

San Carlos Eaton Hills

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Issue Eight

<http://www.sancarlos4h.org>

April 2016

Next General Meeting:
April 19 at 7 p.m., Clifford School, Redwood City

Club Officers

Co-Presidents: Laurel Nelson and
Cormac Keegan
Vice President: Sebrienne Ferguson
Secretary: Daphne Schwartz
Corresponding Secretary: Anya Knoth
Treasurer: Nathalie Farkas
Sergeant at Arms: Ryan Heitel
Jr. Farm Boss: Anthony Musch
Healthy Living Officer: Will Demers

Community Leaders

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Linda Wacha - 245-0318
Maeve Knoth - 654-4975

Steering Committee

Tricia Basil
Lisa Demers
Beth Enthoven
Alison Fox
Kimberly and Jason Gische
Sue Gower
Donna Howe
Bruce Knoth
Jeanine Musch
Amy Ollmann
Dana Rechin
Katherine Schembri
Erica Thuener

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President's Message

Hey 4-Hers!

Despite the 4-H year winding down and fair fast approaching, we still have more exciting events planned!

This month after a short and sweet meeting we will be playing capture the flag. Dress to run and get excited for a fun game with your fellow 4-Hers. Don't forget to bring your glassware for the Dime Toss Booth at Hometown Days.

Also, just a reminder that as fair approaches, so does the deadline for entries. Pick a favorite school project or turn in something you enjoy. I would love to see the amazing entries our club can produce!

Happy April!

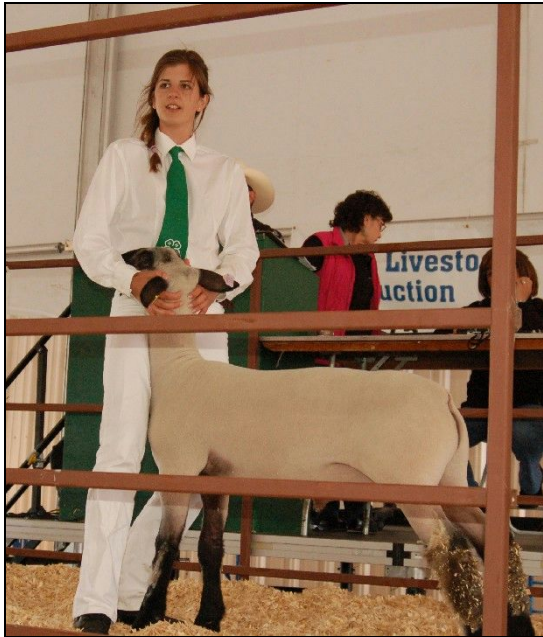
--Laurel and Cormac

**THIS MONTH'S
THEME:
Bring glassware for the
Dime Toss Booth!**



Upcoming Club Events

Tuesday, April 19	General Meeting	Clifford School MUR
Tuesday, April 26	Farm to Fair Meeting	Clifford School Library
Sunday, May 1	Open House at the Farm	San Carlos 4-H Farm
Tuesday, May 17	General Meeting (Double!)	Clifford School MUR
Fri. - Sun., May 20-22	Hometown Days	Burton Park



Farm to Fair Meeting April 26

Are you bringing an animal to the County Fair? If so, please come to the MANDATORY Farm to Fair meeting on Tuesday, April 26 at 7 p.m. at the Clifford Library. This meeting will help our club get organized for the busy days at the fair. If you have any questions, please call Maria Smith at (650) 867-9773.

Record Books Due in May

Record books will be collected at the May general meeting. This is an important deadline for members who are bringing animals to the County Fair. The Fair requires that you be in "good standing" to take your animals through the gate and we must have your record book for that to be true! All members are

encouraged to turn in a record book whether or not you are participating in the Fair.

Need help with your record book? Maeve and Bruce Knoth will be offering drop-in assistance in their home on May 7, from 1 - 5 p.m. If you cannot make it on that day, we encourage you to make an appointment to work on your book with their help. Please contact Maeve or Bruce at (650) 654-4975 to schedule.

Save the Date! Double Meeting in May!

For our general meeting on May 17, we will hold two club meetings back to back. This way we will complete 10 club meetings before the County Fair. If you need 80 percent attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting.

