

# San Carlos Eaton Hills 4-H

## Club Officers

President — Joanna Settles  
Vice Pres— Samantha Cotter  
Corresponding Secretary —  
Natalie Soulard  
Secretary — Danielle Grimsby  
Treasurer — Peter Warrick

## Steering Committee

Bruce & Maeve Knoth –  
Community Leaders 654-4975

Judy Grimsby 591-2212

Kathy Wilfong 366-3810

Vicki Lewit 306-7884

Susie Bowler 592-3569

Winston Wyckoff 594-3939

Scot & Patty Marsters

Heather Sutherland 349-9623

Danice Pons 508-9549

Lee Torno 415-452-3180

Julie Figliozzi Wong – Projects  
Coordinator 853-1305

Janae Novotny — Farm  
Manager 369-5422

Eric Grimsby — Farm Boss  
591-2212

Robert Lewit – Webmaster  
robert.lewit@gmail.com

Betsy Parkhurst – Newsletter  
Editor betsyus@sbcglobal.net

## ISSUE TWO

October 2007

<http://www.sancarlos4h.org>

## Next General Meeting:

Oct. 16 at 7 p.m.,  
Clifford School



## President's Message

Hello 4-hers!

It's October and that means project sign ups! After the meeting you will be able to walk around, talk to different project leaders, and sign up for any projects you are interested in. You will be able to ask project leaders questions and talk to them about any concerns you may have.

And remember to dress up in your Halloween costume or wear orange and black for the meeting. I'm excited to see everyone dressed up! See you all there!

Joanna Settles, President

**This month's theme:  
wear a costume or  
orange and black**

Do you lead a non-animal project? Please come to this meeting to help plan county-wide events such as Demonstration Day and Favorite Foods Day.

## CALENDAR OF DATES & EVENTS

<b>Oct. 16</b>	<b>7 p.m.</b>	<b>General Meeting &amp; Project Fair</b>
<b>Oct. 22</b>	<b>7 p.m.</b>	<b>Ag Steering Meeting, San Mateo Expo Center</b>
<b>Oct. 29</b>	<b>7 p.m.</b>	<b>Life Skills Meeting, Fox School, Belmont</b>
<b>Nov. 13</b>	<b>7 p.m.</b>	<b>Farm Families Meeting, Clifford School MU Room</b>
<b>Nov. 19</b>	<b>7 p.m.</b>	<b>County Council, Fox School, Belmont</b>
<b>Nov. 20</b>	<b>7 p.m.</b>	<b>November General Meeting</b>

## Got Artwork?

It's time to submit cover art for the 2007-2008 San Mateo County 4-H Directory. Here's your chance to "show your stuff" and have your artwork published. It can also be entered in your record book. Entries must be submitted to the County office by October 24, 2007. The San Bruno 4-H club will be choosing the winning entry.

When submitting your cover design, please keep the following in mind:

- All entries are to be submitted in black ink.
- Entries must be copy-ready (ready to go to the printer; i.e., a clean original).
- Entries should fill an 8 1/2" by 11" page.
- The cover design winner will receive \$25 from the 4-H Council.

Call the County office if you have further questions.

## Registration Reminder

Please remember to bring completed registration forms with payment to the October meeting. (Extra forms will be available.) We encourage all 4-H parents to register as volunteers. Registration is essential for any parent whose child will have an animal at our farm this summer. Registered adult volunteers receive liability protection for all 4-H sponsored events (such as driving for field trips, visiting the farm, etc.). Membership fees are \$40 for youth members, with no fee charged for adult volunteers.  
—Robert Lewit, Club Registrar

## Important Attendance Policy Reminder

### San Carlos-Eaton Hills 4-H Club Attendance Policy

- 80% attendance at the club's monthly general meetings and 80% attendance at the project meetings are needed to exhibit any project at the San Mateo County Fair. 80% attendance at the club's monthly general meetings is required to obtain a star rank. 80% attendance at project meetings is required to earn record book credit for "project completed" for each project.
- An excused absence will not count against the 80% calculation.
  - Excused absences include illness, religious commitments, or mandatory school activities (one-time meeting, school play, or concert). Other excuses may be presented to the Steering Committee for authorization.
  - Bring a note to the club secretary the month before or after your excused absence so it can be recorded.
  - Homework and school social activities are examples of non-excused absences.

