

SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting October 17 @ Clifford School

Upcoming Club Events

Annual Registration Deadline

Monday, October 31

Lions Club Tri-Tip Dinner

Saturday, November 4
Mahany Hall

So You Want to Show at Fair

Tuesday, November 7, 6-7pm
Clifford Library

General Meeting

Tuesday, November 14, 7pm
Clifford School MUR

Holiday Caroling

Wednesday December 6, 6pm
Carlmont Gardens Nursing Home

General Meeting

Tuesday, December 12, 7pm
Clifford School MUR

President's Message

Greetings fellow 4-Hers and parents. The focus of this month's general meeting will be about project sign-ups. It is always an exciting time because signing up for the different projects dictates what you will be doing in 4-H throughout the year, and whereas you can't choose what happens in meetings, you can choose what you take for a project. There will be tables set up with representatives from each project **AFTER THE MEETING**, so there is no need to investigate the back of the room before the meeting starts. Projects are always incredibly varied, and you are almost guaranteed to find something that interests you. The theme of the month is Halloween, so wear black and orange or a costume - it's all good. See you next Tuesday.

Sincerely, Ryan Heitel

OCTOBER THEME:

Wear your costume or black and orange!



Registration Deadline October 31

Register your 4-H'er online BEFORE coming to the October meeting. Bring a printout of your completed medical forms along with payment to the October meeting. Your child will not be enrolled in projects until their registration is complete. Membership fees are \$70 per youth member, with no fee charged for adult volunteers.

We encourage all 4-H parents to register as volunteers. Registration is required for any parent whose child will have an animal at our farm this summer.

All returning members must be fully registered by October 31, 2017 to be considered in good standing for the 2018 San Mateo County Fair. Not sure if your registration is complete? Please e-mail our club registrar Jason Gische at jgische@yahoo.com.



Remember to Bring Your Medical Form

Did you know that a copy of that medical form you fill out for your child must be given to each of your child's project leaders? The forms are meant to help protect your child while not under your direct supervision and allow medical providers to care for your child if he or she gets hurt while participating in a project. Please print several copies of the medical form, sign them and give them to the leader at the FIRST meeting of every project.

Youth & Volunteer Leadership Workshops

Date: Saturday, October 21st, 9am – 12noon

Location: Messiah Lutheran Church, 1835 Valota Road, Redwood City

Who Should Attend:

- All Middle and High School Youth in Leadership or interested in leadership skills
- First & Second Year Project Leaders and anyone interested in project leadership
- Community Leaders and anyone interested in becoming a community leader
- All 4-H Adults wanting to meet county peers while participating in practical workshops!

Why You Should Attend:

- Share experiences and learn from other clubs through lively, fun roundtable discussions. Topics chosen by participants could include: How to create effective project meetings for large age ranges and mixes of project experience, what to do with a rowdy bunch, and how to make new people feel welcome. Propose a topic at the workshop!
- You will meet and share with fellow 4Her's from around the county
- You will develop leadership skills that will help youth & adults collaborate

LiveScan available from 11:30 – 12:30 PM, \$25 cash only please. You do not have to attend the workshop to have the LiveScan completed!

REGISTER HERE: <http://ucanr.edu/survey/survey.cfm?surveynumber=21942>

Click here or cut and paste for link to flier which includes *timeline of day*:

<http://ucanr.edu/sites/smsf4h/files/271369.pdf>

So You Want to Show at Fair - **New Date and Time**

If you are thinking of showing an animal at fair, you must attend this mandatory meeting. Tuesday November 7th, 6-7pm in the Clifford Library (right before the JTL meeting).

Memorial Service for Holly Spalletta

Holly Spalletta, a member of our club, has passed away at the age of fourteen. She was a member for nine years. Holly enjoyed participating in crafty projects like Duct Tape & Jewelry and Hand Sewing, in delicious projects like Cooking, in performance in the Drama project, and in shooting sports like archery and air rifles. But Holly especially enjoyed the Rabbit Socialization project which she was enrolled in for four years.

Her memorial service is an open event. It is on Saturday, October 21 at 2:00 and will be held at the Peninsula Covenant Church (PCC) located at 3560 Farm Hill Boulevard, Redwood City. Everyone is welcome to attend.

18th Annual San Carlos Lions Club Tri-Tip Round-Up Dinner



Come help serve dinner to the Lions Club, earn record book credit, make friends and have fun!

Saturday, November 4 is the annual Tri-Tip Round-Up Dinner fundraising event for the San Carlos Lions. For many years our 4-H club has provided the servers, and the Lions donate money to our club as a thank you.

