

San Carlos Eaton Hills 4-H

Issue Nine

<http://www.sancarlos4h.org>
May 2013

Club Officers

President: Kate Lyn Sutherland
Vice President: Summer Weaver
Treasurer: Maeve Keegan
Secretary: Anya Knoth
Corresponding Secretary: Isabella Paragas
Historian: Nik Grimsby
Sergeant-at-Arms: Justin Weaver
Photographer: Dina Ferguson
Membership: Sebrienne Ferguson
Jr. Farm Boss: Jess Taylor

Steering Committee

Bruce & Maeve Knoth –
Community Leaders 654-4975

Lisa Ceragioli

Julie Figliozzi Wong
Farm Manager

Kurt Hallamasek

Gretta Keegan

James Meeks

Lisa Montalvo

Cyndi Nolasco

Aida Paragas

Ellen Scheetz

Melissa Stewart

Heather Sutherland

Aaron Swarhout

Vera Warrick

Lisa Weaver

Bill Sharratt – Registrar –
224-1943

Katherine Schembri –

Projects Coordinator - 365-2331

Eric Grimsby — Farm Boss —
591-2212

Robert Lewit – Webmaster at
robert.lewit@gmail.com

Shelle McGee-Lucas – Newsletter
Editor straycatgt@comcast.net

Next General Meeting:
DOUBLE MEETING
May 21 at 7PM,
Clifford School

President's Message

Hello 4-H'ers,

Well it's May again and you know what that means... school gets let out for summer, the weather gets warmer, the animals bigger, and it's time for last 4-H meeting for the year. Our May club meeting will be our annual pizza and bingo meeting and will once again count for **two club meetings**, so if you are bringing an animal to fair do not miss this meeting! Also, at this meeting you must turn in a record book if you are exhibiting animals at the fair. I hope you all had an amazing 4-H year making new friends, gaining new skills, and finding your spark. I had a great time as president and I feel so proud and lucky to be apart of this club, but sadly my time must come to an end. This month you all will be voting for a new officer board for the 2013-2014 4-H year. Before I graduate, I hope to leave you all with a few words from all I have learned from 4-H: don't give up, always be yourself, reach for your dreams, always believe that anything is possible, and, most importantly, remember that wherever you go or end up, there will always be a 4-H club near you. Thank you for an incredible year. I hope you all have a spectacular summer!

Kate Lyn Sutherland



At this month's meeting:

Vote for club officers and enjoy pizza and bingo

\$1 buys a slice of pizza and a bingo card

Each additional bingo card is \$1.

The club will provide drinks and lots of fun prizes!

UPCOMING DATES & EVENTS

May 21	7PM - May general meeting
May 21	Record books due to be in good standing for Fair. All other record books due by June 30
May 18 – 19	Hometown Days! Sat. 8:15-11 Float decorating and parade Sat. & Sun. 10-5 Dime Toss and Information Booths open
May 27	State 4-H Field Day, UC Davis
June 8 - 16	San Mateo County Fair
June 16	Cake Booth service at San Mateo County Fair
August 11	End-of-the-Year Barbeque(watch e-mail for details)
July 28-Aug 2	4-H Summer Camp

Bring 4-H Whites to May Meeting

We would everyone to please remember to bring their old whites to the next general meeting. Since fair is fast approaching, the bin of whites will be available. Feel free to add a pair, take a pair or just peruse. Old shirts are needed, as well.
Thanks, Melissa Stewart

Club Officer Elections at May Meeting

Elections for club officers will be held at the May general meeting. Only club members vote for officers. (Parents cannot vote.) Membership in the Junior/Teen Leadership project for at least one year is a prerequisite for becoming a candidate. In addition, only candidates who submit a candidate statement to the club newsletter are eligible for election. **Please become an informed voter; read the candidates' statements below before the meeting.**

