# San Carlos Eaton Hills 4-H

# **ISSUE FOUR**

December 2008

http://www.sancarlos4h.org

Club Officers

President: Danielle Grimsby

Vice President: Jeff Wilfong

Corresponding Secretary:

Kathleen Marsters

Secretary: Amanda Marsters

Treasurer: Peter Warrick

Sergeant-at-Arms: Victorina

**Jeffers** 

Jr Farm Boss — Rebecca Lewit

**Steering Committee** 

Bruce & Maeve Knoth – Community Leaders 654-4975

Judy Grimsby 591-2212

Kathy Wilfong 366-3810

Vicki Lewit 306-7884

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Betsy Parkhurst – Newsletter Editor betsyrus@sbcglobal.net **Next General Meeting:** Dec. 16 at 7 pm, Clifford School



# President's Message

Hello fellow 4-Hers,

This month is especially exciting because we are having our annual gift exchange.

Parents: Be sure your child's gift is neatly wrapped and has the age of your child written on it so it can be sorted. The gifts should cost no more than \$10 and be appropriate for a boy or girl.

The theme of the month is holiday cheer so dress up! Can't wait to see you all at the next meeting!

Your president,

**Danielle Grimsby** 



This month: Wear holiday accessories and bring a wrapped present to exchange

#### **UPCOMING DATES & EVENTS**

Dec. 16 7 pm **December General Meeting** 

**January General Meeting** Jan. 20 7 pm

**Record Books 101** Jan. 27 7 pm

## Member Gift Exchange at this Month's Meeting

Each club member who wishes to participate in our annual member gift exchange must bring a wrapped gift appropriate for both boys and girls in one of two age groups: primary members (ages 5-8) or regular members (ages 9-18). Please mark the outside of the gift with the appropriate age group. Be creative, and please do not spend more than \$10 on the gift.

## New Seating Arrangement at the Meeting

Hi 4-Hers! This is your Sergeant at Arms, Victorina Jeffers. I would like to announce that we have a new seating arrangement for our general meetings. The objective of this new arrangement is to have kids sit closer to the officers and have parents more toward the back. If you have young children, please feel free to sit with them. If your child has no problem sitting alone then we would appreciate if parents sat at the tables. The seats will be formed panoramically around the officers' table, which should solve the hearing problem in the back. Thank you for your cooperation!

#### **Record Books 101**

Are you new to 4-H? Have you ever turned in a record book? Do you know what a record book is? Maybe you turned in a primary record book but turned 9 this year and need to move on to a new set of forms? If any of these apply to you, please come to "Record Books 101" on Tuesday, January 27 at 7 pm in the Clifford School multi-use room. This meeting is intended to be an introduction to record books. We will go over some of the basics and give you ideas on how to keep track of information that you will need for the book.

We will hold a more advanced level record book workshop later in the spring. This meeting is for members and/or parents. (If your member is quite young, you might want to come and take the information home). —Maeve and Bruce Knoth

## **Calling All Future Vets**

The Veterinary Student Outreach club at the UC Davis School of Veterinary Medicine invites high school students interested in science or health professions to our Future Day event. The event will be held at the School for Veterinary Medicine on the UC Davis campus on January 31, 2009. The purpose of this event is to promote higher education, possible careers, and exploration of science specific to veterinary medicine. The day will be filled with talks and demonstrations led by current students and a tour of the teaching facilities and veterinary clinic. For more information or to register, go to www.vetmed.ucdavis.edu/Clubs/vso/future\_day.html.

## **Caroling Spreads Holiday Cheer**

This month members had the chance to go caroling. We went to Carlmont Gardens, a nursing home, and sang some Christmas carols to the seniors. We put up the banner that we had signed the previous meeting, and left it there. We also handed out the cards that all the club members also made the previous meeting. Jim Stevens played the songs on guitar for us. More than 40 4-Hers and their families were there. The people there really appreciated us singing to them. —Anya Knoth



## **Reports from Members**

## **Advanced Cooking**



In Advanced Cooking we made tamales. They had masa (lard and corn meal) and pork, or chicken, or queso fresco. My family liked the meal. In addition to the tamales we made Mexican rice and guacamole. The preparation is a little longer than anything that I have ever done. It was really fun doing it, and it was a great experience for my cooking skills. —Anya Knoth



#### **Beginning 4-H**

We got to see rabbits and guinea pigs in the classroom. We got to decorate our Beginning 4-H folders. I had to find someone I didn't know so I could interview them. I met Stella and now I have new friend. —Kate Fulton

#### **Cat Project**

We've had two project meetings so far. We've learned about some of the different breeds of cats and their body types. We even made cat toys during our last meeting. At our first meeting we played cat trivia and even found out a few new interesting facts about cats. We've already learned a lot and had a lot of fun learning about cats in this project. —Kate Lyn Sutherland

#### **November's Poultry Meeting**

I learned a lot during the 4-H meeting at Ms. Figliozzi's house. I discovered that chickens can't digest normal chicken food without water nor scratch without grit (scratch is a like a chicken's candy made of whole corn and seeds). Also, I studied chicken feathers under a microscope to see barbicels, tiny hooks that keep a chicken's feathers together. Silkie chickens don't have these hooks so they have a furry, puffy look. We also looked at photos of chickens and compared breeds. We used the chicken standard book to find out where these chickens originated. Next, we located the country on a world map and marked it with a pushpin. I had fun using these facts and this knowledge may be handy in a show. — Madison K. Mills

#### **Sewing Project**

Last Sunday the sewing project met for the first time. First we watched a slide show of quilts that Mrs. Nielsen saw at a quilt show. Next we decided if we wanted to make a quilt or a garment. I thought I wanted to make a quilt, but then I decided I wanted to make a skirt more. Then we headed over to the fabric store to choose a pattern and fabric. We looked through a big, fat book to find the kind of skirt for me to make and wear. Once I chose the pattern, my mom and I wandered through the store in search of a shiny, green fabric. Finally, I found a bright green fabric with hot pink fire flies. It was perfecto! I can't wait for the second meeting because we get to start! Last of all we went home! —Kathryn Stratz

#### Want to Find Out More About 4-H?

California Connection is a newsletter of the California 4-H Youth Development Program and the California 4-H Foundation. You can find it online at http://www.ca4h.org/4hresource/connection/index.asp.

# Next newsletter deadline: January 13

Email articles to Betsy Parkhurst: betsyrus@sbcglobal.net