

San Carlos Eaton Hills

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Issue Nine

<http://www.sancarlos4h.org>

May 2016

Next General Meeting:
DOUBLE MEETING
May 17 at 7 p.m., Clifford School, Redwood City

Club Officers

Co-Presidents: Laurel Nelson and
Cormac Keegan
Vice President: Sebrienne Ferguson
Secretary: Daphne Schwartz
Corresponding Secretary: Anya Knoth
Treasurer: Nathalie Farkas
Sergeant at Arms: Ryan Heitel
Jr. Farm Boss: Anthony Musch
Healthy Living Officer: Will Demers

Community Leaders

Maria Smith - 867-9773
Linda Wacha - 245-0318
Maeve Knoth - 654-4975

Steering Committee

Tricia Basil
Lisa Demers
Beth Enthoven
Alison Fox
Kimberly and Jason Gische
Sue Gower
Donna Howe
Bruce Knoth
Jeanine Musch
Amy Ollmann
Dana Rechin
Katherine Schembri
Erica Thuener

Registrar

Jason Gische
jgische@yahoo.com

Projects Coordinator

Beth Enthoven - 207-3735

Farm Boss

Hanno Nehrenheim
hannon@centriconn.com

Webmaster

Robert Lewit
robert.lewit@gmail.com

Newsletter Editor

Jamie Vorzimmer
jamievorzimmer@gmail.com

President's Message

Hello 4-Hers,

As the 4-H year comes to an end so does our term as president. In our last meeting of the year we will celebrate the seniors who are graduating and also all the parents that have put in so much hard work to make this club so great.

The May meeting counts as two meetings so it is important that you show up to this meeting. We also have elections during the May meeting so look further down in the newsletter to see who is running (Your Voice Matters).

See you Tuesday!

--Cormac and Laurel



**THIS
MONTH'S
THEME:
Elections and
Celebration of
the 4-H Year!**

Upcoming Club Events

Saturday, May 14	Float Building Meeting	1027 Porto Marino
Tuesday, May 17	General Meeting (DOUBLE!)	Clifford School MUR
Saturday, May 21	Hometown Days Parade	Burton Park
May 21 - May 22	Info Booth & Dime Toss	Burton Park
June 11 - June 19	San Mateo County Fair	SMC Fairgrounds
Sunday, June 19	4-H Cake Booth	San Mateo County Fair
Tuesday, Sept. 20	General Meeting	Clifford School MUR

Candidate Statements

Elections for club officers will be held at the May general meeting. Only club members vote for officers. (Parents cannot vote.) Membership in the Junior/Teen Leadership project for at least one year is a prerequisite for becoming a candidate. In addition, only candidates who submit a candidate statement to the club newsletter are eligible for election. Please become an informed voter; read the candidates' statements below before the meeting:



My name is **Sebrienne Ferguson**, and I am running to serve as your next **President**. I've been in 4-H for over seven years, and it has been a tremendous part of my life. 4-H has taught me leadership and communication skills that I could not have learned elsewhere, and it has given me a greater appreciation for serving the community, mentoring younger members, and learn new hobbies and skills. I have served as your Vice President, and in past years as your Membership officer, Corresponding Secretary, and Secretary. I've participated in many many 4-H projects as well as served as a JTL in some of those projects. I will put all of the wonderful skills that I have learned in 4-H to work in my job as the president. It's been my dream to be the president of this wonderful club, and I would so appreciate your vote to elect me as your next president!

Hi! I am **Ryan Heitel** and I am running for **Vice President** of our club. I am running because I am very qualified for this position, having served as club sergeant of arms, and having been a member for nine years, and a JTL for three of those years. The main reason I am running is that I want to start a revolution to create a 4-H where no bank is too big to fail and our club officer system is not corrupted by big donors. But seriously, if I am Vice President, I will make the meetings more interesting and entertaining by increasing the quantity of me. Thank you for voting for me and have a nice day.

