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# SAN CARLOS EATON HILLS 4-H

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<http://sancarlos4h.org> | Next Meeting October 18 @ Clifford School

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## Upcoming Club Events

### General Meeting

Tuesday, October 18  
Clifford School MUR

### Annual Registration Deadline

Monday, October 31

### Lions Club Tri-Tip Dinner

Saturday, November 5  
Mahany Hall

### General Meeting

Tuesday, November 15  
Clifford School MUR

### General Meeting

Tuesday, December 13  
Clifford School MUR

### Holiday Caroling

Date TBD  
Carlmont Gardens Nursing Home

## President's Message

Happy October 4-H'ers!

In addition to trick-or-treating, an excuse to eat candy corn, and beautifully-colored leaves, we will have our annual project fair this month! This is a chance for you to talk with project leaders and choose which of our amazing projects you'd like to be a part of. No matter your interests—chickens, programming, baking, or beekeeping—there is surely a project you'll love.

Also, don't forget to come to the meeting in your Halloween costume or wearing black/orange!

--Sebrienne Ferguson

### OCTOBER THEME:

**Wear your costume or black and orange!**



## Registration deadline October 31

Register your 4-Her online BEFORE coming to the October meeting and bring completed medical forms with payment to the October meeting.

**Your child will not be enrolled in projects until their registration is complete.** Membership fees are \$62 per youth member, with no fee charged for adult volunteers.

We encourage all 4-H parents to register as volunteers. Registration is essential for any parent whose child will have an animal at our farm this summer.

All returning members must be fully registered by October 31, 2016, to be considered in good standing for the 2017 San Mateo County Fair.

Not sure if your registration is complete? Please e-mail our club registrar Jason Gische at [jgische@yahoo.com](mailto:jgische@yahoo.com).



## Don't forget your medical form

Did you know that a copy of that medical form you fill out for your child must be given to each of your child's project leaders? The forms are meant to help protect your child while not under your direct supervision and allow medical providers to care for your child if he or she gets hurt while participating in a project. Please print several copies of the [medical form](#), sign them and give them to the leader at the FIRST meeting of every project.

## Countywide Adult Volunteer Training October 22

Join adults and teen leaders from around the county for 4-H volunteer training, Saturday, October 22. There will be training tracks for new and for experienced volunteers. Topics include "Getting Started as a 4-H Volunteer," "Leading Projects and Improving the Project Experience," "Hands-On Learning" (with real hands-on activities at the workshop), and officer training for club officers. There will be Live Scan there for people who need to be finger-printed. There are program tracks for new and for experienced volunteers!

Location: Messiah Lutheran Church

Date: Saturday, October 22, 2016

Time: Doors open at 8:30 a.m. Training begins at 9 a.m. Finish at noon.

Mark your calendars now! Questions? Ask Bruce Knoth ([bknoth@yahoo.com](mailto:bknoth@yahoo.com)).



## 17th Annual San Carlos Lions Club Tri-Tip Round-Up Dinner

Come help serve dinner to the Lions Club, earn record book credit, make friends and have fun!

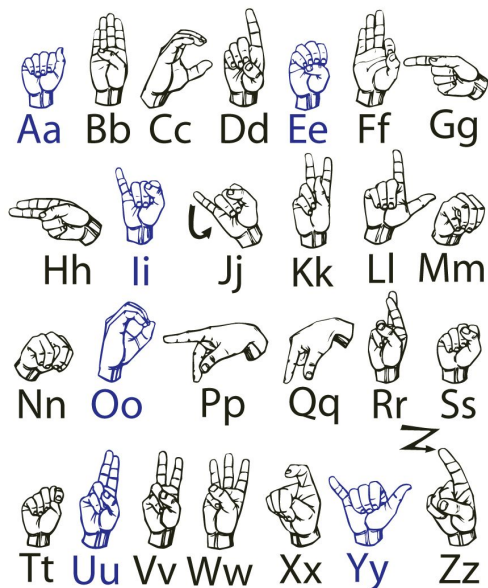
Saturday, November 5 is the annual Tri-Tip Round-Up Dinner fundraising event for the San Carlos Lions. For many years our 4-H club has provided the servers, and the Lions donate money to our club as a thank you.