Candidates Statements

President

Hello, my name is Nik Grimsby. I have been in the San Carlos Eaton Hills 4-H Club since I was five years old. Back then I was a Beginning 4-Her who didn't know all that much. Now I am a strong leader who uses his knowledge to perform everyday problems and situations. I have served the past year as the first ever historian of our club, and taught you about 4-H's founder. In the beginning of the year, I introduced you to 4-H as founder A.B. Graham. The past two years I led the drama project, teaching members acting skills as well as public speaking skills. Today I submit my name as co-president of the San Carlos 4-H Club. Together my running mate, Isabella Paragas, and I, will lead the club into the future making San Carlos the best club to be in on the peninsula. If you want to have an amazing time next year, be sure to vote Nik Grimsby and Isabella Paragas, Presidents of the San Carlos 4-H Club.

Nik and I, Isabella Paragas, have participated in many club and county level programs. Along with creating and leading new projects, such as Drama and Manga Art, we have volunteered our time and effort. We love this club and want to help it continue growing and improving. We want each member to have a voice and have their opinions heard, because this is not just my club, or the officer's club, or even the kid that's sitting next to you. This is your club, and we will listen. Vote Isabella and Nik for Co-Presidents.

Hi Everyone! We're Jesse Taylor and Maeve Keegan and we're running as Co-Presidents. We decided to run together because we think we will be able to be the most effective if we share our extensive 4-H experience and skills. We each have different skill sets that will assist us in being the best leaders possible, for example, Jesse is really good at listening to others ideas and making sure that all perspectives are seen, while Maeve excels at implementing decisions. Our combined 15 years in 4-H has supplied us with wide and varied array of experiences on both the club and county level. Jesse has been on our club's board as Junior Farm boss while Maeve has been Treasurer. We've also tried all kinds of projects over the years: Jesse has been in everything from backpacking to cookie decorating to pigs, while Maeve has been in hobby crafts, lambs, and community service. Our knowledge about different projects means that we are likely to have something in common with almost every member of the club, so come talk to us! One of our goals is to get to know everyone in the club in some way so we invite you to come get to know us at some point during the year. We are also both members of the San Mateo County Junior Fair Board where we've learned a lot about how to run a huge organization. We believe that our combined skills, accomplishments and experiences have put us on the track to becoming amazing Co-Presidents. That's why you should vote for us, Jesse and Maeve, for President! Thank You!

Vice-President

Hi! My name is Anya Knoth and I am running for Vice President. I am 14 years old and I have been a 4-Her for 9 years. I am a qualified candidate for vice-president because I have the necessary leadership and compassionate skills. I have previously been Secretary and Corresponding Secretary, and this year I was the Junior Teen leader of the Lamb project. I want to be Vice President because I want next year to be the best year possible, and I want to help to ensure that it is. Remember to vote Anya Knoth for Vice President!

Secretary

Hello my name is Sarah Sutherland and I am running for the 2013-14 Secretary position for the San Carlos/Eaton Hills 4-H club. I am 14 and a freshman at Hillsdale High school. I have been a part of this 4-H club for 9 years and an officer for 2 years. This year I held the outreach position and I loved being a part of the Board so I would enjoy being a part of the Board again next year. I have also raised lambs for three years, chickens for five years, and turkeys for two years. I belong to the Jr. Fair Board for the 2013 San Mateo County Fair. I love this 4-H club and all of the people who make this club the best it could be. I am very passionate about what I do and I think I would make a great club secretary. Please vote for me Sarah Sutherland.

Corresponding Secretary

My name is Sebrianne Ferguson, this is my fourth year in 4-H, and I am running for the Corresponding Secretary office. The role of the Corresponding Secretary is to write thank-you letters to donors and supporters and assist the secretary in any way necessary. I believe I am qualified for this position because I enjoy writing and I am a good writer. I have taken many writing classes, and I have written many articles about 4-H activities such as Presentation Day, Favorite Foods Day, New Member Breakfast, Cake Booth, and others for our club newsletter. I am very appreciative to the people who help to support our club, and I would love to serve as your Corresponding Secretary. I would appreciate your vote!

