

# SAN CARLOS EATON HILLS 4-H

<http://sancarlos4h.org> | Next Meeting March 21 @ Clifford School

## Upcoming Club Events

### General Meeting

Tuesday, March 21, 7 p.m.  
Clifford School MUR

### General Meeting

Tuesday, April 18, 7 p.m.  
Clifford School MUR

### Farm-to-Fair Meeting

Tuesday, April 25, 7 p.m.  
Clifford School Library

### General Meeting

Tuesday, May 16, 7 p.m.  
Clifford School MUR

### Hometown Days Parade & Booths

Saturday, May 20 - Sunday, May 21  
Burton Park

### San Mateo County Fair

Saturday, June 10 - Sunday, June 18

## President's Message

Hello San Carlos 4-H!

At this month's meeting, we will have the much-anticipated cookie judging contest! This is something our club does every March, and I still remember the first time I ever participated and got to proudly bring in a batch of warm cookies that I had spent hours in the kitchen making that day. This event is a chance to test out your baking skills, engage in a little friendly competition between your fellow 4-Hers, and enjoy some great cookies with your club!

Remember, when choosing a cookie to make, be creative, and try to make something unique. All 4-Hers will be able to participate in judging the cookies and maybe even win some prizes.

Sincerely,  
President Ferguson



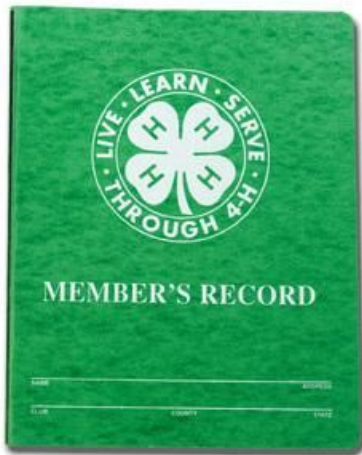
**MARCH THEME:**  
**Wear green and bring cookies for judging!**

## Life Skills Festival and Field Day

Mark your calendar for the [Life Skills Festival and Field Day](#) on May 6, 2017. This event combines Favorite Foods Day, Fashion Revue and the Arts and Crafts Expo. Attendees not participating in the competitions are invited to observe the sessions and participate in games, demonstrations and workshops. More information to follow.

## Double Meeting in May

The night of May 16 we will hold two club meetings back to back. Mark your calendar now. This way we will complete 10 club meetings before the County Fair begins in early June. If you need 80 percent attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting.



## Record Books Due in May

All record books will be collected at the May general meeting. This is an especially important deadline for members who are bringing animals to the County Fair. The Fair requires that you be in "good standing" to take your animals through the gate and we must have your record book for that to be true! All members are encouraged to turn in a record book. If you would like any help, please call Maeve and Bruce at (650) 654-4975. We encourage you to make an appointment to work on your book with their help.

## Hometown Days is Fast Approaching

Our 4-H Club has a big presence at the San Carlos Hometown Days, held Friday, May 19 to Sunday, May 21, and we want to continue our tradition this year! Show your 4-H pride by:

- Walking in the parade or riding on our 4-H float.
- Working at the Dime Toss Booth.
- Working at the Information Booth.

Watch for sign-up sheets at our next club meetings. Participation counts for record book credit!

## Glassware Needed for Dime Toss Booth

We need glassware for our Dime Toss Booth at the San Carlos Hometown Days! Please bring miscellaneous cups, glasses, plates, etc., to the March and April meetings, or drop off at the Gould home at 1316 Cordilleras Avenue in San Carlos. –*The Dime Toss Committee*

## San Mateo County Fair: What Are You Showing?

Maybe you are thinking that the San Mateo County Fair is just for 4-H'ers who are raising animals? Wrong! Do you build with Legos? Do you like to make models? Could you bake a favorite cookie? Check out the Fair premium book and see what strikes your fancy at [www.sanmateocountyfair.com](http://www.sanmateocountyfair.com). The Fair runs Saturday, June 10 - Sunday, June 18. Let's have 100 percent club participation!



### San Mateo County 4-H Camp 2017: Camp Aloha

Are you ready for a week of new friends and new experiences? San Mateo County 4-H Camp returns to YMCA Camp Jones Gulch this summer, Sunday 7/16 – Friday 7/21. This year's theme is Camp Aloha, and we're bringing a slice of island living to the redwoods.

