

San Carlos Eaton Hills

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Issue Seven

<http://www.sancarlos4h.org>

March 2016

Next General Meeting:
March 15 at 7 p.m., Clifford School, Redwood City

Club Officers

Co-Presidents: Laurel Nelson and
Cormac Keegan
Vice President: Sebrienne Ferguson
Secretary: Daphne Schwartz
Corresponding Secretary: Anya Knoth
Treasurer: Nathalie Farkas
Sergeant at Arms: Ryan Heitel
Jr. Farm Boss: Anthony Musch
Healthy Living Officer: Will Demers

Community Leaders

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Linda Wacha - 245-0318
Maeve Knoth - 654-4975

Steering Committee

Tricia Basil
Lisa Demers
Beth Enthoven
Alison Fox
Kimberly and Jason Gische
Sue Gower
Donna Howe
Bruce Knoth
Jeanine Musch
Amy Ollmann
Dana Rechin
Katherine Schembri
Erica Thuener

Registrar

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Projects Coordinator

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Newsletter Editor

Jamie Vorzimmer
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President's Message

Hey 4-Hers!

The long wait has finally come to an end. One of my favorite meetings is here and it is the cookie judging contest.

For this month's meeting everyone should put on their chef hats and bake some brownies or cookies. Be creative. Make something unique that stands out in a crowd. All 4-Hers will be able to participate in judging the cookies and maybe even win some prizes.

In other news, we have our sectional presentation day coming up at UC Davis. Come support your fellow 4-Hers as they sing, dance, give presentations and even do impromptu speeches. Make sure you come out. It should be a lot of fun!

See you Tuesday.

--Cormac and Laurel

THIS MONTH'S THEME:

Wear green and bring cookies for judging!

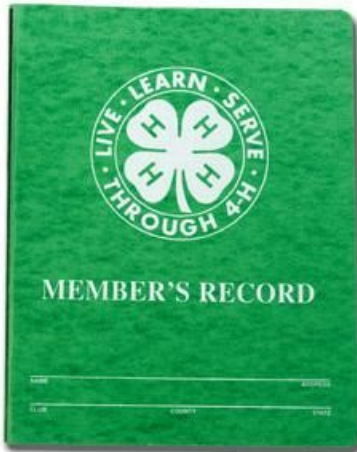


Upcoming Club Events

Tuesday, March 15
Tuesday, March 22
Sunday, April 10
Tuesday, April 19
Tuesday, April 26
Sunday, May 1
Fri. - Sun., May 20-22

General Meeting
Steering Committee Meeting
Farm Clean-Up
General Meeting
Farm to Fair Meeting
Open House at the Farm
Hometown Days

Clifford School MUR
Clifford School Library
San Carlos 4-H Farm
Clifford School MUR
Clifford School Library
San Carlos 4-H Farm
Burton Park



Record Books Due in May

All record books will be collected at the May general meeting. This is an especially important deadline for members who are bringing animals to the County Fair. The Fair requires that you be in "good standing" to take your animals through the gate and we must have your record book for that to be true! All members are encouraged to turn in a record book. If you would like any help, please call Maeve and Bruce (654-4975). We encourage you to make an appointment to work on your book with their help.

Hometown Days is Fast Approaching

Our 4-H Club has a big presence at the San Carlos' Hometown Days, and we want to continue our tradition this year! Show your 4-H pride by:

- Walking in the parade or riding on our 4-H float.
- Working at the Dime Toss Booth.
- Working at the Information Booth.

Watch for sign-up sheets at our next club meetings. Participation counts for record book credit!



Farm Update

At the farm this year we have five pigs: Levi, Eli, Daisy, Minnie and Barley. They arrived on February 13, just in time for Valentine's Day. Our four lambs, Trigger, Legend, Daffodil and Hops, arrived February 27, and three goats, Brian, Arlo and Phil, arrived on Sunday, February 28. They are all adjusting to the farm life and have welcomed the rain so far.

We would like to say a special thanks to Hanno for all his hard work. The list keeps growing with electrical work, installing lights in the barn areas, fencing, digging trenches and the list goes on. Thank you again for all your hard work!

Our next farm clean up is April 10, from 1-3 p.m. We have several projects that need your help. Our annual Open House is May 1, from 1-3 p.m. Please save the dates.

If you have any questions, please let us know. --Anthony Musch, Jr. Farm Boss

Sustain 4-H Through SVGives!

