea Weaver  Co-Recreation Leader: Noah Schembri &amp; Ashley Vaccarella  Photographer: Pablo Pinilla</p> <p><b>Community Leaders</b>  Katherine Schembri 650.365.2331  Linda Wacha 650.245.0318  Maria Smith 650.867.9773</p>	<p><b>Steering Committee</b>  Maureen Becker  Anand Chabra  Michelle Chabra  Mag Cumbow  Lisa Demers  Kash Donovan  Beth Enthoven  Jason Gische  Kim Gische  Rita Gould  Sue Gower  Anna LeCuyer  Pam Leffler  Kate Pfaff  Katherine Schembri  Kristi Silvernail  Maria Smith  Caroline Spinale  Erica Thuener  Lauren Velasco  Linda Wacha  Shelley Zulman</p>	<p><b>Registrar</b>  Jason Gische  <a href="mailto:jgische@yahoo.com">jgische@yahoo.com</a></p> <p><b>Projects Coordinator</b>  Beth Enthoven  650.207.3735</p> <p><b>Farm Boss</b>  Hanno Nehrenheim  <a href="mailto:hannon@centriconn.com">hannon@centriconn.com</a></p> <p><b>Farm Manager</b>  Erica Thuener  <a href="mailto:ethuener@gmail.com">ethuener@gmail.com</a></p>	<p><b>Webmaster</b>  Robert Lewit  <a href="mailto:robert.lewit@gmail.com">robert.lewit@gmail.com</a></p> <p><b>Newsletter Editor</b>  Sue Gower  <a href="mailto:sue.gower@icloud.com">sue.gower@icloud.com</a></p>
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