Hello, my name is **Nathalie Farkas** and I am running again for the position of **Treasurer**. I am a sophomore at Summit High School and this is my third year in 4-H. I am the treasurer last year and I wish to continue as treasurer this year as well. I learned how to pay bills and reconcile the accounts. I believe that there is still more to learn. I have been in the JTL project all three years and I have attended most of the monthly meetings. I also have participated in the backpacking

project, Manga project, SET, STEM, and the Presentation Project. I also helped out for the new member breakfast this year. I believe that I would be good as treasurer because I am good in math and know how to handle the money and checks. Also, I have some experience with this position - I helped Cormac Keegan two years ago with the audit and helped him one month last year with the finance tasks and I currently am the treasurer. By becoming the treasurer I will learn more about handling money in the real world. This position will also help me improve important, everyday skills such as leadership and organization. I will work hard as the treasurer and help give to the San Carlos 4-H community.

Hi, my name is **Elise Wacha** and I am running for the office of **Corresponding Secretary** for the next program year, 2016-2017. I am in seventh grade and this is my eighth year in the San Carlos Eaton Hills 4-H Club. I love 4-H and have taken part in many projects including archery, two different community service projects, chickens, and lambs. This year, I was a JTL for both the beginning and advanced archery projects. 4-H is a huge part of my life, so much so that in 2014, I was one of the two co-winners of the Kenny Stratz Memorial Award. I am running for the position of corresponding secretary because I feel that I am a strong writer and am good at taking notes. I have loved writing for as long as I can remember and my parents have had me handwriting thank you notes since I first learned to hold a pencil. In conclusion, my name is Elise Wacha and I want to be your corresponding secretary for 2016-2017. Thank you!

Hi, my name is **Quincy Thuener**. I am running for the position of **Club Secretary**. You should vote for me to be club secretary because I am very responsible. I am 12 years old and have been in 4-H for 6 years. In those 6 years I have raised show chickens for 4 years, market chickens for 3 years and this year for the first time I am raising a goat. This year I am also a junior teen leader for the market chicken and show chicken projects. As you can see I have a lot of 4-H experience, so please vote Quincy for your club secretary.

Hi, I'm **Maya Donovan** and I am running for **Membership Office**. I am a freshman at Sequoia High School and I have been in 4-H for 6 years and a JTL for the last three. Throughout my time in 4-H, I've been in backpacking, hand sewing, archery and cooking projects. I have a leadership position in several different clubs and I have proven myself to be responsible, timely and invested in the mission of the group. I would be a good person to have in the position of Membership Office because I enjoy helping new members feel comfortable and welcome in this club. I'm sure everyone remembers how scary and overwhelming it was to show up to your first general meeting. I would help kids feel more at home and make new connections and friends here. Please vote for Maya Donovan for Membership.

Hello! We are **Anna Smith** and **Emma Loazia**. We're running for **Junior Farm Boss**. We are running together because we are both new to this and we can help each other, learn, and do. We work together well which makes us perfect for the job. Anna has been in 4-H for 5 years and has help raise pigs and is currently raising a goat on the farm. Emma has been in 4-H for 6 years, and has raised a pig, a lamb and a goat on the farm. We both enjoy working on the farm, and want to make it a great place for the members and the animals. We look forward to our first year sharing the junior farm boss together , so please vote Anna and Emma for junior farm boss!

My name is **Asher Becker** and I would like the office of **4-H Historian**. I think that I would be a good candidate for this office because I love history and knowing the story behind things. I think that knowing the story and history of our club will help us appreciate it even more. And, I think that if we are more knowledgeable it will help us be better representatives of 4-H to the public. I

hope to educate the club about the history of 4-H, of our club and of our farm. Am sure that there is a lot that we have to be proud of and I hope that others will find this information helpful and inspiring.

I'm **Alexandra** and I'm running for the **4-H Healthy Living Officer**. I know that being healthy is an important part of life. I try to eat healthy and exercise, and I believe that everyone should. I know that there are people who are not healthy and I want to fix that. All schools should have some kind of physical education and healthy lunch choices. This can greatly affect children's lives, especially if people don't have access to healthy food or sports. I want to make a difference for people, even if it is as small as helping the people in our club be healthier.

