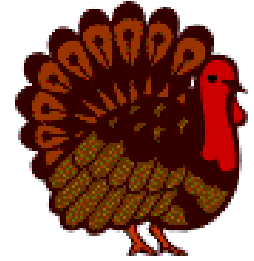


San Carlos Eaton Hills 4-H

ISSUE THREE

<http://www.sancarlos4h.org>

November 2011



Next General Meeting:
Nov. 15, 2011 at 7 pm,
Clifford School

President's Message

It's November, and you know what that means. It means I'm a pro at reading the calendar. It also means that the theme this month is charity. Everybody should bring food and toys to donate. The toys must be unwrapped and in their original packaging (or at least it can't look like you took them out and played with them, even if you did). The food should be in cans or boxes. It should also taste good. And there should be a lot of it. And I should stop telling you what you should do.

On a totally unrelated note, this month my parents and I met with the new San Carlos City Manager. He was looking to meet with the leaders of all the non-profit groups active in the city. We talked with him, and suggested some things that the city could do to help the club. Luckily, we recorded the whole thing so we can hold him to his promises. Happy Thanksgiving!

-Tristan Knoth,
President

Club Officers

President: Tristan Knoth
Vice President: Peri Wong
Corresponding Secretary: Anya Knoth

Secretary: Summer Weaver

Treasurer: Maeve Keegan

Sergeant-at-Arms: Sarah

Sutherland

Membership: Isabella Paragas

Outreach: Kate Lyn Sutherland

Jr. Farm Boss: Kathryn Stewart

Steering Committee

Bruce & Maeve Knoth –
Community Leaders 654-4975

Laura Deck

Judy Grimsby

Julie Figliozzi Wong

Kurt Hallamasek

Gretta Keegan

Scot & Patty Marsters

Aida Paragas

Melissa Stewart

Heather Sutherland

Vera Warrick

Eva Watte

Lisa Weaver

Lisa Montalvo

Chuck Oey

Karen Biggers – co-Registrar
591-2707

Bill Sharratt – co-Registrar
595-1683

Katherine Schembri – Projects
Coordinator 365-2331

Scot Marsters — Farm Manager

Eric Grimsby — Farm Boss
591-2212

Robert Lewit – Webmaster
robert.lewit@gmail.com

Shelle McGee-Lucas – Newsletter
Editor straycatgt@comcast.net

This months' theme:
**Bring canned food and a new,
unwrapped toy/gift to donate**

UPCOMING DATES & EVENTS

Nov. 15	7 PM	November General Meeting
Nov. 21	7 PM	County Council Meeting
Dec. 6	7 PM	December General Meeting
Dec. 13	6:15 PM	Holiday Caroling
Jan. 17	7 PM	January General Meeting
Jan, 27 - 29		Cal Conference

Toy / Gift Drive at the November Meeting

Our club is collecting toys for St. Francis Center in Redwood City. St. Francis Center provides a variety of services for very poor families. In December, the center's "Christmas Store" gives their client families an opportunity to select one or two toys for each child in the family. Often, the toys from the center's "Christmas store" are the only toys a child receives all year.



The Junior/Teen leaders ask each club member to bring a new, unwrapped toy to the November general meeting. Well-made basic toys with lasting appeal, including soccer balls and other sports balls, small motorized toy vehicles, and dolls are always very popular. Good choices for teens include gift certificates from Redwood City stores such as Target and Ross that sell a variety of merchandise and are close to the neighborhoods served by St. Francis Center.

We've been requested to especially consider donating gifts for 12- to 16-year olds, as they often don't have enough of these at the center. Please donate a gift that you would enjoy receiving.

. . . And a Food Drive, Too!



The Junior/Teen leaders also ask each club member to bring a nonperishable food item to the November general meeting for the club's annual Thanksgiving food drive. Club member's donations will be given to Second Harvest Food Bank. Please do not bring opened food containers or glass containers.

The most-needed food items include canned tuna, powdered milk, peanut butter (no glass jars, please), pasta, low-sugar cereals, 100% fruit juices in single serving boxes, meals in a can (stews, chili, soups), and food with pop-top lids.

Say "Cheese"!



At the November meeting, we will be taking a group photograph of all club members. The photo will be posted on the club website. We also use this photo in thank you notes to our supporters. Don't miss this meeting! Come prepared to smile!