This event is appropriate for volunteers ages 10 and up. We will need some adult help as well. Go here to sign up:

<http://www.signupgenius.com/go/10c0c4fafae22aafd0-4hservers>

For questions, contact Linh Chan at mailto:linh_chan@yahoo.com or 408-242-4259.

Ready to pick your projects?

Thanks to the volunteers who have enthusiastically offered to lead our projects for the 2017-2018 4-H year. This year's project list will be emailed out soon. As you think about selecting projects, look at the complete project list with details about age restrictions, times, dates of meetings and additional costs.

New members should consider signing up for just one or two projects as you get to know 4-H and what level of involvement is best for your family. At the October General Meeting each member will be able to talk to project leaders. Members will then rank projects in order of preference and turn in their preference form. Project leaders will contact members after the General Meeting about enrollment in specific projects.

2017-2018 Project List:

- Advanced STEM
- Archery, Beginning
- Archery, Advanced
- Arts & Crafts for Fair
- Beginning 4-H
- Chickens, Market
- Community Detectives
- Computer Programming with Scratch
- Cooking, Beginning
 - Cooking, Intermediate
 - Dogs (County Wide project)
 - Food Preservation, "Afternoon Snacks in a Jar"
 - Goats
 - Hands Across the Generations
 - Knitting
 - Lambs
 - Leadership Development
 - Leathercraft
- Manga Drawing
- Nature Explores
- Poultry, Show
- Presentations
- Rabbit Husbandry
- Rabbit Socialization
- Science, Engineering and Technology (SET)
- Sewing, Beginning
- Sewing, Machine
- Swine/Pig
- Turkeys
- Urban Escapes
- Weaving



"I really like our October meeting, the project fair. You can choose what projects you want to join. This year I'd like to do the show chicken, market chicken, lamb or goat projects. I also want to find out more about archery and join that project." -- Roen Thuener

Need Help Choosing a Project? Here's a bit more about some of them:

Hands Across The Generations

At the upcoming meeting, we will be picking projects and one of the projects there will be Hands Across The Generations. This project includes going to the Elms four times in the year and doing a variety of activities with the seniors that live there. As well as meeting seniors in the area, you also get to meet some really cool 4H'ers. :) Hope you consider it for one of your projects for the upcoming year! -- Taylor Meeks

Advanced STEM

Ever wanted to turn a penny gold? Well, at Advanced STEM's first meeting we're going to be doing some alchemy to do just that. Any 4-Her in San Mateo County that's in grades 6-12 and is interested in learning about science and technology can join the project. There will be 4 total meetings (**new date and time for the first meeting** Sat. Oct. 29, 12-3 pm), with other topics including 3D printing, microscopes/mitosis, and visiting the Hiller Aviation Museum. Questions? Email the JTL, Anna, at anna.quinlan123@gmail.com -- Anna Quinlan

County Wide Projects Offered (locations vary around the peninsula)

Drama Project

Come one, come all to the first annual 4-H Drama Project! We are looking for actors, crew members, and creatives of all ages to put on a play! This project will teach children basic theater skills, including vocal projection, memorization, self-expression, public speaking, and teamwork. At the end of the project, children will perform at Presentation Day (and possibly elsewhere) to showcase everything they learned.



Meetings will take place at the San Bruno Clubhouse (1st Avenue, San Bruno) starting in November.

For more information, contact Project Leader Teresa Anselmo at tans3lmo@gmail.com or (650) 834-2617 (text) or Assistant Project Leader Joan Chipser at joanchipser@sbcglobal.net

Bizworld! Entrepreneurship for Youth!



www.shutterstock.com · 307102022

This is a County-Wide project called BizWorld. The curriculum geared for the 3rd thru 8th grade is open to all members. This project will teach children the basics of entrepreneurship, business, and finance in a hands-on manner. This project gives children the opportunity to learn first-hand how to start and operate their own business. Working in teams, kids start, fund, and run their own company in the friendship bracelet industry. The teams will sell their products at the combined Favorite Foods Day/Fashion Review/Crafts Expo/SET event to be held next Spring. All meetings will be at the San Bruno Farm clubhouse from 2:30 – 4:00 pm starting on October 21. Contact Joan Chipser (joanchipser@sbcglobal.net) for more information.

Maker Camp Project

The Maker Camp Project inspires kids ages 9-19* to embrace their inner maker, get their hands dirty, fix some things, break some things, and have a lot of fun doing it. (Kids younger than 9 can participate in the Maker Camp Project when an adult can come and be with them.)