My name is **Sofia Demers** and I am running for the position of **Sergeant at Arms**. I have been in 4-H for seven years, and I have been an active member of both the Manga Art project (I have been the JTL for the project twice) and the Backpacking project. I feel that I am qualified for this position because I enjoy working with other 4-H members and I am willing to do extra jobs and work hard for the sake of the 4-H community. I have already served in the position of Healthy Living Officer - the San Carlos Eaton Hill's first, so I have experience as a 4-H officer. I want to improve my leadership skills by taking on another position in office. I look forward to the 2016-2017 year and hope to see everyone from behind the table again!

Make Our 4-H Float a Winner in the Hometown Days Parade

Wear your 4-H shirts and REPRESENT! We need props and people to ride the float.



Did you do the Cooking project? Wear your 4-H t-shirt and a chef's hat.

Archery? Bring your bow AND A TARGET!

Beekeeping? Step into your beekeeper's suit, of course.

Wildflowers? Hiking boots, binoculars and FLOWERS.

SET? Goggles and a dry ice concoction!

You get the idea. Dogs, chickens, backpackers, woodworkers, all are welcome!

The Hometown Days Parade is Saturday, May 21. Building of our float has already begun, but we need help with project props and posters! Join us Saturday, May 14 at 3 p.m. at 1027 Porto Marino Drive - Enthoven home. RSVP to Dan Enthoven at enthoven@alumni.stanford.edu (for ice cream headcount :)

Let's show San Carlos what 4-H is really all about!

Check Your Closet!

Do you have your uniform for fair or that extra white T-shirt for the parade? Now is the time for that final purchase. Please bring a check payable to SCEH 4-H or exact cash to the next meeting. If anyone needs to go through the extra whites from the past years for fair, I will bring that as well. --Jeanine Musch

San Carlos Eaton Hills – 4- H Wear:



Caps (New 2016):	\$ 25.00
Girls Collars:	\$ 15.00
Ties:	\$ 14.00
T- Shirts:	\$ 14.00
Record Book Cover:	\$ 5.00



Cake Booth at the Fair

For those families who are looking to be involved with the fair but don't have an animal to show, the cake booth is great opportunity for you.

Every year our club is responsible for staffing and providing cakes for the cake booth for one day at the fair—this year it's Sunday, June 19. It is a really fun way to be part of the action of the fair for a day.

You can make this a fun family activity by following these cake-baking guidelines:

- Cakes must be 8" or 9" round, two-layer cakes. No square or rectangular cakes.
- Box mixes are preferred. (You will need two boxes to bake two cakes.) Baking is easy and the results are uniform.
- Any flavor is fine, but we recommend you make one chocolate because it is the most popular flavor.
- Cakes must be frosted. Again, store-bought frosting is great.
- Avoid the whipped frosting, please, because it doesn't hold up.
- Frost when the cake is completely cooled.
- Cakes must be presentable, but need not be fancy.
- Do not slice your cake.
- Too busy to bake? Or the cake fell over? Please buy two-layer 8" or 9" store-bought cakes are perfectly fine.



Please sign-up at the May general meeting or contact our cake booth coordinators Jason or Kim Gische at gische@cs.stanford.edu. They can answer your questions, get you signed up to work the cake booth, or tell you how/where/when to get your cakes donated.

San Mateo County 4-H Summer Camp

San Mateo County 4-H Summer Camp offers a week of fun and excitement including swimming, boating, archery, arts & crafts, hiking, rock tower climbing, horseback riding, and both organized and unorganized games. We have fun nightly recreation, which includes all campers in the activities, is a big hit, and facilitates positive youth interactions. The friends and memories made at camp last a lifetime. 4-H offers hands-on, experiential learning activities to promote citizenship, leadership, and life skills. Throughout summer camp, each camper has the opportunity to become a leader by getting involved and potentially becoming camp staff! For those who do not want to become camp staff and move up in camp leadership, don't worry – there is a lot of fun to be had for all! For more information and registration, visit http://ucanr.edu/sites/smsf4h/About/4-H_Camp/.

