

San Carlos Eaton Hills 4-H

Club Officers

President — Nicole Donovan

Vice President — Joanna Settles

Secretary — Natalie Soulard

Corresponding Secretary — Kristine Gomez

Treasurer — Danielle Grimsby

Junior Farm Boss — Anne Peale

Sergeant at Arms — Samantha Cotter

Steering Committee

Janae Novotny – Community Leader 369-5422

Dale Sprock 369-5422

Sandra Bernhard 592-3558

Judy Grimsby 591-2212

Kathy Wilfong 366-3810

Shelle McGee-Lucas 508-8392

Vicki Lewit 306-7884

Maggie Gomez 593-1649

Gaye Donovan 593-3363

Bruce Knoth 654-4975

Susie Bowler 592-3569

Aida Paragas 508-9182

Winston Wyckoff 594-3939

Julie Figliozzi Wong – Projects Coordinator 853-1305

Jeff Nielsen — Farm Manager 595-5793

Eric Grimsby — Farm Boss 591-2212

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ISSUE ONE

September 2006

<http://clubs.ca4h.org/sanmateo/sancarlos/>

Next General Meeting:

Sept. 19 at 7 p.m.,
Clifford School



This month's theme: Been to the Fair

President's Message

Welcome 4-Hers,

Welcome to, or welcome back to, 4-H. After spending four years with the San Carlos Eaton Hills 4-H club, I am now serving as president. I am very excited to use this opportunity to improve our club.

With me will be an excellent team of teen officers. The other officers are Joanna Settles, Danielle Grimsby, Natalie Soulard, Kristine Gomez, Anne Peale and Samantha Cotter. I am sure we can work together to make the club better for all.

Many 4-Hers from our club participated in the San Mateo County Fair and we won many awards. Our first meeting on September 19th will be their opportunity to show off all the ribbons and trophies that they won.

I hope you all can make it!

Nicole M. Donovan,
President

CALENDAR OF DATES & EVENTS

Sept. 19	7 p.m.	General Mtg
Oct. 2	7 p.m.	Leadership Project Mtg
Oct. 3	7:30 p.m.	Cont. Parents' Mtg
Oct. 4	7:30 p.m.	New Parents' Mtg
Oct. 7	9 a.m.	Fall Farm Clean-up
Oct. 17	7 p.m.	General Mtg & Project Fair
Nov. 14	7 p.m.	Farm Families Mtg

**October 1-7
is National
4-H week!**

It's Time to Register Once Again

Returning youth members and adult leaders, please be ready to re-register at the September meeting. (We will have forms and information for potential new members to take home, but new member enrollments will not be accepted until the October meeting.) Fees will remain \$40 for youth members, with no fee charged for adult leaders.

We encourage all 4-H parents to register as volunteers. Registered adult volunteers receive liability protection for all 4-H sponsored events (such as driving for field trips and visiting the farm). Parents, please remember to BRING YOUR CHECKBOOK OR CASH. Thank you! –*Sandra Bernhard, Club Registrar*

Did You Exhibit at the Fair?

Did you show a goat or rabbit at the San Mateo County Fair last month? A pig? Poultry? Did you enter a photograph? A place setting? Cookies? An article of clothing you made in a sewing project? Please bring pictures of your entry and/or any awards you won to display at September's general meeting. (Yes, bring those chairs, too!)

Mandatory Continuing Parents' Meeting

Welcome back to another great 4-H year! 4-H can't exist without parent support and participation. Our youth have requested some exciting, new projects this year that require parent support in order to happen. Attend this meeting to learn what our club is planning and how you can contribute to a fun and meaningful 4-H experience for all of our members.

**Tues., Oct. 3,
7:30-9:00 p.m.
Clifford School
Library**

New Parents' Information Meeting

Do you know families interested in learning more about 4-H? Invite the potential 4-Hers and their parents to attend our club's general membership meeting on September 19, and invite the parents to attend the new parents' information meeting. This meeting (for parents only, please) is designed to inform them about 4-H and our club's programs and activities, and we will try to answer all of their questions about participating in 4-H. Call Janae Novotny (369-5422) or Sandra Bernhard (592-3558) for more information.