In past years, we have built rockets using rubbing alcohol, poor man's liquid nitrogen to make spherical desserts, taken apart cell phones for their vibrating motors, played with LEDs and fiber optics, made our own superballs, made Heron fountains and a trick called making water into wine, made shrinky dink objects from #6 plastics, made no sew t-shirt bags, made bedside Robo lamps and played with metal etching using 9-volt battery and salt and vinegar.

This year we are thinking projects like:

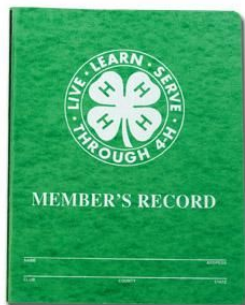
- making a usable kayak using water bottles
- bursting bobas and fruit caviar
- exploring electronics in clothing
- exploring more on metal etching
- and some crazy chemistry

Sue Milwee and Renee Ologue will be running the maker camp project again this year. Meetings are held at the Pacifica Sharp Park Library on Hilton. Find more information and sign up here: www.SignUpGenius.com/go/5080B4CACAA2BA7F49-4hmaker

Million Trees Project

Learn more about this at our October meeting!

Online Recordbooks



Earn stars and stripes for your hat by completing the annual record book! Learn how to complete and submit the online record book. Learn the importance of the record book. At each meeting we will learn about the record book and have a work session to get all of your questions answered.

For more information or if you are interested please go to this [link](#) or email Kaitlynn directly at Kaitlynnn.4h@gmail.com.

4-H Store

4-H merchandise will be available at most general meetings this year. Items for sale include t-shirts, achievement ribbons (for pins), record book covers, and caps, collars, and ties required for showing at fair.

We accept cash or checks made out to SCEH (San Carlos Eaton Hills) 4-H.

Contact Catherine Campbell at (650) 766-4508 with any questions.

4-H Member Achievement Ribbon

Add each project pin to your 4-H Member Achievement Ribbon and wear it at club meetings and recognition ceremonies. Mix in additional pins for offices you hold, awards you win, and years of membership so this display ribbon becomes a visual representation of your 4-H experiences. The Member Achievement Ribbon is a 31" polyester ribbon with faux leather.



From our Club Historian

The Early Days of 4-H

The program of 4-H started around the beginning of the 20th century, when several were concerned about the positive growth of the young generation. There was a desire to make public school education more connected to country life. As early as 1912, the University of California encouraged boys and girls agricultural clubs in rural areas. By 1914, 18 high school agriculture clubs were reported in California. The goal of these clubs was to train youth in agricultural skills, and to influence the practices of adult farmers and homemakers through their ongoing projects. Girls were not specifically excluded but, most of the clubs in the early ages only consisted of boys. -- Linnea Weaver

Member Reports

Maker Project

I joined the maker camp project offered by the 4H Daly City/Colma Club to tap into my creativity and do hands on science. We had our first meeting on September 17th. Our leader is very interested in knowing what types of activities interest us. The project changes each year, driven by the interests of the participants. We did two experiments at the first lesson: writing with

invisible ink and blowing bubbles with dry ice. First we painted with the invisible ink and then sprayed with Windex. The ink becomes visible when sprayed with Windex. Mixing warm water with dry ice starts a reaction whereby the dry ice skips the liquid phase and becomes a gas. I'm looking forward to new discoveries in the maker camp project. -- Andrew Gould

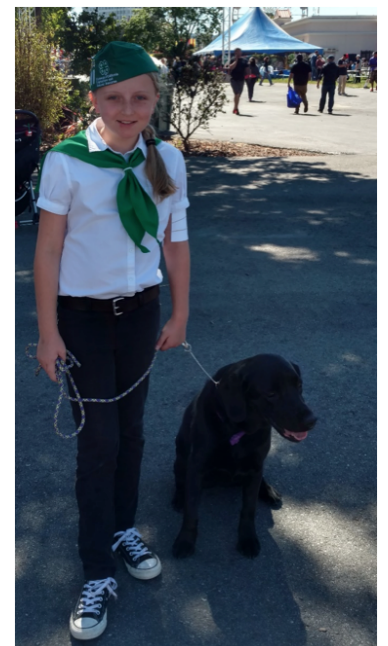
Kiwanis Club Dinner

A few weeks ago my brother and I helped host a dinner for the Kiwanis club. The club bought my market chickens at the fair this year. As another thank you to the club for purchasing my chickens, I helped serve at the dinner. My grandma is a member of the Kiwanis club and she hosted the dinner at her house. My brother and I were able to talk to the members of the club and answer questions. I meet a lot of new people and talked to them about 4H and what it is like to raise animals on the 4H farm. They were very interested and had a lot of questions about 4H. I might have even found a buyer for my large animal this year. -- Quincy Thuener



New 4H Year!

