

San Carlos Eaton Hills

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Issue Four

<http://www.sancarlos4h.org>

December 2015

Next General Meeting:
December 15 at 7 p.m., Clifford School, Redwood City

Club Officers

Co-Presidents: Laurel Nelson and
Cormac Keegan
Vice President: Sebrianne Ferguson
Secretary: Daphne Schwartz
Corresponding Secretary: Anya Knoth
Treasurer: Nathalie Farkas
Sergeant at Arms: Ryan Heitel
Jr. Farm Boss: Anthony Musch
Healthy Living Officer: Sofia Demers

Community Leaders

Maria Smith - 867-9773
Linda Wacha - 245-0318
Maeeve Knoth - 654-4975

Steering Committee

Tricia Basil
Lisa Demers
Beth Enthoven
Alison Fox
Kimberly and Jason Gische
Sue Gower
Donna Howe
Bruce Knoth
Jeanine Musch
Amy Ollmann
Dana Rechin
Katherine Schembri
Erica Thuener

Registrar

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Projects Coordinator

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President's Message

Hello 4-H'ers,

Guess what? It's time for our December 4-H meeting! Time to dig through your closets or make a quick trip to your favorite store's sale section! This month it's the annual holiday gift exchange which means every member should bring a small, gender neutral, low cost (\$15 or less) gift appropriate for someone of their own age. I can't wait to celebrate the holidays and the end of 2015 with all of the 4-Hers!

See you all soon!

--Laurel and Cormac

THIS MONTH'S THEME:

Bring a gift for the gift exchange!



Upcoming Club Events

Tuesday, December 15	General Meeting	Clifford School MUR
Saturday, January 2	Winter Break at the Park	Burton Park
Tuesday, January 5	Fair Meeting	Clifford School Library
Tuesday, January 19	General Meeting	Clifford School MUR
Tuesday, January 26	Record Book 101	Clifford School Library

Happy Holidays San Carlos Eaton Hill 4-Hers!

Any club member who wishes to participate in our Club's Annual Member Gift Exchange: Please bring a wrapped gift appropriate for both boys and girls in your age group to our upcoming meeting Tuesday, December 15.

If you are between the ages of 5 and 8, bring a gift for a member in that age range. If you are between 9 and 19, bring a gift for a member in that age group. These are broad age ranges, so be creative. Plan on a gift that falls in the range of \$10 - \$15 and make it something you would like to receive; no joke gifts, please. Please mark the outside of your gift with your age range, and remember to be "green" when you wrap the gifts. Maybe wrap your gift in something that can be reused; again, be creative. Happy shopping!

Record Book 101

Want a guiding hand about Record Books? We will have an introductory meeting January 26 at 7 p.m. in the Clifford School library to go over the basic aspects of a record book and help you keep track of the information you need. This meeting is for members and parents.

So You Plan to Show at Fair

On January 5 at 7 p.m. ALL members who hope to bring an animal to the County Fair in June 2016 must come with a parent to our important informational meeting. This meeting is for those who are bringing small and large animals, even those who hope to bring dogs and/or cavies. The Fair requires that 4-H members meet certain requirements before being allowed to show. Learn about these requirements and learn about how Fair can be a great experience for you and your family. Animal Project Leaders will take attendance. Questions, please contact Maria Smith or Linda Wacha.



Is winter break getting boring?

Come join me, Sofia Demers, Healthy Living Officer, at Burton Park (900 Chestnut Street, San Carlos) on January 2 at 1:00 p.m. for an hour of outdoor activity! Balls and Frisbees will be provided. Bring a bottle of water and a smile!

Member Reports

Beginning Archery

The first beginning archery meeting was on November 21, 2015. It was really fun being the JTL and I hope that we all have an amazing year. During the meeting, we went over some safety rules, parts of the bow and arrow, and basic shooting form. After we were done talking, the members got to shoot in rounds at five and ten yards. Next meeting we plan to bring the shooting line back even farther. I'm super excited for the next meeting and I hope all the members are as well. --*Elise Wacha*

Advanced Archery

The first advanced archery meeting was November 28, 2015. We shot at the King's Mountain Archery range. We shot at thirty, forty, and fifty yards. Then we recorded our scores and compared. It was very interesting to see my scores in comparison to the other members. Overall, I think I did really well and am looking forward to the next meeting. --*Elise Wacha*



Biking Project

The 4-H biking club learned about bike safety and how to patch a broken tire. We also learned what gear to put on your bike in case of an emergency. In the end of the session we learned about gears and the breaks and how they work. Then we rode our bikes. --*Alexander Krackov*



