

San Carlos Eaton Hills 4-H

Issue Three

<http://www.sancarlos4h.org>

November 2012

Club Officers

President: Kate Lyn Sutherland

Vice President: Summer Weaver

Treasurer: Maeve Keegan

Secretary: Anya Knoth

Corresponding Secretary: Isabella Paragas

Historian: Nik Grimsby

Sergeant-at-Arms: Justin Weaver

Photographer: Dina Ferguson

Membership: Sebrienne Ferguson

Jr. Farm Boss: Jess Taylor

Steering Committee

Bruce & Maeve Knoth –

Community Leaders 654-4975

Lisa Ceragioli

Julie Figliozzi Wong

Kurt Hallamasek

Gretta Keegan

James Meeks

Lisa Montalvo

Cyndi Nolasco

Aida Paragas

Ellen Scheetz

Melissa Stewart

Heather Sutherland

Aaron Swarhout

Vera Warrick

Lisa Weaver

Bill Sharratt – Registrar –
224-1943

Katherine Schembri –
Projects Coordinator - 365-2331

Eric Grimsby — Farm Boss —
591-2212

Robert Lewit – Webmaster
robert.lewit@gmail.com

Shelle McGee-Lucas – Newsletter
Editor straycatgt@comcast.net

Next General Meeting:
Nov. 13, 2012 at 7 PM
Clifford School, Redwood City

President's Message:

Hello 4-H'ers,

I hope everyone is excited for this month's 4-H meeting! We have a lot of great things going on at this month's club meeting for everyone to participate in. Because November is the month of giving, this month we will be having our annual toy and food drive! If you can (pun intended), please feel free to bring unopened, unwrapped, toys and canned foods to our meeting to be donated. All items will be donated to local charities. In continuation with the giving spirit, our club's Jr/Teen Leaders will be hosting a fundraiser for the American Red Cross to raise money to be donated to the relief effort for Storm Sandy on the East Coast. We all have so much to be thankful for so let us all be giving back to others who may be less fortunate than we are in our club, community, country, and world. I hope see you all at the meeting!
Kate Lyn Sutherland

This Month's Theme:
**Bring canned food and a new,
unwrapped toy to donate.**

UPCOMING DATES & EVENTS

Nov. 13	7PM November General Meeting
Nov. 19	7PM County Council Meeting, Fox School, Belmont
Dec. 13	6:15PM Holiday Caroling
Dec. 18	7PM December General Meeting
Jan. 15	7PM January General Meeting
Jan. 25-27	Cal Conference

Donate to American Red Cross

Hey everyone! As you may know, the East Coast is struggling with the after effects of Hurricane Sandy and the people living there are in desperate need of help. At our next club meeting, please make a donation to the American Red Cross to help with the relief efforts. We will have a collection jar available at the sign-in table. Bring your spare change and let's see how much we can raise as a club! Thanks!

Toy/Gift Drive at the November Meeting

Our club is collecting toys for St. Francis Center in Redwood City. St. Francis Center provides a variety of services for very poor families. In December, the center's "Christmas Store" gives their client families an opportunity to select one or two toys for each child in the family. Often, the toys from the center's "Christmas store" are the only toys a child receives all year.



The Junior/Teen leaders ask each club member to bring a new, unwrapped toy to the November general meeting. Well-made basic toys with lasting appeal, including soccer balls and other sports balls, small motorized toy vehicles, and dolls are always very popular. Good choices for teens include gift certificates from Redwood City stores such as Target and Ross that sell a variety of merchandise and are close to the neighborhoods served by the St. Francis Center.

We've been requested to especially consider donating gifts for 12- to 16-year-olds, as they often don't have enough of these at the center. Please donate a gift that you would enjoy receiving.

. . . And a Food Drive, Too!

The Junior/Teen leaders also ask each club member to bring a nonperishable food item to the November general meeting for the club's annual Thanksgiving food drive. Club member's donations will be given to Second Harvest Food Bank. Please do not bring opened food containers or glass containers.



The most-needed food items include canned tuna, powdered milk, peanut butter (no glass jars, please), pasta, low-sugar cereals, 100% fruit juices in single serving boxes, meals in a can (stews, chili, soups), and food with pop-top lids.

Say "Cheese"!

At the November meeting, we will be taking a group photograph of all club members. The photo will be posted on the club website. We also use this photo in thank you notes to our supporters. Don't miss this meeting! Come prepared to smile!



Make a Holiday Card at the November Meeting

At the November general meeting, we will be making holiday greeting cards to give to the residents of the Carlmont Gardens Skilled Nursing Facility and Convalescent Home. Every club member is encouraged to contribute to a collective burst of creative

Registration Reminders

All Parents: Please consider becoming a registered volunteer. Registered adult volunteers receive liability protection for all 4-H sponsored events (such as driving for field trips, visiting the farm, etc.), and help ensure the safety of all our children.

Farm Parents: If your child plans to have an animal at the farm this summer, we strongly encourage you to register as an Adult Resource Leader. No child may be at the farm unless accompanied by at least one officially registered adult. That means that you and your child may not be alone at the farm (for a morning feeding, etc.), unless you are registered with 4-H. Take care of this important requirement before the spring animals appear!

Questions: Contact Bill Sharrat, club registrar, at 650-244-1943.

Medical Form Reminder

Parents: Please remember to provide each of your child's project leaders with a separate completed medical form by the first project meeting. Forms can be found on our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Be sure to discuss with the project leader any information that may impact your child's participation in project activities.

