

San Carlos Eaton Hills 4-H

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Issue Two

<http://www.sancarlos4h.org>

October 2012

Club Officers

President: Kate Lyn Sutherland

Vice President: Summer Weaver

Treasurer: Maeve Keegan

Secretary: Anya Knoth

Corresponding Secretary: Isabella Paragas

Historian: Nik Grimsby

Sergeant-at-Arms: Justin Weaver

Photographer: Dina Ferguson

Membership: Sebrienne Ferguson

Jr. Farm Boss: Jess Taylor

Steering Committee

Bruce & Maeve Knoth –
Community Leaders 654-4975
Lisa Ceragioli

Julie Figliozzi Wong

Kurt Hallamasek

Gretta Keegan

James Meeks

Lisa Montalvo

Cyndi Nolasco

Aida Paragas

Ellen Scheetz

Melissa Stewart

Heather Sutherland

Aaron Swarhout

Vera Warrick

Lisa Weaver

Bill Sharratt – Registrar –
224-1943

Katherine Schembri –

Projects Coordinator - 365-2331

Eric Grimsby — Farm Boss —
591-2212

Robert Lewit – Webmaster

robert.lewit@gmail.com

Shelle McGee-Lucas – Newsletter

Editor straycatgt@comcast.net

Next General Meeting:
Oct. 16, 2012 at 7 PM
Clifford School, Redwood City



President's Message:

Dear 4-H'ers,

It's October! Which means that it's time for pumpkin carving, Halloween costumes, National 4-H Week and, of course, project sign ups! Project sign ups are a time for all 4-H'ers to, well, sign up for some of the many projects our club has to offer.

Remember to only sign up for the projects that you know you will be able to attend. This October meeting is also super special because October is National 4-H month, so let's spread that 4-H Clover pride throughout this month! Now, let us make this meeting truly spooktacular!

Kate Lyn Sutherland

This Month's Theme:

Project Fair

Wear Orange & Black

UPCOMING DATES & EVENTS

Oct. 15	7PM Life Skills & Hobbies, Fox School in Belmont
Oct. 16	7PM October General Meeting and Project Fair
Oct. 27	2 – 4PM Enrollment and Award Social (see article for details)
Nov. 13	7PM November General Meeting
Nov. 19	7PM County Council Meeting, Fox School, Belmont

Registration Reminder

Register online BEFORE coming to the October meeting and bring completed medical forms with payment to the October meeting. Your child will not be enrolled in projects until their registration is complete. We encourage all 4-H parents to register as volunteers. Registration is essential for any parent whose child will have an animal at our farm this summer. Membership fees are \$55 per youth member, with no fee charged for adult volunteers. All returning members must be fully registered by October 31, 2012, to be considered "in good standing" for the 2013 San Mateo County Fair. Do you wonder if your registration is complete? Please e-mail our registrar volunteer, Bill Sharratt at bill.sharratt@gmail.com.

Important Attendance Policy Reminder San Carlos-Eaton Hills 4-H Club Attendance Policy

80% attendance at the club's monthly general meetings and 80% attendance at the project meetings are needed to exhibit any project at the San Mateo County Fair. 80% attendance at the club's monthly general meetings is required to obtain a star rank. 80% attendance at project meetings is required to earn record book credit for "project completed" for each project.

An excused absence will not count against the 80% calculation.

Excused absences include illness, religious commitments, or mandatory school activities (one-time meeting, school play, or concert). Other excuses may be presented to the Steering Committee for authorization.

Bring a note to the club secretary the month before or after your excused absence so it can be recorded.

Homework and school social activities are examples of non-excused absences.

If you will have to leave early or arrive late on a regular basis, please provide a note of explanation to the club secretary. You can still receive credit for attendance, but more than two late arrivals or early departures will disqualify you from earning a 100% participation pin.

You are responsible to find out what you missed at the general meetings.

You are encouraged to make-up the missed meeting with community service time: volunteering at schools or special-needs programs, or representing the club at Lions Club activities, Hometown Days, and the San Mateo County Fair (auction, cake booth, Redwood Hall attendant, and Pen Pride).

Don't Forget Those Medical Forms!

Did you know that a copy of that medical form you fill out for your child must be given to each of your child's project leaders? The forms are meant to help protect your child while not under your supervision and may contain essential information about allergies, medications, phobias, etc. These forms are essential; they allow medical providers to care for your child if your child gets hurt. It is your job to provide a copy of this form the leader of each project your members enrolls in.

Please fill out a separate form to give to each project leader. Please note that if you make photocopies, each copy must have a fresh signature to be valid.