Life Skills Festival and Field Day

The [Life Skills Festival and Field Day](#) is April 16. This event combines Favorite Foods Day, Fashion Revue and the Arts and Crafts Expo. Attendees not participating in the competitions are invited to observe the sessions and participate in games, demonstrations and workshops from 11:00 a.m. - 2:30 p.m.

When: April 16, 2016 9:00 a.m. - 2:30 p.m.
Where: Messiah Lutheran Church, 1835 Valota Road, Redwood City
How: Register [online](#)

Cookie Contest Winners

Thank you to everyone who participated in the 4-H Cookie Judging Contest! We had many delicious entries. The winners of the best cookies are Asher Becker with Chocolate Mint Thumbprints, Samantha Cook with Chocolate Turtles, and Pablo Pinilla with Oatmeal Raisin Cookies.

The Junior Judging winners are Kelsie Garay, Adrian Spinalli and Ryan Williams.

Congratulations to all of our winners! Be sure to come to the April meeting to claim your prizes!



Glassware and Volunteers Needed for Dime Toss Booth

Please gather your CLEAN glasses, plates, cups, vases - essentially anything that will collect a dime - and bring them to the April meeting. Each member should bring five items. (Donations can also be dropped off on the front porch of the Gould home at 1316 Cordilleras Avenue in San Carlos at any time.)

In addition to glassware, we need volunteers to work at our booth. We will be circulating the Dime Toss Sign-Up Sheet at the April meeting. Please sign up for one (or more) two-hour shifts on either day. It's a lot of fun! --*The Dime Toss Committee*

Hometown Days is Coming in May!



Hometown Days is May 20-22. Let's show our 4-H spirit!

Dan Enthoven will coordinate design and construction of our parade float, with the help of the Float Project. The float will be complete BEFORE arriving at the parade site this year so all you need to do is show up in your 4-H gear! To walk in the 4-H float, please be at Central Middle School at 9:30 a.m., on Saturday, May 21. The parade begins at 10 a.m.

If you would like to participate in float design and construction, come to the first float project meeting Saturday, April 23 at 3:30, at the Enthovens' home, 1027 Porto Marino Drive, San Carlos.

On Saturday and Sunday, our club will have an Information Booth and a Dime Toss booth. Kathleen Houston is coordinating the Information Booth, and Rita Gould is organizing the Dime Toss along with Kim Machado.

Plan on having a busy and fun 4-H weekend. **Bring your calendar to the April meeting so you can sign up for your favorite time slots!**

San Mateo County Fair: What Are You Showing?

Maybe you are thinking that the County Fair is just for 4-H'ers who are raising animals? Wrong! Do you build with Legos? Do you like to make models? Could you bake a favorite cookie? How about setting a beautiful table? Check out the Fair premium book and see what strikes your fancy at www.sanmateocountyfair.com. Let's have 100 percent club participation!

Cake Booth at the Fair

Each year our club is responsible for staffing the County Fair cake booth for one day and for supplying delicious cakes to be sold that day. This year our day is Sunday, June 19.

This is a great opportunity for 4-Hers who are not showing an animal, or even those who are, to get involved with the fair and it's always a fun time.



Look for a sign-up sheet for baking cakes and working the booth at the year-end meeting on May 17. The cake booth coordinators are Jason and Kim Gische.

We are also looking for Fair ticket donations to the club that we can hand out to our cake booth and pen pride volunteers. If you are entering multiple items in the fair and end up with extra tickets please let Marie Smith or Linda Wacha know.

Support 4-H Through SVGives!

Our County Council's May 3rd online fundraising event is coming up! We now have \$4,000 in funds that we are looking forward to matching that day.

The money we raise will strengthen 4-H countywide by building upon our reputation as a premier life skills, community service and Science, Engineering and Technology program for youth. A critical part of our effort is expanding the County Council's budget. With a stronger budget we can further support our club and county programs, bring more youth into 4-H and reach populations we are not reaching now, thus bolstering 4-H's future.



You should have already received a fundraising letter, which is part of the campaign. Also, we have an ongoing social media push, which includes video clips from current and former club members. Search for "San Mateo County 4-H on Facebook" to keep up with the clips as we release them. We welcome photos that can help with our publicity. Email them to Emmalee Holmes - eholmes@ucanr.edu).

Thank you for your support.