Make a Holiday Card at the November Meeting

At the November general meeting, we will be making holiday greeting cards to give to the residents of the Carlmont Gardens Skilled Nursing Facility and Convalescent Home. Every club member is encouraged to contribute to a collective burst of creative energy and make at least one card. We will deliver the cards during our caroling event on December 13, 2011.

Registration Reminders

All Parents: Please consider becoming a registered volunteer. Registered adult volunteers receive liability protection for all 4-H sponsored events (such as driving for field trips, visiting the farm, etc.), and help ensure the safety of all our children.

Farm Parents: If your child plans to have an animal at the farm this summer, we strongly encourage you to register as an Adult Resource Leader. No child may be at the farm unless accompanied by at least one officially registered adult. That means that you and your child may

not be alone at the farm (for a morning feeding, etc.), unless you are registered with 4-H. Take care of this important requirement before the spring animals appear!

All New Members: Registration closes at the end of December. Please submit those forms and checks back as soon as possible. Please register online, and then give me a printed medical form and a \$52 check made payable to San Carlos Eaton Hills 4-H.

Questions? Contact Karen Biggers, Club Registrar, at kgallion05@yahoo.com. Thank you!

Medical Form Reminder

Parents: Please remember to provide each of your child's project leaders with a separate completed medical form by the first project meeting. Forms can be found on our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Be sure to discuss with the project leader any information that may impact your child's participation in project activities.

Project Leaders: Do not allow parents to drop off their child at your first meeting unless you have a completed and signed medical form in hand. You can print the forms from our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Have some extra forms for parents to fill out. Look over the completed forms and discuss with parents any matter of concern (allergies, etc.) Keep a complete set of the forms with you at all project meetings.

Share the Holiday Spirit!



All club members and their families are invited to our holiday caroling event at Carlmont Gardens, a skilled nursing facility and convalescent home, at 6:15 pm on Tuesday, December 13, 2011. For the past few years, we have entertained residents in their recreation room. Our audience is always so appreciative and they invite us back every year. Enthusiasm and a cheerful spirit are more important than singing ability at this event!

- What? Holiday Caroling!
- When? 6:15 pm – Tuesday, December 13, 2011
Please be prompt! Our audience goes to bed very early. We'll be done by 7:15 pm at the latest!
- Where? Carlmont Gardens, 2140 Carlmont Drive, Belmont
(Near Carlmont Shopping Center)
- Who? 4-H members, parents, siblings, friends, and relatives!
Don't be shy! Wear those antlers, stocking caps, and Santa hats!

Want to Go to CAL (Creating a Leader Conference)?

4-H members in 6th grade and up are invited to register for the North Central Division Creating a Leader Conference at Walker Creek Ranch, Petaluma. It will be held from January 27-29, 2012. The North Central division includes Sonoma, Marin, San Mateo, San Francisco, Santa Clara, Alameda, Contra Costa, Solano, Napa, Yolo, Sacramento, San Joaquin, Calaveras, Amador, and El Dorado counties. The cost is \$150 per person (to include a shirt cost is &160.00).

Registration materials are available in the County 4-H office; or view the County newsletter for an online link. The registration deadline is **November 30, 2011**. For details, contact Maeve and Bruce Knoth. Each county in the North Central Section is allotted 15 delegate spaces. If there are more who wish to attend, the county may wait-list up to 5 applicants.

Successful leadership is best learned in two ways: by observing it in others and by trying it oneself. The CAL Leadership Team is composed of former delegates who are now in charge of planning and delivering the Conference. The overall focus of CAL Conference is to provide a platform for youth leaders to share their joy, knowledge, and enthusiasm with their peers. The educational focus of CAL Conference is for delegates to enhance their techniques to demonstrate leadership in how they behave, in their attitudes, and in the words they choose to use.

Send completed registration to:
UCCE 4-H Youth Development
80 Stone Pine Rd. Ste. #100
Half Moon Bay, CA 94019

Reports from Club Members

Doggy Fun Day

On October 15th, we joined other 4-H'ers from around the county for Doggy Fun Day, held in South San Francisco. Maxwell (our dog) got a certificate for being the "Fastest Dog." Carolyn won a 3rd place ribbon in the Doggy Musical Chairs event and Benjamin won two 1st place ribbons in the Compass Quadrants event and the Dog Owner's Knowledge event. It was fun!"
Article written by Benjamin and Carolyn Wolking

Beginning 4-H Project

Our first Beginning 4-H meeting was on November 5th at the San Carlos Library. We learned the 4-H pledge. We made juggling balls and learned how to juggle. We played Gorri and Lumani sticks. We filled out our Beginning 4-H project form for our record books and we all ate banana bread. That's how our meeting went.

