

San Carlos Eaton Hills 4-H

ISSUE THREE
November 2008

<http://www.sancarlos4h.org>

Club Officers

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Vice President: Jeff Wilfong

Corresponding Secretary:
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Secretary: Amanda Marsters

Treasurer: Peter Warrick

Sergeant-at-Arms: Victorina
Jeffers

Jr Farm Boss — Rebecca Lewit

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Vicki Lewit 306-7884

Susie Bowler 592-3569

Winston Wyckoff 594-3939

Scot & Patty Marsters 508-0509

Heather Sutherland 349-9623

Danice Pons 508-9549

Lee Torno 415-452-3180

Vera Warrick 364-4773

Anne Kolker 322-4690

Julie Figliozzi Wong — Projects
Coordinator 853-1305

Janae Novotny — Farm
Manager 369-5422

Eric Grimsby — Farm Boss
591-2212

Robert Lewit — Webmaster
robert.lewit@gmail.com

Betsy Parkhurst — Newsletter
Editor betsyrus@sbcglobal.net

Next General Meeting:
Nov. 18 at 7 pm,
Clifford School



President's Message

Hey fellow 4-Hers,

It's November and it's time to get ready for Thanksgiving and the next meeting! This month we are collecting canned food and toys for those in need.

The Presentation project has begun so don't forget to sign up and improve your public speaking skills. Being in 4-H has helped me to deliver better speeches, so get out there and join the Presentation project.

Hope to see you all at the meeting on Nov. 18!

Your president,

Danielle Grimsby



This month:
Bring canned food and a new,
unwrapped toy to donate



UPCOMING DATES & EVENTS

Nov. 17 7 pm **County Council Meeting, Fox School**

Nov. 18 7 pm **November General Meeting**

Dec. 2 7 pm **Farm Families Meeting**

Dec. 9 6:15 pm **Holiday Caroling**

Dec. 16 7 pm **December General Meeting**

Toy/Gift Drive at the November Meeting

Our club is collecting toys for St. Francis Center in Redwood City. St. Francis Center provides a variety of services for very poor families. In December, the center's "Christmas Store" gives their client families an opportunity to select one or two toys for each child in the family. Often, the toys from the center's "Christmas store" are the only toys a child receives all year.



The Junior/Teen leaders ask each club member to bring a new, unwrapped toy to the November general meeting. Well-made basic toys with lasting appeal, including soccer balls and other sports balls, small motorized toy vehicles, and dolls are always very popular. Good choices for teens include gift certificates from Redwood City stores such as Target and Ross that sell a variety of merchandise and are close to the neighborhoods served by St. Francis Center.

We've been requested to especially consider donating gifts for 12- to 16-year-olds, as they often don't have enough of these at the center. Please donate a gift that you would enjoy receiving.

... And a Food Drive, Too!



The Junior/Teen leaders also ask each club member to bring a nonperishable food item to the November general meeting for the club's annual Thanksgiving food drive. Club member's donations will be given to Second Harvest Food Bank. Please do not bring opened food containers or glass containers.

The most-needed food items include canned tuna, powdered milk, peanut butter (no glass jars, please), pasta, low-sugar cereals, 100% fruit juices in single serving boxes, meals in a can (stews, chili, soups), and food with pop-top lids.

Say "Cheese"!



At the November meeting, we will be taking a group photograph of all club members. The photo will be posted on the club website. We also use this photo in thank you notes to our supporters. Don't miss this meeting! Come prepared to smile!

Make a Holiday Card at the November Meeting

At the November general meeting, we will be making holiday greeting cards to give to the residents of the Carlmont Gardens Skilled Nursing Facility and Convalescent Home. Every club member is encouraged to contribute to a collective burst of creative energy and make at least one card. We will deliver the cards during our caroling event on December 9.

Registration Reminders

All Parents: Please consider becoming a registered volunteer. Registered adult volunteers receive liability protection for all 4-H sponsored events (such as driving for field trips, visiting the farm, etc.), and help ensure the safety of all our children.

