# n Carlos Eaton Hills 4

ISSUE EIGHT

http://www.sancarlos4h.org

April 2013

## **Next General Meeting:** April 16, 2013 at 7:00 PM Clifford School

## President's Message

Hello 4-H'ers,

It's April! This means rain, animals, and of course capture the flag! Last year our club started a brand new tradition of playing a giant capture the flag game all over the Clifford campus. This year we are continuing the tradition of what our members called the best meeting ever! At this month's meeting we will also be collecting glassware for the booth at Hometown Days and we would love it if each member brought in five pieces of glassware. I hope everyone is excited for our April meeting as it should be a flagging good time!

Kate Lyn Sutherland

This month's theme:

#### Club Officers

President: Kate Lyn Sutherland Vice President: Summer Weaver

> Treasurer: Maeve Keegan Secretary: Anya Knoth Corresponding Secretary: Isabella Paragas

Historian: Nik Grimsby

Sergeant-at-Arms: Justin Weaver Photographer: Dina Ferguson Membership: Sebrianne Ferguson Jr. Farm Boss: Jess Taylor

#### Steering Committee

Bruce & Maeve Knoth -Community Leaders 654-4975

Lisa Ceragioli

Julie Figliozzi Wong Farm Manager

Kurt Hallamasek

Gretta Keegan

James Meeks

Lisa Montalvo

Cyndi Nolasco

Aida Paragas

Ellen Scheetz

Melissa Stewart

Heather Sutherland

Aaron Swarthout

Vera Warrick

Lisa Weaver

Bill Sharratt - Registrar -224-1943

Katherine Schembri -

Projects Coordinator - 365-2331

Eric Grimsby — Farm Boss —

591-2212

Robert Lewit - Webmaster at

robert.lewit@gmail.com

Shelle McGee-Lucas – Newsletter Editor - straycatgt@comcast.net

Bring Glassware for Dime Toss

## **UPCOMING DATES & EVENTS**

April 16	7PM April General Meeting – Clifford School MUR
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April 19	Entries Due for County Fashion Revue & Craft Expo
April 23	7PM Clifford School Library – Fair Animal Families
	Meeting
May 4	12PM Crystal Springs United Methodist Church –
	County Fashion Revue & Craft Expo
May 5	Drop-in Record Book Help
May 21	7PM May & June General Meetings – Clifford School
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May 18 & 19	Hometown Days Events - Parade, Information Booth &
•	Dime Toss
June 8 – 16	San Mateo County Fair Events

## Farm Animals Family Meeting, Clifford Library, April 23

April 23 at 7 PM, meeting is at Clifford Library. Are you bringing an animal to the County Fair? If so, this meeting is a **MANDATORY** event as we get our club organized for those busy days. Questions, then call Bruce or Maeve Knoth at 650-654-4975.

## Record Books Due May 21!

All record books will be collected at the May General Meeting. This is an especially important deadline for members who are bringing animals to the County Fair. The Fair requires that you be in "good standing" to take your animals through the gate and we must have your record book for that to be true! All members are encouraged to turn in a record book. If you would like any help, please call Maeve and Bruce (654-4975). We encourage you to make an appointment to drop by our house and work on your book with our help

## Hometown Days Coming in May

Our 4-H Club has a great tradition of participating in Hometown Days and we look forward to another great year. Julie Wong and Donna Howe will coordinate our parade float. Plan on coming to Central Middle School at 8:30AM, on Saturday, May 18, to decorate our float for the parade. Stay to walk in the parade at 10:00. On Saturday and Sunday our club will have both an Information Booth and a Dime Toss. Anne Kolker and Heather Sutherland are coordinating the Information Booth so please see them to volunteer to work for a slot. Melissa Stewart is organizing the Dime Toss, with the help of Lisa Weaver who has been storing our glassware all year! Plan on having a busy and fun 4-H weekend.

## Hometown Days Dime Toss Booth Glassware Needed

Hometown Days is fast approaching! This year, the dates are May 18 & 19. Please gather your CLEAN glasses, plates, cups, vases - essentially anything that will collect a dime - and bring them to the next meeting. Or, you can drop them off at the Weaver home at 2145 Greenwood Avenue in San Carlos. (You may leave them on the front porch.) We will be circulating the Dime Toss Sign-Up Sheet. Sign up for one (or more) two-hour shifts on either day. It's a lot of fun! In order to make the DIME TOSS a success, we also need you to collect glassware for prizes. Check your cupboards, ask your neighbors, talk to your grandparents. We need each member to donate 5 pieces of miscellaneous cups, glasses, plates etc. Also, check out the local thrift shops if you don't have enough at home!

Lisa & Melissa Dime Toss Committee

Cookie Contest Winners

The winners of the "Best Cookies" are as follows:

1st place - Jesse Taylor with his Chocolate Hazelnut Masterpieces!

2nd place - Carolyn and Benjamin Wolking with their Chocolate Chip Pecan Wows!

