

# San Carlos Eaton Hills 4-H

## Club Officers

President  
Carson Sprock

Vice President  
Danielle Grimsby

Secretary  
Nate Barker

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Natalie Soulard

Treasurer  
Julia Herndon

Junior Farm Boss  
Anne Peale

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Samantha Cotter

**Steering Committee**  
Janae Novotny – Community  
Leader 369-5422

Sandra Bernhard – Registrar  
592-3558

Danice Pons – Fair  
Coordinator 508-9549

Ann Williams – Project  
Coordinator 591-1844

Jeff Nielsen - Farm Manager  
595-5793

Eric Grimsby - Farm Boss  
591-2212

Joan Dreschke 598-9624

Judy Grimsby 591-2212

Shelle McGee-Lucas  
508-8392

Julie Figliozzi Wong 853-1305

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**ISSUE SIX**  
February 2006

<http://www.sancarlos4h.org>

**Next General Meeting:**  
**Feb. 21 at 7pm,**  
**Clifford School**



## President's Message

Hi everyone,

The next 4-H meeting will be cookie decorating for Valentine's Day. The junior/teen leaders will provide everything you will need.

Parents: check the calendar because there are a lot of upcoming events in 4-H.

See you at the meeting.

Carson Sprock, President



**This month's theme:**  
Wear red or pink

## **Favorite Foods Day Is Fast-approaching**

Saturday, March 4, 2006  
Check-in ~1:00 pm  
Judging ~1:45 pm  
Buffet and Awards ~ 3:30 pm  
Sandpiper Community Center  
797 Redwood Shores Parkway, Redwood City



Favorite Foods Day provides an opportunity for members in any food project to show off their cooking skills and receive constructive feedback. Participants have a lot of fun, learn a little about nutrition and meal-preparation, develop poise and self-confidence, and get to sample a lot of great food. And here's a bonus: this event can be entered in your record book as a DEMONSTRATION! Even if you are not entering a food item, you could enjoy the scene, scope out things for next year's contest, help out, and share in the grand feast that concludes the event. Junior/Teen Leaders are needed as registrars, runners, tabulators, and set-up/take-down helpers (and, of course, you will get record book credit). Adult Leaders are needed as judges. Please contact Katey Masarie if you are interested in helping: 650-366-4526 or 504-5591.

Any 4-Her enrolled in a food-related project is eligible to enter. The requirements for entries are quite specific and detailed: for instance, entries must include a menu, printed recipe, and place setting, as well as the food item itself. The deadline for entries to be at the county office in Half Moon Bay is Saturday, February 24th. To obtain complete information and entry forms, contact Sandra Bernhard, Patty Marsters, or Kathy Wilfong, or go to <http://clubs.ca4h.org/sanmateo/sancarlos/images/favfoods.pdf>.

Let's have a big San Carlos-Eaton Hills contingent at this event this year. Bon appetit!

## **San Carlos Shines at Presentation Day!**

Saturday was a sunny day when we packed up and got ready to go to Presentation Day. San Mateo County Presentation Day was held in San Bruno on February 4, 2006. San Carlos/Eaton Hills outnumbered all the other clubs in number of demonstrators. Woo-hoo, go us! San Carlos had 10 presentations; everyone else combined had only 18! During my experience in Room 3, I taught how to sharpen a knife, I learned how to catch a wild rabbit (only the demo rabbit was mechanical), and I learned how to make a crepe. One bonus was the good snacks they had while waiting for the judges' reports. (by Tristan Knoth)

Anne Peale has led the Presentation project for weeks, and finally we got to do our presentations! There were 33 presentations at Presentation Day. I was in Room 3. There were seven presentations in Room 1, six in Room 2, seven in Room 3, and seven in Room 4. While the judges were judging, three other groups came and entertained us. Two kids from Pacifica performed "Twinkle, Twinkle Little Star" with sign language, two boys from Coastsides performed a scene from a play, and the San Bruno club performed my favorite, part of "Charlie and the Chocolate Factory". (by Anya Knoth)

The following club members competed at Presentation Day: Peri Wong, Russell Wong, Anya Knoth, D.J. Lucas, Tristan Knoth, Nikolaus Grimsby, Caitlyn Pons, Gabriella Pons, and Cutler Pons. It was a great experience for me and I look forward to next year. Gabriella won a GOLD and can advance to Sectionals next month. (by Nikolaus Grimsby)

Congratulations to all of our club members who participated in Presentation Day:

Nikolaus Grimsby, "Basic Rabbit Care" ( Silver Award)  
Anya Knoth, "How to Make a Mickey" (Primary Ribbon)  
Tristan Knoth, "How to Sharpen a Knife" (Silver Award)  
D.J. Lucas, "Tricky Trees" (Silver Award)  
Caitlyn Pons, "How to Make Bath Salts" (Silver Award)  
Cutler Pons, "How to Draw a Dog" (Primary Ribbon)  
Gabriella Pons, "How to Make Peanut Butter Cookies" (Gold Award)  
Peri Wong, "How to Teach a Dog to Do Tricks" (Silver Award)  
Russell Wong, "Moon Cookies" (Primary Ribbon)

Note: Awards possible for 4-Hers who are at least nine years old were Gold, the highest award, followed by Silver, Bronze, and a White Ribbon; Primary Ribbons for participation were given to members 5-8 years old.