**Wed., Oct. 4,
7:30-9:00 p.m.
Clifford School
Library**

Fall Farm Clean-Up—Sat., Oct. 7 from 9 to Noon

All 4-Hers are encouraged to participate in our fall farm clean-up. We have many jobs to do, and the farm needs everyone, including parents! This is a mandatory event for every member who was involved in a farm project (goats, sheep, pigs, poultry, bee-keeping this past year. Bring gloves, disposable dust masks, etc. This is also a fun club event, which you may enter in your record book as “attended event.” Hot chocolate, coffee, juice, doughnuts and other goodies will be provided.

Wanted: Leaders for More Projects

Parents: We need your help to expand the types of projects our club can offer. This year we have 4-H members who are interested in the following projects that need leaders:

- Cavies
- Cooking-Advanced
- Electricity/Electronics
- Knitting
- Lambs
- Woodworking

No experience is necessary and all of these projects have curriculum available, although the only real requirement for a “project” is that you provide six hours of instruction. If you are interested in leading a project or want more information, contact Julie Figliozi Wong at 853-1305 or girlfig2u@yahoo.com.

This Year’s Confirmed Projects

Members: Welcome back to a new year at 4-H! Here are the projects we have confirmed leaders for:

Project	Leader	Phone #	Email Address
Astronomy	Dale Sprock	369-5422	dale@sprock-novotny.com
Backpacking	Janae Novotny & Carson Sprock	369-5422	janae@sprock-novotny.com
Baking-Advanced	Kathy Wilfong	366-3810	kcwilfong@yahoo.com
Beekeeping	Frank Peale	592-3558	fpeale@gene.com
Beginning 4-H	Shelle Lucas & Julie Figliozi Wong	508-8392	straycatgt@msn.com
Cooking-Beginning	Scot & Patty Marsters		marsters.scot@gene.com

Demonstrations	Sandra Bernhard & Anne Peale	592-3558	s.bernhard@sbcglobal.net
Dogs	Julie Wong	853-1305	girlfig2u@yahoo.com
Gardening	Tessa Martino	593-3181	tessamartino@yahoo.com
Goats	Gaye Donovan	593-3363	morgand123@sbcglobal.net
Hobby Crafts	Joan Dreschke	598-9624	dreschke5@yahoo.com
Leadership (see below for details)	Janae Novotny	369-5422	janae@sprock-novotny.com
Money Management	Dale Sprock	369-5422	dale@sprock-novotny.com
Pigs	Winston Wyckoff	594-3939	www@thewyckoffs.com
Poultry	Judy Grimsby	591-2212	ejgrimsby1@comcast.net
Rabbits	Kathy Wilfong	366-3810	kcwilfong@yahoo.com
Sewing-Beginning	Jayne McCann		jayne@marketingdesigns.net
Sewing-Intermediate	Evelyn Klein	364-5151	eeklein@pacbell.net
Scrapbooking	Maeve Knoth	654-4975	knoth@pacbell.net
Web Design	Robert Lewit	306-7884	robert.lewit@gmail.com

Please discuss the projects you are interested in with your parents and the project leader and be ready to sign up at the **Project Fair** after our General Meeting on **Tuesday, October 17**. It looks like it's going to be a great year!

Shooting Sports Project

We hope to offer a "Shooting Sports" project this year. The project will focus on safety, shooting procedures, and marksmanship, and it would be taught by a 4H-certified Shooting Sports leader. Bruce Knoth is working on the details now, and more information will be available at the project sign-up fair in October.

Leadership Project (Junior/Teen Leaders)

If you are a 4-H member in grades 7 through 12, you are eligible to join the Leadership Project and plan club activities. We will meet from 7 to 8:15 p.m. on the first Monday of each month. Our first meeting will be at 7 p.m., Monday, October 2, at the Bernhard/Peale home, 416 Pearl Street, San Carlos. For more information, contact Janae Novotny (369-5422) or Sandra Bernhard (592-3558).

Calling All Farm Families

There will be a mandatory farm families meeting on Tuesday, November 14 at 7 p.m. at the Clifford School Library. In addition to discussing general farm topics, all farm animal project leaders will distribute a project syllabus—project meeting dates and topics, project leader's expectations, etc.—and speak briefly about their plans for the project. Note that all farm use requests must be submitted before this meeting. This meeting is very important for the successful operation of the farm and it will count as the first project meeting for every animal project (which means it counts toward the 80% attendance requirement). If you plan on raising an animal at the farm this year, please come!

Attention Rabbit Lovers

The Sonoma Marin Rabbit Association will hold a double open, double youth official ARBA-sanctioned show at the Sonoma County Fairgrounds on October 7 in conjunction with the Harvest Fair. The fairgrounds are located at 1350 Bennett Valley Road in Santa Rosa.