Project Leaders: Do not allow parents to drop off their child at your first meeting unless you have a completed and signed medical form in hand. You can print the forms from our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Have some extra forms for parents to fill out. Look over the completed forms and discuss with parents any matter of concern (allergies, etc.) Keep a complete set of the forms with you at all project meetings.

Share the Holiday Spirit!



All club members and their families are invited to our holiday caroling event at Carlmont Gardens, a skilled nursing facility and convalescent home, at 6:15 pm on Thursday, December 13. For the past few years, we have entertained residents in their recreation room and then strolled through the facility singing for the bedridden patients. Our audience is always so appreciative and they invite us back every year. Enthusiasm and a cheerful spirit are more important than singing ability at this event!

What?	Holiday caroling!
When?	6:15 pm – Thursday, December 13 Please be prompt! Our audience goes to bed very early. We'll be done by 7:15 pm at the latest!
Where?	Carlmont Gardens, 2140 Carlmont Drive, Belmont (Near Carlmont Shopping Center)
Who?	4-H members, parents, siblings, friends, and relatives! Don't be shy! Wear those antlers, stocking caps, and Santa hats!

Want to Go to CAL (Creating a Leader Conference)?

4-H members in 7th grade and up are invited to register for the North Central Division Creating a Leader Conference at Walker Creek Ranch, Petaluma. It will be held from January 25 - 27, 2013. The North Central division includes Sonoma, Marin, San Mateo, San Francisco, Santa Clara, Alameda, Contra Costa, Solano, Napa, Yolo, Sacramento, San Joaquin, Calaveras, Amador, and El Dorado counties.

Successful leadership is best learned in two ways: by observing it in others and by trying it oneself. The CAL Leadership Team is composed of former delegates who are now in charge of planning and delivering the Conference. The overall focus of CAL Conference is to provide a platform for youth leaders to share their joy, knowledge, and enthusiasm with their peers. The educational focus of CAL Conference is for delegates to enhance their techniques to demonstrate leadership in how they behave, in their attitudes, and in the words they choose to use.

Mark your calendar and watch the county newsletter and this newsletter for further information.

Reports from Club Members



"4-H Timeline: 1901" N. S. Grimsby, Historian

In this month's timeline we go back to the late 1890's where rural America set the tone for society. When the century turned, younger people were moving into cities, for the need of work. These people saw no future in laboring behind a plow. The atmosphere of economic prosperity was shadowed by the concern of the next generation of rural children.

-Liberty Hyde Baily at Cornell University linked youth to nature and the rural countryside.
-O.J. Kerns, Illinois Agricultural Experiment station, founded Farmers Institutes to introduce farm and home topics for rural youth.

In 1901 A. B. Graham, (seen above) who was a school principal in Ohio, began to promote out-of-school agriculture clubs. Graham formed a club of boys and girls with officers, projects, meetings, and record requirements. Sound familiar? Yes Graham's clubs are considered the founding of 4-H.

O.H. Benson and Jessie Field Shambaugh adopted the club idea in Iowa. Benson and Field designed a 3-leaf clover for the club's symbol.

Dime Toss Committee Needs Glasses

The Dime Toss Committee needs your unwanted glasses and such (cups, glasses, small decorative plates, vases, trinket boxes, saucers, trays, candle holders and any other dime-catching receptacle) for next May's dime toss booth. Our inventory is low - last year's dime toss left us with only one box remaining! Please consider donating your unwanted items in clean, good condition. You can either bring them to next month's meeting or leave them on the porch of the Weaver home at 2145 Greenwood Avenue, San Carlos.

Thanks ,
Melissa Stewart & Lisa Weaver

Beginning 4-H Project Meeting

After we learned the 4-H pledge, we played a game called "Who am I?" Then we made cool leaf collages and did leaf rubbings. We also made window hangings and bookmarks using colorful fall leaves. We decorated our project folders and wrote down what we did. Then we ate apple cake—yum!

--Carolyn Wolking

4H Awards Social

The 2012 San Mateo County Awards Social was held on October 27th at the UC Elkus Ranch in Half Moon Bay. The event was opened by a welcome message from Mary Meyers followed by the introduction of the All Stars who then ran the rest of the meeting. Among the many announcements, the award categories included scholarships, Presentation Day Medalists, Favorite Foods Day Medalists, Fashion Revue Medalists, County Record Book Winners/Medalists, Star Ranks and Volunteer Service Awards. San Carlos/Eaton Hills 4H was prominent in almost all the different award categories. The event concluded with closing remarks from Mary Meyers and a social (food and mingle).

Dina Ferguson



Want to Find Out About 4-H at the County Level?

You can subscribe to *Highlights*, the San Mateo County 4-H monthly online newsletter. To do this:

Highlights is available online!

Follow the simple steps listed below to receive an electronic copy.

STEP 1: Go to the county 4-H web address:

<http://www.cesanmateo.ucdavis.edu/>

STEP 2: on the navigation area click on "newsletters"

STEP 3: On this page you should see, "*4-H Highlights*" - *click on this option*

STEP 4: "Subscribe to Newsletter - receive e-mail when this newsletter is updated", enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at 650-726-9059 x 101.

Also, you can do the following:

[Download and view the newsletter here.](#)

Next newsletter deadline: Wednesday, December 12, 2012

Email newsletter articles to Shelle McGee-Lucas at straycatgt@comcast.net - thanks. Or call for address to drop off newsletter articles if you can't access the internet; 650-508-8392.