## **Poultry Project Report (chickens, ducks, turkeys)**

We have had two meetings already. If you have not attended these meetings and want to be in this project our next meeting will be March 4<sup>th</sup> from 5-7 pm due to favorite foods day getting out around 4 pm. Our normal hours are from 4-6 pm the first Saturday of the month. Remember, it is your responsibility to call Judy Grimsby, the project leader, if you are not coming.

## **Dog Project Report**

We had our first meeting in January. If you are still interested in this project, see Judy Grimsby after the general meeting so you can get a map to the meetings and a list of the requirements. The next meeting is Feb 25<sup>th</sup> from 1-2:30.

## **Is That Why One of the Rings is Green?**

February is Olympics month this year. Did you know that Women's Pole Vaulting became a Summer Olympics event for the first time at the 2000 Sydney games? The first-ever Olympic gold medalist in Women's Pole Vaulting was Stacey Dragila, a native Californian and former 4-H'er!

## **Keep Saving Those Cake Domes!**

Fair will be here before you know it and we want to staff the cake booth for a whole day this year, so save those plastic cake domes that come free with the purchase of many commercial cakes. We will need 60 clean cake domes to box cakes for our shift at the San Mateo County Fair in August. Plastic domes are easier to clean and recycle than cardboard boxes, and they keep cakes fresh longer. We have discovered, however, that they are expensive to purchase separately, and the grocery stores are increasingly reluctant to donate them.

Please keep the first two domes for your own anticipated contributions to the cake booth (thank you! :)). As you collect more, give them to Sandra Bernhard at any club meeting. Wow, what an easy way to help! Also watch for a new, improved sign-up sheet for your turn at the cake booth coming soon to a general club meeting!

## **Save These Dates for Seriously Fun and Important Club Activities!**

You will hear more about the following activities in future newsletters and at the monthly general club meetings:

### **May 20 and 21 – San Carlos Hometown Days**

#### **Parade – Saturday morning**

Every year, club members decorate a float and accompany it singing and cheering through downtown San Carlos. Shelle Lucas has again volunteered to be the parent coordinator of this activity. Eric Grimsby, Mike Pons, and Winston Wyckoff have expanded the decorating possibilities by volunteering to construct a frame for our borrowed flat-bed trailer.

#### **4-H Cookie and Lemonade Booth – Saturday and Sunday**

This is the club's biggest fundraiser of the year, and all club families are expected to commit to working a shift in our booth. The "work" is fun, and you will have an opportunity to see many friends, neighbors, teachers and co-workers because nearly everyone who attends Hometown Days stops by for our delicious and reasonably priced cookies and lemonade.

#### **4-H Information Booth – Saturday and Sunday**

We usually have a coveted spot in the shade for our "what is 4-H" booth. Members can display their sewing projects, scrapbooks, arts and crafts—anything they have made or grown in 4-H, even their animals. Pictures of 4-H events are also welcomed for our displays. Tessa Martino has volunteered to be the parent coordinator of the booth. Again, all 4-H families are expected to contribute items to display and sign up to staff the booth. It's a fun way to share your 4-H experience with the community, as well as a wonderful way to recruit future members.

### **June 11 (Sunday) – 12 to 4 pm**

#### **Annual Club BBQ, Recognition and Awards Program**

## Find Out About 4-H at the County Level

You can subscribe to Highlights, the San Mateo County 4-H monthly newsletter, online or through the mail. To receive an email notification when a new issue of the newsletter is available:

1. Go to this Internet address: <http://www.cesanmateo.ucdavis.edu/>
2. Click on “4-H Youth Development Program”.
3. In the little purple box, click on “4-H Highlights”.
4. Submit your email address in the box.

If you prefer to receive Highlights by mail, please call Marilyn Johnson at 726-9059, ext.106 or email [mjjohnson@ucdavis.edu](mailto:mjjohnson@ucdavis.edu) with your mailing information.

## Next newsletter deadline: March 13

Email your articles to Betsy Parkhurst: [betsyrus@sbcglobal.net](mailto:betsyrus@sbcglobal.net)

### **Did You Know?**

The official motto of 4-H is:

*To make the best better*