

# San Carlos Eaton Hills 4-H

**ISSUE SIX** <http://www.sancarlos4h.org>  
February 2012

Next General Meeting:  
Feb. 21, 2012 at 6:30 PM,  
Clifford School



## President's Message

This month's letter will be in a series of poems, compiled by the president. It was hard finding poems on the topics needed, but I managed.

There once was a club from the bay  
Which wanted to hold a soiree  
When what could be found  
But lasagna abound  
All had to bring something that day  
-Anonymous

There once was a boy from San Carlos  
Who had many more Lego's than most  
So when the fair came to town  
He brought them around  
And won some money for which he would boast  
-Anonymous

Anyways, as you can see, Anonymous clearly wants people to check out the article on the potluck so you know what to bring. Also, like this boy, everybody can enter something in the County Fair, so don't be shy with your entries. (Anonymous was quite the prescient poet by the way).

-Tristan Knoth, President

**At this month's meeting:  
Wear red, pink, or white!  
Bring a dish to share at potluck!**

### Club Officers

President: Tristan Knoth

Vice President: Peri Wong

Corresponding Secretary: Anya Knoth

Secretary: Summer Weaver

Treasurer: Maeve Keegan

Sergeant-at-Arms: Sarah Sutherland

Membership: Isabella Paragas

Jr. Farm Boss:

### Steering Committee

Bruce & Maeve Knoth –  
Community Leaders 654-4975

Laura Deck

Judy Grimsby

Julie Figliozzi Wong

Kurt Hallamasek

Gretta Keegan

Scot & Patty Marsters

Aida Paragas

Melissa Stewart

Heather Sutherland

Vera Warrick

Eva Watte

Lisa Weaver

Lisa Montalvo

Chuck Oey

Karen Biggers – co-Registrar 591-2707

Bill Sharratt – co-Registrar – 595-1683

Katherine Schembri – Projects  
Coordinator 365-2331

Scot Marsters — Farm Manager

Eric Grimsby — Farm Boss 591-2212

Robert Lewit – Webmaster  
robert.lewit@gmail.com

Shelle McGee-Lucas – Newsletter  
Editor straycatgt@comcast.net

## UPCOMING DATES & EVENTS

Feb. 21	<b>6:30PM</b> General Meeting and Potluck
March 20	7PM March General Meeting
March 14	Mandatory Meeting for First Time Livestock Exhibitors
March 24	Favorite Foods Day
March 19	7PM County Council
April 9	Entry Forms Due for Livestock and Small Animals
April 15	Ear Tagging (including hogs this year) at the Fairgrounds

### Potluck Dinner

Dinner is Served!

This Tuesday evening, prior to the general meeting, the Junior Teen Leaders are hosting a potluck dinner for the Club. The JTL's will provide the main course – lasagna – and the rest of the club members will potluck the salad, bread and dessert.

Members whose last name begins with A – K bring a salad

Members whose last name begins with L – S bring bread

Members whose last name begins with T – Z bring a dessert

The club will provide the beverage, cups, salad dressing, and napkins in an effort to be green we ask that you bring your own plate and eating utensils. All who bring their own supplies will be entered in a raffle for great prizes!

Come early at **6:30** and enjoy “breaking the bread” with your fellow 4-H'ers.

P.S. – parents in attendance are invited to eat, too!

### Root Beer Floats for Sale

Hey everyone! The Community Service Project is so excited to say that we've already collected 700 books and \$121.41. But the African Library Project isn't finished yet! Since our goal is \$500 to ship our expected 1,000 books to Swaziland, we will be selling root beer floats at this month's general meeting. The cost will be \$2 for a float, but if you bring a book to donate you'll get a dollar off your confection. If root beer floats don't strike your fancy, you can donate to the cause anyway as we will accept all donations. Thank you to everyone who's already donated and we hope to see you all at the potluck, so come hungry!

By The Community Service Project



## **May Meeting – Save the Date**

Due to school vacation schedules, the May General Meeting will be held on the **second** Tuesday of May, on May 15, 2012. See you there.

The night of May 15 we will hold **two** club meetings back to back. Mark your calendar now. This way we will complete ten club meetings before the County Fair begins in early June. If you need 80% attendance because you plan on showing an animal at the Fair, be sure to attend the May meeting!