--Bruce Knoth, President, San Mateo/San Francisco 4-H County Council

Member Reports

Beginning 4-H

I learned about rabbits. I learned that they use their claws to burrow. The craft is making rabbits out of cloth. *--Nick Damon*



Arlo Goes to the Vet

In March, I took my market goat, Arlo, to UC Davis because he was limping. When I had purchased him, the breeder said he had pulled a muscle when she was giving him a vaccination. Arlo was still limping after 2 weeks so I thought there might be something more wrong with his leg than a pulled muscle.

Our drive to UC Davis was long but when we got there, a Vet student met us and took us to the Large Animal Clinic examination room. She examined Arlo's leg and then called in the resident Veterinarian to also examine his leg. Both of them were very careful, as they didn't want to hurt him more. As they were looking over Arlo's leg, they asked lots of questions about what we had done to help his leg up until that point, if he had gotten any better, and also general questions about 4-H and our farm. I explained that I had been icing his leg for two weeks and that I noticed he had been putting more weight on his leg.



They recommended x-rays to see if the leg was broken. The Vet students moved us into a separate building and explained how they would be taking the x-rays. From behind a wall that protected us from the radiation, we saw one student holding Arlo so he wouldn't move in the process, another student holding a screen that would capture the image, and a final student holding something that looked like a really big flashlight. After many attempts, they finally got a good image of his leg. They brought us into a another area where the Vet student showed us



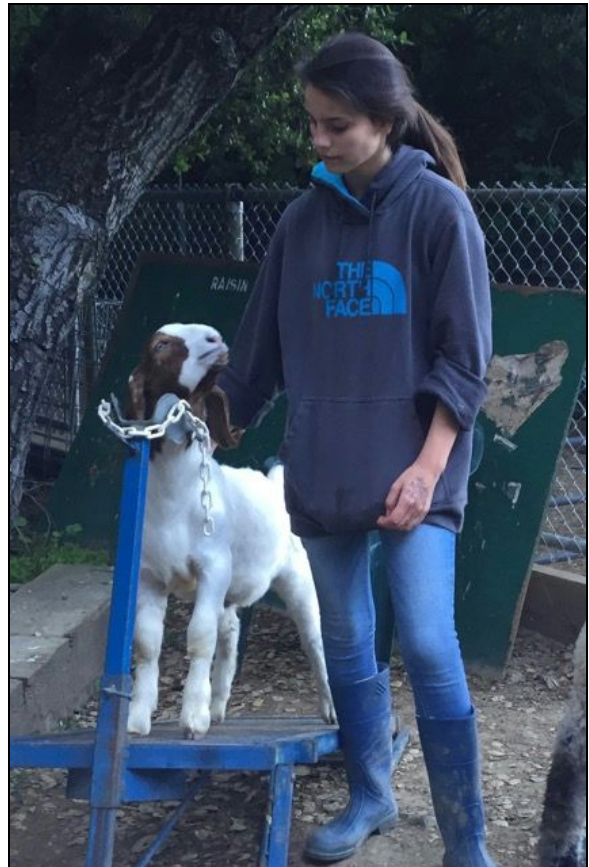
where Arlo's injury was. On a large tv screen hanging on the wall, he pointed out that Arlo had a small bone chip and most likely also a torn ligament. One of the vet students used a horse skeleton next to the tv to indicate exactly where his bone had chipped, and possibly how it had happened. We were taken back to the exam room again, and the vet students gathered lots of supplies to wrap his leg with. One student held Arlo so he wouldn't fall over or try to run away while they were bandaging his leg. Another student wrapped a thick padding around his injured leg so he

couldn't move it while it was healing. Next, they went over the bandage with a bright blue bandaging tape. Finally, they duct taped the bottom of his cast, where his hoof is, to make sure no water got into it while he was walking around. When they were finished, they let him go to see if he could stand on his own. He immediately fell into me because he wasn't used to walking around with the cast, and then he laid down until we were ready to go. Just before we left, the vet gave us some medication to give to Arlo for the pain.



Six days later, we took the cast off and saw that his muscles had shrunk significantly since he wasn't walking or putting any weight on his leg. Arlo still limps a little bit and the Vet says that a ligament tear takes a long time to heal, but he is doing great, gaining strength and he is very happy to play with his pen mates Brian and Phil. I learned a lot from my experience taking my goat to UC Davis and I really enjoyed meeting the Veterinarians and students. They were so kind and caring and took great care of my goat, and I cannot thank them enough.