Kudos to Our Exhibitors at the County Fair!

The San Carlos-Eaton Hills 4-H had a strong presence at the county fair this year. Club members exhibited dozens of projects and carried home a treasure trove of ribbons, trophies, chairs, and belt buckles—as well as memories of great experiences and lots of fun! This is only a *partial* list of our club's exhibitors, but, as you can see, the variety and quality of our members' efforts is truly amazing. What will *you* show next year?

Andrew Bowler: Meat Chicken Exhibitor; Fine Arts Exhibitor for his sculpture.

Nicole Donovan: Class Champion Market Goat; 4th place in Sr. Goat Showmanship; 8th place in Novice Goat Showmanship; Exhibitor, Meat Pen Chickens.

Danielle Grimsby: 1st place in Small Animal Master Showmanship (Round Robin); 1st place in Sr. Dog Showmanship; 1st place in Novice Dog Obedience; 1st place in Jr. Rabbit Showmanship; 4th place in Sr. Rabbit Showmanship; 1st place ribbon for Young Polish buck; Class Champion Market Lamb; 4th place overall for Market Lamb; 3rd place ribbon for Silver Sebright hen; 1st place ribbon for Golden Sebright hen; 2nd place ribbon for Buff Orpington hen, 2nd place ribbon for Crested White Duck, 3rd place in Sr. Poultry Showmanship; 4th place in Novice Hog Showmanship.

Nikolaus Grimsby: 2nd place ribbon for Red Cochin hen; 4th place ribbon for Barred Rock hen; Class Champion Turkey; Rabbits, Best of Breed California buck; 1st place ribbon for male Mini Rex, 1st place ribbon in Pet Rabbit Class; 1st place ribbon (\$50 prize) for Large-Animal Educational Poster comparing lamb/human eyes; 3rd place ribbon for Small Animal Educational Poster on dog positions and what they mean; Competed for the Doc Herbert Award for First-time Large Animal Exhibitors.

Anya Knoth: Show Chicken Exhibitor.

Tristin Knoth: Participant.

Rebecca Lewit: Reserve Class Champion Market Lamb; 2nd place in Jr. Lamb Showmanship; Reserve Class Champion Turkey.

D.J. Lucas: 3rd place ribbon for Sewn Outfit; 3rd Place ribbon for Lap Quilt.

Emma Martino: 4th place ribbon in Goat Class; 4th place ribbon in Turkey Class.

Tatiana Martino: Class Champion Tom Turkey; 2nd place ribbon in Show Chickens for hen; 4th place ribbon in Lamb Showmanship.

Laney McGrew: Exhibitor, Meat Turkey.

Devon Paragas: Primary Entry ribbon in Jr. Misc. Projects for 4-H Pledge parade float decoration.

Isabella Paragas: 1st place ribbon in Jr. Open Division for Mini Pecan Muffins; 2nd place in 4-H Misc. Projects for 4-H Projects parade float decoration.

Anne Peale: John Kyne Award for Outstanding Jr. Exhibitor; 1st place in Sr. Goat Showmanship; Class Champion Goat; Workshop Leader with demonstration hive.

Joanna Settles: 1st place in Senior Hog Showmanship; 4th place in Large Animal Master Showmanship; Grand Champion Meat Pen Chicken.

KateLyn Sutherland: 3rd place in Hobby Crafts for ceramic frog picture holder.

Sarah Sutherland: Primary Ribbon in Hobby Crafts for ceramic leaf plate.

Nicholas Wong: Pee-Wee Goat Showmanship, Participant Ribbon

Peri Wong: 1st place in Novice Market Goat Showmanship; 1st place in Jr. Market Goat Showmanship; 3rd place in Sr. Goat Showmanship; Reserve Class Champion Market Goat; 2nd place in Novice Cavy Showmanship; Participant, Novice Poultry Showmanship; Exhibitor, Chicken, Cavies. Entrant in "Kids & Adults Cooking Together" for chocolate cake.

Russell Wong: Primary Ribbon for Lego fortress exhibit and decorated sugar egg; Pee-Wee Goat Showmanship, Participant Ribbon; Entrant in "Kids & Adults Cooking Together" for chocolate cake.

