

San Carlos Eaton Hills 4-H

Club Officers

President — Nicole Donovan

Vice President — Joanna Settles

Secretary — Kira Wyckoff

Corresponding Secretary — Kristine Gomez

Treasurer — Danielle Grimsby

Junior Farm Boss — Anne Peale

Sergeant at Arms — Samantha Cotter

Steering Committee

Janae Novotny — Community Leader 369-5422

Dale Sprock 369-5422

Sandra Bernhard 592-3558

Judy Grimsby 591-2212

Kathy Wilfong 366-3810

Shelle McGee-Lucas 508-8392

Vicki Lewit 306-7884

Maggie Gomez 593-1649

Gaye Donovan 593-3363

Bruce Knoth 654-4975

Susie Bowler 592-3569

Aida Paragas 508-9182

Winston Wyckoff 594-3939

Julie Figliozzi Wong — Projects Coordinator 853-1305

Janae Novotny — Farm Manager 369-5422

Eric Grimsby — Farm Boss 591-2212

Robert Lewit — Webmaster robert.lewit@gmail.com

Betsy Parkhurst — Newsletter Editor betsyurus@sbcglobal.net

ISSUE SEVEN

March 2007

<http://www.sancarlos4h.org>

**Next General Meeting:
Mar. 20 at 7 p.m.,
Clifford School**



President's Message

Hey 4-Hers,

I hope no one got pinched for forgetting to wear green on St. Patrick's Day! The theme for our upcoming meeting is "All things 4-H" so you can come dressed in anything 4-H or 4-H-like. The teen leaders are even coming in their uniforms so we can teach you how to dress at the fair and other 4-H events.

The next meeting is also a Potluck! I'm really excited about this. So we all have time to eat, the meeting will start at 6:30. The teen leaders are bringing the main dish, but since this is a potluck, we ask that each FAMILY bring a dish:

Last names A-K Salad or Veggie tray

Last names L-R Breads

Last names S-Z Dessert

Wow, I'm already hungry just thinking about it.

Nicole Donovan, President

This month's theme:

All things 4-H

IMPORTANT DATES & EVENTS

Mar. 20	6:30 pm	March General Meeting and Potluck Dinner
Mar. 31 - Apr 1		Archery Training Workshop in Red Bluff
Apr. 10		Deadline for articles for the April newsletter
Apr. 17	7 pm	April General Meeting
Apr. 28	9am-noon	Spring Farm Clean-up

Potluck Dinner at the General Meeting

Hello San Carlos-Eaton Hills 4-H Families:

We are having a potluck dinner this Tuesday, March 20th, at our General Meeting to help celebrate our 4-H family! The Jr./Teen leaders and their families are providing the entrees (both meat and veggie lasagnas), and we ask that your family bring a salad, breads, or dessert (see assignments below). The club will provide lemonade and all necessary utensils and paper goods. We'll start serving dinner at 6:30 pm.

Potluck

Date: Tuesday, March 20

Time: 6:30 p.m. (Note the early start!)

Assignments: Each family please bring the item assigned to your last name.

Last names A-K: Salad or Veggie tray

Last names L-R: Breads

Last names S-Z: Dessert

Since the March theme is "All things 4-H", we invite you to be creative in your use of green or clovers for the dinner! ;-)

—by Sandra Bernhard

Wanted: Items for Our Hometown Days Float

We need to create some large-scale items for the float that our members proudly decorate each May for the San Carlos Hometown Days parade. **Project leaders:** please have your project members design a large-scale, three-dimensional object that represents what your project does.

You can use very thin sheets of wood as a base, use paper maché with wire frames or balloons, and of course, use your imagination. As a bonus, it is very likely that the object can be used at the San Mateo County Fair. The goal is to create an item that will last our club for several years.

Workshop days and space will be readily available as needed on my back patio area. And I can also provide the necessary storage space. A sign-up sheet will be available at our March general meeting.

—Shelle McGee-Lucas, 650-508-8392, straycatgt@comcast.net

Get Out Your Rakes and Shovels!

