
San Carlos Eaton Hills 4-H

<http://sancarlos4h.org>

Next Meeting March 21st at 7pm, Clifford Elementary School

Upcoming Club Events

General Meeting

Tuesday, March 21, 7pm
Clifford School

General Meeting

Tuesday, April 18, 7pm
Clifford School

President's message

Hey San Carlos 4-Hers!

We are over halfway through the 4-H year, and we have all achieved and learned so much! We elected new officers, chose projects, exchanged gifts, played bingo, and we still have so much left to do! With spring around the corner, I'm proud of all we have accomplished so far!

For our upcoming meeting, we will be doing one of my favorite 4-H activities, Cookie Judging! Our theme this month is to wear green or bring cookies to enter in the contest!

I'm so excited to see all of the cookies you guys bring!

-Haley Houston, President

MARCH THEME: Wear green or bring cookies!



Club Activities

Notes from the 4-H County Council:

1. The annual weekend leadership conference for youth, hosted by the 4-H Ambassador Team in Santa Clara, is happening March 24-26, 2023 in Saratoga, CA. This conference is open to 4-H youth ages 12-18. Our club will make a stipend available for interested attendees. Read all about it at https://cesantaclara.ucanr.edu/Youth_Development/Events/Leadership_Over_Night/
2. The t-shirt design contest is back! Start thinking about your ideas to submit for a 4-H t-shirt that adult and youth volunteers will wear at the San Mateo County Fair in June. Organizers learned from last year and will order more t-shirts and in larger sizes this year. Last year's winning entry was designed by club member Maggie Forrest! Details on how to enter will be coming out soon.

Museum of San Carlos History Opportunity!

Our club has an opportunity to help the Museum of San Carlos History put on an exhibit about 4-H in San Carlos. This gives our club a cool opportunity to show the public what 4-Hers do and market the club to potential new members. If you have any interest in helping put this project together, please let Missy via email to melissajanedamon@gmail.com. Also, if you have something that you made as part of 4-H that you'd consider lending for the display, please let Missy know that as well. We hope to have the exhibit up by Hometown Days.

Need for Adult Volunteers

Our club has an urgent need for adult volunteers for next year, particularly for **Treasurer(s)** and **Community Leader(s)**.

Tina Cole has been our ultra capable and helpful Treasurer for many years and will be greatly missed. There is time to learn from her before she graduates in June (along with Annika). Experience as a Treasurer in another organization, such as a PTA/PTO or youth sports organization, would be helpful but is not necessary.

Amy Miller-Bowen and Missy Damon are completing their two years of service as Co-Community Leaders. Amy absolutely must step out of the role as her work travel is rapidly ramping back up to pre-COVID levels. Missy is willing to stay on as a helper for another year but would be happy to get out of the way for new leaders.

Please consider sharing a role, both as a way to divide the workload and also to increase the social benefit you'll get from volunteering. In any case, thank you for considering. If you have any interest in taking on either of these roles, please let Amy and Missy know, via email to boquerona33@hotmail.com and melissajanedamon@gmail.com.

Newsletter Articles

Every 4-H member is encouraged to write articles for the newsletter. Writing a newsletter article is a great way for youth to get their writing, illustrations, or photos published! Articles do not have to be very long, they can be anywhere from a few sentences to a few paragraphs. Younger members who can't write an article on their own can tell their parents what to write and submit a drawing that goes with the

article. Adding pictures and drawings is a great way to make your article more interesting. A newsletter article can be about anything 4-H related. You can write about something you did at the last General Meeting, your last project meeting, or a 4-H event you attended. Once you have written your article you can send them to sceh4hnewsletter@googlegroups.com. Make sure to be creative and have fun with your articles! If you have any further questions please feel free to ask

Member Articles

Cookie Judging

You've likely noticed that we have an event after every general meeting, whether that be Capture the Flag, the gift exchange, or a Valentine's Day dessert buffet like we had at the February general meeting. Well, for the next meeting's (that is to say the March general meeting's) event, we have Cookie judging. Now, some of you might remember this from last year. But we also have some new members who might need a heads up about what this event entails. It's not just about eating all the cookies, though that is a wonderful part. The cookie judging event can actually be a great learning experience where you can practice your judging skills. This is how it works: We invite all of you to bake your favorite cookies, bars, or similar items, and bring them to the next meeting. This is totally optional, but we do want to have enough desserts brought in so that we have a good variety. Bringing in gluten free, nut free, or dairy free options is encouraged! After the meeting, everyone will get a little form where you can rate the three cookies that you will try. You rate them on their appearance, taste, and texture, traditionally on a scale from "okay" to "best". Remember to be kind and not too harsh when you judge the cookies. There are two ways to win an award from this event- either your cookies were judged as the best or your judging most accurately matched what an adult judge judged the cookie to be. You are trying to judge the cookies as closely to how the adult judge would judge them as possible! Overall this is a great event that balances learning and practicing valuable skills with having fun eating cookies, and we can't wait for you all to experience it! It's definitely great practice if you want to be a junior judge at presentation day next year. We hope that you make many fond memories at this event and have a great time!