**Who:** 4-Hers ages 9+

**What:** Daily activities like canoeing, swimming, climbing tower, archery, arts and crafts, and hiking; nightly campfires; team competitions; and more

**When:** Sunday, July 16 – Friday, July 21 (6 days, 5 nights)

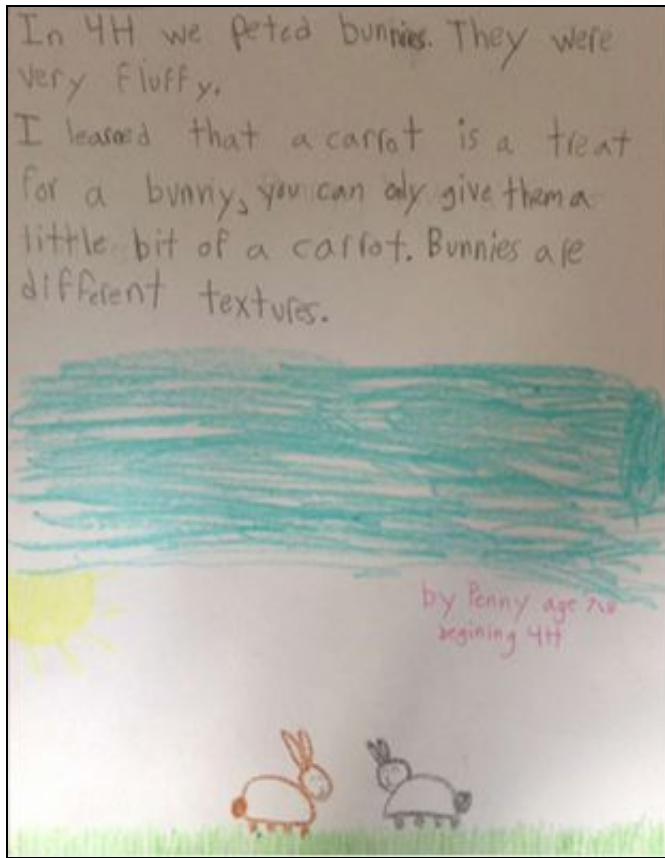
**Where:** Camp Jones Gulch, La Honda, CA

Spaces fill fast. To sign up for our advance registration window, please indicate your interest at <http://bit.ly/2mwignoN>. Advance registration begins on Monday, April 10. Camp fees are \$410 from April 10 – May 19, and \$430 from May 20 – June 21.

Questions? Drop us a line! You can reach co-advisors Allan Bruce and Robin Hogan at [allan.smc4hcamp@gmail.com](mailto:allan.smc4hcamp@gmail.com) and [robin.smc4hcamp@gmail.com](mailto:robin.smc4hcamp@gmail.com).

## Help with SPCA donation drive

4-Her Andrew Gould is doing a donation drive in April for the SPCA animals. The complete donation list for pets and wildlife can be found at: <https://phs-spca.org/donate/wishlist.html>. Please bring donations to the April general meeting or drop items off at the Gould house at 1316 Cordilleras Ave, San Carlos. Thank you for your support!



## Member Reports

### Beginning 4-H

In 4-H we petted bunnies. They were very fluffy. I learned that a carrot is a treat for a bunny, you can only give them a little bit of a carrot. Bunnies are different textures.  
 --Penny Frost



On the bunny meeting, I shared a poster that I made. I printed. I glued pictures on it. I also drew. I also wrote. I shared that too many carrots aren't good for bunnies and that it is rare for bunnies to have blue eyes. Also, when bunnies lay on their backs, the reason is they are happy. Why I wrote this is because I have a bunny. His name is Thumper.  
 --Ella Rupert





## Food Preservation

We had our first meeting at the Knoth house for Food Preservation. We talked about the advantages of canning food and how carefully you need to follow the recipe and good hygiene practices. A recipe is basically like a chemistry experiment, and certain ingredients can not be omitted while others simply change the flavor a bit. If you do not understand what each ingredient does, you cannot substitute anything. We made two types of apple sauce using two types of apples. To make the sauces we peeled one type of apples and cored the apples; cooked

the apples with and without peeling for different textures; and finally, we pureed the apples into a sauce. We cleaned and sterilized the jars before canning. Lastly, we filled the apple sauce into the jars and submerged the jars into boiling water for 20 minutes. When the cans pop, you know that the jars have sealed properly. Thank you to Mrs. Knoth for hosting us. I am looking forward to a new project next time. --Andrew Gould



## Goat Project

Last weekend we went to get our goats at a farm in Gilroy. First we met at the 4-H farm to load the crates in the back of the truck. Then we drove to the farm and met the breeder. The farm was big and had cattle walking around the fields, dogs and a lot of goats. We had ten goats to choose from. I choose my goat by looking at it's loin and leg confirmation. We stopped for lunch and it hailed a lot! Then we drove back to the 4-H farm. We now have three goats, eight lambs and two pigs at the farm. My goat's name is Joe Shmoe. They like their new home!  
--Roen Thuener



## Lamb Project

On Saturday February 25<sup>th</sup>, the Lamb Project had a farm cleanup. The farm sits empty much of the year so there are always projects to be done before animals arrive. We focused on setting up the lamb pens and disinfecting feed and water bowls. After that, we talked about picking up our lambs which we did the next day. We have four pens and eight lambs and they seem happy in their new home! If you want to see them there is an open house in the beginning of May so be on the look out for more details soon. You will be able to see not only the lambs, but the pigs and goats as well.