Spring Farm Clean-up — Saturday, April 28 9 am to noon

All 4-Hers are encouraged to participate in our spring farm clean-up. We have many jobs to do, especially after the winter rains, and the farm needs everyone, including parents! This is a mandatory event for every member who is in a farm animal project: goats, sheep, pigs, poultry (chickens and turkeys), and bee-keeping. Attendance will be taken. If you have an excused absence, as defined in the Club attendance policy, please inform your project leader and Eric Grimsby, the Farm Boss, and you will be assigned make-up farm work.

Bring gloves, disposable dust masks, etc. This is also a fun club event, which you may enter in your record book as “attended event”. Hot chocolate, juice, coffee, and doughnuts will be provided.

Important Attendance Policy Reminder!

San Carlos-Eaton Hills 4-H Club Attendance Policy

1. Why is meeting attendance important in 4-H?
 - Attending 80% of the club’s general monthly meetings and turning in a record book are the two requirements to be a “member in good standing” and earn a year stripe for successfully completing a year in 4-H.
 - 80% attendance at project meetings is required to earn record book credit for “project completed” for each project.
 - 80% attendance at the club’s monthly general meetings and 80% attendance at the project meetings are needed to exhibit any project at the San Mateo County Fair.
 - 80% attendance at the club’s monthly general meetings is required to obtain a star rank.
2. An excused absence will not count against the 80% calculation.
 - Excused absences include illness, religious commitments, or mandatory school activities (one-time meeting, school play, or concert). Other excuses may be presented to the Steering Committee for authorization.
 - Bring a note to the club secretary the month before or after your excused absence so it can be recorded.
 - Homework and school social activities are examples of non-excused absences.
3. If you will have to leave early or arrive late on a regular basis, please provide a note of explanation to the club secretary. You can still receive credit for attendance, but more than 2 late arrivals or early departures will disqualify you from earning a 100% participation pin.

4. You are responsible to find out what you missed at the general meetings.
5. You are encouraged to make-up the missed meeting with community service time; volunteering at schools or special-needs programs, or representing the club at Lions Club activities, Hometown Days, and the San Mateo County Fair (auction, cake booth, Redwood Hall attendant and Pen Pride).

Uniform Check-up: Do You Have All the Pieces?

As you put on your uniform for the March meeting—or notice that you don't yet have one—you'll realize it's time to start acquiring those missing pieces. Uniforms are only required if you are showing an animal at fair. You are not required to wear a uniform at any other 4-H event.

We will have the club's current supply of small uniform pieces and club t-shirts at the March meeting. Beginning this year, the national 2007 4-H Sourcebook is selling the California 4-H uniform elements: hat and scarf or tie. After we exhaust the club's supply of hats, scarves and ties, members should order them from the "For California 4-H" page of the 4-H Sourcebook or online at 4-Hmall.org.

We will also have record book covers on sale (\$2.00), an item everyone needs. Read below the description of the complete uniform. Note the prices for the small items that may be purchased through the club and where you can go to get your "whites". Bring cash for your club purchases or remind your parents to bring their checkbooks. Also, remember to bring your old, clean whites to the meeting or up to the farm to be recycled. The upcoming farm clean-up will be the perfect time!

San Carlos/Eaton Hills 4-H Uniform Regulations:

General Requirements:

- Uniforms are only required if you are showing an animal at fair.
- You are not required to wear a uniform at any 4-H event.

Pants:

- Wear white pants, jeans or canvas (jeans recommended if showing an animal).
- Available at Western Saddlery (650) 345-2261; 206 E Hillsdale Blvd, San Mateo (near intersection with 101.) Some sizes need to be ordered in advance; check by calling the store.
- We have a good selection of hand-me-down whites at the farm. Check 'em out!
- Must wear a belt.
- Shorts or skirt is optional for girls not exhibiting animals.

Shirt:

- White.
- Long-sleeved. (Short sleeves OK if not showing an animal.)
- Collared.

- Available at department stores (boy's department), thrift shops, and check out the hand-me-downs at our farm.
- Must be worn tucked in.
- Most girls wear boys' shirts.

Tie or Scarf:

- Must be official 4-H tie or scarf.
- Available from club while supplies last. Contact Susie Bowler at 592-3569 or suzbowler@comcast.net
- Girls wear scarf or tie.
- Boys wear tie.