What is the easiest way to do this? Go to the club website and find the medical release form. Fill it out on your computer and print as many copies as you will need. Is your child signing up for four projects? Bring four copies. (Bring an extra if in doubt.) Sign each one (signatures must be original) and bring them to the October meeting. We will have blank copies at the meeting, but you might prefer to fill out forms ahead of time. Many thanks for helping us complete this important job.

—Maeve and Bruce Knoth

This Year's Projects

Thanks to the parents who have enthusiastically offered to lead the following projects for the 2012-2013 year. As you think about projects for your family please watch your e-mail and check the website for the project list complete with details about age restrictions, meeting times and dates and additional fees. New members should consider signing up for just one or two projects as you get to know 4H and what involvement is best for your family. At the October General Meeting each member will receive a project list and, after talking to project leaders, will rank projects and turn in their project registration (rather than sign up individually with project leaders as we have done in the past).

100 Years of 4-H in California
Backpacking
Bees
Beginning 4-H
Communication / Creative Writing
Community Service / Service Learning
Computer Coding
Cooking- Beginning
Cooking- Intermediate
Drama
Demonstrations
Duct Tape and Jewelry Making
Fix – It!
Health: Wii Just Dance to Share the Fun
Hobby Craft - Hand Sewing
Knitting and Crocheting

Lambs
Leadership Development
Manga Art
Parkour
Poultry- Avian Bowl & Poultry Judging
Poultry- Market Chickens and Turkeys
Poultry- Show Chickens
Rabbits Husbandry and Market
Sewing and Quilting
Shooting Sports- Air Rifles- Beginning
Shooting Sports – Air Rifles - Competition
Shooting Sports- Archery - Beginning
Shooting Sports – Archery - Intermediate
Wildflower Hiking
Woodworking- Beginning

LEADER AND ASSISTANTS ARE NEEDED, PLEASE VOLUNTEER FOR:

Need Leader:
Hobby Crafts

Need Assistants for:
Beginning Cooking
Fix It
Sewing/Quilting

COUNTY-WIDE PROJECTS

Cavies
Dogs
Poultry Show Chickens (first meeting Oct. 20; details in County Highlights)

Health & Nutrition
Million Trees

4-H'ers: Please read the detailed project grid that arrived in your e-mail and is posted on our club website **before** arriving at the October general meeting project fair so you can find out the schedules for each project and make good choices when you sign up.

Little Dresses for Africa Community Service Project

Submitted by Alyssa Higdon, Belmont 4-H

We are going to make little dresses and shorts for African children. We are going to try to make 50 dresses and 25 shorts. We are doing more dresses than shorts because the girls are less valued in Africa. We are not just sending dresses, we are sending the girls hope too. We are going to be doing this on the two Saturday before Thanksgiving-- **November 10th and 17th** from noon-3pm at Crystal Springs United Methodist Church, 2145 Bunker Hill Dr, San Mateo, CA 94402.

We could use donations of cotton fabric for the dresses and twill or light weight denim for the shorts. The minimum size for the fabric is about 22 inches by 42 or 44 inches. We hope you can make it.

For more information please go to: <http://www.littledressesforafrica.org/blog/>.

IF YOU DO NOT KNOW HOW TO SEW OR IF YOU ARE NOT A 4-H MEMBER, PLEASE STILL COME.

For more information, please contact Alyssa Higdon at Alyssa.Higdon@gmail.com.

13th Annual San Carlos Lions Club Tri-tip Round-up Dinner Saturday, October 27, 2012

**All proceeds go to San Carlos Youth
and Community Activities**

Dinner served by Eaton Hills 4-H Club.

5:30 Hors d'Oeuvres & Wine

6:30 Dinner Mahany Hall, 1336 Arroyo in

San Carlos

\$30 per per person

Table of 8 Receives 1 Free Ticket

Tickets (650) 255 3784 or

Ask a Lion!

Raffle

Auction

Singing Cowboy

Menu

hors d'oeuvres

salad

tri-tip

corn on the cob

cowboy beans

corn bread and butter

dessert

coffee

no-host bar

San Mateo County Awards and Enrollment Social 10/27/2012

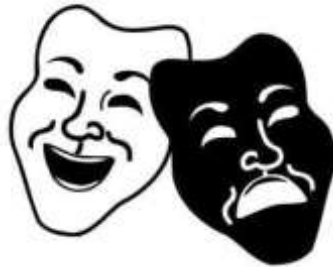
San Mateo County 4-H will be hosting the Enrollment and Awards social on October 27, 2012 at UC Elkus Ranch, 1500 Purisima Creek Road, Half Moon Bay, from 2-4 pm

This is a great chance to see what is happening in 4-H around the County and for many of our members to have a chance to visit with friends they see at the Fair and other County-wide events. See you there.

~ The Knoths

Drama & Market Poultry Projects:

First Meeting on October 20 at Grimsby Home!!!