Treasurer

Hello, my name is Cormac Keegan and I am running for treasurer. My sister has been treasurer for two years and I have learned some things from her. Also, my mom has mentored the treasurer for 3 years now and I am sure that she would help me in this position. I am top of my class in math and handle money well. I know that I am the best choice for the treasurer because I will keep this clubs money safe. One vote for me will be a step in the right direction. So vote me Cormac Keegan for treasurer.

Membership

Hello, my name is Nicole Nielsen, and I'm applying for the membership office. This is my sixth year in 4-h. I feel eligible for this officers position because I am the Junior Teen Leader of 3 projects, including sewing, rabbits, and poultry. I'm also a great public speaker, and like to help out at club meetings. I'd love to get more kids interested in 4-H because it has made me much more outgoing, creative, and responsible. Please nominate me for the 4-H membership officers' position!

Hi! My name is Kathryn Stewart and this is my 4th year in the San Carlos/Eaton Hills 4H Club. I raised 2 bunnies my first year and this will be my 3rd lamb that I will be showing at the San Mateo County Fair this June. I am running for the position of Membership. If you have never met me, I am an extremely loud, outgoing, fun, kind person who would be perfect for making members feel welcome in our club! I will make our club feel more together and that we are all one big happy family!

Jr. Farm Boss

Hi, my name is Daphne Schwartz and I'm running for Junior Farm Boss for the 2013-2014 year. I am currently freshman at Carlmont High School and I have been in 4-H for 4 years. I would really like to be the Junior Farm Boss because I love the farm. I know how the farm works, and I can make good decisions that will help improve the farm. This year I am raising my first lamb at the farm and I look forward to raising my second lamb next year at the farm as junior farm boss. Please vote Daphne Schwartz for the Junior Farm Boss.

******Members: Read the above candidates statements to make an informed vote!***

Record Books Due on May 21 – Get a Jump on Them

Members who plan to show animals at the San Mateo County Fair **MUST** have their record books at the May 2013 General Meeting. All other members who hope to earn a pin and year stripe, can bring record books to the Knoth home at 519 Prospect Street, San Carlos, by June 30, 2013.

The club website contains links to the state 4-H website, where you will find Word and PDF versions of the Personal Development Form and Project Report Form.

If you are claiming credit for demonstrations, you must complete a Demonstrative Verification Form and submit it with your record book. Forms are available from the club website.

Cake Booth at Fair

For those families who are looking to be involved with the fair but don't have an animal to show and don't quite know what to do....have I got a great opportunity for you: the cake booth! For those new to the club, every year our club is responsible for staffing and providing cakes for the cake booth for one day at the fair—this year it's Sunday, **June 16**. It is a really fun way to be part of the action of the fair for a day.

We ask that every family in our club donate two cakes for the booth. It's definitely not too early to start thinking about finding your favorite cake recipe. We also sell large cookies at the cake booth and they always sell out, so please stash some cookies in your freezer and bring them to the booth during the fair. Make this a fun family activity by following these cake-baking guidelines:

- Cakes must be 8" or 9" round, 2-layer cakes. No square or rectangular cakes.
- Box mixes are preferred. (You will need two boxes to bake two cakes.) Baking is easy and the results are uniform.
- Any flavor is fine, but we recommend you make one chocolate because it is the most popular flavor.
- Cakes must be frosted. Again, store-bought frosting is great.
- Avoid the whipped frosting, please, because it doesn't hold up.
- Frost when the cake is completely cooled.
- Cakes must be presentable, but need not be fancy.
- Do not slice your cake.
- Too busy to bake? Or the cake fell over? Please buy two-layer 8" or 9" store-bought cakes are perfectly fine.

