
SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting December 12 @ Clifford School

Upcoming Club Events

General Meeting

Tuesday, December 12, 7pm
Clifford School MUR

General Meeting

Tuesday, January 16, 7pm
Clifford School MUR

SCEH Farm Project Leader Meeting

Tuesday 1/23/2018

Record Book 101

Tuesday, January 30
Clifford School Library

General Meeting

Tuesday, February 13, 7pm
Clifford School MUR

President's Message

Greetings 4-Hers.

The holidays start here at 4-H, with our annual gift exchange/free for all. Please bring a wrapped gift, worth no more than \$10, that would be OK for someone your age and either a boy or girl would like. If you haven't done one of these before, we put all of the gifts into the center of the floor following our business meeting, and members sit in a circle around the massive pile of gifts. Then members go up one by one and pick a gift from the pile. Sometimes kids are super happy (most of the time), sometimes they are not. But it is always exciting.

There is also a good chance that you will be called on to talk about what you are doing in your project, so think about what you might want to say, and yes, you do have to go up when your project is called.

Happy Holidays to you all,

Ryan

DECEMBER THEME: Bring a gift for the gift exchange!



Happy Holidays San Carlos Eaton Hill 4-Hers!

Any club member who wishes to participate in our Club's Annual Member Gift Exchange should bring a wrapped gift appropriate for both boys and girls in your age group to our upcoming meeting Tuesday, December 12.



If you are between the ages of 5 and 8, bring a gift for a member in that age range. If you are between 9 and 19, bring a gift for a member in that age group. These are broad age ranges, so be creative. Plan on a gift that falls in the range of \$10 - \$15 and make it something you would like to receive. No joke gifts, please. Please mark the outside of your gift with your age range, and remember to be "green" when you wrap the gifts. Happy shopping!

Bay Coast Youth Summit 2018

Register now for the Bay Coast Area Youth Summit, transitioning from CAL Conference! Attend awesome educational workshops, learn about leadership, and meet other kids from across the Bay Coast Area!

January 19th-21st at [YMCA Camp Jones Gulch](#) in La Honda, San Mateo County.

Participants: Ages 11-13

Teen Youth Leaders: Ages 14-19

Registration Fees (Until December 31st): \$100

Registration Fees (After December 31st): \$115

[REGISTER HERE](#)

SPCA Donation Drive

At the January General Meeting on the 16th we will be collecting items for the SPCA Donation Drive. Items that are always in demand include towels, blankets, toys, harnesses, leashes and collars in all sizes. Dog sweaters are especially needed this time of year. Please check out our on-line wish list at <https://peninsulahumanesociety.org/donate/wish-list/> for the full list of items we accept. You may purchase items directly on Amazon using this link or bring your donations to the January Meeting. If you buy an item on-line please include a notation that these are from the San Carlos/Eaton Hills 4H Club. Andrew and Rita Gould will be accepting these items and transporting them to the Lantos Center for Compassion in Burlingame. Thanks for your generosity. - Rita Gould



Gift and Food Drive for St. Francis Center



At the November meeting, we collected food and gifts for St. Francis Center in Redwood City. We set up a table, and as kids came in, they could drop off extra cans or non-perishables and toys for different age groups. We came away with a lot of food and toys this year, which is great because that means we can help more people who need it. We dropped them off the next day at the center, and they were very thankful for all of our donations.