- If you will have to leave early or arrive late on a regular basis, please provide a note of explanation to the club secretary. You can still receive credit for attendance, but more than two late arrivals or early departures will disqualify you from earning a 100% participation pin.
- You are responsible to find out what you missed at the general meetings.
- You are encouraged to make-up the missed meeting with community service time: volunteering at schools or special-needs programs, or representing the club at Lions Club activities, Hometown Days, and the San Mateo County Fair (auction, cake booth, Redwood Hall attendant, and Pen Pride).

## Don't Forget Those Medical Forms!

Did you know that a copy of that medical form you fill out for your child must be given to each of your child's project leaders? The forms are meant to help protect your child while not under your supervision and may contain essential information about allergies, medications, phobias, etc. These forms are essential; they allow medical providers to care for your child if your child gets hurt. It is your job to provide a copy of this form the leader of each project your members enrolls in. Please fill out a separate form to give to each project leader. Please note that if you make photocopies, each copy must have a fresh signature to be valid.

What is the easiest way to do this? Go to the club website and find the medical release form. Fill it out on your computer and print as many copies as you will need. Is your child signing up for four projects? Bring four copies. (Bring an extra if in doubt.) Sign each one (signatures must be original) and bring them to the October meeting. We will have blank copies at the meeting, but you might prefer to fill out forms ahead of time. Many thanks for helping us complete this important job. —*Maeve and Bruce Knoth*

## This Year's Projects

Below is a list of the confirmed projects for this year. Members: Don't see what you want? Parents: Is there something you'd like to lead? Please contact Julie Wong, and we'll see if we can start a new project!

Project Name	Leader	Phone
Astronomy	Hans Warrick	364-4773
Automotive	Eric Grimsby	393-0505
Beekeeping	Kurt Hallamasek	508-8798
Beginning 4-H	Susie Bowler	592-3569
Cavies	Dawn Kelly - Cañada 4-H	363-0386
Cooking-Beginning	Diana Bradley	592-4349
Demonstrations	Heather Sutherland	349-9623

Digital Photography	Lee Torno	415-596-7972
Dogs	Erika Stratz	
First Aid & Safety	Gretta Keegan	593-6180
Forestry	Judy Grimsby	591-2212
Goats	Julie Wong	853-1305
Hobby Crafts	Vicki Jeffers	
Knitting & Hair Braiding	Joanne Taylor	323-5508
Lambs	Vickie Lewit	306-7884
Leadership Development	Maeve Knoth	654-4975
Marketing	Scot Marsters	
Money Management	Bruce Knoth	654-4975
Pigs	Winston Wykcoff	594-3939
Poultry	Julie Wong	853-1305
Rabbits-Advanced	Scot Marsters	
Rabbits-Beginning	Robin Nielson	591-1952
Rabbits-Show & Meat	Kathy Wilfong	366-3810
Scrapbooking	Joan Dreschke	598-9624
Shooting Sports-Air Rifles	Bob Olague – Pacifica 4-H	355-5149
Shooting Sports-Archery	Lee Torno	415-596-7972
Web Design	Robert Lewit	306-7884
Woodworking	Hans Warrick	364-4773

Interested in leading a project? To continue the following projects we still need leaders/co-leaders for: Advanced Cooking, Gardening, Notecards, and Sewing. Contact Julie Wong at 853-1305 if you can help!

Please discuss the projects you are interested in with your parents and the project leader and be ready to sign up at the **Project Fair** after our General Meeting on **Tuesday, October 16**. It looks like it's going to be a great year!

## **Are You a “Rabbit Kid”?**

Rabbits are beautiful animals and can make a great family pet. They are fascinating to watch and soft to touch. They are inquisitive and smart, playful and entertaining. When the right match is made, they are beloved members of the family for 7-10 years. So what makes you a good match for a rabbit?

- You are at least 9 years old or you have the support of an older sibling or parent to help you with daily cleaning, feeding, watering, and exercise.