I am very excited for the new year. I have been in 4-H for 5 years, and this year will be 6th. Though this is only my 2nd year in *San Carlos* 4-H, I am eager to complete the new year. This year I will be attending the leathercraft project (and probably more, but I haven't decided yet). I am happy to start designing and tooling leather. Over the years, I have started helping and teaching basics for the project. Last year, I was also in woodworking and the dog project. I showed my dog at the county fair and entered some of my wood pieces. In both projects, you can show off your work. I am thrilled for all the events this year. One of my favorite events is favorite foods day. Last year I earned a pin for junior judging for cupcakes. My judging was the closest to the actual judges. Another one of my favorite events is 4-H camp. It's a great way to do something fun with 4-H over summer. 4-H events are fun to do on the weekend or summer. I look forward to the new adventures and activities this year will bring. -- Millie Garrett



4-H in our Community

Beach Cleanup



Last Saturday (7 Oct), we went to Rockaway Beach to help with a beach clean up. The beach clean up was run by the Pacifica Beach Coalition. Most of our findings were cigarette butts and small pieces of plastic. We also found pillow stuffing, take-out boxes, shoe laces, fishing lines, and bottle caps. We arrived at 9 am and picked up litter for about 2 hours.

We were each given a bucket with a smaller bucket clipped to the edge for the cigarette butts. They also supplied gloves so we didn't have to touch the rubbish with our bare hands. We enjoyed cleaning up the beach as well as giving back to the Earth! -- Sophia Vattuone and Tia Chan

On October 7, I went to Rockaway Beach in Pacifica to help clean up the beach. I went with my mom, sister and her friend. The beach clean up was organized by the Pacifica Beach Coalition. They supplied us with a large bucket with a small container clipped inside for the cigarette butts. They also gave us gloves trash to pick up the trash. We walked along the parking lot, beach and trails. I picked up cigarette butts, wrappers, paper, plastic water bottles, bottle caps, and more. At the end we counted our butts and turned in the trash. I picked up about 50 butts. As we were walking back to the car we were hit by a wave of water and all of us were soaked except my mom. I got an Earth hero pin. I had fun and would like to do this again.



County Calendar Events

Countywide Volunteer Training	10/22/2016
Grand Nationals Rodeo & BBQ	10/13,14-10/21-22
State Record Book Competition (books due to County Office by 4pm)	10/17
Youth & Volunteer Leadership Workshops	10/21
Livestock Quiz Bowl	10/14/2017
4-H Mindfulness Retreat	11/3-5/2017
National 4-H Conference - Application	11/5/2017
National 4-H Conference	4/7-14/2018

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on “4-H Youth Development Program.”
- In the little purple box, click on “4-H Highlights.”
- Submit your email address in the box.

Next newsletter deadline: Monday, November 6, 2017

Email newsletter articles and photos to sue.gower@icloud.com. Thank you!



<p>Club Officers President: Ryan Heitel Vice President: May Donovan Secretary: Elise Wacha Corresponding Secretary: Will Demers Treasurer: Samantha Campbell Co-Sergeant At Arms: David Chabra & Asher Becker Co-Jr. Farm Boss: Anna Smith & Emma Loaiza Healthy Living Officer: Membership: Quincy Thuener Historian: Linnea Weaver Co-Recreation Leader: Noah Schembri & Ashley Vaccarella Photographer: Pablo Pinilla</p> <p>Community Leaders Katherine Schembri 650.365.2331 Linda Wacha 650.245.0318 Maria Smith 650.867.9773</p>	<p>Steering Committee Maureen Becker Anand Chabra Michelle Chabra Mag Cumbow Lisa Demers Kash Donovan Beth Enthoven Jason Gische Kim Gische Rita Gould Sue Gower Anna LeCuyer Pam Leffler Kate Pfaff Katherine Schembri Kristi Silvernail Maria Smith Caroline Spinali Erica Thuener Lauren Velasco Linda Wacha Shelley Zulman</p>	<p>Registrar Jason Gische jgische@yahoo.com</p> <p>Projects Coordinator Beth Enthoven 650.207.3735</p> <p>Farm Boss Hanno Nehrenheim hannon@centriconn.com</p> <p>Farm Manager Erica Thuener ethuener@gmail.com</p>	<p>Webmaster Robert Lewit robert.lewit@gmail.com</p> <p>Newsletter Editor Sue Gower sue.gower@icloud.com</p>
---	---	---	--