The food was unloaded into a pantry area, and the gifts we collected were set aside to be given out to kids later this month for the

holidays. People in need will come to the center and select a gift for their child, and we had this donation in the first place because for some children this is the only gift they will receive this Christmas. We are also planning on going caroling on Wednesday in the Carlmont gardens. - Samantha Campbell

County Awards Ceremony

Last Monday, I attended the County Awards Ceremony led by the County Allstars. It was a well-run event that gave everyone the proper recognition that they deserved. They gave out awards for reaching a star rank and primary awards. The nice thing about these events is that you can connect with members of other 4-H Clubs throughout the county. It was a lot of fun for me especially to connect with some of the kids that I know from the County Fair, as well. I hope to see a lot more faces there next year! - Elise Wacha



I went to the San Mateo County awards ceremony, held at Fox school. I was awarded for the bronze award, and for entering my record book into county. I received my 100 percent attendance pin too. The San Bruno club brought lasagna for dinner. The food they brought was very yummy, and I am glad they brought something to eat. It was fun receiving my awards, it is something I will put into my record book. It was nice seeing all my 4-H friends get awarded too. - Millie Garrett

Record Book 101

Want a guiding hand about Record Books? We will have an introductory meeting Tuesday, January 31 at 7 p.m. in the Clifford School library to go over the basic aspects of a record book and help you keep track of the information you need. This meeting is for members and parents.



Member Reports

Weaving

In Weaving I made a person out of yarn. I named him Hoo because he looks like an owl. He is purple, blue, and yellow with googly eyes. His body is purple, his legs are blue, his arms are yellow, and his hair is also blue. Hoo's legs and arms were braided together, he had six toes, and 12 fingers all together. His hair is 4 inches long, his arms are 5 inches long, his legs are also 5 inches long, his body is 6 inches long, and his eyes are one inch up and down they are also one inch side-ways. This project was very fun and exciting.- Sarah Schembri



Beginning Cooking Project

Our second beginning cooking meeting was great! The first thing we did was divide into 3 groups; fruit salad, scrambled eggs, and toast. I got to make scrambled eggs first. The toast was easy because all you have to do is put in the bread and wait. Finally, we did fruit salad. We also learned how to hold a knife properly. At the end we got to eat what we made. It tasted delicious! That was the best part of the second meeting. - Nick Damon

My 2nd Beginning Cooking lesson took place at Mrs. Damon's house. We learned how to crack, stir, and cook eggs. Next we got to toast and butter the bread that came out of toaster oven. Last we chopped up fruit, like apples, oranges, and pears. When I broke the pomegranate in a bowl of water, I drained it into a strainer and then put it in a bowl. I broke it under water so that pomegranate juice does not spray all over the place. After we made the fruit salad, scrambled eggs and toast, we ate all the food. Then, the next day, I made scrambled eggs for my brother Daniel. Beginning cooking was really fun! - Sarah Schembri

Intermediate Cooking

At the intermediate cooking meeting, we made three potato dishes. We scrubbed potatoes and then peeled them. Then we made them into the various foods. We even got to mix some ingredients with our hands! My favorite part was peeling the potatoes and trying our dishes at the end. They were delicious! - Sophia Vattuone



Beginning Archery

Today I went to beginning archery for the first time. It was fun! I learned bow safety, how to use the bow, what kinds of bows there are and how to hold the bow and arrow. I'm excited for next month's meeting! - Noah Meeks

My Archery Experience: I am starting Beginning Archery. It is a sport that requires patience and practice. Each session I learn new skills and rules to keep myself and the other marksmen safe. The class is two hours long, and the time goes by very fast because it is so much fun! - Caden Cartagena

Hands Across The Generations

This month we worked with the seniors to make Christmas trees out of cloth. Also, we made holiday cards with them for their loved ones. It was really fun to meet new people and see some familiar faces from last year. - Taylor Meeks

JTL's

This month's meeting we are doing a white elephant gift exchange. It should be really fun. This will be a nice way to celebrate the holidays with other JTL's. Happy Holidays! - Taylor Meeks

Show Poultry

The first show poultry meeting was in November. The first thing we did was play an icebreaker game where we all answered the same four questions. Some of the questions asked were "do you have chickens" and "what are your goals for the project." When we finished writing our answers we were told to crumble it into a ball and toss it onto the floor. Then we each went to pick up a crumbled paper and got to read the other person's answers out loud. This way we got to know each other. We then learned the steps of chicken showmanship and we got to practice with our real chickens. - Zerach Chan