By Josie Ceragioli



Hand Sewing

This month the hand sewing project met. At the meeting we learned how to thread a needle, do the blanket and running stitch. The project we made at this meeting was a coaster. On the coaster we sewed on circles that were traced the size of quarters and nickels, some people used the running stitch and others used the blanket stitch. Each person's coaster was unique and different.

-Maeve Keegan

State Ambassador Report

As you all start your 4-H year and projects, the State Ambassadors have already been hard at work. State Ambassador is a leadership position in 4-H that is made up of a team of 4-H'ers from all over the state of California. As State Ambassadors we have already started planning the State Leadership Conference (SLC) which this year the theme is California Dreamin' California Leadin' and will be held August 9th to August 12th, 2012, at UC San Diego. As Ambassadors we also have a service project, our service project this year is planning for the California 4-H Centennial in 2013! We have also been to many sectional, and County Council meetings along with attending, presenting, and helping at events like the County Awards and Enrollment Social, Grand National Rodeo, and State Leaders Forum. These are all just a few of the many things the State Ambassadors have been up to this fall.

Kate Lyn Sutherland

2011-2012 California 4-H State Ambassador



Award Recognition

Nicole was nominated for and won this award for her work and outreach bringing her trained sheep to children in need. She has visited such places as the Ronald McDonald House at Stanford Hospital, The Stanford Hospital Children's Oncology Picnic, and has worked with Riley's Place, a non-profit organization bringing animals to children in need. The following was sent to Nicole from Danielle Miranda of Youth Service America: On behalf of Youth Service America, I am happy to inform you that Nicole Nielsen has been selected as this week's Everyday Young Hero. She will be featured in the National Service Briefing which will either be sent out this evening or tomorrow morning, so be on the lookout for it. I will also be sending Nicole's certificate and congratulatory letter from our CEO via USPS tomorrow. Our staff was truly touched by Nicole's work and leadership amongst her peers. Young people like Nicole who take action and inspire others to serve around issues they are passionate about validate the work that we do here at YSA. I am glad we can share her story with our networks.

Again, our congratulations!

DANIELLE MIRANDA
MANAGER OF OUTREACH
YOUTH SERVICE AMERICA



The 2011 Honey Harvest

On a beautiful Sunday afternoon we harvested honey from the three newly established colonies on the Eaton Hills 4-H farm. Two dedicated bee project members – Sonya and Cale, plus another volunteer, Nick, worked diligently to extract the sweet and fragrant bounty. Honey combs were neatly uncapped and spun in the centrifuge with great vigor and some endurance. A few bees got interested in the residual honey on the wax caps. They got some of their friends, and soon there were several dozens of bees robbing the spoils. Sonya, Cale and Nick then worked in the kitchen where they boiled jars and lids. They filtered the honey and filled the jars. After a few hours hard work with plenty of goofing off in between, they had twenty 16 oz. jars and thirty 8 oz. jars of amber honey in glass jars with white lids on them.

Honey for sale

Honey sales support the bee project. The honey is the finest boutique honey: it is local, no chemicals are used during the honey harvest, and our bees are not medicated. We do not use hot knives or commercial bottling equipment, so the volatile compounds in the honey are not lost to heat.

Honey will be sold at the general meetings.

Prices:

16 oz. Jar of Honey - \$10

8 oz. Jar of Honey -\$6

Comb honey square (4x4) - \$5



Want to Find Out More About 4-H?

San Mateo County Highlights Website:

Highlights are available online!

Follow the simple steps listed below to receive an electronic copy.

STEP 1: Go to the county 4-H web address:

<http://www.cesanmateo.ucdavis.edu/>

STEP 2: on the navigation area click on "newsletters"

STEP 3: On this page you should see, "4-H Highlights" - *click on this option*

STEP 4: "Subscribe to Newsletter - receive e-mail when this newsletter is updated", enter email address in the box under this heading.

Your subscription will start with the next newsletter. For those without an Internet connection please contact Wendy Rotchstein at 650-726-9059 X 101.

Next Newsletter Deadline: November 28, 2011

Due to an earlier date for the December general meeting, newsletter articles need to be submitted sooner than normal.

4-H members please e-mail your article to Shelle McGee-Lucas @ straycatgt@comcast.net, or call 650-508-8392 for address when encountering online problems. Thank you. Enjoy your Thanksgiving Holiday.