Camp Dates: July 10-15, 2016

Early Registration, April 18 - May 18, 2016: \$410

Regular Registration, May 19 - June 17, 2016: \$430



“Pen Pride” Booth at Fair!

What is Pen Pride, you ask? Pen Pride is a pair of fabulous pigs raised by 4-H members, and fair-goers have the chance to win prizes by guessing each pig's weight.

This is where you come in. You get a chance to guess the weight of the pigs (each member gets three tickets) and you can work at the Fair to encourage visitors to buy tickets to support our club. Every club family is asked to sign up for a shift.

Bring your calendar to the May general meeting and sign up or contact Jeanine Musch at jeanine.musch@gmail.com or (650) 388-0800.

Record Books Due in May

Record books will be collected at the May general meeting. This is an important deadline for members who are bringing animals to the County Fair. The Fair requires that you be in "good standing" to take your animals through the gate and we must have your record book for that to be true! All members are encouraged to turn in a record book whether or not you are participating in the Fair.

Still need help with your record book? Please contact Maeve or Bruce at (650) 654-4975 to schedule an appointment.

Member Reports

Advanced STEM

In our most recent STEM project we got to build an LED light. In this project we learned about batteries and circuits. We learned about a parallel circuit and a series circuit. We learned the difference between the two circuits and used a parallel circuit when making our LED lights. In order to create these lights we connected some wires together and attached them to a battery in order to create electricity. After connecting the wires together we put tinfoil over the end of the wires so when we touched the tinfoil it would light up the LED light. --Cormac Keegan



Backpacking

Two weekends ago, the 4-H backpacking project went on our trip. This year, we went to Butano State Park near Pescadero. On the first day, we met at Laura's house to pack up the final pieces before heading over to the park. The hike in was about five miles and we stopped at one point to filter water for dinner and breakfast. It was really heavy to carry, but at least we only had to for three quarters of a mile.

When we got to our campsites, we took off our packs, ate lunch and set up our tents. The lightness after you take your backpack off has got to be one of the best feelings. Unfortunately, we quickly discovered that our campsite had a healthy population of mosquitos living there already, which I think we all could have done without. We ate dinner at six and headed up to the abandoned airstrip to watch the sunset and stargaze. Food always seems to taste better after a long day of backpacking. The view from the landing strip was amazing as well, but we were all very tired and walked back to camp a little after it got dark.

The next morning, we woke up and ate some oatmeal with dried fruit that we had dehydrated in our first project meeting. We packed up our tents and bags and headed out along the Canyon Trail, passing a landslide along the way. We got back to cars at twelve, tired, sore and in need of a shower, but happy. In all, we hiked about eleven miles, saw countless banana slugs and plenty of wildflowers. These backpacking trips have always been so much fun and it's so sad that this was the last one with Laura and John. --*Maya Donovan*



Beginning Archery Project

We have had a GREAT year and we are very thankful for Mr. Wacha and our JTL, Elise Wacha for leading us. This past meeting we had a mini archery competition at our indoor facility. We shot from the 10 yards, 15 yards and 20 yards mark and recorded our scores. It was a fun meeting and good practice for those that want to do the archery competition next year. I would highly recommend this project – we have learned so much! --*Asher Becker*

Float Project



The float project has had two meetings. In the first meeting we looked at different 4-H floats that other groups have made in the past. Then we brainstormed what the float might look like. Then we drew our ideas and shared what they were and how things should be set up.