This event is appropriate for volunteers ages 10 and up. We will need some adult help as well. For questions, contact Katherine Schembri at 650-766-2586 or via email at [kathandnora@aol.com](mailto:kathandnora@aol.com). To sign up to help at the Tri-tip Dinner visit: <http://signupahead.com/signup/k1t20m84>.

## Ready to pick your projects?

Thanks to the parents who have enthusiastically offered to lead our projects for the 2016-2017 4-H year. As you think about selecting projects, please watch your e-mail and check the club web site for the complete project list with details about age restrictions, times, dates of meetings and additional costs.

New members should consider signing up for just one or two projects as you get to know 4-H and what level of involvement is best for your family. At the October General Meeting each member will receive a project list and, after talking to project leaders, will rank projects in order of preference and turn in their completed project registration request form. Members will hear from project leaders after the General Meeting about enrollment in specific projects.



### 2016-2017 Project List:

- Advanced STEM
- American Sign Language
- Archery, Beginning
- Archery, Intermediate
- Automotive
- Beekeeping
- Beginning 4-H
- Community Detectives
- Computer Programming
- Cooking, Beginning
- Cooking, Intermediate
- Crafting with Beads and Wire
- Dogs (County-wide project)
- Duct Tape
- First Aid
- Food Preservation, "Afternoon Snacks in a Jar"
- Goats

- Hands Across the Generations
- Horse
- Knitting
- Lambs
- Leadership Development
- Leathercraft (joint project with Belmont)
- Manga
- Poultry, Market
- Poultry, Show
- Presentations
- Rabbit Husbandry (Show Rabbits)
- Rabbit Socialization
- Science, Engineering and Technology (SET)
- Sewing, Beginning
- Sewing, Machine
- Swine/Pig
- Turkeys
- Urban Escapes
- Woodworking
- Yoga



## San Carlos Eaton Hills 4-H Horse Project Sponsored by SMCHA

This 4-H Horse Project is intended to be a fun and interactive way to teach kids about horses, and themselves, through their interactions with horses. Most activities will take place on the ground as riding is not a primary focus of this program.

Learning objectives include an understanding of horse psychology, basic horse anatomy and horsemanship skills such as safety, haltering, tying, grooming and leading.



As well, focus will be placed on building trust, developing relationship, making connection and establishing partnership. These skills are directly transferrable to interactions with other people and therefore, the overall goal is to develop leadership skills while strengthening social and emotional competence.

### Dates and Times of the Horse Project:

The Grand National Rodeo is October 14-15 and October 21-22, 2016. What a great way to kick off the new year of

the 4-H Horse Project!! If you are interested in attending, please visit their web site at <http://www.cowpalace.com/p/grandnational> to learn more.

The Horse Project will meet the second Saturday of each month, from 9 a.m. - 10:30 a.m., starting on November 12, 2016, and concluding on June 10, 2017. The location will vary. Once you are signed up you will be added to our Shutterfly site and receive up-to-date information.

4-H members must be at least 8 years old to participate and the youth member must join SMCHA prior to our first meeting. The cost of an SMCHA youth membership is \$25. To join visit <http://www.smcha.org/membership/join-smcha/>.

Any questions may be directed to Amy Hublou at [amy@hublou.com](mailto:amy@hublou.com). Thank you!!



## Do you like drones?

Well, that's what Advanced STEM's first meeting is all about!

We're going to learn about how drones work and then get to see some in action!

Our first meeting will be on October 29 at Stanford's Lake Lagunita. Any 4-Her in San Mateo County that's in grades 7-12 and interested in learning about science and technology can join the Advanced STEM project. There will be a total of four meetings and they will each be 2 1/2 hours to 3

hours. Other project meetings may include molecular gastronomy (making yummy things using chemistry), veterinary medicine, and visiting a research laboratory.

Contact Anna Quinlan, Junior Teen Leader, [anna.quinlan123@gmail.com](mailto:anna.quinlan123@gmail.com) or Adult Leaders Aida Paragas, [aidaparagas@hotmail.com](mailto:aidaparagas@hotmail.com) or Julie Quinlan, [hansenjulie@yahoo.com](mailto:hansenjulie@yahoo.com) to ask questions or sign up.