## **Are You Ready for Hometown Days?**

Save the dates for Hometown Days-May 18 to May 20. Our club makes a big splash at the parade on Saturday morning, in our information booth and at our Dime Toss. All San Carlos Eaton Hills families are needed to make the weekend a success. Please plan to work at one or both of our booths to make a strong showing for our club.

### **Dime Toss**

Remember the Dime Toss! To make this booth a huge success search your cupboards for miscellaneous glasses, plates, mugs, wine glasses and the like. These will become the prizes at our Dime Toss so we need MANY. Check your grandmother's house. Ask your co-workers. Bring your finds to the February general meeting (in a cardboard box please) or drop them off at the Weaver house 2145 Greenwood Avenue, San Carlos. You can leave your glassware on their porch anytime.

### **Favorite Foods Day**

San Mateo County Favorite Foods Day will be held on Saturday, March 24 at Sandpiper Community Center, Redwood City. Check-in will begin at Noon. Everyone is invited to participate in Junior Judging, enter a decorated cake in our "for fun" contest (adults too), bring a project display or mini-activity related to the food chain and participate in cupcake decorating and experiments about food. Join the fun. Watch your emails for more details. Entry forms are due by March 11 to the County 4-H office.

## **Everyday Young Hero Awards**

They are offered and awarded on a weekly basis to youths from around the world, ages 5-25, who exemplify commitment to service. If you know of a youth that is deserving of nomination for this award, visit: [www.YSA.org/awards/hero](http://www.YSA.org/awards/hero) today.

## **State Fashion Revue Manual**

The State Fashion Revue Manual has been revised for 2012 and posted on our website at <http://www.ca4h.org/Programs/Events/SFR/>. The rubric scorecards used at SFR are also online for use at local events. As county fashion revues are planned, please have someone from your county notify Jillian Barden of your event date. Then after the county event, notify the SFR committee again with the names of your qualifying delegates.

State Fashion Revue will be **Saturday, May 26** at UC Davis, as part of State Field Day. Delegates must qualify at their local County Fashion Revue. See the updated manual for information.

SFR registration will open be open from **April 1 to May 12**.

Contact Jillian Barden, staff liaison at [jmmilambarden@ucdavis.edu](mailto:jmmilambarden@ucdavis.edu) or Sue Moore, SFR Registrar at [2moores@mlode.com](mailto:2moores@mlode.com), with questions. If you need a pattern for the Tote Bag Challenge or you have questions about the SFR service projects, contact Mary Engebret at [maryengebret@comcast.net](mailto:maryengebret@comcast.net).

## 4-H State Ambassador Applications

Deadline: **March 31, 2012**

The California 4-H State Ambassador position is one of the highest service opportunities and recognitions attainable in the University of California 4-H Youth Development Program. The State Ambassador Program is a working honor that provides members with the opportunity to serve as a representative of the 4-H Program, plan the annual CA 4-H State Leadership Conference, and implement a service learning project during their 14 month term. Youth members ages 16-18 are eligible to apply.

Applications for the 2012-2013 State Ambassador team are available online at:

<http://www.ca4h.org/Projects/Leadership/SA/>.

## Reports from Members

### Stockton Poultry Show

On Saturday, January 28<sup>th</sup>, we went to the Stockton Poultry Show. There were a ton of chickens, and you could hear them from the parking lot. I got my first chickens. Their names are Speckles, Caramel and Duchess. It was really fun. I really hope they make it to the fair.  
Taylor M.



## **Archery Project**

Last week was another archery project. Many of us wore our handmade wristguards/fingerpads. Archery is fun for all of us and helpful. I'm really learning a lot, like holding your arm steady keeps the arrow straight. I like it because it not only makes your muscles strong, it also introduces us to the skill of concentration which is essential in archery. It really is a great sport.

Elise Wacha

## **Presentation Day**

I was excited to do a presentation because it was my first time. I'm glad that Mr. Wong lent me the items to use for my presentation on archery armguards. I was really nervous but answered the judges questions as best as I could. I was really excited that I got a blue ribbon. I want to do this again next year.

~ Elyssa Lucas

## **Presenting & Jr. Judging at County Presentation Day**

On February 4<sup>th</sup>, I presented at San Mateo County Presentation Day for the first time. I had been practicing my presentation titled "Inside the Folds" for weeks prior to the event. In addition, I attended demonstration project meetings to prepare me for presentation day and receive coaching from our project leaders. I enjoyed giving my presentation which was demonstrating how to fold an origami paper cup. I also enjoyed watching some neat presentations. Food/cooking related presentations and Share the Fun section of the event was most interesting for me.

