

San Carlos Eaton Hills 4-H

ISSUE THREE <http://www.sancarlos4h.org>
November 2010

Club Officers

President: Rebecca Lewit

Vice President: Victorina Jeffers

Corresponding Secretary: Kelsey Hutcherson

Secretary: Kate Lyn Sutherland

Treasurer: Tristan Knoth

Sergeant-at-Arms: Maeve Keegan

Membership: Kathleen Marsters

Jr. Farm Boss: Jesse Taylor

Steering Committee

Bruce & Maeve Knoth – Community Leaders 654-4975

Susie Bowler

Laura Deck

Judy Grimsby

Julie Figliozzi Wong

Kurt Hallamasek

Gretta Keegan

Vicki Lewit

Scot & Patty Marsters

Liz Moore

Aida Paragas

Melissa Stewart

Heather Sutherland

Vera Warrick

Eva Watte

Lisa Weaver

Karen Biggers – Registrar 591-2707

Katherine Schembri – Projects Coordinator 365-2331

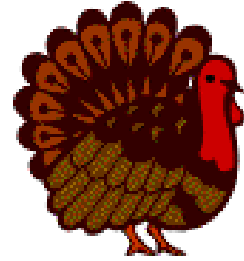
Janae Novotny — Farm Manager 369-5422

Eric Grimsby — Farm Boss 591-2212

Robert Lewit – Webmaster
robert.lewit@gmail.com

Shelle McGee-Lucas – Newsletter Editor
straycatgt@comcast.net

Next General Meeting:
Nov. 16, 2010 at 7 pm,
Clifford School



President's Message

Happy November 4-Her's!

I hope everyone enjoyed last meeting's project fair, and everyone's costumes! This meeting is our annual canned food drive. For the canned food drive please bring any canned goods from around your house that you can spare. These cans will provide families in need with their own Thanksgiving. Also, we encourage everyone to bring an unwrapped gift to donate to the families in need. This month's meeting really shows the "hands for larger service," part of the 4-H pledge. I will see everyone at the meeting!

Happy Thanksgiving!!
Sincerely,
Rebecca Lewit

**This month's theme:
Bring canned food and a new,
unwrapped toy to donate**

UPCOMING DATES & EVENTS

Nov. 15	7 PM	County Council Meeting, Fox School
Nov. 16	7 PM	November General Meeting
Nov. 30	7 PM	Farm Families Meeting
Dec. 7	6:15 PM	Holiday Caroling
Dec. 14	7 PM	December General Meeting

Toy/Gift Drive at the November Meeting

Our club is collecting toys for St. Francis Center in Redwood City. St. Francis Center provides a variety of services for very poor families. In December, the center's "Christmas Store" gives their client families an opportunity to select one or two toys for each child in the family. Often, the toys from the center's "Christmas store" are the only toys a child receives all year.



The Junior/Teen leaders ask each club member to bring a new, unwrapped toy to the November general meeting. Well-made basic toys with lasting appeal, including soccer balls and other sports balls, small motorized toy vehicles, and dolls are always very popular. Good choices for teens include gift certificates from Redwood City stores such as Target and Ross that sell a variety of merchandise and are close to the neighborhoods served by St. Francis Center.

We've been requested to especially consider donating gifts for 12- to 16-year olds, as they often don't have enough of these at the center. Please donate a gift that you would enjoy receiving.

. . . And a Food Drive, Too!



The Junior/Teen leaders also ask each club member to bring a nonperishable food item to the November general meeting for the club's annual Thanksgiving food drive. Club member's donations will be given to Second Harvest Food Bank. Please do not bring opened food containers or glass containers.

The most-needed food items include canned tuna, powdered milk, peanut butter (no glass jars, please), pasta, low-sugar cereals, 100% fruit juices in single serving boxes, meals in a can (stews, chili, soups), and food with pop-top lids.

Say "Cheese"!



At the November meeting, we will be taking a group photograph of all club members. The photo will be posted on the club website. We also use this photo in thank you notes to our supporters. Don't miss this meeting! Come prepared to smile!

Make a Holiday Card at the November Meeting

At the November general meeting, we will be making holiday greeting cards to give to the residents of the Carlmont Gardens Skilled Nursing Facility and Convalescent Home. Every club member is encouraged to contribute to a collective burst of creative energy and make at least one card. We will deliver the cards during our caroling event on December 7, 2010.

