

# San Carlos Eaton Hills 4-H San Carlos Eaton Hills 4-H

**ISSUE SEVEN** <http://www.sancarlos4h.org>  
**March 2014**

Next General Meeting:  
March 18th at 7:00 PM, Clifford School, Redwood City

## **Club Officers**

Co-Presidents: Maeve Keegan and  
Jesse Taylor

Vice President: Anya Knoth

Treasurer: Cormac Keegan

Secretary: Sarah Sutherland

Corresponding Secretary: Sebrianne  
Ferguson

Membership: Nicole Nielsen

Jr. Farm Boss: Daphne Schwartz

## **Steering Committee**

Bruce & Maeve Knoth – **Community  
Leaders** (650) 654-4975

Christine Barganier  
Lisa Ceragioli  
Jason Gisch  
Kurt Hallamasek  
Gretta Keegan  
ShelleMcGee Lucas'  
James Meeks  
Jeanine Musche  
Aida Paragas  
Ellen Scheetz  
Melissa Stewart  
Heather Sutherland  
Linda Wacha  
Lisa Weaver

Bill Sharratt – **Registrar**  
(650) 224-1943

Katherine Schembri – **Projects  
Coordinator**  
(650) 365-2331

Eric Grimsby- **Farm Boss**  
(650) 591-2212

Robert Lewit – **Webmaster**  
robert.lewit@gmail.com

Christine Barganier – **Newsletter  
Editor** cmbargan@comcast.net

## **President's Message**

This month's activity is cookie judging where members can bake a batch of cookies and have the other members try them and critique them. As a past best cookie winner here are my tips for making the perfect cookie:

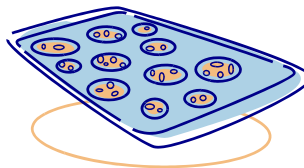
**Decoration:** Make them look pretty. Different colored frosting, sprinkles, powdered sugar, all make your cookies look more appealing and make people want to eat them. The more people that eat your cookies, the more potential votes you can get.

**Texture:** Soft cookies and hard cookies alike have won in the past but the trick is having the right texture for the thickness of your cookie. If you want a crunchy cookie its best to make it thin because no one wants to break a tooth on a cookie that's the size and texture of a hockey puck.

**Taste:** be creative and make it memorable. A really good chocolate chip cookie could win but you'll have a better chance if you give people something they've never had before. Try adding some rhu-barb to the batter or drizzling some honey on top of your cookie. Just one ingredient that people didn't expect can really make your cookie stand out.

I hope this helps and I'm really looking forward to trying everyone's cookies at the next meeting!

~Jesse



This Month's Theme:



Wear Green

and bring cookies for judging !

## UPCOMING DATES

March 18 7pm March General Meeting  
March 28 Scholarship 1 due  
March 29 North Central Sectional Day, UC Davis  
April 5 Beach Clean-up  
April 6 1-3 pm Farm Clean Up  
April 8 7pm April General Meeting (NOTE SPECIAL DATE!!)  
April 13 Animal Check-in  
April 26 County Fashion review and Craft Expo  
May 4 Animal Challenge  
May 20 May and June General Meetings

### **Record Books Due in May**

All record books will be collected at the May General Meeting. This is an especially important deadline for members who are bringing animals to the County Fair. The Fair requires that you be in "good standing" to take your animals through the gate and we must have your record book for that to be true! All members are encouraged to turn in a record book. If you would like any help, please call Maeve and Bruce (654-4975). We encourage you to make an appointment to drop by our house and work on your book with our help

### **Hometown Days is Fast Approaching**

Our 4-H Club has a big presence at the San Carlos' Hometown Days celebration, and we want this year to continue on our tradition! Express your 4-H centennial pride and plan on participating in at least one of three ways:

Saturday, May 17, 9:45 AM – PARADE FLOAT  
**Arrive at 8AM to decorate the FLOAT!**

Saturday and Sunday, May 17-18, our club will host **two** booths:  
DIME TOSS BOOTH and the INFORMATION BOOTH.

Please plan to sign up for either the DIME TOSS or the INFORMATION BOOTH. It is fun to participate and interact with the community. There will be sign-up sheets at our next club meetings. Participation counts towards community service!  
~ Maeve and Bruce



## **Glassware Needed**

In order to make the DIME TOSS a success, we also need you to collect glassware for prizes. Check your cupboards, ask your neighbors, talk to your grandparents. If each member brings a full box of miscellaneous cups, glasses, plates etc., then we will have enough prizes for the weekend. Bring glassware to the meetings, or drop off at the Weaver home at 2145 Greenwood Avenue in San Carlos.

