

San Carlos Eaton Hills 4-H

Club Officers

President — Nicole Donovan

Vice President — Joanna Settles

Secretary — Kira Wyckoff

Corresponding Secretary — Kristine Gomez

Treasurer — Danielle Grimsby

Junior Farm Boss — Anne Peale

Sergeant at Arms — Samantha Cotter

Steering Committee

Janae Novotny — Community Leader 369-5422

Dale Sprock 369-5422

Sandra Bernhard 592-3558

Judy Grimsby 591-2212

Kathy Wilfong 366-3810

Shelle McGee-Lucas 508-8392

Vicki Lewit 306-7884

Maggie Gomez 593-1649

Gaye Donovan 593-3363

Bruce Knoth 654-4975

Susie Bowler 592-3569

Aida Paragas 508-9182

Winston Wyckoff 594-3939

Julie Figliozzi Wong — Projects Coordinator 853-1305

Janae Novotny — Farm Manager 369-5422

Eric Grimsby — Farm Boss 591-2212

Robert Lewit — Webmaster robert.lewit@gmail.com

Betsy Parkhurst — Newsletter Editor betsyus@sbcglobal.net

ISSUE SIX

February 2007

<http://www.sancarlos4h.org>

Next General Meeting:

Feb. 20 at 7 p.m.,
Clifford School



President's Message

Hey there 4-Her's,

I hope that everyone is having a great February! I know everyone is looking forward to a happy Valentine's Day. I've definitely had a hankering for something sweet this past month and thankfully the activity after our upcoming meeting is cookie decorating. We get to decorate sugar cookies with frosting and sprinkles, and the best part is that when we finish we get to eat them!



Spring is coming and I hope that everyone who wants to raise an animal is getting ready. I know that I am. The coming of Spring also means that Hometown Days is coming up. Everyone should put the weekend of May 19-20 on their calendars. We all need to get ready to march in the parade again.

Nicole Donovan, President

This month's theme:
wear **red**, **white**, or **pink**

IMPORTANT DATES & EVENTS

Feb. 19

County 4-H Ag Steering Committee, Laurelwood Round Table

Feb. 20 7 pm

February General Meeting

Feb. 26

County 4-H Life Skills and Hobbies Committee Mtg

Mar. 20 7 pm

March General Meeting

Mar. 31 - Apr 1

Archery Training Workshop in Red Bluff

4-H Fashions



Need a 4-H t-shirt to wear to our March meeting? Our club has a limited supply of 4-H t-shirts in adult sizes that will be for sale at the February meeting. We also have uniform caps, collars, and ties, which you will need if you plan to show an animal at the fair this summer.

Please see Susie Bowler at the general meeting if you are interested in any 4-H merchandise.

What Can Your Project Create for Our Float?

Greetings Eaton Hills 4-H project leaders. I am requesting your cooperation with creating some large-scale items for the float that our members proudly decorate each May for the San Carlos Hometown Days parade. Your mission as project leaders, should you accept this challenge, is for you and your project members to design a large-scale, three-dimensional object which denotes what your project does. Some ways to create the object would be using very thin sheets of wood as a base; using paper maché with wire frames or even balloons; and of course, using your imagination. Most important is that the object can very likely be used at the San Mateo County Fair. The goal is to create an item that will last our club for several years. Workshop days and space will be readily available as needed on my back patio area. And I can also provide the necessary storage space. A sign-up sheet will be available at our February 2007 general meeting. Please call or write at your earliest convenience. Thank you.

—Shelle McGee-Lucas, 650-508-8392, straycatgt@comcast.net

The Purpose of Record Books

4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program. While society has changed, so have the goals of 4-H record-keeping. 4-H Record Books allow 4-H members to reflect on their yearly work completed, as well as maintain records of project and club work. In this way, 4-H members demonstrate growth and measure achievements across their years in 4-H.