## Member Reports

### What being a JTL means to me....

Being a JTL (Junior Teen Leader) means to me that I am a leader in our club and a help to the younger club members. It also means that I get to help out at the events that 4-H hosts. If you are not a JTL, but meet all the requirements (that you are in at least 7th grade and have been in 4-H at least one year prior) consider being a JTL. It is fun and it's a good way to meet kids your age. It is the only way to become an officer. We meet once a month with adult leaders and not only plan the General Meetings but participate in discussions and activities that will help us become better leaders. --Asher Becker, Club Historian

## 4-H Store

Now available! Member Achievement Ribbons (also fondly called "Memribbons"). This is a great way to keep your pins organized. Please see Pam Leffler at the October general meeting if you are interested in purchasing this item or other items from our traveling "store" (the big grey bin):

Caps: Green UC Davis logo	\$25.00
Girl's Collars	\$15.00
Ties	\$14.00
Club T-shirts	\$14.00
Record Book Cover	\$ 5.00
Memribbon	\$ 8.00

We accept cash or checks payable to:  
SCEH (San Carlos-Eaton Hills) 4-H.

### 4-H Member Achievement Ribbon

Add each project pin to your 4-H Member Achievement Ribbon and wear it at club meetings and recognition ceremonies. Mix in additional pins for offices you hold, awards you win, and years of membership so this display ribbon becomes a visual representation of your 4-H experiences. The Member Achievement Ribbon is a 31" polyester ribbon with faux leather.



## County Calendar Events

<a href="#">Countywide Volunteer Training</a>	10/22/2016
Life Skills Day	TBD
Presentation Day	2/11/2017
<a href="#">San Mateo County Field Day</a>	4/16/2017
4-H Summer Camp	7/16-7/21/2017

For a complete list of events, visit the [4-H County Web site](#) calendar page.

## Do you want to learn about 4-H at the county level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to [www.cesanmateo.ucdavis.edu/](http://www.cesanmateo.ucdavis.edu/)
- Click on “4-H Youth Development Program.”
- In the little purple box, click on “4-H Highlights.”
- Submit your email address in the box.

**Next newsletter deadline: Monday, November 7, 2016**

Email newsletter articles and photos to [jamievorzimmer@gmail.com](mailto:jamievorzimmer@gmail.com). Thank you!



<p><b>Club Officers</b> President: Sebrienne Ferguson Vice President: Ryan Heitel Secretary: Quincy Thuener Corresponding Secretary: Elise Wacha Treasurer: Nathalie Farkas Sergeant At Arms: Sofia Demers Jr. Farm Boss: Anna Smith &amp; Emma Loaiza Healthy Living Officer: Alexandra Gische Membership: Maya Donovan Historian: Asher Becker Photographer: Alice Demers</p> <p><b>Community Leaders</b> Linda Wacha 650.245.0318 Katherine Schembri 650.365.2331 Maria Smith 650.867.9773</p>	<p><b>Steering Committee</b> Anne Allen Keith Farkas Jason Gische Kim Gische Rita Gould Donna Howe Kim Machado Cristina Meeks Jeanine Musch Aida Paragas Katherine Schembri Maria Smith Erica Thuener</p>	<p><b>Registrar</b> Jason Gische <a href="mailto:jgische@yahoo.com">jgische@yahoo.com</a></p> <p><b>Projects Coordinator</b> Beth Enthoven 650.207.3735</p> <p><b>Farm Boss</b> Hanno Nehrenheim <a href="mailto:hannon@centriconn.com">hannon@centriconn.com</a></p> <p><b>Farm Manager</b> Jeanine Musch 650.592.9701</p>	<p><b>Webmaster</b> Robert Lewit <a href="mailto:robert.lewit@gmail.com">robert.lewit@gmail.com</a></p> <p><b>Newsletter Editor</b> Jamie Vorzimmer <a href="mailto:jamievorzimmer@gmail.com">jamievorzimmer@gmail.com</a></p>
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