By: Dina Ferguson

## **San Mateo County Presentation Day**

At County Presentation Day, there were all sorts of entertaining demonstrations, from healthy doughnuts to origami. I gave an Illustrated Talk titled "All About Vanilla", where I talked about Vanilla Beans. I had fun preparing this presentation because I got to spray Homemade Vanilla spray around the room (as my Demonstration coach advised me to) and I made Vanilla Almond Pudding for the audience to taste the difference between Vanilla Beans and Vanilla Extract. I also learned how to maneuver an Overhead Projector. In the end, I sadly got a blue☹. Next year, I would like to return to County Presentation Day, perform a tap dance, and get a Gold award

By Sebrianne Ferguson

## **County Presentation Day**

February 4 was County Presentation Day. A lot of kids from our club participated and we all did really well. After several years of doing demonstrations, I chose to do an interpretive reading. I chose to read and analyze, To Be or Not to Be, by William Shakespeare. I received a Gold Medal and will now go on to Regional Presentation Day. Other Eaton Hills 4-H members will be joining me there. I also participated in the Job Interview category and got a Blue Ribbon. It was a great experience for me.

By: Laurel Nelson





4H Presenters Group Photo 2/4/2012

### **Interview Contest at Presentation Day**

On February 4, 2012 Presentation Day was held at the College of San Mateo. There was also for the first time and Interview Contest. I was one of the first to be interviewed and after a lot of practice I received a gold medal for my interview. Anyone can participate in the interview contest at sectional presentation day which is March 31<sup>st</sup> at UCDavis.

-Maeve Keegan

### **Manga Project**

We're having lots of fun at manga!  
We draw and learn how to draw other things at all of the meetings.  
At our latest meeting, we went over our FINAL PROJECT.  
We decided who would do what part and what would happen.  
Of course, we also drew a bit, 'cause that's what we do in manga!

-Maja Watte



## **Goat Project Field Trip**

On Saturday February 11<sup>th</sup>, at 4 AM, we all loaded in to Judy's big black truck and drove all the way to Chico State University to attend a goat/lamb field day. We had a lot of fun learning more about goats, like: showmanship, how to select a market goat, how to fit a goat, and more... We even got to talk to some breeders and watch the auction to see how much market goats and lambs were selling for. We also got to participate and a Jr. judging contest. It was a really long day but we had a lot of fun.

By: Sarah, Adam, Justin, and Kate Lyn

## **Beyond the Coop**

In the project Beyond the Coop, we made meringue. Meringue is mostly made out of beaten egg whites and sugar, but it needs one more thing: a stabilizer. The stabilizer in the meringue holds it together. We used cream of tartar for our stabilizer. After beating the egg whites and adding four tablespoons of powdered sugar, we dabbled the meringue into piles on a baking sheet. Then the meringue baked for ten minutes.

While we were waiting, our project leader brought in a chicken. We learned how an egg gets its pigment. An egg gets its pigment from the chicken's skin. There is a certain order in which the pigment is used up for eggs. The first part of the chicken to empty of pigment is the vent. When there's no more pigment in the vent, the eggs get colored from the pigment in the eye ring. Next is the ear lobe, then the beak, bottom of feet, shanks, hocks, and finally the tops of toes. And you know when a chicken stops laying and molts? That's actually her rest time. She stops laying eggs because she has no more pigment in her. So she takes a break to fill back up. The pigment comes back in the same order that it drains: vent, eye ring, ear lobe, beak, bottom of feet, shanks, hocks, and tops of toes.

By the time we finished our talk on pigments, the meringue was done. They came out fluffy and lightly browned. We put them on top of mini lemon pies (made with egg yolks). And finally, at the end of all our work, we ate a pavlova! A pavlova is a meringue based dessert. It was named after a Russian ballerina, but it's actually an Australian and New Zealand dessert. The meringue on the outside is dried and cracked, because a pavlova bakes for three hours. It was covered with glazed fruit. We all ate it and declared it delicious. Then we got to take our own mini lemon-meringue pies home.