In the second meeting we all went outside and made a life size drawing of the float in sidewalk chalk. Then on the drawing we put down our ideas. Then we could start to see what this float might look like. --*Adele Enthoven*

Horse Project

On Saturday, May 7 I participated in the Woodside May Day parade with the San Mateo County Horsemen's Association (SMCHA) for our May horse project. I got to see horses, donkeys and miniature horses dressed up. I also got to hold the banner to represent SMCHA. We were all wearing pink to spread the awareness of breast cancer. Walking in the parade was really fun. --Tia Chan



At the parade, in the Horse Project, we went to Woodside. It was a big parade with old cars, horses and miniature horses. We held a big banner and walked through the parade. And there were cool things like miniature horses that were dressed up like unicorns. It was tons of fun! --Susse Vorzimmer



Market Poultry

This year I am raising 5 chickens and hope to bring 2 pens to the County Fair. This is my second year in the project. Last year my chickens got Reserve Class Champion. It costs money to raise chickens. You have to buy feed, chippings, grit, lights, a brooder, electrolytes and water nipples. This year, I entered a competition at San Mateo Feed Supply where I had to draw a picture of my brooder and explain my 4-H project. I won the competition so they are sponsoring me by giving me the supplies I need this year for my chicken. It is nice to see local businesses supporting 4-H! --Alex Becker

In the last week of April, we got our chickens. I got three chicks. They have grown so much since we got them. One day we thought that one of our chickens had a broken leg

so we sent a picture to our project leader. One of my chickens has splay leg. Splay leg could also be called spraddle leg. Splay leg is when their legs are stretched out on either side of their body instead of underneath like normal. It could be caused by an overcrowded brooder, incorrect temperatures during incubation, problems during hatching or lack of proper nutrients. So we treated it by putting adhesive tape and wrapped the tape around the legs of the chicken. Then we put her in a different brooder so it could heal without the chicken being bothered.

--Peyton Steitz

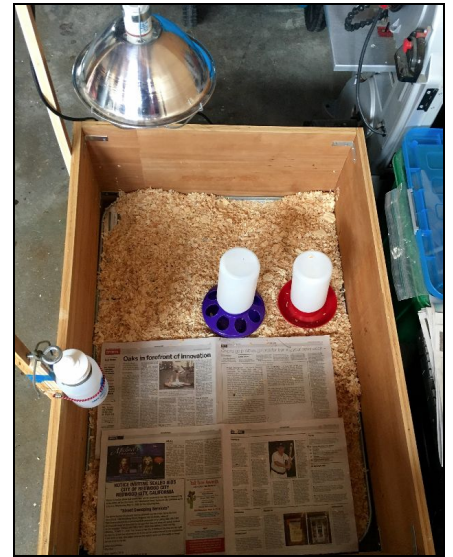


Our chicks have arrived! They arrived by mail and we went to pick them up for our project leaders house. I chose the 5 that I will raise this year. They are small when we got them but they get big very fast. They have their pin feathers already. I hope to take 2 pens of chickens to fair this year. As the Junior Team Leader for this project I have been able to call newer members of this project and ask them if they have any questions or need help. I was also able to post lots of information about brooders on our project Shutterfly site so that newer members could get an idea of what they would need before the chickens arrived. --Asher Becker

I raised 3 market chickens last year, and this time I was ready to take it to the next level. Right now I have 5 chickens that go by the names of Sleepy, Pooper, Chirper, Peck, and Marshmallow. My dad and I built a coop (brooder) for them out of cherry wood. We put in a heat lamp with a red bulb (so that if the chickens started bleeding at all the



other ones wouldn't attack it), a standing water dish, a standing feeder, and a hanging water nipple. To start, I lined the coop with newspaper, then a layer of shavings on top of that, then on one half, newspaper on top of THAT. So far, my chickens are very happy, and I can't wait for fair!
-- Samantha Campbell



Rabbit Socialization

On Saturday May 7th we worked at the Lantos Center in the small mammals' room. Many rabbits were recently adopted at the Adoption Bunanza event the prior week, which I also attended. Our head count was low so the SPCA accepted transfers. There were many transfer rabbits from other shelters like two California rabbit kittens, and a black Polish rabbit, as well as some familiar rabbits like Happy, a large REW. Unfortunately, a guinea pig named Gus Gus was having neurological problems, and was later euthanized. Sometimes there are also sad situations to deal with at the SPCA, but most are positive. The photo is of me and Buzz, an American Fuzzy Lop, that arrived underweight and matted, but is now gaining weight and regrowing his coat. --Andrew Gould