--Asher Becker





On Sunday the 26<sup>th</sup> of February, we went to Santa Rosa to a lamb farm and picked out our lambs. First, the farmer, Pete Albers, brought out the lambs that we could choose from. We all went off on our own looking at the lambs and feeling them. Next, we put two lambs next to each other to compare them. Each member of the project chose a first and second choice lamb and then we began to decide who got which lamb. I chose #54 which is a ewe (female) and is the best fit for me. I have named her Chops. To get them home, we put 6 of them in the back of Anthony's pickup and two others went in large dog crates in the back of vans. We stopped at a feed store on the way home to get salt licks, pro-biotics, and halters. Afterwards, drove them to our farm and settled them in! --Alex Becker





On February 26, I went to pick up my lamb with the lamb project. You might ask, how does one pick out a lamb for market? Well, when looking for a lamb you are looking for proportionality.



For example, if a lamb has small, short legs you don't want the lamb to have a hefty body. After we selected our lambs, we loaded the lambs into the trucks and took them to the 4-H farm. Once we got them settled in their pens we gave them probiotic paste to calm their stomachs since it was a stressful day. Later that day we came back to feed the lambs. They didn't eat a lot of their feed but they did eat a ton of alfalfa. Alfalfa is like dessert to the lambs. I named my lamb Sunshine. -- Tia Chan

On 26 February, I went to Santa Rosa with my sister to pick out her lamb. We got there early and I got the chance to play with week old lambs. They were very cute and hard to catch. I also got the chance to learn how to pick out your lamb. We got think about what to name the lamb. Tia picked Sunshine. --Zerach Chan



On February 26<sup>th</sup> everyone in the lamb project went and picked out our lambs. When we were picking out the lambs we had to check their body and tail. If their tail is too short we had to find a new lamb. At county fair if your lamb's tail is too short you can't get into fair. The first lamb I picked out was too short so I had to get a different one. When we were bringing our lamb's home we made a stop at a supplies store. There we each got probiotics and some items for the farm. Once we got the lambs to the farm we brought them into their pens and we filled them with shavings. A couple days later the lambs got hoof rot. Hoof rot is this goop that they can get from wet environments. To treat it you have to squirt the medicine on it. To keep it from spreading too much we had to scrape out all of the shavings in the pens. On Sunday march 5<sup>th</sup> we got to let them out of their pens and work with them in the arena at the farm. --Peyton Steitz





On Sunday, February 26, 2016, the lamb project and I went to choose our lambs for the rest of the year. We went to Pete Albers' farm, who was very helpful in assisting us into good choices on the lamb suited best for each of us. We took home a total of eight lambs, all Hampshire-Suffolk crosses. There are five females and three males. For now, all the lambs are in quarantine until we can be sure they are healthy enough to mingle with the other animals on the farm. My lamb is named Storm and I am looking forward to a great time with him and all the lamb project members and lambs! --*Elise Wacha*

*Storm and I at Pete Albers' farm while I was looking him over.*

### **Machine Sewing**

At the last Machine Sewing project, most of us finished our slippers we started a few meetings ago. They had a pattern on the outside and soft fleece on the inside. It had a lot of cutting, but it was worth it! The slippers turned out great. We also started sewing little stuffed owls on our machines. We hope to finish them at the next meeting!

--*Sophia Vattuone*



### **My Experience at Presentation Day**

I waited for my turn to come and then I brought up my poster. I gave my talk, "How to make honey." I liked it because I knew everyone was listening to me. There weren't any prizes [for primary], just a participation ribbon. --*Nick Damon*

## Rabbit Socialization

Another great day at The Peninsula Humane Society socializing rabbits! There were lots of new bunnies! My personal favorite was Asher a small breed and young rabbit. But in the socializing rabbits project it's not only rabbits, it is also other small animals like Guinea pigs, rats, mice and hamsters. For example, there was a very cute hamster named Mary. Mary loves to be petted and held is also smart and funny. Mary will do somersaults to get your attention or crawl up your leg or do something like that. But Mary and Asher, along with a lot of other bunnies and other animals need homes so if you're looking for a pet consider adopting today!

