

San Carlos Eaton Hills

San Carlos Eaton Hills

Issue Two

<http://www.sancarlos4h.org>

October 2015

Next General Meeting:
October 20 at 7 p.m., Clifford School, Redwood City

Club Officers

Co-Presidents: Laurel Nelson and
Cormac Keegan
Vice President: Sebrianne Ferguson
Secretary: Daphne Schwartz
Corresponding Secretary: Anya Knoth
Treasurer: Nathalie Farkas
Sergeant at Arms: Ryan Heitel
Jr. Farm Boss: Anthony Musch
Healthy Living Officer: Sofia Demers

Community Leaders

Maria Smith - 867-9773
Linda Wacha - 245-0318
Maeve Knoth - 654-4975

Steering Committee

Tricia Basil
Lisa Demers
Beth Enthoven
Alison Fox
Kimberly and Jason Gische
Sue Gower
Donna Howe
Bruce Knoth
Jeanine Musch
Amy Ollmann
Dana Rechin
Katherine Schembri
Erica Thuener

Registrar

Jason Gische
jgische@yahoo.com

Projects Coordinator

Beth Enthoven - 207-3735

Farm Boss

Hanno Nehrenheim
hannon@centriconn.com

Webmaster

Robert Lewit
robert.lewit@gmail.com

Newsletter Editor

Jamie Vorzimmer
jamievorzimmer@gmail.com

President's Message

Hello 4-H'ers,

It's fall! Leaves are falling, baseball playoffs have begun (unfortunately without the Giants), skeletons and pumpkins scatter the lawns, and it's finally time for our club's annual project fair! Now comes the time that you get to choose your yearly projects from the ever-diversifying list of options. Whether you enjoy raising an animal, cooking, backpacking, or public speaking, there is a project for you. Don't be afraid to approach project leaders and ask about meeting times and activities.

Be sure to wear your snazzy Halloween costumes (G-rated of course!) or black and orange and get ready to pick your projects for the year! Have a spooktacular October and we can't wait to see you on October 20th!

--Cormac Keegan and Laurel Nelson

THIS MONTH'S THEME:

Wear black and orange!



Upcoming Club Events

Tuesday, October 20	General Meeting	Clifford School MUR
Saturday, November 7	Lions Club Tri-Tip Dinner	Mahany Hall
Tuesday, November 17	General Meeting	Clifford School MUR
Sunday, November 22	Farm Clean-up	4-H Farm
Tuesday, December 15	General Meeting	Clifford School MUR

Registration deadline October 31

Register online BEFORE coming to the October meeting and bring completed medical forms with payment to the October meeting. **Your child will not be enrolled in projects until their registration is complete.** We encourage all 4-H parents to register as volunteers. Registration is essential for any parent whose child will have an animal at our farm this summer. Membership

fees are \$62 per youth member, with no fee charged for adult volunteers. All returning members must be fully registered by October 31, 2015, to be considered in good standing for the 2016 San Mateo County Fair. Do you wonder if your registration is complete? Please e-mail our club registrar Jason Gische at jgische@yahoo.com.



Don't forget your medical form

Did you know that a copy of that medical form you fill out for your child must be given to each of your child's project leaders? The forms are meant to help protect your child while not under your direct supervision and allow medical providers to care for your child if he or

she gets hurt while participating in a project. Please print several copies of the [medical form](#), sign them and give them to the leader at the FIRST meeting of any project.

14th Annual San Carlos Lions Club Tri-Tip Dinner Saturday, November 7

Come help serve dinner to the Lions Club, earn record book credit, make friends and have fun. Saturday November 7 is the annual Tri-Tip Dinner fundraising event for the San Carlos Lions. For many years our 4-H club has provided the servers, and the Lions donate money to our club as a thank you. This event is appropriate for members of all ages and we will need some adult help as well. For questions or to sign up, contact Katherine Schembri 650-766-2586 or via email at kathandnora@aol.com.



at

Let's help clean up the farm!

Save the date for our next farm clean-up: Sunday, November 22, from 12-3pm.

Please wear long pants and closed-toe shoes, and bring a water bottle and gloves. We will be winterizing the farm and preparing for future livestock. Farm clean-ups are mandatory for anybody planning on raising an animal at the farm but anybody is welcome to come. The farm address is 99 Oak Creek Lane in San Carlos.

Hope to see you all there!

Thank you,
Anthony Musch
Jr. Farm Boss

Grimsby Gulch honors farm manager

For those of you that knew Eric Grimsby, you knew that he helped at the farm a lot and he was the Farm Manager. When our farm washed with a mudslide a few years ago he and many other people helped to rebuild the farm. He has helped improve the farm and make it better for everybody in the club. One of the main structures that Eric built was the drainage system that will hopefully prevent another event like this from happening again. That drainage system has now been dedicated to Eric and named Grimsby Gulch. We have dedicated this gulch for all the hard work he has done and as a goodbye since he will be handing off the farm to others.