~ Dime Toss  
Committee

## **Cookie-judging Contest at General Meeting!**

Bring a dozen of your favorite homemade cookies to the March general meeting and participate in the Jr. Judging contest! Your cookies will be judged on three criteria: taste, texture, and appearance. Then it's your turn: 4-H members will sample and judge three cookies, earning points each time they match the judges' score. The 4-H member with the highest score wins! You can put this in your record book as participating in a junior judging contest

## **Farm Cleanup**

Hi everyone,

Our farm cleanup has been moved to [April 6th 1-3 p.m.](#) Even if you don't have an animal at the farm, the farm cleanup is always fun and is a great way to meet new [4h](#) members, plus you get to check out all the fun animals already at the farm! We always want to improve our farm and make it better, so we hope to see everyone at the farm [April 6th at 1:00 p.m.](#)

Thnaks! Daphne Schwartz

## **4-H Summer Camp**

San Mateo County 4-H holds a summer camp at Jones Gulch for one week each summer. This year, camp is held June 15-20. 4-H camp is a resident camp for members ages 9 and up. For more information, and to register, go to: <http://ucanr.org/sites/smsf4h/SummerCamp/>

## **San Gregorio State Beach Clean up April 5, 2014 10am-2pm**

As part of my All-Star project there is a beach clean-up at San Gregorio State Beach on April 5, 2014 from 10am to 2pm. This is a great opportunity to get community service credit for your record book while having fun at the beach with fellow 4-hers. This is the last beach clean-up and the last two have been a lot of fun. If you are interested in coming or have questions please feel free to email me, Maeve Keegan, at [mackeeegan@gmail.com](mailto:mackeeegan@gmail.com)



## **San Mateo County Fair: What Are You Showing?**

Maybe you are thinking that the County Fair is just for 4-H'ers who are raising animals? Wrong! ~ Do you build with Lego's? Do you like to make models? Could you bake a favorite cookie? How about setting a beautiful table? Check out the Fair premium book and see what strikes your fancy at [www.sanmateocountyfair.com](http://www.sanmateocountyfair.com)

*Let's have 100% club participation this year!*

## **Uniform Check-up: Do You Have All the Pieces?**

Do you need to get a 4-H uniform? Uniforms are only required if you are showing an animal at fair. You are not *required* to wear a uniform at any other 4-H event, but we like having some members in uniform at Hometown Days and other events.

We will have the Clubs' current supply of small uniform pieces and club t-shirts at the March general meeting. Read below the description of the complete uniform. Note the prices for the small items that may be purchased through the Club and where you can go to get your "whites". Bring cash for your Club purchases or remind your parents to bring their checkbooks. Also, remember to bring your old, clean whites to the meeting or up to the farm to be recycled.

## **San Carlos-Eaton Hills 4-H Uniform Regulations**

### General Requirements

- Uniforms are only required if you are showing an animal at fair.
- You are not required to wear a uniform at any 4-H event.

### Bottoms:

- White canvas pants or white jeans (jeans recommended if showing an animal). (*We have a good selection of hand-me-down pants at the farm.*)
- Brown or black belt with matching shoes.

- White shorts or skirts are optional for girls not exhibiting animals.
- Shirt:
- White.
  - Long-sleeved. (Short sleeves OK if not showing an animal.)
  - Collared.
  - Must be worn tucked in.  
(*You can find shirts at department stores (boy's department) and thrift shops, and also check out the hand-me-downs at the farm.*)
  - Most girls wear boys' shirts.
- Tie or Scarf:
- Must be the official 4-H tie or scarf.
  - Girls wear scarf or tie; boys wear tie.
- Hat:
- Must be the official 4-H hat.
  - K-8th graders wear the green hat; high school students wear the white hat.
- These items are available through the Club, while supplies last. Contact the Meeks family at 650-593-8720.

## **May Meeting - Save the Date - Two Meetings in One !**

For our May general meeting, May 20, 2013, we will hold two club meetings back to back. Mark your calendar now. This way we will complete ten club meetings before the County Fair begins in early June. If you need 80% attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting!

*\*\*Lost and Found:* A white beach towel with large colored polka dots was left at last month's potluck meeting. Would the owner kindly see Melissa Stewart for its return? *Thank you! \*\**

## **Member Reports**

### **Backpacking**

For backpacking this month, we learned about the place where we are going camping, Point Reyes. We went over some of the necessary and unnecessary items that one might include in a backpack and handed out supplies such as backpacks or boots to those that needed them. We also received a list of the planned meals and discussed the plan for day of the event.