San Carlos-Eaton Hills 4-H: Primary Members Project received 2nd place (\$80 premium) for its 4-H Feature Booth. The team of Peri Wong, Danielle Grimsby, and Gabriella Pons won 3rd Place in the Avian Bowl. SCEH teams competed in the Market Goat, Lamb, and Hog "Pen of Three" competitions. There was no Clean Stall Award this year, but our club did receive Honorable Mention!

Don't see your name? Is something missing from the list? Email additions to Sandra Bernhard, s.bernhard@pacbell.net. We want to start keeping a list each year of all participants at the fair.

Chicken Run

Have you ever woken up at 5am? I'm sure you have. Maybe you've woken up and gone right back to sleep or maybe you really did get up and go somewhere like I did on August 26, 2006. Still dark out, my parents and I were driving up the road to the 4-H farm in San Carlos. We pulled up to the farm and everyone was already loading the chickens and turkeys into the truck. So I walked up the hill to the turkey pen to get my two turkeys. Let me tell you it's harder than it sounds to grab a 31-pound turkey in the dark but it can be done. After all the turkeys were loaded into the back of the truck it was back on the road again. Almost everyone who wasn't driving was asleep.

As the sun began to come up and shine down on our San Carlos 4-H caravan, we all decided to stop for a quick bite to eat. While eating, us newcomers were all updated on what to expect. Finally after about two hours of driving and our 20-minute breakfast we arrived at the agricultural college in Modesto. All the other San Mateo County 4-Hs were there. A few more people were still trickling in. We stood around and visited with friends we hadn't seen since fair. After standing around for a while Kim called us all into a circle. And we found out that we had to drive another 2 hours to Fresno to a different slaughterhouse.

Back on the road again I'm sure you can imagine the boredom we felt. After what seemed like FOREVER we were at the new slaughterhouse. We unloaded our turkeys and chickens and got in line with the other 4-Hers and waited our turn to take our birds in for their final wing flap. It was my first time here and I could hear each bird clucking then a rattling noise, next brief silence, and then it would start all over again. I decided to peek inside the door to see what was actually going on. I saw a sight that I will never forget. The butcher stuck the chicken in a killing cone, held the head of the squawking bird and as fast as a blink of an eye slit the throat. Out came the blood and with the chicken shaking the blood splattered a little everywhere. That was the first time I'd ever seen anything killed, beside a bug.

While waiting I saw another man dressed in a yellow plastic apron and big black boots, obviously another butcher, walking two baby pigs to a big white building. At first all I could think was what cute pigs with their sparkling brown eyes and ears too big for their little heads. Then the second thought hit me. They were also going to be slaughtered. One of my friends from the fair said it was an experience to watch, to know where our meat comes from. At first I had no intention of going what so ever. But I knew whether I watched or didn't they weren't going to live. So I went and watched. After I had had all I could take of watching the pigs being killed, bled out, and de-haired, I went back outside. It turned out I was back just in time to take my turkeys in.

Now I wouldn't say I was attached to my turkeys but I did feel sympathy. They were basically standing in line to die. When my tom turkey got picked and shoved in the cone I couldn't watch them actually cut his throat. I finally looked up when they threw his head in the garbage and put his body in the feather spinner, which is a big metal tub that spins around and takes the feathers off. It is almost comical.

My second turkey came in right as they were putting my first one in the sink to clean him out. That one was my hen; I didn't like her as much so I watched her. I thought before they actually cut their throats they would look afraid but no they just looked stupid, like turkeys do. So in the end I didn't feel so bad. After I got them back now all packaged in nice plastic bags, I took them be weighed. My hen was 21 pounds and my tom was 29 pounds.

If I had to say one thing about the whole experience I'd have to say thanks to all who helped me get my turkeys to the end and that it was something definitely worth remembering. —*Rebecca Lewit*

Want to Find Out About 4-H at the County Level?

You can subscribe to *Highlights*, the San Mateo County 4-H monthly newsletter, online or through the mail. To receive an email notification when a new issue of the newsletter is available:

1. Go to this Internet address: <http://www.cesanmateo.ucdavis.edu/>
2. Click on "4-H Youth Development Program".
3. In the little purple box, click on "4-H Highlights".
4. Submit your email address in the box.

If you prefer to receive *Highlights* by mail, please call Marilyn Johnson at 726-9059, ext.106 or email mjohnson@ucdavis.edu with your mailing information.

Next newsletter deadline: October 9

Email articles to Betsy Parkhurst: betsyus@sbcglobal.net