Through record-keeping, 4-H members develop the following life skills:

- Maintaining records of 4-H project and club work, as well as school and community activities
- Keeping personal and business records
- Improving communication with other people
- Learning time-management and organizational skills
- Learning responsibility and developing goal-setting skills

4-H Record Books are an educational component of the 4-H Youth Development Program. They may not be required for 4-H membership nor for participation in 4-H activities such as club events and activities. In the San Carlos-Eaton Hills 4-H club, completing a record book is required each year to participate in the San Mateo County Fair as a 4-H junior exhibitor and to complete a year “in good standing” and earn a year stripe.

Club Parent Needed As Record Book Coordinator

The State Office of the University of California 4-H Youth Development Program adopted a new record book process, including new forms, procedures, and standards for members to achieve the various star ranks. The new program is effective for this 4-H program year. We need a parent to volunteer to read and learn the new record book program manual and teach club members and project leaders about the new record book process.

The new Record Book Coordinator will also advise the Club leadership about changes needed in club activities to help members earn star rankings. For example, the community service requirements now focus on 4-H sponsored community service opportunities, and club members will earn less record book credit for non-4-H sponsored community service. As a result, all of the 4-H clubs in San Mateo County are discussing opening up our club level community service activities to 4-H members throughout the county.

The new Record Book Coordinator should subscribe to the online California 4-H Record Book Support Group, which provides a place for 4-H volunteers, staff, and members to discuss the new 4-H Record Book, ask questions, and receive feedback and answers from others around the state, the State 4-H Office, and the Incentives and Recognition Advisory Committee.

Please contact Janae Novotny or Sandra Bernhard if you are interested in volunteering for this important job or if you need more information.

Archery Discipline Training Offered in Red Bluff

Saturday, March 31st 9:00 am – 5:00 pm

Sunday, April 1st 9:00 am – 2:00 pm

A shooting sports training workshop for the archery discipline will be held in Red Bluff, CA. **Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs.** Attendance at both days is required.

The course will be held at Wetter Hall, 1740 Walnut Street, Red Bluff and at the Ishi Archery Range, Hwy 36 East, Red Bluff.

Cost for the course will be \$25 and includes morning refreshments, Saturday lunch, and class materials.

Dry camping is available at the archery range. In addition, on Saturday evening, we will meet for a no-host dinner and optional discussion.

For more information, contact Leland George, State Archery Instructor, at 530-527-4369 or e-mail: ljgeorge@tco.net. Please send “Training Request and Registration Form” and fees to Leland George at 21075 Hwy 36 West, Red Bluff, CA 96080. Make checks payable to “Tehama County 4-H Council”. Pre-registration due date is March 23.

For the “Training Request and Registration Form” go to <http://www.ca4h.org> or contact your county 4-H office.

Cavy Looking for a 4-H Home

A former club member must give up her pet guinea pig because her new roommates have a snake. If you are interested in adopting a guinea pig, please contact Carson Sprock or Janae Novotny at 369-5422.



Demonstration Day

On February 3rd, Demonstration Day took place at the Hillsdale United Methodist Church in San Mateo. Many people from San Carlos went. There were five presentations from San Carlos/Eaton Hills at Demonstration Day. Tristan Knoth, Kira Wyckoff, Catherine Sassenberg, and Katelyn Sutherland all got blue awards, and Anya Knoth and Sarah Sutherland got primary awards. At Demonstration Day all the participants giving presentations give their talks and get graded by judges who give them awards. For the members under nine years old, they automatically get a primary award, but if you're older you can get a white, a red, a blue, or a gold award from worst to best. All the non-primaries got blue awards! That might be thanks to our presentation project that all the San Carlos participants were part of.



This was my third time at Presentation Day and my second demonstration. This year my demonstration was “How to Change a Guitar String”. It was much easier to present the second time and I did well! I would recommend that the people who haven't done a presentation do one because you get record book credit and it's lots of fun!

—by *Tristan Knoth*

Next newsletter deadline: March 13

Email articles to Betsy Parkhurst: betsyus@sbcglobal.net