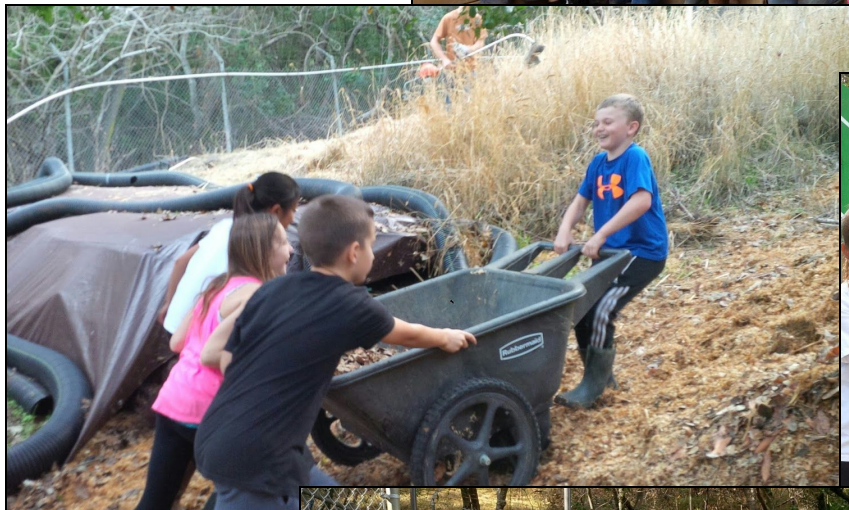
4-H Farm Clean Up

The 4-H farm clean up was on November 22, 2015. It was hard work but fun. I had to carry wood to the truck, clean out the pig pens, and help get rid of the twigs and leaves that were on the ground. I am looking forward to raising a lamb at the farm this year and I think it will look better and be much more organized now that the farm clean up has taken place.

--Elise Wacha

I helped out with the fall farm clean up. I helped recycle wood and plastic. I also helped rake the farm and move bales of hay. My favorite part was eating popsicles and hanging out with my friends while doing good! --Tia Chan

I helped out at the fall farm clean up. I helped out by



picking up wood, some metal, and tree branches. It was a lot of work. My friend and I had a lot of fun. We had Popsicles too! --Zerach Chan





Duct Tape

I went to two duct tape meeting. At my first meeting, I learned how to make a duct tape wallet. At my second meeting, for some reason I made a finish line and a hover car. I like make things from duct tape. --Zerach Chan

New Member Breakfast

The new member breakfast was on November 21, 2015. I helped in the kitchen and during some of the games. I think it was a success and that everyone enjoyed themselves. It was fun to work with my friends to put it on and I am excited to help out again next year. --Elise Wacha



Horse Project

For this month's horse project, we went to a private horse ranch in Woodside and learned what Parelli is and what horsemanship means. Horsemanship is bonding and training the horses by playing with them. Parelli is a natural horsemanship training that uses body language to tell the horse a command. It was really neat. Thank you Miss Amy for arranging this for us with Miss Becky. --Tia Chan



At the 4-H Horse Project we learned about Parelli. We got to meet some horses. We got to see how you can talk to the horse using body language. It was cool seeing how well the horses responded to the body language. --Susse Vorzimmer

On December 5, the horse project group learned about Parelli horse training with Becky Witter in Woodside. Parelli is a natural horse training method. There are different methods you can use, and we learned about them through games with horses (porcupine, friendly, circle, sideways, and driving games) with "Paloma" and "Bling." We also learned that you need to train horses on both sides of their bodies so they will be comfortable when you do stuff (get on/off the horse) on both sides of their bodies. You should also back your horse out of gates and trailers so the horse does not get used to riders only going forward when they get on the horse. --Lillian Fox



Urban Escapes

This project is the Urban escapes project. First we went to a planning meeting and planned the trip to San Francisco. About a month later, we met up at the train station and waited for the train we had picked to come. We got on the train and an hour later we arrived in San

Francisco. We took a Muni bus to Union Square. We played around at Union Square for a bit and then we walked to Yerba Buena Gardens. Yerba Buena gardens has one of those old fashioned carousels and we went on it. Then we took the Muni back to the Caltrain station to come back. Altogether the trip was pretty fun and we did a lot.

-- Holden Kowitt



S.E.T.



This photo is from the November S.E.T. Project where the members engineered devices to protect an egg being dropped. They gathered themselves into 6 groups and the photo shows their efforts before the drop. All 6 survived being dropped 6 feet. Four survived being dropped 10 feet. And 3 survived being dropped from ~14 feet. They all did a fantastic job. --Doug Magie

County Calendar Events

Life Skills and Hobbies Meeting	12/14/2015
C.A.L. Conference	1/22/2016
County Council Meeting	1/25/2016
Presentation Day	2/13/2016

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Want to Find Out About 4-H at the County Level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on “4-H Youth Development Program.”
- In the little purple box, click on “4-H Highlights.”
- Submit your email address in the box.

Next newsletter deadline: Tuesday, January 5, 2015

Email newsletter articles and photos to jamievorzimmer@gmail.com. Thank you!