--Sophie Dunlap



## Show Poultry

On Sunday March 12th I had my fourth Show Poultry meeting. We talked about how to show your chicken because many of the children in the Show Poultry project got chickens at the Pacific Poultry Breeder's Association Show last month and are going to show their chickens at the San Mateo County Fair. The JTLs showed us how to check for mites and disease. They also told us how to tell if a chicken is healthy, via the comb, and what types and designs of feathers there could be on chickens. I got to hold a chicken and pet some.

--Logan Spinali



## Poultry Show

On March 11, I went to a youth poultry show in Modesto. I got to cage judged birds, try out the poultry obstacle course with one of my chickens, took a knowledge test and competed in showmanship. I brought my Barred Plymouth Rock bantam, Snoopy, and my Partridge Wyandotte bantam, Charlie. I used Charlie in the showmanship. Both Snoopy and Charlie were also a part of the exhibit and were judged and both got the best in variety award. There was a chicken portrait studio ran by our very own Robin Nielsen, so Charlie got her pictures taken. I think that this was a great practice run before fair. The judge was very nice. She gave all of us some tips to being better at showmanship. I would definitely go again next year. – *Tia Chan*



Last Saturday I went to a youth poultry show in Modesto. We woke up at 5 am to make sure we get there by 7:30 am. There were many activities to do. There was showmanship, chicken obstacle course, poultry judging, and knowledge test. I competed in the junior division for showmanship and tried out all the other activities too. It was a lot of fun and will do it again next year. Oh, who says chickens can't fly? One of the other exhibitor's chicken escaped and was up in the rafters and it took them all morning to get it down. – *Zerach Chan*





This weekend I competed at the StanCo poultry show in Modesto for the first time. I went with Zerach and Tia. There were over 400 chickens in the show including some for sale. We checked in our chickens and it was a lot different then the county fair as they did not do a health check. After checking in we then put our chickens in their cages and got ready for showmanship. There were five different classes; I was in the intermediate class where there were three different heats with 8 kids each. I placed 4<sup>th</sup> in showmanship and won a book about poultry. I also entered a photo of my chicken in the photography contest and won first place in my age group and got a feed scoop full of candy for a prize! There was a chicken obstacle course that I also did with one of my chickens but she was too slow and did not place. Overall the show was a fun experience and I intend to go to more poultry shows in the future. --Quincy Thuener



## County Calendar Events

<a href="#">San Mateo County Field Day</a>	4/16/2017
Animal Field Day	4/30/2017
Life Skills Festival	5/6/2017
San Mateo County Fair	6/10-6/18/2017
4-H Summer Camp	7/16-7/21/2017

For a complete list of events, visit the [4-H County Web site](#) calendar page.

## Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to [www.cesanmateo.ucdavis.edu/](http://www.cesanmateo.ucdavis.edu/)
- Click on "4-H Youth Development Program."
- In the little purple box, click on "4-H Highlights."
- Submit your email address in the box.

**Next newsletter deadline: Monday, April 10, 2017**

Email newsletter articles and photos to [jamievorzimmer@gmail.com](mailto:jamievorzimmer@gmail.com). Thank you!



<b>Club Officers</b> President: Sebrienne Ferguson Vice President: Ryan Heitel Secretary: Quincy Thuener Corresponding Secretary: Elise Wacha Treasurer: Nathalie Farkas Sergeant At Arms: Sofia Demers Jr. Farm Boss: Anna Smith & Emma Loaiza Healthy Living Officer: Alexandra Gische Membership: Maya Donovan Historian: Asher Becker Photographer: Alice Demers  <b>Community Leaders</b> Linda Wacha 650.245.0318 Katherine Schembri 650.365.2331 Maria Smith 650.867.9773	<b>Steering Committee</b> Anne Allen Keith Farkas Jason Gische Kim Gische Rita Gould Donna Howe Kim Machado Cristina Meeks Jeanine Musch Aida Paragas Katherine Schembri Maria Smith Erica Thuener	<b>Registrar</b> Jason Gische <a href="mailto:jgische@yahoo.com">jgische@yahoo.com</a>  <b>Projects Coordinator</b> Beth Enthoven 650.207.3735  <b>Farm Boss</b> Hanno Nehrenheim <a href="mailto:hannon@centriconn.com">hannon@centriconn.com</a>  <b>Farm Manager</b> Jeanine Musch 650.592.9701	<b>Webmaster</b> Robert Lewit <a href="mailto:robert.lewit@gmail.com">robert.lewit@gmail.com</a>  <b>Newsletter Editor</b> Jamie Vorzimmer <a href="mailto:jamievorzimmer@gmail.com">jamievorzimmer@gmail.com</a>
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