Registration Reminders

All Parents: Please consider becoming a registered volunteer. Registered adult volunteers receive liability protection for all 4-H sponsored events (such as driving for field trips, visiting the farm, etc.), and help ensure the safety of all our children.

Farm Parents: If your child plans to have an animal at the farm this summer, we strongly encourage you to register as an Adult Resource Leader. No child may be at the farm unless accompanied by at least one officially registered adult. That means that you and your child may

not be alone at the farm (for a morning feeding, etc.), unless you are registered with 4-H. Take care of this important requirement before the spring animals appear!

All New Members: Registration closes at the end of December. Please submit those forms and checks back as soon as possible. Please register online, and then give me a printed medical form and a \$45 check.

Questions? Contact Karen Biggers, Club Registrar, at kgallion05@yahoo.com. Thank you!

Medical Form Reminder

Parents: Please remember to provide each of your child's project leaders with a separate completed medical form by the first project meeting. Forms can be found on our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Be sure to discuss with the project leader any information that may impact your child's participation in project activities.

Project Leaders: Do not allow parents to drop off their child at your first meeting unless you have a completed and signed medical form in hand. You can print the forms from our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Have some extra forms for parents to fill out. Look over the completed forms and discuss with parents any matter of concern (allergies, etc.) Keep a complete set of the forms with you at all project meetings.

Mandatory Meeting for Members Raising Farm Animals

Members who plan to raise a market animal (chickens, turkeys, goats, sheep and pigs) at the club's farm this 4-H year and their parent(s) must attend a farm families meeting on Tuesday, November 30, 2010 at 7 pm in the Clifford School Library. This meeting is very important for the successful operation of the farm and a successful and enjoyable county fair experience for all of our junior livestock exhibitors and their families. We will be reviewing members' animal project responsibilities at the farm and at the fair, as well as parents' roles and responsibilities. In addition, the farm animal project leaders will speak briefly about their plans for their projects. Members who cannot attend the November 30th meeting must contact Bruce or Maeve Knoth to schedule a make-up meeting. A member and parent(s)' attendance at the November 30 meeting or a make-up meeting with the Farm Manager and/or Farm Boss is required before a member's farm use request will be considered for approval.

Please remember that all farm use requests must be turned into Farm Boss Eric Grimsby before this meeting. Please complete your forms at the November General Meeting.

All members and parents who are interested in learning more about what is involved in raising a market animal and exhibiting the animal at the county fair are encouraged to attend the November 30 meeting, too.

Share the Holiday Spirit!



All club members and their families are invited to our holiday caroling event at Carlmont Gardens, a skilled nursing facility and convalescent home, at 6:15 pm on Tuesday, December 7, 2010. For the past few years, we have entertained residents in their recreation room. Our audience is always so appreciative and they invite us back every year. Enthusiasm and a cheerful spirit are more important than singing ability at this event!

- What? Holiday Caroling!
- When? 6:15 pm – Tuesday, December 7, 2010
Please be prompt! Our audience goes to bed very early. We'll be done by 7:15 pm at the latest!
- Where? Carlmont Gardens, 2140 Carlmont Drive, Belmont
(Near Carlmont Shopping Center)
- Who? 4-H members, parents, siblings, friends, and relatives!
Don't be shy! Wear those antlers, stocking caps, and Santa hats!

Want to Go to CAL (Creating a Leader Conference)?

4-H members in 7th grade and up are invited to register for the North Central Division Creating a Leader Conference at Walker Creek Ranch, Petaluma. It will be held from January 28-30, 2011. The North Central division includes Sonoma, Marin, San Mateo, San Francisco, Santa Clara, Alameda, Contra Costa, Solano, Napa, Yolo, Sacramento, San Joaquin, Calaveras, Amador, and El Dorado counties. The cost is \$150 per person. Our own club member, Peri Wong, is actively planning this event.

Registration materials are available in the county 4-H office. The registration deadline is **November 30, 2010**, the same day as the mandatory farm animal meeting. For details, contact Maeve and Bruce Knoth. Each county in the North Central Section is allotted 15 delegate spaces. If there are more who wish to attend, the county may wait-list up to 5 applicants. Successful leadership is best learned in two ways: by observing it in others and by trying it oneself. The CAL Leadership Team is composed of former delegates who are now in charge of planning and delivering the Conference. The overall focus of CAL Conference is to provide a platform for youth leaders to share their joy, knowledge, and enthusiasm with their peers. The educational focus of CAL Conference is for delegates to enhance their techniques to demonstrate leadership in how they behave, in their attitudes, and in the words they choose to use.