Please sign-up at the May general meeting. Please contact our cake booth coordinators Jason Gische gische@cs.stanford.edu and Maria Smith at maria.smithsmith@gmail.com. They can answer your questions, get you signed up to work the cake booth, or how/where/when to get your cakes donated!

"Pen Pride" Booth at Fair!

For more than 65 years, San Mateo county 4-H clubs have taken a turn raising a special steer, "Peninsula Pen Pride." In 2002, our club raised "Houdini," a beautiful Black Angus, who was quite adept at escaping his pen! The Pen Pride steer always has a choice pen location in the livestock barn at fair and a special role in raising funds for our county's 4-H clubs. For a \$1 donation, fair-goers take a chance at guessing the steer's weight and winning fabulous prizes.

The steer is officially weighed on the last day of Fair. Because thousands of people enjoy playing this game, there are always several correct and close guesses with a prize for each.

All San Mateo county 4-H clubs participate in selling Pen Pride tickets, the entry forms for the guessing game. San Carlos/Eaton Hills club members already purchased a set of tickets as part of their registration dues. In addition to submitting these guesses, our members and parents help our club fulfill its responsibility for selling Pen Pride tickets to fair-goers. Selling tickets is easy and fun and people always love to talk about the steer and 4-H. We are the biggest club in the county and as such, have to pull our fair share of Pen Pride duty. Every family is requested to sign up for a shift. We also need someone to coordinate the shifts. Sign up at the May general meeting to help, or contact Melissa Stewart at jsmsks@sbcglobal.net.

Correspondence Corner

A huge thank you to Hans Warrick, who has made the club its very own Dime Toss table, so we don't have borrow one.

And another thanks to the McCaleb Family, who generously donated over 50 pieces of glassware to our club at the end of their estate sale.

Thank you, Isabella Paragas

4-H Summer Camp

July 28 - August 2, 2013

Camp fees - \$290.00 active 4-Hers (those who are participating in projects and belong to clubs), \$340.00 non-members

San Mateo County 4-H Summer Camp offers fun and excitement such as swimming, boating, archery, arts & crafts, hiking, rock tower climbing, horseback riding, and both organized and unorganized games. We have fun nightly recreation which includes all campers in the activities.

The friends and memories made there last a lifetime. 4-H offers hands-on, experiential learning activities to promote citizenship, leadership, and life skills. Through summer camp each camper has the opportunity to become a leader by getting involved and potentially becoming camp staff! For those who do not want to become camp staff and move up in camp leadership; don't worry – there is a lot of fun to be had for all!

(reprinted from the County website)

Project Reports

Creative Writing Project

The last Creative Writing meeting was fun and informative. We discussed description, dialogue, and detail. In a short story, you don't want to overdo any of those! Towards the end of the meeting, we watched a dramatization of one of Saki, a famous short story writer's, most popular short stories, "Sredni Vashtar." We've learned a lot this year about writing, and we hope to put it to good use!

Sofia Demers

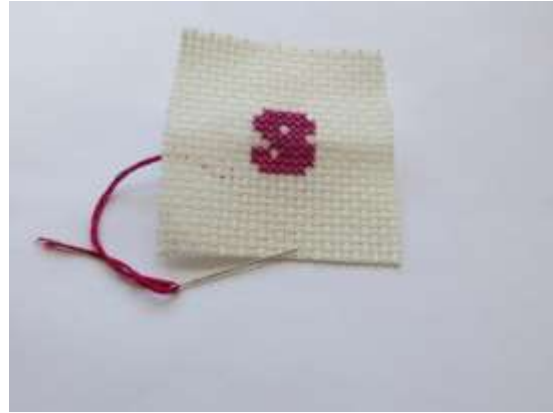
Beginning 4-H



In beginning 4H we visited the 4-H Farm. First, we did origami art. Next, some of us participated in turning the ice cream maker. Then we went into the farm area where we learned about the sheep and pigs that the members are raising for the fair. After the farm, we enjoyed our homemade vanilla ice cream.