Hat:

- Must be official 4-H hat.
- K-8th graders wear green hat.
- High school students wear white hat.
- Available from club. Contact Susie Bowler at 592-3569 or suzbowler@comcast.net

Price List:

Green Caps: K-8 th	\$10.00
White Caps: High School	\$10.00
Girl's Collar:	\$11.00
Ties: Clip or Regular	\$8.50
Record Book Covers	\$2.00

Sources:

After club supplies of hats, scarves, and ties are exhausted, uniform pieces can be mail-ordered from the national 4-H Sourcebook or ordered online at 4-Hmall.org. (Look for the "For California 4-H" page in the catalog.)

Junior Grand National Looking for 4-H Helpers

The Junior Grand National is looking for 4-Hers ages 14 through 19 who are not exhibiting at the 2007 Junior Grand National at the Cow Palace to join the "Cow Town Council" Leadership Team. Opportunities available for Leadership Team members include: official greeter, manager 4-H/FFA office, coordinating award activities, conducting interviews for Merit awards and scholarships, providing tours of the Cow Palace, judging the clean stall contest, coordinating the Round Robin contest, and working with the Livestock staff.

If you are selected, you will need to be at the Cow Palace beginning Tuesday, April 3 at 5pm through the end of the Junior Grand National on Saturday, April 7 at 7pm. Contact Vanessa Adams, Stock Show manager at 415-404-4142 for more information. Contact Janae Novotny, and she can e-mail you an application. Applications must be postmarked by or returned to the Cow Palace by Friday, March 23.

San Mateo County 4-H Community Service and Citizenship Opportunities

Backstage Helpers For School Musical—March 23 and 24

The Canada Club Community Service Project is planning to help backstage with a middle school production of Annie on Friday 3/23 and Saturday 3/24. It is very important that you contact us at least one week prior to the show because there is limited space available for helpers.

4-Hers can contact Liz Sturm or Kathleen Ellis if they are interested. We finalize the helper schedule one week in advance of the function.

Liz Sturm precisionvacuum@msn.com

Kathleen Ellis k.ellisfamily@comcast.net

Bring Your Small Animals to Visit Seniors—March 25

The Belmont Club Senior Visit project is planning a visit to the Carlmont Convalescent Home. This is an event that we do every other month, where we bring small friendly animals to the home so the seniors can interact with them. These seniors are very eager to meet animals. Many of them recall with fondness having raised rabbits with their families when they were children. Many of them left dogs and cats behind when they moved to the home, and very much miss their pets. Our club is currently unable to come up with small animals to bring to these visits, so we are very much looking for anyone who can help us with this event from other clubs. Any age 4-Her is welcome.

The visit is on Sunday, March 25, from 2:00 to 3:00, at the Carlmont Convalescent Home, 2140 Carlmont Drive, Belmont.

Please contact Jenny Daniel at Bernhard-daniel@sbcglobal.net or 650/593-5199.

Earth Day Beach Clean-up—April 21

Belmont Club is participating in the Earth Day beach clean-up on Saturday, April 21, from 10:00 to noon. Location and time to be announced. Contact the Hogans at 650/738-0925.

Cookie Social at Retirement Home—May 9

The Canada Club Community Service project is hosting a Mothers' Day cookie social at a Redwood City retirement home tentatively on Wednesday, May 9. The participants are required to supply 1 or 2 dozen cookies, depending on the turnout.

4-Hers can contact Liz Sturm or Kathleen Ellis if they are interested. We finalize the helper schedule one week in advance of the function.

Liz Sturm precisionvacuum@msn.com

Kathleen Ellis k.ellisfamily@comcast.net

Hobby Craft Project Report

In the Hobby Crafts project, we made rainbow catchers and miniature books as well as created our own puzzles.

—by Joan Dreschke

Favorite Foods Day

Favorite Foods Day was Saturday, March 10th. We were the only kids there representing our club. We had to come up with a menu, set a place setting for the judges, and present one item from our menu. I (Kate Lyn) made a triple chocolate and vanilla cheesecake and took home a blue ribbon. Sarah made peanut butter cookies and took home a primary ribbon. After the judging we got to taste all the food that the kids made. It was a fun day. Anyone in a food project can enter and I recommend it. It is a fun day with lots of good food and you get a recipe book to take home with all of the recipes in it.

—by Kate Lyn and Sarah Sutherland

Next newsletter deadline: April 10

Email articles to Betsy Parkhurst: betsyrus@sbcglobal.net