Thrilled with 4-H? Want to help 4-H thrive across San Mateo and San Francisco counties? Our County Council is working to strengthen the program countywide by building upon 4-H's reputation as a premier life skills, community service and Science, Engineering and Technology program for youth. A critical part of our effort is expanding the County Council's budget. With a stronger budget we can further support our club and county programs, bring more youth into 4-H and reach populations we are not reaching now, thus bolstering 4-H's future.



We are taking advantage of the valley's "SVGives" campaign, which is a one-day event focused on raising money for vital local nonprofit organizations. You can expect to receive a fundraising letter and social media and email communications as we build up to the SVGives date of May 3. We have already received \$3,500 in matching funds, which is an incredible first step on the path to our goal of \$10,000.

Please help us by actively supporting our social media campaign (email photos and links to Emmalee Holmes at eholmes@ucanr.edu) and publicizing our SVGives web site (<http://tinyurl.com/4HSVGives>).

Questions or want to help? Email Bruce Knoth at bknoth@yahoo.com.

San Mateo County Fair: What Are You Showing?

Maybe you are thinking that the County Fair is just for 4-H'ers who are raising animals? Wrong! Do you build with Legos? Do you like to make models? Could you bake a favorite cookie? How about setting a beautiful table? Check out the Fair premium book and see what strikes your fancy at www.sanmateocountyfair.com. Let's have 100 percent club participation!

Life Skills Festival and Field Day

Mark your calendar for the [Life Skills Festival and Field Day](#). This event combines Favorite Foods Day, Fashion Revue and the Arts and Crafts Expo. Attendees not participating in the competitions are invited to observe the sessions and participate in games, demonstrations and workshops from 11:00 a.m. - 2:30 p.m.

When: April 16, 2016 9:00 a.m. - 2:30 p.m.

Where: Messiah Lutheran Church, 1835 Valota Road, Redwood City

How: Register [online](#)

Glassware Still Needed for Dime Toss Booth

We need more glassware for our Dime Toss Booth! If each member brings a full box of miscellaneous cups, glasses, plates, etc., then we will have enough prizes for the weekend. Bring glassware to the meetings, or drop off at the Gould home at 1316 Cordilleras Avenue in San Carlos. –*The Dime Toss Committee*

Save the Date! Double Meeting in May!

For our general meeting on May 17, we will hold two club meetings back to back. This way we will complete 10 club meetings before the County Fair. If you need 80 percent attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting.



Member Reports

Poultry Show, Presentation Day and Woodworking

In January, I went to a poultry show. I bought a Nankin to show for fair. I had a great time there. In February, I went to presentation day to be a runner and junior judge. I had a fun time. An interesting presentation I heard was if you crack open an egg and the yolk is dark it has more protein and the lighter yolk has less protein. I also went to woodworking in February and made a tool box and a cutting board. I had some fun experiences. --*Zerach Chan*

2016 National Youth Healthy Living Summit, Washington, D.C.

On the weekend of February 12-15, I attended and was a guest speaker at the 2016 National Youth Healthy Living Summit in Washington, D.C. As a California 4-H State Ambassador, I had developed a workshop on stress relief for teens and I was invited to present this workshop at the summit. The conference, held at the National 4-H Conference Center in Maryland, was attended by approximately 275 teens from around the country. There were over 90 participants who attended my workshop. I provided information about causes of stress, symptoms of stress, and gave suggestions for a variety of stress relief strategies ranging from adult coloring books to customized spotify playlists.

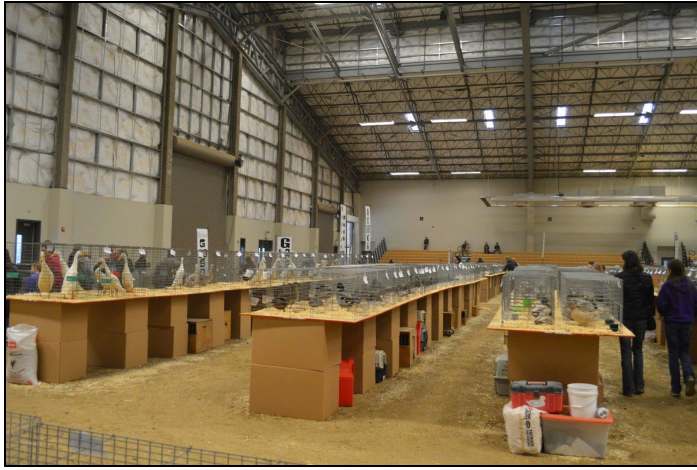
When I was not presenting my workshops, I attended informational sessions on meditation, healthy relationships, and calcium's nutritional value. I met many teens from around the United States who all shared an interest in the healthy living 4-H mandate. I now have new friends from Chicago, Tennessee and Georgia! During the conference it snowed heavily and all of the Californians were extremely

excited. We spent time playing in the snow and making snow cream—snow mixed with milk, vanilla, and sugar which is a popular treat in the South. We also took a night time tour of the Washington Monuments in sub freezing temperatures! It was really beautiful seeing the monuments all lit up in the night with snow falling all around them. --*Laurel Nelson*