--Anthony Musch



Ready to pick your projects?

Thanks to the parents who have enthusiastically offered to lead our projects for the 2015-16 year. As you think about selecting projects, please watch your e-mail and check the club website for the complete project list with details about age restrictions, times, dates of meetings and additional costs.

New members should consider signing up for just one or two projects as you get to know 4-H and what level of involvement is best for your family. At the October General Meeting each member will receive a project list and, after talking to project leaders, will rank projects in order of preference and turn in their completed project registration request form. Members will hear from project leaders shortly after the General Meeting about enrollment in particular projects.

2015-2016 Project List:

- Backpacking
- Beginning 4-H
- Community Detectives: Mission: San Carlos
- Hands Across the Generations: 4-H at the San Carlos Elms
- Computer Programming
- Cooking - Beginning
- Cooking - Intermediate
- Demonstrations
- Dogs (countywide project)
- Duct Tape
- Hands Across the Generations 4-H at the Elms
- Hobby Crafts
- Horse
- Knitting
- Lambs
- Leadership Development
- Manga Art
- Poultry: Market Chickens
- Poultry: Show Chickens
- Rabbits: Husbandry
- Rabbits: Socialization
- Science, Engineering and Technology (Beginning)
- Sewing (Advanced Hand Sewing: Beading)
- Sewing (Beginning Hand Sewing)
- Shooting Sports: Beginning Archery
- Shooting Sports: Advanced Archery
- Swine



We also have some exciting new projects this year including:

Advanced STEM (Must have passed Algebra 1)

Thinking of a career in science? In this project we will develop a higher understanding of the science and engineering fields through experimentation and mathematics.



Automotive (Ages 13 and older)

Do you plan to own a car some day? This is the project for you. We will do safety checks, change tires, get our hands dirty, and generally learn about automotive maintenance.

Beekeeping (All ages)

Beekeeping is back! Learn all about bees and beekeeping, look inside an active beehive, and harvest honey.

Goats

Hiking and Wildflowers (All ages. Chaperone required for ages 5-7)

We will learn about the Flora (plant life), fauna (animals) & fungus in our "neighborhood backyard," enter a group educational display at the San Mateo County Fair, and encourage participants to enter their own project based on our project experience. All of our hikes will be two to three miles long and will take place near San Carlos. We will also be going on a docent-led tour of Filoli.

Hometown Days Parade Project (All ages)

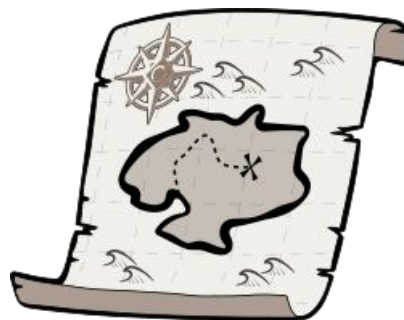
In this project, members will plan and prepare for our club's entry into the Hometown Days parade. Will we have a float? Costumes? Animals? Join the project and help decide!

Letterboxing (All ages)

What is letterboxing? Hiding small, weatherproof boxes in publicly accessible places (like parks) and distributing clues to finding the box on one of several web sites.

Individual letterboxes contain a small notebook and a hand carved rubber stamp. Finders make an imprint of the letterbox's stamp in their personal notebook, and leave an impression of their own handmade signature stamp in the letterbox's "visitors' book" or "logbook" — as proof of having found the box and letting other letterboxers know

who has visited. In this project, kids will design and carve their own rubber stamp, find letterboxes, keep a record of stamps and nature findings on their hikes, and create, hide and list a SCEH 4-H letterbox stamp or two.



Urban Escapes (All ages)

San Francisco's Chinatown? The merry-go-round at Yerba Buena Gardens? The murals in the Mission District? The glass elevator at the St. Francis Hotel? Where do you want to go by public transportation? In this project we will study maps and timetables and plan two excursions. We will figure out all the logistics including schedules, transfers and fares before heading out in the world for our adventures. Parents will join us on these trips.