Drama: 2:00-3:30

Please bring \$4.00 for workbook.



Market Poultry: 3:30-5:00

If you have questions please email me at grimsby4h@yahoo.com

Want to Go to CAL (Creating a Leader Conference)?

4-H members in 7th grade and up are invited to register for the North Central Division Creating a Leader Conference at Walker Creek Ranch, Petaluma. It will be held from January 22 - 27, 2013. The North Central division includes Sonoma, Marin, San Mateo, San Francisco, Santa Clara, Alameda, Contra Costa, Solano, Napa, Yolo, Sacramento, San Joaquin, Calaveras, Amador, and El Dorado counties.

Successful leadership is best learned in two ways: by observing it in others and by trying it oneself. The CAL Leadership Team is composed of former delegates who are now in charge of planning and delivering the Conference. The overall focus of CAL Conference is to provide a platform for youth leaders to share their joy, knowledge, and enthusiasm with their

peers. The educational focus of CAL Conference is for delegates to enhance their techniques to demonstrate leadership in how they behave, in their attitudes, and in the words they choose to use.

Mark your calendar and watch the county newsletter and this newsletter for further information.

Want to Find Out About 4-H at the County Level?

You can subscribe to *Highlights*, the San Mateo County 4-H monthly online newsletter. To do this:

Highlights is available online!

Follow the simple steps listed below to receive an electronic copy.

STEP 1: Go to the county 4-H web address:

<http://www.cesanmateo.ucdavis.edu/>

STEP 2: on the navigation area click on "newsletters"

STEP 3: On this page you should see, "*4-H Highlights*" - *click on this option*

STEP 4: "Subscribe to Newsletter - receive e-mail when this newsletter is updated", enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at 650-726-9059 x 101.

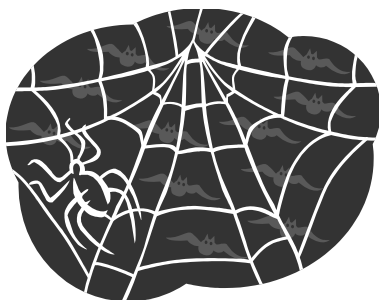
Also, you can do the following:

[Download and view the newsletter here.](#)



Next newsletter deadline: Wednesday, November 13, 2012

Email newsletter articles to Shelle McGee-Lucas at straycatgt@comcast.net - thanks. Or call for address to drop off newsletter articles if you can't access the internet; 650-508-8392.



San Carlos Club Project Name	Leader	Age Limit/Range	Meeting Dates	Fee	Meeting Location
Backpacking	Laura Deck & John Schuck	12 & up	SUNDAYS 4 – 5:30pm , 3 Mtg's-1 ea in Jan, Feb & Mar to plan Overnight at a Park in April		Deck Home in San Carlos
Bees	Kurt Hallamasek Aaron Swarhout	5 & up **	SUNDAYS, 2-4pm		Hallamasek Home. 4H Farm
Beginning 4-H	Sarah Wolking & Lisa Ceragioli	5-8yrs	1st SATURDAYS 3:30-5pm	\$20.00	SC Library, Comm Rm A, 2 nd floor
Communication- Creative Writing	Lisa Demers JTL: Sofia Demers Need Co-leader	All Ages **	2nd SATURDAYS Primary's(Ages5-8): 1-2:30pm, Ages 9 & Up from 2-4pm	\$15.00	TBD
Community Service/Service Learning	Heather Sutherland	12 & up	WEDNESDAYS, 4:30-5:30pm,		Only if 10+ kids. Sutherland Home in SM
Computer – Coding	Jack Mills	12 & Up			
Cooking-Beginning	Aaron Swarhout Need co-leader	5 & Up **	2nd SUNDAYS 10:30am-2pm, Starts Dec. 9th Limit: 6 kids	\$30.00	Swarhout home in San Carlos
Cooking-Intermediate	Lorraine Heitel & Lisa Montalvo	9 & up **	2nd Sundays 1-4pm	\$25.00	Redwood City
Drama	Nik Grimsby	9 & up	SATURDAYS 2-4pm		Grimsby Home in Belmont
Demonstrations	JTL: Laurel Nelson Jenny Nelson	9 & Up	Nov. 9 & Dec. 14 – 6:30-7:30pm Jan 11 & Jan 25 - 6:30-8pm, Feb. 6 or 8th + Presentation Day- Feb. 9th	\$10-20	Burl/San Mateo 4-H Clubhouse in San Mateo
Duct Tape and Jewelry	Rachel Elia Diane Elia	10 and up	Various FRIDAYS, 6:30pm-8pm		Limit 10 kids San Carlos
Fix It Project	Tony Nolasco	10 & Up	SUNDAYS 2-4pm	\$25.00	Nolasco Home Menlo Park
Health: Wii Just Dance to Share the Fun	Julie Wong	All Ages	Friday Nights 7-9pm until March		Menlo Park