- You are a kid that shows empathy and compassion for living beings.
- You are a calm kid able to understand that the rabbit does not naturally like loud noises, sudden movement or being lifted off the ground. In the wild, rabbits are prey for many other species (food for other animals). They are always on guard for predators. Sudden movements and rough handling scare the rabbit and often it responds by biting, growling, and fleeing (kicking and scratching). These are all natural behaviors for self preservation. Therefore, kids that like a lot of motion, excitement, noise, or have difficulty with downtime might do better with a dog.
- You know that rabbits are not pink, yellow, blue or green. They are not stuffed and they don't naturally wear clothes (except for the rabbit dress-up contest at fair).
- You can provide a safe rabbit environment. Outside rabbits need protection from wind, rain, and most of all sun. They are unable to tolerate heat and must be provided a place with shade and good air flow (and water). Rabbits need exercise and a safe place to hop. They need daily interaction with you to remain socialized. Rabbits need to be protected from dogs, cats, and raccoons. Rabbits can get along well with other family pets such as dogs and cats, but they should not be left alone with each other unless one of them is caged. An outside rabbit must be protected at night as raccoons are particularly vicious predators and hunt for sport. Inside rabbits need a rabbit-proof house. Electrical cords and furniture are tempting chew toys, so move anything that can hurt them or that you value out of their reach.

If you're a "Rabbit Kid", you'll find that a rabbit is a wonderful addition to your family. There are many different breeds of rabbits, each with their own personality traits. Some breeds are more endearing than others and make better first pets (similar to different dog breeds). You can find out more about the different rabbit breeds by participating in one of the rabbit projects this year. The Peninsula Humane Society and the House Rabbit Society both have a lot of information about rabbits as well as socialized rabbits to adopt.

## **Help Plan the 2008 State 4-H Field Day**

The State 4-H Office is now recruiting 4-H members (age 9 and above), 4-H volunteers, and 4-H YDP Staff to help plan the 2008 State 4-H Field Day! The event will take place on May 31, 2008 at UC Davis. Help is needed for Presentation Day, Fashion Revue, and overall event support. 4-H clubs are also encouraged to provide activities and fundraise during the event. More information is available at <http://ca4h.org/projresource/fieldday/SFD-RecruitingFlyer2008.pdf>.

## **Junior Fair Board Meetings Will be Moving!**

We've heard the Junior Fair Board meetings are moving to the fourth Tuesday of the month, starting in January. The meetings won't conflict with our club meetings any more! The Junior Fair Board helps plan the county fair, and the meetings are open to anyone who will be exhibiting at the fair. We'll provide details when we learn more.

## **Mandatory Meeting for Members Raising Farm Animals**

Members who plan to raise a market animal (chickens, turkeys, goats, sheep and pigs) at the club's farm this 4-H year and their parent(s) must attend a farm families meeting on Tuesday, November 13 at 7 p.m. in the Clifford School Library. This meeting is very important for the successful operation of the farm and a successful and enjoyable county fair experience for all of our junior livestock exhibitors and their families. We will be reviewing members' animal project responsibilities at the farm and at the fair, as well as parents' roles and responsibilities. In addition, the farm animal project leaders will speak briefly about their plans for their projects.

Members who cannot attend the November 13 meeting must contact Farm Manager Janae Novotny to schedule a make-up meeting. A member and parent(s)' attendance at the November 13 meeting or a make-up meeting with the Farm Manager and/or Farm Boss is required before a member's farm use request will be considered for approval.

Please remember that all farm use requests must be turned into Farm Boss Eric Grimsby or Farm Manager Janae Novotny before this meeting.

All members and parents who are interested in learning more about what is involved in raising a market animal and exhibiting the animal at the county fair are encouraged to attend the November 13 meeting, too.

Questions? Contact Farm Manager Janae Novotny at 369-5422 or [janae@sprock-novotny.com](mailto:janae@sprock-novotny.com).

## **Want to Go to CAL (Creating a Leader Conference)?**

4-H members in 7<sup>th</sup> grade and up are invited to register for the North Central Division Creating a Leader Conference at Walker Creek Ranch, Petaluma. It will be held from January 25-27, 2008. The North Central division includes Sonoma, Marin, San Mateo, San Francisco, Santa Clara, Alameda, Contra Costa, Solano, Napa, Yolo, Sacramento, San Joaquin, Calaveras, Amador, and El Dorado counties. The cost is \$145.00 per person.

Registration materials are available in the county 4-H office. Registrations must be returned to the county 4-H office by November 20, 2007. Each county in the North Central Section is allotted 15 delegate spaces. If there are more who wish to attend, the county may wait-list up to 5 applicants.