3rd place - Anna Quinlan with her Meyer Lemon Meltaways!

It was a really close race - all 3 were the favorites of both the judges and the kids.

The winners of the judging portion of the contest ended in a tie by Arianna Montalvo and Cale Hallamasek. Both members matched the judges scores almost perfectly.

-Debbie Schwartz

#### Cake Booth at the Fair

Each year our club is responsible for staffing and supplying delicious cakes to be sold at the cake booth at the fair one day in June. It's a great opportunity for 4-Hers who are not showing an animal, or even those who are, to get involved with the fair and it's always a fun time.

Look for a signup sheet for baking cakes and working the booth at the year-end meeting on May 21, 2013. The cake booth coordinators are Jason Gische and Maria Smith.

We are looking for Fair ticket donation to the club that we can hand out to our cake booth and pen pride volunteers. If you are entering multiple items in the fair and end up with extra tickets please let Maeve or Bruce Knoth know.

## San Mateo County Fair: What Are You Showing?

Maybe you are thinking that the County Fair is just for 4-H'ers who are raising animals? Wrong! Do you build with Lego's? Do you like to make models? Could you bake a favorite cookie? How about setting a beautiful table? Check out the Fair premium book and see what strikes your fancy at www.sanmateocountyfair.com.

Let's have 100% club participation this year!

## Uniform Check-up: Do You Have All the Pieces?

Do you need to get a 4-H uniform? Uniforms are only required if you are showing an animal at fair. You are *not* required to wear a uniform at any other 4-H event, but we like having some members in uniform at Hometown Days and other events.

We will have the Clubs' current supply of small uniform pieces and club t-shirts at the April general meeting. Read below the description of the complete uniform. Note the prices for the small items that may be purchased through the Club and where you can go to get your "whites". Bring cash for your Club purchases or remind your parents to bring their checkbooks. Also, remember to bring your old, clean whites to the meeting or up to the farm to be recycled.

## San Carlos-Eaton Hills 4-H Uniform Regulations

General Requirements

- Uniforms are only required if you are showing an animal at fair.
- You are not required to wear a uniform at any 4-H event.

#### Bottoms:

- White canvas pants or white jeans (jeans recommended if showing an animal). (We have a good selection of hand-me-down pants at the farm.)
- Brown or black belt with matching shoes.
- White shorts or skirts are optional for girls not exhibiting animals.

#### Shirt:

- White.
- Long-sleeved. (Short sleeves OK if not showing an animal.)
- Collared.
- Must be worn tucked in. (You can find shirts at department stores (boy's department) and thrift shops, and also check out the hand-me-downs at the farm.)
- Most girls wear boys" shirts.

#### Tie or Scarf:

- Must be the official 4-H tie or scarf.
- Girls wear scarf or tie; boys wear tie.

#### Hat:

- Must be the official 4-H hat.
- K-8th graders wear the green hat; high school students wear the white hat.

These items are available through the Club, while supplies last. Contact the Meeks family at 650-593-8720.

## May Meeting – Save the Date – Two Meetings in One

For our May general meeting, we will hold <u>two</u> club meetings back to back. Mark your calendar now. This way we will complete ten club meetings before the County Fair begins in early June. If you need 80% attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting!

## Reports from Members

#### Favorite Foods Day 2013

Favorite Foods Day (FFD) was held on March 23<sup>rd</sup> at the Community Activities Building in Redwood City. I entered an Afternoon Tea themed table setting and I made Pineapple Upside-Down Cake as my Favorite Food. As usual, I enjoyed participating and I found talking with the judges to be fun. FFD is one of my favorite 4H events – no pun intended ③. The judges asked me questions on food safety, the preparation of my cake, the items on my menu, and also about my table setting. I had very high hopes that I would receive gold because my dish was very complicated and also my theme was unique. In the

#### Favorite Foods Day 2013 (continued)

end, I received Gold and also the highpoint of the Gold category for the Intermediate group and got 94 points out of the possible 100. I was pleased to see that there were a lot more participants this year compared to last year, but I was disappointed to see, like last year, it was very disorganized. I plan to attend next year and hopefully enter a decorated item in addition to the table setting. Great job to all the Favorite Foods Day participants!



By Sebrianne Ferguson

#### North-Central Sectional Presentation Day 2013

On March 30<sup>th</sup>, 2013, I attended Sectional Presentation Day at UC Davis. Registration was at 9 am, so I had to leave for Davis at around 7:15. At arrival, I registered in front of Wellman Hall and then found my designated room. Unfortunately, it wasn't that straight forward; since Sebrianne, Laurel, and I were all doing cultural presentations that involved dancing (either ballet or tap) and the initial room that was assigned to us was carpeted! Eventually, and after talking to multiple coordinators, our rooms got switched and we started preparing for our numbers. During the tap dance, I almost fell because the room lacked a stage and linoleum was slippery, but other than that I felt pretty confident that I had done well. While I waited for the scores to be tallied, I participated in the horticulture contest, which was fun and challenging. The trip to UC Davis was quite long, yet it was well worth the drive because I enjoyed presenting, participating in the Horticulture contest, and earning 2 gold medals and a plant testing pin for my 4-H hat. I am off to State Field Day! I want to encourage all 4Hers from our club to attend next year.