Market Lambs



The second market lamb meeting was held on November 15, 2017. At this meeting we learned about body parts and diseases. At the start of the meeting, we all watched a video clip of a man curing bloated lambs. After we watched the video, we discussed the reasons or causes of bloat then reviewed the external body parts of a lamb. We used our project leader's great big dog as a model when we were asked to point out a specific part. Then we did a fun study activity board so that we could remember all the body parts. Following that, I got to present to the group two diseases that may affect lambs, bluetongue virus (not so

common) and pizzle rot (common). For the next meeting, our project leader assigned everyone a topic to research and present at our December meeting. Peyton and I were both assigned to research and present on supplements. - Tia Chan

Researching Breeders

A couple of weeks ago, my friend Tia and I decided to call different lamb breeders to see if we were interested in going to one of them, and if we could find higher quality lambs. This is my second year in the lamb project and I was interested in seeing what the other lamb breeders were like. First we made a sheet of question we wanted to ask them. We decided on the questions based on the past problems we've had with our lambs. We wanted to know what breeds they have, how long they cut their docks (tails), price range and more. We were able to find three breeders in California to call. We called all three but only one picked up. He told us he was 4 hours away and that he has very competitive lambs. He answered all of our questions and sounded like a breeder that we could be interested in going to. The only problems that we thought of were the price and the distance. A few of the good things were that he had high quality lambs, flexible pickup times and he was very supportive in answering our questions. After we got off the phone with him, we emailed him saying thank you for the time he spent with us. We are planning on getting back to the other breeders soon and will look for additional breeders too. Also, I would like to look at the breeders the other project members used the past years. - Peyton Steitz

County Calendar Events

Life Skills and Hobbies Meeting	12/18/2017
Life Skills and Hobbies Meeting	1/16/2018
Bay Coast Youth Summit	1/19-21/2018
County Council Meeting	1/22/2018
SCEH Farm Project Leader Meeting	1/23/2018
SCEH Record Book 101	1/30/2018
County Presentation Day	2/10/2018
4-H Summer Camp	7/15-7/20/2018

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on “4-H Youth Development Program.”
- In the little purple box, click on “4-H Highlights.”
- Submit your email address in the box.

Next newsletter deadline: Monday, January 8, 2018

Email newsletter articles and photos to sue.gower@icloud.com. Thank you!



<p>Club Officers President: Ryan Heitel Vice President: May Donovan Secretary: Elise Wacha Corresponding Secretary: Will Demers Treasurer: Samantha Campbell Co-Sergeant At Arms: David Chabra & Asher Becker Co-Jr. Farm Boss: Anna Smith & Emma Loaiza Healthy Living Officer: Membership: Quincy Thuener Historian: Linnea Weaver Co-Recreation Leader: Noah Schembri & Ashley Vaccarella Photographer: Pablo Pinilla</p> <p>Community Leaders Katherine Schembri 650.365.2331 Linda Wacha 650.245.0318 Maria Smith 650.867.9773</p>	<p>Steering Committee Maureen Becker Anand Chabra Michelle Chabra Mag Cumbow Lisa Demers Kash Donovan Beth Enthoven Jason Gische Kim Gische Rita Gould Sue Gower Anna LeCuyer Pam Leffler Kate Pfaff Katherine Schembri Kristi Silvernail Maria Smith Caroline Spinali Erica Thuener Lauren Velasco Linda Wacha Shelley Zulman</p>	<p>Registrar Jason Gische jgische@yahoo.com</p> <p>Projects Coordinator Beth Enthoven 650.207.3735</p> <p>Farm Boss Hanno Nehrenheim hannon@centriconn.com</p> <p>Farm Manager Erica Thuener ethuener@gmail.com</p>	<p>Webmaster Robert Lewit robert.lewit@gmail.com</p> <p>Newsletter Editor Sue Gower sue.gower@icloud.com</p>
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