--Emma Loaiza





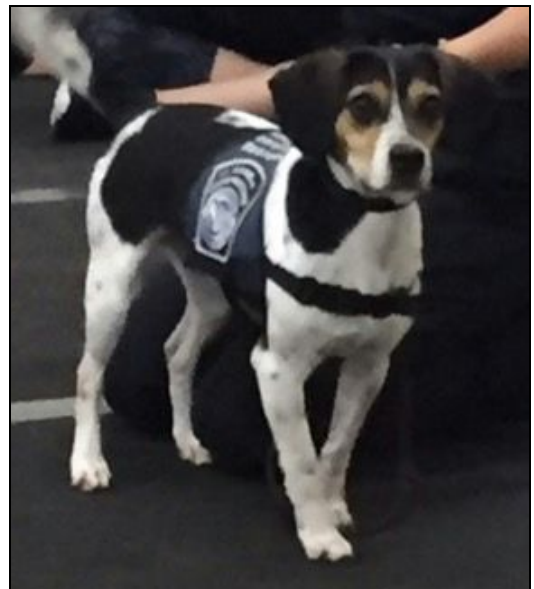
Dog Project

On March 13th I went to a dog project. At the dog project we had a visit from the airport security dogs and they did a presentation. The presentation was about the jobs a dog could do at the airport. They could check bags for food and they could also have other jobs that we didn't get to see. They brought a dog with them to the presentation. The dog's name was Myers. Myers was a beagle. They use beagles so they wouldn't scare people at the airport.

For the presentation Myers sniffed bags and sat down when he smelled something like a fruit from out of the country. Then his handler would check the bag and if there was food in the bag he would give Myers a treat.
--Peyton Steitz

Dog Project: Airport K9 Program

A representative from the San Francisco Airport came to the dog project meeting on March 13, 2016. With him, came his companion dog, Mr. Meyers, and a colleague from work. Mr. Meyers showed us what work looks like for a dog in the agricultural department. Mr. Meyers' job is to sniff out fruits, vegetables, and meats from inside of suitcases that were flown in through the international terminal. He demonstrated this by going through a group of suit cases laid out on the floor and sitting down next to the bags that contained the foods. It was a very cool experience to see an agricultural dog be able to identify the bags that contained illegal items. I hope that Mr. Meyers and his friends will come to visit again in the future. Thank you Mr. Meyers!!!! --Elise Wacha





A Visit to the Goat Farm

Over spring break I visited a goat farm. At the farm we got to feed and milk the goats! We also go to try different flavored cheeses they made. They also made quark which is similar to yogurt. My favorite thing was the Lilikoi flavored, also known as passion fruit, quark. There were a lot of male baby goats at the farm that are sold to local people. It was cool to visit a working farm. --Quincy Thuener

Knitting Project

On April 1st, I had my last knitting project meeting. In that meeting I was working on my pink and purple scarf. Meanwhile, everybody was finish up their projects. Some projects are: a rainbow tribble, a black purse, and three people, including me, were working on scarves. However not everybody in the group was there. Some of us are looking forward to entering our projects into the Life Skills Festival on April 16th where our projects will be judged for 1st, 2nd and 3rd place. I'm not done with my scarf yet so I'm entering my nudibranch (sea slug) instead. --Logan Spinali



Rabbit Project

The Burlingame and Belmont 4-H Clubs' Show Rabbit Projects hosted our San Carlos rabbit group at the Burlingame Farm. A girl named Greer demonstrated how to show a black otter Netherland Dwarf at fair. We learned grooming techniques for Jersey Wooley rabbits and how their fur changes as they age. Some have easy care fur and others do not. The baby Woolies were adorable and super soft. Some rabbits had coats with fancy names like smoke pearl, black otter and Siamese. They also shared information about competing at the rabbit bowl. --Andrew Gould



County Calendar Events

[Life Skills Festival and Field Day](#)

4/16/2016

[San Mateo County Fair](#)

6/11 - 6/19/2016

[4-H Camp](#)

7/10 - 7/15/2016

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Want to Find Out About 4-H at the County Level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on "4-H Youth Development Program."
- In the little purple box, click on "4-H Highlights."
- Submit your email address in the box.

Next newsletter deadline: Tuesday, May 10, 2016

Email newsletter articles and photos to jamievorzimmer@gmail.com. Thank you!