Successful leadership is best learned in two ways: by observing it in others and by trying it oneself. The CAL Leadership Team is composed of former delegates who are now in charge of planning and delivering the Conference. The overall focus of CAL Conference is to provide a platform for youth leaders to share their joy, knowledge, and enthusiasm with their peers. The educational focus of CAL Conference is for delegates to enhance their techniques to demonstrate leadership in how they behave, in their attitudes, and in the words they choose to use.

## **The Farm Is Ready for Winter!**

More than 50 members, parents, and visitors earned a big thank you for their hard work to prepare the farm for the winter on our Fall Farm Clean-up Day:

Rebecca and Robert Lewit  
Elena and Winston Wyckoff  
Anya, Tristan, Maeve, and Bruce Knoth  
Eli and Danny Van der Rijn  
Nik, Danielle, Judy, and Eric Grimsby  
Cutler, Gabriella, Caitlyn, and Danice Pons  
Adam, Justin, and Lisa Weaver  
Jesse and Joanne Taylor  
Maeve and Gretta Keegan  
Kate Lyn, Sarah, Heather, and Scott Sutherland  
Kenny, Kathryn, and Erika Stratz  
Lucas and Nancy Zalesny  
Cale and Kurt Hallamasek  
Sunny and Leslie Marx  
Kate Ortiz  
Andrew, Susie, and Ben Bowler  
Maria and Samantha Samuelsen  
Peter and Hans Warrick  
Sean, Neil, and Ute Rossiter  
Kevin and Crimson McDanile-High

If you worked at the farm clean up and your name is not on the list, please contact Janae Novotny at 369-5422 or [janae@sprock-novotny.com](mailto:janae@sprock-novotny.com).

## **My First Farm Cleanup**

I started by taking out tools from the tool shed. When we got to the back, I saw a big RAT! I didn't like it. I screamed! Everybody looked at me, and they said, "What??" I said, "RAT!!!"

After that, I needed a break, and had a donut and some hot chocolate.

Then I went to see the bees. IT WAS COOL!

Next, I cleaned up a lot of leaves so that the creek could run. I raked them up and piled them in big piles and picked them up and put them in bags. We took them down the hill with a wheelbarrow and it was hard! —by *Eli van der Rijn*

## **Another Member's Perspective**

The fall farm clean-up had a great turn out this year. I was surprised to see many of the new members there who didn't have an animal but wanted to help out anyway. Even though I never had any animals there, I loved helping clean up the farm. Participating in farm clean-up is a great way to meet some other club members and get involved in the club. —by *Kate Ortiz*

## **County Awards Day**

On October 7th, at the Expo Center I went to the County Awards Day. That day the All-Stars recognized people for their awards. The kids were recognized for various things such as scholarships, stars, and proficiency tests and for adults, years of volunteering. There were also a few hundred cookies. I ate a lot of them. It was a fun event because I got to eat a lot of cookies and I got to see people that I haven't seen since fair. —by *Tristan Knoth*

## **Pins and Stars**

Congratulations!! The following 4H members earned their 100% attendance pins for the 2006-7 Program year:

- Maeve Keegan
- Anya Knoth
- Amanda Marsters
- Kate Ortiz
- Sakumaru Streets
- Katelyn Sutherland
- Sarah Sutherland
- Peter Warrick

Congratulations to Tristan Knoth for earning his Bronze Star and to Danielle Grimsby for earning her Gold Star.



## **Want to Find Out More About 4-H?**

### **At the State and National Level:**

Go to <http://www.ca4h.org/4hresource/email/index.asp> and follow the directions on the screen. You have options to subscribe to several different lists.

### **At the County Level:**

You can subscribe to *Highlights*, the San Mateo County 4-H monthly newsletter, online or through the mail. To receive an email notification when a new issue of the newsletter is available:

1. Go to this Internet address: <http://www.cesanmateo.ucdavis.edu/>
2. Click on "4-H Youth Development Program".
3. In the little purple box, click on "4-H Highlights".
4. Enter your email address in the box.

If you prefer to receive *Highlights* by mail, please call Marilyn Johnson at 726-9059, ext.106 or email [mjjohnson@ucdavis.edu](mailto:mjjohnson@ucdavis.edu) with your mailing information.

## **Next Newsletter Deadline: November 13**

Email articles to Betsy Parkhurst: [betsyrus@sbcglobal.net](mailto:betsyrus@sbcglobal.net)