Farm Parents: If your child plans to have an animal at the farm this summer, we strongly encourage you to register as an Adult Resource Leader. No child may be at the farm unless accompanied by at least one officially registered adult. That means that you and your child may not be alone at the farm (for a morning feeding, etc.), unless you are registered with 4-H. Take care of this important requirement before the spring animals appear!

All New and Returning Members: Registration closes at the end of December. Please submit those forms and checks back as soon as possible. Please register online, and then give me a printed medical form and a \$50 check.

Questions? Contact Robert Lewit, Club Registrar, at robert.lewit@gmail.com. Thank you!

Medical Form Reminder

Parents: Please remember to provide each of your child's project leaders with a separate completed medical form by the first project meeting. Forms can be found on our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Be sure to discuss with the project leader any information that may impact your child's participation in project activities.

Project Leaders: Do not allow parents to drop off their child at your first meeting unless you have a completed and signed medical form in hand. You can print the forms from our website www.sancarlos4h.org. (Look for the link at the top of the home page.) Have some extra forms for parents to fill out. Look over the completed forms and discuss with parents any matter of concern (allergies, etc.) Keep a complete set of the forms with you at all project meetings.

Mandatory Meeting for Members Raising Farm Animals

Members who plan to raise a market animal (chickens, turkeys, goats, sheep and pigs) at the club's farm this 4-H year and their parent(s) must attend a farm families meeting on **Tuesday, December 2** at 7 pm in the Clifford School Library. This meeting is very important for the successful operation of the farm and a successful and enjoyable county fair experience for all of our junior livestock exhibitors and their families. We will be reviewing members' animal project responsibilities at the farm and at the fair, as well as parents' roles and responsibilities. In addition, the farm animal project leaders will speak briefly about their plans for their projects.

Members who cannot attend the December 2 meeting must contact Farm Manager Janae Novotny to schedule a make-up meeting. A member and parent(s)' attendance at the December 2 meeting or a make-up meeting with the Farm Manager and/or Farm Boss is required before a member's farm use request will be considered for approval.

Please remember that all farm use requests must be turned into Farm Boss Eric Grimsby or Farm Manager Janae Novotny before this meeting.

All members and parents who are interested in learning more about what is involved in raising a market animal and exhibiting the animal at the county fair are encouraged to attend the December 2 meeting, too.

Questions? Contact Farm Manager Janae Novotny at 369-5422 or janae@sprock-novotny.com.

Share the Holiday Spirit!



All club members and their families are invited to our holiday caroling event at Carlmont Gardens, a skilled nursing facility and convalescent home, at 6:15 pm on Tuesday, December 9. For the past few years, we have entertained residents in their recreation room and then strolled through the facility singing for the bedridden patients. Our audience is always so appreciative and they invite us back every year. Enthusiasm and a cheerful spirit are more important than singing ability at this event!

- What?** Holiday caroling!
- When?** 6:15 pm – Tuesday, December 9
Please be prompt! Our audience goes to bed very early. We'll be done by 7:15 pm at the latest!
- Where?** Carlmont Gardens, 2140 Carlmont Drive, Belmont
(Near Carlmont Shopping Center)
- Who?** 4-H members, parents, siblings, friends, and relatives!
Don't be shy! Wear those antlers, stocking caps, and Santa hats!

Want to Go to CAL (Creating a Leader Conference)?

4-H members in 7th grade and up are invited to register for the North Central Division Creating a Leader Conference at Walker Creek Ranch, Petaluma. It will be held from January 23-29, 2009. The North Central division includes Sonoma, Marin, San Mateo, San Francisco, Santa Clara, Alameda, Contra Costa, Solano, Napa, Yolo, Sacramento, San Joaquin, Calaveras, Amador, and El Dorado counties. The cost is \$140 per person.

Registration materials are available in the county 4-H office. The registration deadline has just passed, but space is still available if you are interested. For details, contact Maeve and Bruce Knoth. Each county in the North Central Section is allotted 15 delegate spaces. If there are more who wish to attend, the county may wait-list up to 5 applicants.