- Clara Stephenson

Youth Summit

Bay/ Coast Youth Summit this year was February 10 through 12th. Youth Summits are conferences for intermediate 4-H members (11-13). Conferences are really great experiences to develop your leadership skills in a new environment and meet people across the state. Most 4-H conferences are geared mostly towards senior members, but this conference gives younger members a unique opportunity to grow as leaders and learn from older members. My role at Youth Summit was as a Facilitator which is similar to a camp counselor except more focused on mentoring and helping kids develop skills needed as leaders as well as reflect on their experiences throughout the weekend. Half of Youth Summit is filled with fun games activities such as capture the flag and a dance/ carnival and the other half is workshops designed to teach youth different aspects of becoming a good leader. The kids all got to sign up for 3 workshops that varied from topics including careers in STEM and finding your spark. There was also a workshop everyone attended lead by state ambassadors following this year's platform; What's in your toolbox? Everyone at Youth Summit had a really good time and learned a lot.. I really recommend attending this conference next year as a participant if you're an intermediate or volunteer as facilitator if you're a senior member.

- Fynn Miller-Bowen

Turkeys

We picked the turkeys up on March 1st. They are very cute and small and they have super long legs. One newly hatched turkey is about the same size as a standard sized, one and a half week old chicken. They are growing really fast and will move to the farm at around a month to a month and a half old.

- Blaire Finn



4-H STEM Explorations February Meeting

We tested the pH of household chemicals with red cabbage indicator and made rockets powered by gas from an acid-base reaction.

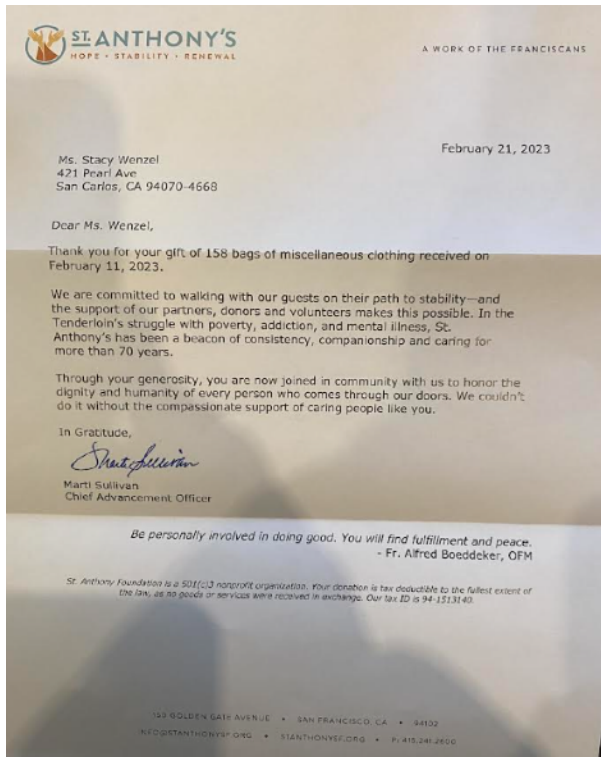
- Tina Cole



4-H For Service

The 4-H for service project has finished working with St. Anthony's for this year. In total we raised \$631 that we used to make 150 hygiene kits as well as a lot of extra supplies. In addition, we donated 158 bags of donations from the club. It was really to work with this organization and we have all learned a lot. Thank you to everyone from the club who donated supplies.

- Fynn Miller-Bowen



County and Regional 4-H Calendar Events

County 4-H Meeting (virtual)
 Annual Leadership Conference for Youth (Saratoga, CA)
 4-H Summer Camp (registrations open April)

3/27/2023
 3/24/23-3/26/23
 7/23/23-7/28/23

Do you want to learn about 4-H at the county level?

For a complete list of events, visit the [4-H County Web site page](#)

Next Newsletter Deadline: April 7th

Send articles and photos to sceh4hnewsletter@googlegroups.com Thank you!

<p>Club Officers</p> <p>Co-Presidents - Annika Larson, Hayley Murray-Houston</p> <p>VP of Program - Adele Enthoven</p> <p>VP of Membership - Kian Badiei</p> <p>Recording Secretary - Nick Damon</p> <p>Correspondence Secretary - Mikaela Wenzel</p> <p>Attendance Secretary - Maggie Forrest</p> <p>Treasurer - Millie Garrett</p> <p>Junior Farm Boss- Alex Becker</p> <p>Junior Farm Manager - Tia Chan</p> <p>Newsletter Editor - Adele Enthoven</p> <p>Recreation Co-Leaders - Fynn Miller-Bowen, Tammy Powell</p> <p>Sergeant at Arms - Sophia Redkey</p>	<p>Club Officers cont.</p> <p>Community Service and Civic Engagement - open</p> <p>Healthy Living - open</p> <p>Historian - open</p> <p>Membership - open</p> <p>Photographer - open</p> <p>Reporter - open</p> <p>Community Leaders</p> <p>Missy Damon</p> <p>Amy Miller</p> <p>sceh_community_leaders@googlegroups.com</p>	<p>Club Newsletter Mentor - Shelley Nelson shelleybnelson@gmail.com</p> <p>Farm Manager - Kathleen Murray cykat95@yahoo.com</p> <p>Farm Boss - Daniel Hecht danielhecht@outlook.com</p> <p>Projects Coordinators - Katie Goetz and Melissa Primiano scehprojects@gmail.com</p> <p>Webmaster - Robert Lewit robert.lewit@gmail.com</p>
---	---	--