Maddie Mills

## **Science, Engineering, and Technology Steering Committee**

The S.E.T Steering Committee met at the Warrick's house on Tuesday evening, January 24<sup>th</sup>. Representatives from 4 San Mateo County 4-H clubs were in attendance. Hans and Peter Warrick outlined the activities and planning that went into taking the National Youth Science Day experiment, Wired for Wind, to 9 of the clubs in the county. The committee members critiqued the event and discussed how it could be improved in the future. In general, the members felt the project was quite successful and voted to make the annual Youth Day Project its fall activity for the county. For its spring activity, the committee agreed to assist County 4-H staff in hosting the World of Water activity held each year in April. Youth members of the steering committee also agreed to present the Wired for Wind project at SLC in August. Hannah Shaff (Pacifica 4-H) and Kristoffer Sjolund (Canada 4-H) will be the presenters.

Recorder: Peter Warrick

## **My Ewe is Pregnant!**

Last week I went to the large animal vet to have my ewe, Charlotte, ultra-sounded to see if she was pregnant. Guess what...she was! We saw a little spine, a small skull (about 6.5 centimeters), and we even saw the heartbeat!. We only saw one, but there might be more. She is due to have her lamb sometime in March. I can't wait but I am a little nervous about how the birth will go. I am studying about birthing lambs and learning a lot more about the process.

By: Laurel Nelson

## **Valentines for Seniors**

On February 11<sup>th</sup> I went to the San Bruno 4-H farm to make Valentines for senior citizens at a nursing home. The event was open to 4-h members from any club. I was the only person from our club who went. I used a lot of red, pink, and hearts! It was lots of fun. Someone gave a talk about nursing homes and how to talk to people who live there. Then to help us understand, we pretended to be like senior citizens so we put plastic bags on our hand and goggles with Vaseline in them on. The plastic bags showed how the senior citizens hands could have lost a little feeling in them so they couldn't bend then very well. The goggles showed that some of the Senior citizens might have bad eye sight so they can't see their surroundings. It was funny because everyone would be bumping into things and could barely pick anything up. It was pretty frustrating. I had a lot of fun watching people try the activity and making cards. I hope they like their cards :D!

-Claire Nolasco

## **Upcoming County Events Calendar**

### **FEBRUARY**

23 Online Record Book Training Webinar - Youth Functions, Forms and Privacy Settings

24 SLC Support Group applications due,  
<http://www.ca4h.org/Programs/Conferences/SLC>

29 Project Y.E.S! Applications due, <http://militaryfamilies.extension.org/yes-internprogram/>

### **MARCH**

1 Online Record Book Training Webinar - Project & Club Leader Functions and Approving Forms

3 Ag & Environmental Sciences Field Day, UC Davis,

9 CA Camping Conference registration deadline,  
<http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=7206>

11 4-H Day at Sacramento Kings game

11-15 National Camping Institute Conference, Jackson's Mill, WV, <http://nci.ext.wvu.edu>

12 National STEM Video Game Challenge, <http://stemchallenge.org/Default.aspx>

14 Mandatory SMC first time exhibitors meeting, 7 pm

15 No Bull Challenge project submissions due, <http://www.nobull.votigo.com>

23-25 CA Camping Conference, YMCA Camp ,Boulder Creek, CA  
<http://www.ca4h.org/Programs/Camps/Conference>



- 24 Favorite Foods Day
- 24-29 National 4-H Conference
- 31 4-H State Ambassador applications due,  
<http://www.ca4h.org/Projects/Leadership/SA/>
- 31 4-H Day at Nationals, sponsored by the AKC

### **Want to Find Out More About 4-H?**

San Mateo County Highlights Website:

#### **Highlights are available online!**

Follow the simple steps listed below to receive an electronic copy.

**STEP 1:** Go to the county 4-H web address:

<http://www.cesanmateo.ucdavis.edu/>

**STEP 2:** on the navigation area click on “newsletters”

**STEP 3:** On this page you should see, “4-H Highlights” - *click on this option*

**STEP 4:** “Subscribe to Newsletter - receive e-mail when this newsletter is updated”, enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at 650-726-9059 X 101.

### **Next newsletter deadline: March 13, 2012**

Email articles to Shelle McGee-Lucas at [straycatgt@comcast.net](mailto:straycatgt@comcast.net) or call 650-508-8392 for address to drop off articles. Thank you.