Woodworking (ages 8 and up)

Member Reports

Day of the Horse

This weekend Tia and I went to the Day of the Horse in Woodside. We got to ride in the Wells Fargo Stage coach and learned about horse organizations. There was a petting zoo with a mini pot belly pig and chickens. We got to decorate a horse cookie with sprinkles and frosting. We got to listen to the heartbeat of a horse. It was very, very slow at 30 beats per minute. A horse's heartbeat can reach up to 300 beats per minute if running as fast as it can. We helped out at Amy's booth, Gallop Ventures. Amy is our club's horse project leader. Last year I was in the project and learned a lot about horses. I'm glad I went to the day of the horse. --Quincy Thuener



Over the weekend, October 10, Quincy and I volunteered at the Day of the Horse event in Woodside. We helped at the Gallop Ventures information booth for our horse project leader, Ms. Amy. We were there to help tell people what the horse project was about. We got to listen to a horse's heartbeat. A horse's heart beats are low pitched and slow (20-30 beats

per minute). We got to sit on a horse without a saddle on and got our pictures taken. We got to decorate horse-shaped sugar cookies. We rode on the Wells Fargo Stage coach and got to play with the chickens, mini pot-belly pigs and rabbits at the Redwood City 4-H petting farm. I really liked this fair and would definitely do it again. --Tia Chan



4-H Leadership Project

Last week, at the Leadership project, we talked about what happened last meeting, and how we could improve it. One thing we talked about was the flow of people coming through the doors. It wasn't as smooth as we would like it to be. We thought that we could have more Junior Teen Leaders greeting at the doors and directing traffic flow. Our planning committee planned our next meeting. We also thought about filler games. Filler games are games we can play while we wait for people to finish an activity. I really enjoyed it, and am really looking forward to this coming year. --Anna Basil

Citizenship Weekend

On September 25-27 there was a citizenship weekend, in Marin Headlands. This was a sectional event. During the weekend we learned about the Bill of Rights, and the judicial system. We also went on hikes to the Marin Mammal Center, the Nike missile site, the lighthouse, and to the beach. We also did a beach clean up found many **interesting** things. I highly recommend kids ages 13 and up to attend the next citizenship weekend in the future. I also learned there is a county called YOLO. --Anna Smith



Record Book Corner

What goes in a record book?

- There's a little section about You.
- There's information about your projects; what did you do at each meeting? (*we learned about rabbit anatomy, we learned how to hold a bow, we learned how to decorate cupcakes*)
- There's information you enter about club meetings (*we had a gift exchange, we played bingo*)
- There's information about other 4-H events you attend (*Farm clean-up day, selling Pen Pride tickets at the County Fair*)
- There's information about your citizenship (*I participated in the club food drive*)
- There's information about your communication skills (*I wrote a newsletter article, I gave a presentation*)
- There's information about activities outside of 4-H (*community service for school or church*)
- There's a record of awards (*I got a blue ribbon at the Fair for cupcake decorating and a red for a photograph*)

Important Attendance Policy Reminder

San Carlos-Eaton Hills 4-H Club Attendance Policy

- Eighty percent attendance at the club's monthly general meetings and 80 percent attendance at the project meetings are needed to exhibit any project at the San Mateo County Fair. Eighty percent attendance at the club's monthly general meetings is

required to obtain a star rank. Eighty percent attendance at project meetings is required to earn record book credit for each project.

- An excused absence will not count against the 80 percent calculation.
- Excused absences include illness, religious commitments, or mandatory school activities (one-time meeting, school play, or concert). Other excuses may be presented to the Steering Committee for authorization.
- Bring a note to the club secretary the month before or after your excused absence so it can be recorded.
- Homework and school social activities are examples of non-excused absences.
- If you will have to leave early or arrive late on a regular basis, please provide a note of explanation to the club secretary. You can still receive credit for attendance, but more than two late arrivals or early departures will disqualify you from earning a 100 percent participation pin.
- You are responsible to find out what you missed at the general meetings.
- You are encouraged to make up the missed meeting with community service time: volunteering at schools or special-needs programs, or representing the club at Lions Club activities, Hometown Days, and the San Mateo County Fair (auction, cake booth, Redwood Hall attendant or Pen Pride).

County Calendar Events

Countywide Volunteer Training	10/24/2015
C.A.L. Conference Youth Registration Deadline	11/20/2015
4-H Day at Oakland Raiders	12/6/2015

For a complete list of events, visit the [4-H County Web site](#) calendar page.

Want to Find Out About 4-H at the County Level?

Check out *Highlights*, the San Mateo County 4-H monthly online newsletter. You can download and view the newsletter [here](#) or you can subscribe to receive the newsletter in your email every month:

- Go to www.cesanmateo.ucdavis.edu/
- Click on “4-H Youth Development Program.”
- In the little purple box, click on “4-H Highlights.”
- Submit your email address in the box.

Next newsletter deadline: Tuesday, November 10, 2015

Email newsletter articles and photos to jamievorzimmer@gmail.com. Thank you!