Advanced Science, Engineering and Technology

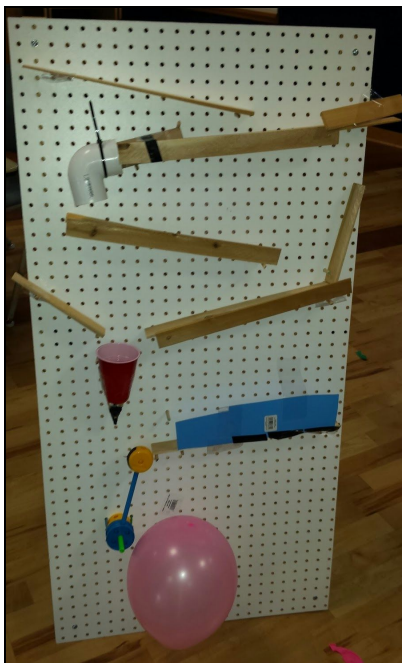
Hi, I'm Cormac and I'm a part of the Advanced SET project. In our last meeting we learned a lot about coding. When we were coding we used a program known as C++. This is one of many different programs you can use to code. In this meeting we learned the different areas in C++ code. We did some miniature code and it was very interesting to learn. If you wanted to dive into different types of Science Engineering and Technology I would definitely recommend taking this course. --*Cormac Keegan*



Poultry Show, Goat Project and Presentation Day

On January 31, I went to a poultry show in Modesto. There was a showroom where you can buy birds. There was an exhibitors room where if you wanted to show then that's where you put your bird. I got two chickens at the show. One is a Partridge Wyndotte named Charlie and the other is a Barded Plymouth Rock name Snoopy. The experience was so fun and if I could I would go again.

In February, I helped paint the goat pen to get ready for the goats. I also participated on presentation day on February 13. I volunteered as a runner and junior judge. As a runner I ran the judges forms to the people in the tally room and to get snacks. As a junior judge, I judged the presentations then at the end the talliers see how close you got to the adult judges. If you get close then you get a certificate.
--Tla Chan



Science, Engineering and Technology

On February 20, 2016, the SET Project met up at the library to start learning about Rube Goldberg machines. If you're wondering what a Rube Goldberg machine is, it is a complicated machine to do very simple thing, perhaps such as ring a doorbell, turn on a computer, or even brushing your teeth. You can make your own Rube Goldberg machine to pop a balloon, which we did at the SET Project. At the Rube Goldberg SET Project I was grouped with Adrian, and Logan to make our own Rube Goldberg machine. We first gathered a pegboard, a few wooden slats, 2 or 3 HotWheeler tracks, and pegs to put into the pegboards. We first inserted the pegs into the pegboard where we wanted the first track to go. We then placed a piece on top of the pegs to create a track. We kept doing that process down the board. We also used paper towel rolls, plastic pipe in the shape of an elbow, which the ball could go through, and then land onto another track. After we built the machines, we held a contest to see which teams had a machine that could pop a balloon. Here is a picture on one of the Rube Goldberg machines that was built by a team at the SET Project meeting. --Alexander Farkas

Community Detectives

In January and February, the Community Detectives project did two meetings. One, the one in January, was when we painted a cart blue and then sponged animal shapes onto it to look like clouds. We then gave the cart back to the Friends of the San Carlos Library. They are using it to help out with book sales, as it will hold books.