Hobby Craft - Hand Sewing project	Aida Paragas & Lisa Demers	All ages	1st SATURDAYS 10:15 -11:45am MAX # of Kids: 8	\$25.00	RW Shores & SC Library
Hobby Crafts	Leader Needed	5-9yo			
Knitting & Crocheting	Elisabeth Rossi Eva Watte & Lisa Santoro JTL: Leo Rossi	8 & Up		\$5.00	SC Library
Lambs	Joanne Taylor JTL: Anya Knoth	9&Up			
Leadership Development	Maeve and Bruce Knoth	7 th grade & up	1st Mondays, 7-8pm,		Knoth Home in San Carlos
Manga Art	Aida Paragas, JTL: Isabella Paragas	9 & up	2nd SATURDAYS 10:15 – 11:45am Nov - May	\$10.00	SC & RW Shores Library
Parkour	Steve Wong	9 & Up	SATURDAYS, 10am	?	Various Menlo Park Locations
Poultry – Market Chickens	Judy Grimsby & Anne Kolker JTL: Nik Grimsby	6 & Up	2nd TUESDAYS, 5:30-6:45pm	\$60-80	American Legion in San Carlos
Poultry – Show Chickens	Robin Neilsen	6 & Up	1st WEDNESDAYS, 4-5pm		American Legion in San Carlos
Poultry – Avian Bowl, Judging, Eggcellent Cooking	Julie Wong Cyndi Nolasco	9 & Up	SUNDAYS 3-5pm		Wong Home in Menlo Park
Rabbit Husbandry/Market	Nathalie Ghafouri & Robin Neilsen	9 & up	1st TUESDAYS, 6-7:15pm		Ghafouri Home in San Carlos
Rabbits-Social Bunnies	Heather Sutherland	Need Prior Rabbit	One SATURDAY every 6 weeks, 9am – 11am		Peninsula Humane Scty Burlingame
Service Learning: BOK Ranch service	Julie Wong	14 & Up	One orientation Sunday 1-3pm on Nov. 4 or Dec 2. Then 8 consecutive weeks		BOK Ranch
Sewing /Quilting	Robin Nielsen, Asst: Diane Elia JTL: Laurel Nelson Needs another Adult & JTL	9 & Up	Every FRIDAY, 3:30-5:30pm	\$50.00	American Legion In San Carlos
Shooting Sports-AIR RIFLES – Beg	James Meeks and Raul Salem	9 & Up	1st SATURDAYS, 4-6:30pm		Palo Alto Rod & Gun Club

Shooting Sports AIR RIFLES Competition	Lee Torno & Raul Salem	9 & Up	4th SATURDAYS, 4-6:30pm		Palo Alto Rod & Gun Club
Shooting Sports- Beg ARCHERY -	Steve Wong JTL: Cheyenne Beaumont	9 & Up	SATURDAYS 3-5pm,	\$10 per mtg	Mtn View indoor range & Woodside Outdoor Club
Shooting Sports- Interm ARCHERY	Steve Wong	9 & Up	SATURDAYS 3-5pm	\$10 per mtg	Mtn View Indoor range & Woodside Outdoor Club
Wildflower Hiking	Sandra Bernhard	All Ages **	SUNDAYS between 1-5, exact time TBD		Various Local Trails
Woodworking- Beginning	Hans Warrick	All ages **	2nd SATURDAYS, 3-5pm,		Warrick Home
Celebrating 100 of yrs of 4-H	Sarah Wolking & Sofia Raptis JTL: Sebrienne & Dina F.	All Ages **	1 st Meeting on Monday Nov 12 th No Monthly Meetings Calendar given at 1 st mtg.		Woodside
COUNTY-WIDE or other PROJECTS	COUNTY-WIDE or other PROJECTS		COUNTY-WIDE or other PROJECTS		COUNTY WIDE or other PROJECTS
Cavies	Bunny Weiss-Canada 4-H JTL: Alyssa Montalvo	5 & Up	3 rd TUESDAYS at 6:30pm		
Dogs	Kitty Norwood - Canada 4-H	5 & Up	2 nd SUNDAYS, 4-5pm	\$4.00	Barkley Park in Woodside
Health & Nutrition: The 4th H Project	Holly Bernal JTL: Douglas Bernal				
Million Trees – County-wide Project	Tom Webber 650.892.7208-Tom Fiona Benjamin- JTL	8 th grade & Up	Sat or Sun for tree plantings Contact Tom Directly at 4hmilliontrees@gmail.com		Various locations in San Mateo County
Poultry – Show Chickens	Holly Bernal & Sarah Lloyd JTL: Douglas Bernal				