Article By: David Saxberg

Hand Sewing Project



In the past two meetings, we have made kanzashi flowers and worked on cross stitching. Kanzashi flowers are Japanese fabric flowers that are made with a special template. They are so beautiful! Cross stitching is a type of embroidery. We cross stitched our names or did other designs, made-up designs. I loved making the kanzashi flowers and enjoyed the products of every meeting.

Maya Donovan

Backpacking Project



4-H Backpacking Project Hikes to China (Hole) and Back

On Saturday, April 27th, the San Carlos-Eaton Hills 4-H backpacking project set out for Manzanita Point campground at Henry Coe State Park in Morgan Hill. Ryan Heitel set off at a blistering pace followed by Jesse Taylor, Alyssa Montalvo, Anna Quinlan, Anna Spalletta, Janai Vliegen, and Sofia Demers. Bringing up the rear were co-leader John Schuck and parent volunteer, Paul Quinlan. Henry Coe State Park is the largest park in Northern California with over 80,000 acres of oak, madrone, and rolling hills and valleys.

After eating lunch and setting up camp, our next destination was China Hole. Rumor had it that there was a swimming hole there so we decided to see for ourselves. It was an easy two and a half mile hike down, down, down the trail, but we were rewarded with a swimming hole that actually had enough water in it for swimming. After cooling off it was time to filter water for the return trip to camp -- up, up, up the trail.

The late afternoon was spent relaxing in camp and unleashing our inner Van Gogh at the art table where we created masterpieces using watercolors and pens. We prepared freeze-dried entrees for dinner including spaghetti with meat sauce, chicken teriyaki, and pasta primavera. Not exactly gourmet, but hot and filling. Next up was the ever popular campfire and traditional

s'mores. A full moon shone brightly all night, and we even spotted a few wild turkeys in the trees. We hiked back out after breakfast the next day and reluctantly drove back to civilization

What the group liked LEAST about backpacking:

- Alyssa/Anna Q - the food
- Sofia/John - the outhouse
- Jesse/Paul/Laura - bugs
- Anna S - no showers
- Janai - the hiking part

What the group liked BEST about backpacking:

- Alyssa/Anna Q/Janai/John - swimming at China Hole and the campfire
- Jesse - campfire
- Sofia/Ryan - instant mashed potatoes for breakfast
- Anna S/Paul - the awesome company
- Laura - the full moon and being in nature

In total we hiked 10 miles, almost lost Sofia's sleeping bag down a ravine, and had a great time. Keep on hiking!

Laura Deck & John Schuck, Project Leaders

Lamb Project



The last lamb meeting we had was definitely one out of the ordinary! Brendon Visser- a surgeon at Stanford Hospital came and taught us how to suture! We practiced on pigs' feet and the entire group got to wear the proper clothing an actual surgeon would wear! We also used the same materials a surgeon would use! Overall, the experience was really fun and interesting! Thanks again to Brendon Visser for the suture lesson! -Daphne Schwartz

Manga Art Project



The Manga Art Project went on a field trip to Japantown during the Cherry Blossom Festival on April 13, 2013. When we arrived in Japantown, we walked through some stores. One store was the Japanese dollar store which was amazing and filled with all sorts of neat stuff. Next we walked and had a chance to see an origami display. At the display there was a hands-on session where we were each able to make an origami heart or fish. Next we went to a very large bookstore with two levels that sold many of the different types of Manga books. We all had a chance to look at the different sections and books. We then walked back to the square where we watched and listened to taiko drummers which were very skilled and fun. Then Mrs. Paragas treated us to some delicious fish waffles, some even filled with chocolate. Then we went into the mall and had lunch together at a raman noodle restaurant. It was yummy! It was a great day!
Spencer Garrido