Successful leadership is best learned in two ways: by observing it in others and by trying it oneself. The CAL Leadership Team is composed of former delegates who are now in charge of planning and delivering the Conference. The overall focus of CAL Conference is to provide a platform for youth leaders to share their joy, knowledge, and enthusiasm with their peers. The educational focus of CAL Conference is for delegates to enhance their techniques to demonstrate leadership in how they behave, in their attitudes, and in the words they choose to use.

Reports from Club Members

Awards Ceremony

On Nov. 2, 2008, I went to the awards ceremony at Elkus Ranch. The ceremony was all about giving awards to individuals in certain projects they excelled at. I myself went there because I had won an award for placing second in my age-group for the State Postal Shooting Sports Competition. I received my silver medal and a certificate at the ceremony. I heard many names from our club called out for awards, which made me proud to be in the Eaton Hills/San Carlos 4-H club. They also had a presentation by Emma Lehmann about the international exchange program that 4-H has with Australia, Finland, and Japan (Emma has been to Japan). They explained that California 4-H members may host an exchange student or live in another country for one month. California 4-H hosts between 25 and 40 Japanese students annually. Australia and Finland were just added. It seems like it would be a fun experience. Overall, the meeting was very fun. Good luck and keep those awards coming!—Chris Ortiz

Advanced Cooking

This Sunday, we had our first advanced cooking meeting. We made an Italian meal this time and it was lasagna. I participated in the project with Rebecca, Denise, Gianna, Russell, Jesse, and Lyanne. Joanne Taylor was the leader. We first made the sauce: it had carrots, ground beef, tomato sauce, and that's it. Then we made the salad while the sauce was cooking. We used some vegetables from their garden and some from the store. After that we made the garlic bread, then finally we put together our lasagna.—*Anya Knoth*

Boer Goat show in Gridley, Ca

On October 25, I went to the Boer Goat show in Gridley, CA. I helped my breeder with her goats getting them ready for their show that day. I learned some new things about Boer goats: the sounds they make with calling for the does. It was a great day and I saw some really nice goats and saw what the judges were looking for. There were Boer goats of all ages there.—Nikolaus Grimsby

Tri-tip Dinner

I helped prepare and serve the Tri-tip Dinner put on by the Lion's Club this month. It was a lot of fun cutting up the salad, opening up the chili, and serving dinner to the guests. I was a bit shy when we had to introduce ourselves to the guests. My mom volunteers for the recipient of the dinner, Healthy Cities Tutoring Program, and I felt proud to help out. I'd definitely recommend this event to new 4-Hers as a great way to serve the community.—*Lucas Zalesny*

Tri-tip Dinner

On Saturday, November 1, I went to the Tri-tip Dinner that the Lion's Club puts on each year. The 4-Hers who went made the food, served it, and cleaned up afterwards. We also got free food. The Lion's Club always donates money to 4-H after the dinner. It is a good way to get community service credit. Come next year!—*Tristan Knoth*

Tri-tip Dinner

On November 1 at the Community Church in San Carlos, we helped prepare and serve food for the annual Lion's Club Tri-tip Dinner. I think we had about 20 4-Hers from our club helping. We shucked corn, chopped salad, cut bread, cooked corn and chili, and served about 180 people. Yes, that is correct, 180 people! After the dinner, we cleared the plates and washed many dishes. This was my first year helping and it was a lot of fun, but also very hard work. We were there helping from 5 pm to 9:30 pm. It was a great experience and I recommend that everyone in the club help out at this event at least once to get community service points towards your star.—*Kate Lyn Sutherland*

Want to Find Out More About 4-H?

Highlights, the San Mateo County 4-H monthly online newsletter, contains useful information about what's happening in 4-H county-wide. You can view the November issue of *Highlights* by going to <http://cesanmateo.ucdavis.edu/newsletterfiles/newsletter692.htm>.

You can also subscribe to *Highlights* on this page by typing your email address in the "Subscription E-Mail Address" box and clicking on "Submit".

Next newsletter deadline: December 9

Email articles to Betsy Parkhurst: betsyus@sbcglobal.net