In previous meetings, we have made fire starters, tested to see which things burned the best, learned about first aid and made a food list.

This project is an amazing and fun project that I enjoy participating in. I'm looking forward to the backpacking trip in April! ~Maya Donavan



### **Dog Project**

At the dog training meeting on March 9, 2014 we practiced agility. We worked on getting our dogs to run through a tunnel and weaving in and out of poles. Then we worked on obedience like down, sit and stay. My favorite part was when we had our dog go through the tunnel. In the next class, we are going to learn about showing our dogs at fair. ~Anna Smith

### **Drama Project**

Our Drama project went to go see the musical, *Annie Get Your Gun*, put on by Carlmont High School. It was a fun experience to see the whole cast working together to bring this story alive, our very own project leader, Nik Grimsby, played Chief Running Deer and various other characters in the performance. At the project meetings, we do improv, where you act out a part you were given, cold reads, where you have to act/read a dialogue given to you, and we talk about shows/ musicals that we went to or can go to. ~Devon Paragas

### **Hand-sewing**

Yoda Comes to Hand Sewing!!!

In hand sewing we made finger puppets and the finger puppet that I made was Yoda. Ashley made a valentine bunny and Linnea sewed a dog and we are now working on our final group project. For our final group project we are doing mini worlds. It was really fun and at the next meeting I might try to make a Darth Vader finger puppet! ~ Francesca Paragas



## Manga Art Project

This past meeting, the members spent time working on their Final Group Projects that will be entered as a feature booth in the San Mateo County Fair in June. The members are either working in small groups or solo on their portion of the manga. "Manga" is Japanese comic books, where the dialogue is read from right to left, the opposite of English.

In our group manga, the basis of the story is this:

Two siblings, Kat and JJ, are sucked into the video game realm after the power shuts off while they are playing video games. To find their way back into the real world, they must beat every game that JJ owns. Unfortunately, JJ is a bit of a collector.

Each member/group is working on one "video game" that is a part of JJ's collection. The individual stories will come together into one big comic.

While the members were busily working on their projects, I over-heard a lot of interesting ideas. The basic premise of their individual episodes of the group manga is that a competition must occur in a virtual realm. One group is recreating the popular phone app game, "Flappy Bird," while another is working with the much older game, "Duck Hunt." Their "video game" does not have to be based on an actual video game, so other groups are creating cooking competitions, mind puzzles, and even a fighting game where the characters battle aliens to make it to the next round.

Our project is very excited to have everyone see their hard work! Make sure to check it out at the San Mateo County Fair in June! ~ Isabella Paragas



## Veterinary Science

For our March Veterinary Science meeting the theme was birds so the vet we work with, Dr. Amezcua, taught us how to catch and hold her ducks and geese. In case you're wondering, you catch a duck by cornering it in its cage and grabbing its neck. Their necks are very strong so there is almost no chance that you'll hurt them. Then you stick your other hand under the duck and lift it up so that its back is against your chest. It's very important to keep your hands and arms away from its feet because they have some pretty sharp nails. It's also important to hold its wings down, especially with a goose because having them hit you in the face with their very long wings isn't fun. After we caught them we took them into the clinic where we weighed them. It's pretty hard to get ducks and geese to stand still on a scale so for the smaller ducks we put them in a paper bag and closed the top (don't worry, they could still breathe). With some of the bigger ducks and the geese we had to wrap them in a towel to make sure they didn't fly or run away. I've been in the vet science project for about 7 years and I still learn something new every time I go.  
~-Jesse





## News from SciEnTech Project

At the last 4-H SET project meeting, we built mini catapults. We built them out of popsicle sticks, rubber bands, and bottle caps. There were two types we could build, the smaller, longer shooting one, or the more complex, shorter shooting one. We learned about what a fulcrum, force and tension have to do with catapults, and what angle is the best angle to shoot at. ~Devon Paragas



## UPCOMING COUNTY EVENTS

### Want to Find Out About 4-H at the County Level?

You can subscribe to *Highlights*, the San Mateo County 4-H monthly online newsletter. To do this:

Go to [www.cesanmateo.ucdavis.edu/](http://www.cesanmateo.ucdavis.edu/)  
Click on "4-H Youth Development Program".  
In the little purple box, click on "4-H Highlights".  
Submit your email address in the box.

[Download and view the newsletter here.](#)

HTML Link: <http://ucanr.org/sites/smsf4h/?newsitem=44281>

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**Next newsletter deadline: Wednesday, April 2, 2014**

Email newsletter articles to Christine Barganier [cmbargan@comcast.net](mailto:cmbargan@comcast.net)