YOUR CHANCE TO EARN SOME PINS FOR YOUR HAT!

Proficiency Tests are coming the the San Carlos Eaton Hills November meeting. Have you learned something about rabbits? Lambs? Chickens? Cavies? Goats? Steer? At the close of our General Meeting on November 16 you will have a chance to take county-wide animal proficiency tests. These are fill-in-the-blank, and true/false tests that give you a chance to show off your knowledge about animal care and anatomy. Please be prepared to pay \$1.00 for each test you want to take (there is no limit to the number of tests you can take). You might plan to take a test or two just for practice so next time we have proficiency testing you will know what to study. There are many 4H proficiency tests online (check the county and state links or just "Google" 4-H proficiency tests) if you want to prepare before the meeting. Good luck.

Reports from Club Members

Scrapbooking Project

This year in 4H has officially begun for me because I attended my first project meeting. The scrapbook project held their first meeting on Sunday. I signed up for this project because I have been scrapbooking for years and I would like to do it on a more consistent basis, because I just keep accumulating more pictures that I want to preserve. Since it was the first meeting, we looked at different types of scrapbooks. We saw sample scrapbooks of different sizes, and themes. I learned that having a theme is a great way to start a scrapbook. I also learned that the same page layouts look different when you use different colors and shapes. This is a good way to bring variety to your pages. You don't have to love art to love scrapbooking, you just have to love pictures and memories.

~ Victorina Jeffers

San Carlos City Council Meeting

Thank you to all who showed up to the San Carlos City Council meeting. We led the flag salute and 4H Pledge, and I gave a speech on what 4H is about and what it is like being in the club. After this first portion of the meeting, we went outside and had ice cream cones. This was great publicity for our club. We needed to thank the city for all they have done for us in repairing our farm. Also, the meeting was broadcasted on a local channel, so everyone who showed up had a TV appearance! Thanks again to everyone who came.

~ Victorina Jeffers

My First 4H Project

Signing up for projects this time of year got me thinking about my first project in 4-H. I joined the club originally for the Beekeeping project, because I wanted organic honey. Unfortunately I broke my foot at the beginning of the year and couldn't go to the farm. All I could do to participate in the project was to build the boxes that would house the bees. But of course my luck got worse, and the bees contracted a disease that contaminated the honey, and all of our bees had to be killed. So I did not end up getting any honey. To say I was a bit discouraged from 4H was an understatement. Even though nothing went as planned, I stuck with the club and I have had more fun than I would have ever expected, judging by my first project experience. Your first project might not be what you expect, but I assure you that your second, third, and fourth projects are what will keep you in the club.

~ Victorina Jeffers

My Work at the Farm

This past Saturday I helped at the farm. I helped dig a trench behind the chicken coops and moved pieces of cement and rock and carried sandbags to the top of the farm. There were many 4-Hers and parents there helping that day. It felt good to be able to help and get the farm ready for animals. It was fun but also hard work. I encourage everyone to help; even the smallest 4-Her can help do something.

~ Sarah Sutherland

Shaun and Sheryl (the Sheep) in the News

Shaun and Sheryl spent the afternoon with the 49ers at Ronald McDonald House at Stanford on October 19, 2010. They came dressed as horses, complete with saddles, to the annual Ronald McDonald Halloween Bash. The sheep were very excited to give rides to small kids and sign autographs for their fellow celebrities, the 49ers.

Sheryl the Sheep is getting bred!

The famous sheep Shaun and Sheryl have gone to a sheep spa in Watsonville, CA, where Sheryl is being bred. Hopefully in January or so we will be able to tell by ultrasound if there are baby lambs on the way. We are looking forward to having a lamb or two at Hometown Days as well as entered in the Fair in June.

~ Robin Nielsen





Want to Find Out More About 4-H?

Highlights, the San Mateo County 4-H monthly online newsletter, contains useful information about what's happening in 4-H county-wide. You can view the November issue of *Highlights* by going to <http://cesanmateo.ucdavis.edu/newsletterfiles/newsletter692.htm>. You can also subscribe to *Highlights* on this page by typing your email address in the "Subscription E-Mail Address" box and clicking on "Submit".

Next Newsletter Deadline: December 7, 2010

Email articles to Shelle McGee-Lucas @ straycatgt@comcast.net