By: Madina Ferguson

#### (Not be missed) North-Central Sectional Presentation Day 2013

I attended Sectionals Presentation Day on Saturday, March 30, 2013. It was held at UC Davis. There were at least 200 kids from nearby counties competing. Everyone in my room got gold, including me. Now, if I choose, I can proceed to state finals on Memorial Day weekend. It was great fun and I look forward to state finals next month. I would encourage everyone to participate next year...it is a great way to show your 4H spirit! By Elise Wacha

#### Poultry (County Wide Project)

At the meeting we registered for the fair and reviewed showmanship. Also, we put an egg in vinegar and saw the shell dissolve. Also, we learned how to blow out an egg. We learned about the egg and what a chick needs to survive inside the egg. Next month we will be doing more fair prep!

By Taylor Meeks

#### 2013 San Carlos-Eaton Hills 4-H Backpacking Project

Recently for backpacking Laura Deck and her eager 4Hers had learned many need-to-know essentials about some helpful skills for backpacking. What if you've ever found yourself without food in the middle of the forest? Some nutritious meals can be found by harvesting acorns for starches, clover for greens, any raspberry-style berry for fruit, and delicious grasshoppers for protein! Highly recommended to boil the wild edibles to remove any toxins and improve the taste. The 4Hers had the opportunity to go through a simulation of what to do if we find a person who has just been injured on the trail with the

#### Backpacking Project (continued)

talented, acting skills of Jesse Taylor. The simulation went through a step-to-step process of caring for the injured person. We learned about hypothermia, which kills 600 people a year in the U.S. Our overnight trip will be on April 27-28 at Henry Coe State Park. By Anna Spalletta

#### Beginning 4-H Project

We made pictures out of felt and fabric. We all sewed it together and finished off with cake. By Roen Thuener



## Want to Find Out About 4-H at the County Level?

#### Highlights is available online!

Follow the simple steps listed below to receive an electronic copy.

**STEP 1:** Go to the county 4-H web address:

http://www.cesanmateo.ucdavis.edu/

**STEP 2:** on the navigation area click on "newsletters"

STEP 3: On this page you should see, "4-H Highlights" - click on this option

**STEP 4:** "Subscribe to Newsletter - receive e-mail when this newsletter is updated", enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at 650-726-9059 x 101.

1. Also, you can do the following:

Download and view the newsletter here.

http://www.ca4h.org/files/156350.pdf for full essay application details.

## Next newsletter deadline: Wednesday, May 8, 2013

Email newsletter articles to Shelle McGee-Lucas at straycatgt@comcast.net - thanks. Or call me to drop off newsletter articles if you can't access the internet at 650-508-8392.

## 2013 San Mateo County 4-H Fashion Revue & Craft Expo Saturday, May 4, 2013 12:00 PM

This packet contains all the necessary information to participate in this year's event. We also invite you to help plan and execute the event. Please contact Robin Nielsen at 650-759-7118 to let her know if you would like to help. Participants may want to bring reading material to read while they are waiting while the judging is taking place and perhaps water to drink outside of the changing room. Fashion Revue Schedule

#### Friday April 19th, 2013

Entries due to Robin Nielsen rilnielsen@comcast.net 2444 Melendy Dr. San Carlos, CA

#### Saturday May 4th, 2013

12:00 p.m. - Fashion Revue Registration 12:30 p.m. - Fashion Revue Judging Begins 1:00 p.m. - Craft Expo Registration 1:30 p.m. - Craft Expo Judging Begins 1:15 - 2:45 p.m. - Demonstrations & Workshops 3:30 p.m. Fashion Show 4:15 p.m. Awards 4:30 Refreshments Served

Families and friends are encouraged to come for the Fashion Show plus the Hobby & Craft Expo (record book credit can be given for attending 2 County events) which concludes with the Award Ceremony for both the Craft Expo and Fashion Revue. Tasty refreshments will follow the awards.

Please plan to arrive no earlier than 3:20 p.m. for the Fashion Show so that the judging can be finished without any delays. As you can imagine, we never know exactly how much time is needed to complete the judging. The Fashion Show will take place after the judging has been completed, which is estimated to be approximately at 3:30 p.m.

#### IMPORTANT: Please read the enclosed guidelines and regulations carefully.

Mail all forms to Robin Nielsen, 2444 Melendy Dr., San Carlos CA 94002

Or you may email entries to: rjlnielsen@comcast.net

If you have any questions, call Robin at 650-759-7118. Before mailing, please double-check your entry. It is the member's responsibility to prepare their entry and make sure it arrives on time.