At the February meeting, we spread mulch at Vista Park, a park that is very close to Crestview Park. We did that with the help of Tom Davids: a former mayor who now runs San Carlos Together, an organization that helps San Carlos. Both meetings were really fun and I can't wait for the next one! --Nolan Scheetz



Goat Project

Two weekends ago the goat project painted the goat barn and this weekend we picked up our goats from a breeder in Livermore. We brought them safely home in dog crates and they happily settled into their new home. They have joined the pigs and lambs at the farm. If you'd like to come for a visit ask for details! --*Quincy Thuener*



Horse Project

The 4-H project for horses met at Webb Ranch on Saturday. We practiced harnessing a horse. A horse named Jack hurt his leg. We also saw a stampede close up. We had a good time and learned a lot. --*Alexander Krackov*





Making Sausage with Intermediate Cooking

During our most recent Intermediate Cooking meeting, we made homemade Italian sausage. We got the recipe from the Schembri family. It is their family's recipe and they had been making it for a while. The sausage turned out very well and we all enjoyed making it.

First, we cut the meat and orange peel. Then, we mixed all the spices, orange, and meat together. Next, we grinded



everything together. After that, we unpackaged and filled the sausage lining. Then we twisted all the sausage to make the correct lengths. Next we packaged them all up and made three for everyone to try.

Overall everyone had a great time and it was great having that experience. We really appreciate Ray Schembri for coming and teaching us how to make the sausage. Everyone loved the sausage and learning how to make it. Thank you Schembri Family!!!

--Alexandra Gische (Project JTL)



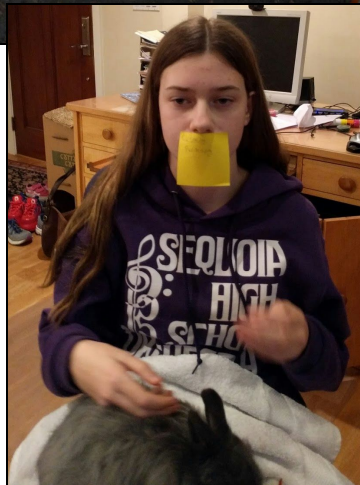
Rabbit Project

This was my first opportunity to do a 4-H presentation. This week's topic was decoding rabbit body language and communications. After the presentation we played a game of rabbit charades in which we acted out different bunny behaviors, and guessed what the behaviors meant. Sam and Leah Fine created an awesome game that all enjoyed. There were lots of rabbits to pet during our breaks. We handed out fresh apple sticks to our guests for their rabbits to chew on. --Andrew Gould



Wildflower Hiking

On Saturday, February 27, our wildflower hiking group was delighted to be able to go on a docent lead tour of Filoli, a historical property with hiking trails on it. We saw all kinds of wildlife, for example, we saw turkeys, deer, newts and tunnel spiders. We also found some coyote scat, and our



guide, Tom Davids, cut it open to show us how much you can learn about the animal whose it was. Towards the end of the trail there were the bones of a long gone deer, probably eaten by a bobcat or coyote. There are three main species of wildflowers that are extremely prosperous in the park. They are referred to at the park as the "red, white and blue". They are indian warrior (red), milkmaids (white), and hound's tongue (blue). Among those flowers we also saw giant trillium, goose grass and miners' lettuce.

Besides the flora and the fauna we also got to learn about the property itself. There are caretakers' quarters a little ways into the wooded area and a humongous house on the property. The property was originally owned by by a family with the last name of Bourn. The house has 43 rooms and 17 bathrooms as well as a pool and extensive gardens. On the property there is a cemetery belonging to the Bourns still with six graves. --Nora Schembri

Record Book Corner

The Online Record Book system makes it easy to log your project information.

- Visit Record Book Login:
<https://4horb.ucanr.edu/login.cfm>
- Click on Youth Logon, which will prompt first for Family (adult) logon, then request the user to select the Member (Youth).
- You will instantly see a NEWS Feed of recent club news and see other Member's post about project meeting or club activities. You can copy these postings to include in your own online record book.
- In the GREEN menu bar you can select to enter information online just as you would in the paper record books: Your Personal Development and Projects.
- In the BLUE menu bar (Action center) are alerts for reminders of items to do, like filling out a JTL report.



For questions or for a more detailed how-to, contact Lisa Demers at lisademers77@gmail.com.

County Calendar Events

[Life Skills Festival and Field Day](#)

4/16/2016

Mandatory Fair Meeting for all animal exhibitors

3/28 or 4/4/2016

[San Mateo County Fair](#)

6/11 - 6/19/2016

[4-H Camp](#)

7/10 - 7/15/2016

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Want to Find Out About 4-H at the County Level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on “4-H Youth Development Program.”
- In the little purple box, click on “4-H Highlights.”
- Submit your email address in the box.

Next newsletter deadline: Tuesday, April 12, 2016

Email newsletter articles and photos to jamievorzimmer@gmail.com. Thank you!