Record Book Drop-In

I went to the Record Book Drop-In session at the Knoth's home at the beginning of May. This drop in was very educational and really helped me to prepare my record book. Last year I did my book using the on-line method but this year I will do a written one. Mrs. Knoth explained to me in a simple way how to get it organized and provided us with some "cheat sheets" so that we don't forget to record the things we have done. If you would like to see the cheat sheet, you can go to: <http://www.sancarlos4h.org/images/RecordBookHelper.pdf> I think my record book will be better this year because I went to this meeting. --Asher Becker



SET

At our SET meeting in April, we made rockets out of black cork, colored paper and a white plastic pipe. Then we launched it at Central Middle School. We used an empty plastic bottle to force air into the rockets to launch them.

--Zerach Chan

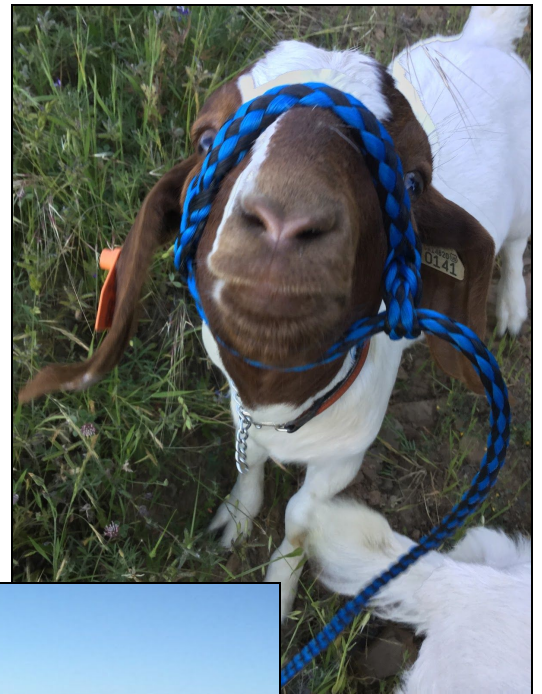
At the SET meeting we made rockets. We had some empty soda bottles and some pipes. One pipe connected the paper rockets and the pipes, and the pipes were connected to the soda bottles, and then you stomped on the empty soda bottle and the rocket flew away. --Varick Vorzimmer



Brian Goes on a Walk!

On April 26, Brian, my goat, and I went on a walk. Almost every day I take Brian down one hill, then up the next, but today we went up into Eaton Hills Park and went to the top of the hill. On the way up it seemed like he was sprinting, because we were at the top in no time at all, and I could tell that he has a blast. At the top of hill the view was spectacular, after a long hot day it is refreshing to go on a walk with a nice breeze. As we went down the hill, it was so beautiful, trees all around, you could even see the Tower at Stanford! Over the past few months Brian has had two cysts, and now he is cyst free! This was the first time in a while that he was at the corner of happy and healthy.

--Anna Smith



Wildflower Hiking Project

On Sunday April 24th, the Wildflower Hiking Project met at Clarkia Trail in Edgewood Park. On this hike, the main plant we saw was Lupine, four kinds of it! -- Silver Lupine, Purple Lupine, Bicolor Lupine, and White Lupine. We also saw Tidy Tips, and a few Mariposa Lilies. We also saw a handful of lizards, including what we think was a skink. --*Logan Spinalli*

Pictures by Katherine Schembri



Purple Lupine



Tidy Tips



Lizard

County Calendar Events

[San Mateo County Fair](#)

6/11 - 6/19/2016

[4-H Camp](#)

7/10 - 7/15/2016

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Want to Find Out About 4-H at the County Level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on "4-H Youth Development Program."
- In the little purple box, click on "4-H Highlights."
- Submit your email address in the box.

Next newsletter deadline: Tuesday, September 6, 2016

Email newsletter articles and photos to jamievorzimmer@gmail.com. Thank you!