County Fashion Revue

I participated in County Fashion Revue, which was on April 23rd at the San Carlos Youth Center. I entered a Traditional dress that I sewed for a dance number and a Consumer Science outfit which I bought for less than \$20. This was a new experience for me as I have never participated in Fashion Revue or sewn my own garment before. I was very nervous before judging but thankfully I ended up with very pleasant judges that really liked my outfits. They made me much more comfortable than I thought I would be. My favorite part of the entire event was the fashion show. I had a lot of fun walking down the aisle in pointe shoes as my commentary was read. In the end, I surprisingly received Gold for both outfits and the top score out of my age group. I will be going to State Fashion Revue with my Consumer Science dress. Congrats to all who entered in County Fashion Revue! You are all very fashionable!
~ Sebrianne Ferguson



Special Notice: Attendance!

Have you ever wondered what would happen if you miss too many General Club Meetings? Well, if you're taking an animal to the fair it is required that you attend 80% of the meeting in order to be in *good standing*. If you go under 80% you have to make up a meeting, either by attending another club's meeting or by going to a big special event. This year I missed too many meetings because I was sick and I had dress rehearsals for musicals that fell on the same day of the general meetings. I'm raising two turkeys and need to bring them to the Fair, so I went to another club's meeting as a make-up. As I was driving to the meeting, I started writing this article. (Oh yeah, I forgot to mention you also have to write an article for the newsletter about the make-up meeting you attend.) The club meeting I went to was the Canada 4-H Club. I've never really thought about other clubs meetings but when I was driving over I guessed they're not much different than our meetings. I thought that they'd go over the same things as we go over in our meetings; such as what each project group has done at their last meeting, and how much money they have saved up to. When I arrived to the Canada club meeting place, I noticed so many different things. The first thing, I noticed was that they meet in a really small space, and when I walked inside I only saw about 27 chairs set up.

When the meeting started, not all the chairs were filled. Like any other 4-H meetings we started with the flag salute, the 4-H pledge and then attendance. After that, they brought up the nominees for the election for their new club officers. As I looked around the meeting I recognized kids I see every year at Fair and some of them were officers already or running for a new office. After everyone gave their speeches they handed out paper and pencils for everyone to vote on, they even let me vote! Once we were done voting the real meeting began. One by one, each project came up telling everyone what they did and how much fun they had. It was similar to our meetings. After that they announced the upcoming County Fair. They talked about barn set up, barn duty, selling pen pride tickets, and the cake booth. (I even found out a secret about their club. But I'm not telling!) They talked about the May Day parade, Summer Camp and a 4th of July rodeo. The rodeo sounded fun and I found out they are going to ask other clubs to help with a petting zoo! At the end of the meeting they called up everyone who has a birthday in May and we all sang "Happy Birthday" to them; but they didn't get candy like we do at our club! In conclusion, this meeting was a whole new experience that showed me that each club has some similar things and many different ways of running. Although the Canada club was very nice, my heart is always with the San Carlos Eaton Hills Club.

~ Claire Nolasco

Want to Find Out More About 4-H?

San Mateo County Highlights Website:

Highlights are available online!

Follow the simple steps listed below to receive an electronic copy.

STEP 1: Go to the county 4-H web address:

<http://www.cesanmateo.ucdavis.edu/>

STEP 2: on the navigation area click on "newsletters"

STEP 3: On this page you should see, "4-H Highlights" - *click on this option*

STEP 4: "Subscribe to Newsletter - receive e-mail when this newsletter is updated", enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at 650-726-9059 X 101.

Special Edition ~ Next newsletter deadline: June 19!

Tell us about your fair experiences. What did you enter? What did you see? How did you participate? Did you work the cake booth or sell pen pride tickets? Is this your first year? Is this your last year?

Write down your thoughts and send me the note! We welcome and encourage articles written by members. Newsletter articles can be sent to Shelle McGee-Lucas via email at straycatgt@comcast.net. Please use Arial font size 12 and double space after a sentence. Also articles can be hand written and mailed or dropped off if experiencing computer issues. Call 508-8392 for address.

